

# RNA m5C甲基化的研究进展

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**Title:** Progress in research of RNA m5C methylation

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**关键词:** RNA甲基化; 5-甲基胞嘧啶(m5C); 甲基转移酶; 去甲基化酶; 甲基化结合蛋白

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**摘要:** RNA 5-甲基胞嘧啶 (m5C) 甲基化修饰是主要的RNA转录后修饰之一。这种修饰存在于几乎所有类型RNA中, 受甲基转移酶、去甲基转移酶及结合蛋白的调控, 具有调节核mRNA输出及RNA可变剪切、增加RNA稳定性、调节蛋白质翻译及RNA-蛋白质相互作用、维持RNA正常结构等作用。其水平异常与肿瘤、神经系统缺陷、心血管系统疾病和异常分化等疾病密切相关。为全面了解RNA m5C的研究现状, 本文将从RNA m5C的分布特点、调控机制、生物学作用及其与疾病的关系等方面进行综述。

**Abstract:** RNA m5C methylation modification is one of the major post-transcriptional modifications of RNA and exists in various types of RNA. This modification is present in almost all types of RNA, regulated by methyltransferases, demethyltransferases, and binding proteins. The functions of RNA m5C include regulating nuclear mRNA output and RNA alternative splicing, increasing RNA stability, regulating protein translation and RNA-protein interaction, and maintaining normal RNA structure. The aberrant level of RNA m5C is closely related to tumors, nervous system defects, disease of cardiovascular system and abnormal differentiation. In order to fully understand the research status of RNA m5C, this paper will review the distribution characteristics, regulation mechanism, biological effects of RNA m5C and its relationship with diseases.

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