

- D. how experiences affect one's mood
3. We learn from the passage that \_\_\_\_.
- A. only some of studies stress insight
  - B. debates have settled the question about the possible relevance of insight
  - C. the two types of psychotherapies are quite different
  - D. the common factor in all therapies is the relationship with your exclusive therapist
4. What distressed the chronically depressed patient most was \_\_\_\_.
- A. social and economic problems
  - B. his negative views and perceptions
  - C. self-delusion
  - D. failure to follow his own path
5. What is the passage mainly about?
- A. Different types of psychotherapies.
  - B. Self-knowledge: only the beginning.
  - C. Insight: a prerequisite for a happy life.
  - D. Self-delusion: a necessity for happiness.

### **Passage Two**

Present-day philosophers usually envision their discipline as an endeavor that has been, since antiquity, distinct from and superior to any particular intellectual discipline, such as theology or science. Such philosophical concerns as the mind-body problem or, more generally, the nature of human knowledge, they believe, are basic human questions whose tentative philosophical solutions have served as the necessary