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Blood-circulating body fluid

- A suspension solution of blood cells in plasma
 Circulating through the cardiovascular
 - system





General Functions of Blood

1. Transportation

- O₂ & nutrients (ischemia-hypoxia)
- CO₂ & metabolic wastes
- hormones

2. Regulation (Buffering capacity)

- plasma pH (acidity/alkalinity)
- body temperature (specific heat)

3. Protection

- -clotting mechanism, against hemorrhage
- -immune defense

血常规(门诊)

Blood Routine Examination

青岛大学医学院附属医院检验报告单

门诊

姓 名:		病员号	: 03787145	1	样本	编号:2009	90531G014	10031
性别:女		科 别]:方便门诊		临床	诊断:		
年 龄:53岁		床 号	:		备	注:		
No 项目	结 果	单位	参考值	No 项	目	结果	单位	参考值
1 白细胞计数	5.34	10 ^{9/L}	4. 0-10. 0	16 红细胞出	比积	0.404	L/L	0.36-0.54
2 中性粒细胞百分率	61.60	%	50.0-75.0	17 平均血红	工蛋白浓度	334.0	g/L	320-360
3 淋巴细胞百分率	31.50	%	20. 0-40. 0	18 RBC体积	分布宽度(SD)	41.10	fL	37-54
4 单核细胞百分率	5.60	%	3.0-8.0	19 RBC体积	分布宽度(CV)	12.8	%	0-14
5 嗜酸粒细胞百分率	1.30	%	0.5-5.0	20 血小板		155	10 ⁹ /L	100-300
6 嗜碱粒细胞百分率	0.00	%	<1.0	22 血小板日	E积	0.17	%	0. 1600. 430
7 中性粒细胞计数	3.29	10 ⁹ /L	2.0-7.5	21 大血小板	反比率	30.80	%	13-43
8 淋巴细胞计数	1.68	10 ⁹ /L	0.8-4.0	23 平均血小	•板体积	10.9	fL	7.4-11.0
9 单核细胞计数	0.30	10 ⁹ /L	0.1-0.8	24 血小板包	本积分布宽度	13.0	fL	12.00-16.50
10 嗜酸细胞计数	0.07	10 ^{9/L}	<0.5					
11 嗜碱细胞计数	0.00	10 ^{9/L}	<0.1					
12 红细胞计数	4.52	10 ^{12/L}	3.50-6.00					
13 血红蛋白	135	g/L	110-160					
14平均红细胞体积	89.40	fL	80. 0-100. 0					
15平均血红蛋白含量	29.9	pg	27. 0-34. 0	2				
送检日期: 2009-05-31	报	告日期:2009-	-05-31	检验者	f: 姜忠信	审核者	i: 3	
注:报告单仅对该标本负责!如有疑问请当日与门诊化验科室联系!								

青岛大学医学院附属医院检验报告单问题

姓性年	名: 別: 男 龄: 76岁	病员号: 673322 科別: 泌尿外 标本种类: 血浆	科	样本编号:20090825 临床诊断:前列腺± 床 号: A02	G0080304 曾生
No	项 日	结果	单位	参考值	提示
1	凝血酶原时间	10.80	sec	8-14	1
2	PT-比值	0.94	INR	0.8-1.2	
3	PT百分比活度	117.00	%	70-200	
4	纤维蛋白原	3.45	g/1	1.7-4.7	
5	部分凝血活酶时间	41.00	sec	24-42	1
6	APTT比值	1.39	R	0.81-1.40	1
7	凝血酶时间	13.60	sec	10.00-18.00	
8	TT比值	0.97	R	0.85-1.30	
9	抗凝血酶III	101.00	%	80.0-140.0	

Clotting Related Examination

检验日期:2009-08-25 报告日期:2009-08-25 检验者:黄秀玲 此报告单仅对该标本负责!如有疑问请当日与病房化验室联系!

市核者: Axbar

王和王朝(新邦)013 青岛大学医学院附属医院检验报告单

任院

姓性	名:别:	男	闲 科	员	号: 别: 号:	673322	ŧ	标本种类: 开单日期: 送检医生;	血清 09-08~24 孙立江	16:27	样本临床	编号: 诊断: 注:	200908256001 前列脉增生	7055
No	項	目	DIC			102		结果	11-22.122	参考值		11.	单位	
1	总	蛋白						62.27		60.00	-85.	00	g/L	
2	白	蛋白						35.69		35.00-	-55.	00	g/L	
3	球	蛋白						26.58		20 - 40			g/L	
4	白	/球比						1.34		1.0-2.	. 5			
5	前	白蛋白						288.00		200.0	0 - 40	0. 00	mg/L	
6	总	胆红素						10.34		3.00-2	22. 0	0	umo1/L	
7	直	接胆红素						2.85		0-8.0			umol/L	
8	间	接胆红素						7.49					umol/L	
9	谷	丙转氨酶						16.00		0-60			U/L	
10	谷	草转氨酶						19.00		0 - 42			U/L ·	1947-D
11	AL	T/AST						0.84						
12	谷	氨酰转肽酶						15.00		0-64			U/L	1.1.5
13	硕式	性磷酸酶						69.00		35 - 12	5		U/L	
14	α.	-L-岩藻糖苷	一面					28.00		5 - 40			U/L	
15	Ħ	油三酯						1.45		0.30-	1.92	2	mmo1/L	
16	总。	胆固醇						5.26		2.32-	5.62		mmo1/L	
17	高	密度脂蛋白						1.25		0.80-	1.80)	mmo1/L	
18	瓜	密度脂蛋白						2.93		1.90-	3.12	2	mmol/L	
19	孚し	酸脱氢酶						143.00		91 - 24	5		U/L	
20	肌	酸激酶						83.00		0-170			U/L	
21	肌	酸激酶同工作	娒					18.00	t	0-17			U/L	
22	a	-羟丁酸脱氢	〔酶					114.00		72 - 18	2		U/L	
23	腺	苷脱氨酶						12.00		4 - 18			U/L	
24	超	敏C反应蛋白	1					0.80		0.01-	3		mg/L	
25	尿	素氮						3.62		2.14 -	7.14	Ł	mmol/L	
26	肌	酐						88.00		31-13	2		umo1/L	
27	尿	素氮/肌酐						0.04						
28	葡	萄糖						4.33		3.90-	6.16	5	mmol/L	
29	果	糖胺						1.36		1.0 - 1	. 9		mmol/L	
30	尿	酸						318.00		89.2-	416		umo1/L	
31	钾							4.35		3.5 - 5	. 5		mmol/L	
32	钠							141.09		135 - 1	45		mmol/L	
33	氯							102.44		96 - 10	8		mmo1/L	
34	=	氧化碳						25.72		23 - 31			mmol/L	
35	阴	离子间隙						12.9		8 - 16			mmo1/L	
36	钙							2.21		2.0-2	. 80		mmo1/L	
37	镁							0.97		0.6-1	. 2		mmo1/L	
38	磷			-				1.16		0.8-1	. 6		mmo1/L	
39	渗	透压						273.48		200-3	20		mOSM/L	
40	总	胆汁酸						7.00		0 - 12			umol/L	

标本接收日期: 09-08-25 07:51 报告日期: 09-08-25 10:51 检验者:任立晟

申核者:11(力泰

Section Outline

- Composition and properties of blood
- Physiology of blood cells
- Hemostasis

Composition and Properties

of Blood

Blood Volume (summation of plasma and blood cells)

BV = 7-8% of the body weight (b.w)
 70~80 ml blood /kg b.w.

60kg: over 4 L

Total blood volume

= circulating volume + reserve volume
(venous sinus/subcutaneous plexus mobilize)



		Water (91%-92%)
Blood	Plasma	Plasma proteins organic/inorganic molecules
	(55%)	Ion
		Gas
	Blood cells (45%)	RBC (erythrocyte) WBC (leukocyte) Platelet (thrombocyte)

Hematocrit

In any sample of whole blood, the percentage of blood volume that is occupied by erythrocytes is called~

adult male: 40-50% adult female: 37-48% newborn: 55%



Wintrobe tube : To memorize wintrobe-a famous hematologist



2、 Components of Plasma

- Solution
- Plasma proteins (65~85g/L)
 - albumins: 30-50 g/L
 - globulins: $\alpha_1 \alpha_2 \beta_1 \beta_2 \gamma$ globulins

manufactured in plasma cells

- fibrinogen



Main functions of plasma proteins

- (1) Maintain plasma colloid osmotic pressure
 - -Albumin: Major contributor
- (2) Maintain normal plasma pH
 - -15% of the buffering capacity of the blood
- (3) Function of transportation

-hormones, lipids, ions, vitamins, drugs

(4) Function of nutrition (hypoproteinemia)

(5) Blood coagulation- anticoagulation

and fibrinolysis-antifibrinolysis

(6) Functions of catalysis Aspartate / Alanine aminotransferase (ALT,AST)

(7) Immune functions

3、Properties of Blood

- 1. Blood relative density (delamination)
 - whole blood: 1.050~1.060
 - plasma: 1.025~1.030
 - RBC: 1.090~1.111

2. Blood viscosity (internal friction force)

■ Whole blood: 4~5 (to water)

- RBC number (polycythemia)
- plasma macromolecules / particles

(hyperlipidemia/hypercholesterolemia)

■Plasma: 1.6~2.4

3. Plasma osmotic pressure

Model of osmosis phenomenon



Total osmotic pressure of plasma: 280-320 mmol/L

- Crystal osmotic pressure
- Colloid osmotic pressure (oncotic pressure)

Crystal osmotic pressure

- 80% due to Na⁺, Cl⁻ (develop from sea water)
- equal between interstitial fluid and plasma
- flow into and out of cells







- > Vomiting: saline but not water
- Encephaledema: 20% mannitol (hyperosmotic)

Intravenous Solution

(rectify and maintain normal crystal osmotic pressure)

Solution	Also known as	Osmolarity
0.9% saline	Normal saline	isosmotic
D ₅ -0.9% saline	5% dextrose in normal saline	Hyperosmotic
D ₅ W	5% dextrose in water	isosmotic
0.45% saline	Half normal saline	Hyposmotic
D ₅ -0.45% saline	5% dextrose in Half normal saline	Hyperosmotic

Colloid osmotic pressure

- 80% due to albumin
- < 1.5 mmol/L
 - (< 0.4%)
- flow into and out of capillaries
- hypoproteinemia



Maintain blood volume Relieve edema

4. Plasma pH: 7.35~7.45

Plasma buffer systems

NaHCO₃ / H₂CO₃ (main)

Na⁺ - Protein / H⁺ - Proteins (15%)

Na₂HPO₄ / NaH₂PO₄

RBC buffer systems

K-Hemoglobin(Hb) / H-Hb; K-HbO₂ / H-HbO₂

- Kidney (excrete bicarbonate/reabsorb hydrogen ions)
- Iung (expire CO2)
- > Acidosis/alkalosis (fluctuation)

Physiology of blood cells



Hematopoiesis
 (Genesis of blood cells)

- 1. Hematopoietic organs
- fetus: yolk sac liver and spleen

bone marrow

- child: bone marrow (main) liver and spleen
- adults: bone marrow (red marrow)

extramedullary hematopoiesis



Changes in bone marrow cellularity with age. 100% equals the degree of cellularity at birth.

Hematopoietic process

- Hematopoietic stem cell self renewal, pluripotential
- Committed stem cell

Colony-forming unit (CFU)

proliferation

progenitor cells

Precursor cells (identifiable in morphology)





The Allogeneic Transplant Process





Collection

Stem cells are collected from the patients bone marrow or blood.

Umbilical cord blood peripheral blood



Patient Host



Thawe'd istemi cetts' are infused into the patient.

Chemotherapy

High dose chemotherapy and/or radiation therapy is given to the patient. Avoid immunological rejection





Bone marrow or periferal blood is taken. to the processing laboratory where the stem cells are concentrated and prepared for the freezing process



Cryopreservation

Bone marrow or blood is preserved by freezing (cryopreservation) to keep stem cells alive until they are infused into the patient's bloodstream.



2、Physiology of RBC

Number and shape

	RBC (10¹²/L)	Hb (g/L)
male:	4.0~5.5	120~160
female:	3.5~5.0	110~150
new-born	: 6.0	200


- biconcave discs, 7 ~ 8 µ m
- lack mitochondria
- lack nucleus
- lack ribosome
- Dominant- Hemoglobin (Hb) (hematocyanin-copper)





Physiological characteristics

- 1. Permeability of erythrocyte membrane
- Simple Diffusion: O_2 , CO_2
- Facilitated Diffusion: Glucose
- Active Transport: Na⁺ pump

2. Plastic deformability of erythrocyte

Factors affecting deformability

- Surface / volume ratio Spherical sickle
- Flexibility of RBC membrane
- Viscosity in RBC





A very slow sedimentation rate/suspend stably

Reasons for Suspension stability

- greater surface / volume ratio Friction--buoyant force
- negative charge repulsion of RBC membrane

ESR (erythrocyte sedimentation rate)

The distance red blood cells travel in one hour in a sample of blood

- male: 0~15 mm/h female: 0~20 mm/h



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4. Osmotic fragility

The susceptibility of erythrocytes to haemolysis when exposed to hyposmotic saline solutions.

- NaCI: 0.5 % 0.35%
- RBC: hemolysis hemolysis 0.9% NaCl

(initial) (complete)

Factors affecting fragility

- Senile
- Surface / volume
 Hereditary spherocytosis







RBC Functions

- transport O₂ & CO₂ (biconcave disc)

Directly dissolved in plasma in RBC

 O_2 1.5% HbO₂ (98.5%)

CO₂ 5.0% HCO₃⁻ (88%) carbonic anhydrase HbCO₂(7%) carbaminohemoglobin

- maintain stable plasma pH
- The red-cell immune system

Promote phagocytosis/ clearance of circulation immune complex



Substances for erythropoiesis

- General substances
 - amino acids, lipids, carbohydrates
- Special substances
 - folic acid and vitamin B₁₂ for DNA
 - iron for hemoglobin

The metabolism of hemoglobin.



- 20~30 mg/day
- Intrinsic:
 - 95% from RBC
- Extrinsic:
 - 1mg from food



Iron Deficiency Anemia (IDA)

Malabsorption syndrome/chronic blood loss



- animal food (liver, kidney, heart)
- Intrinsic factor (parietal cells in stomach) -
 - **B₁₂ Complex for absorption (ileum)**

adequate storage and small consumption

- megaloblastic anemia (gastrectomy,ileectomy) Premature RBC
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- Liver, yeast, plants
- tetrahydro-folic acid (THFA) for
- utilization in the presence of B₁₂
- megaloblastic anemia

fetal neural tube defects



Regulators for erythropoiesis

Erythropoietin (EPO) Source of EPO

- Kidney (85%) Nephrectomy/renal disease

Interstitial cells in the peritubular capillary bed

- liver (15%)

Perivenous hepatocytes Recombinant EPO for anemia therapy

Stimulator of EPO secretion Hypoxia $\rightarrow O_2$ sensor in kidney/liver Eg. People in plateau look red on their face

- precursor cells (reticulocyte)
- CFU-E (main, EPO-sensitive)

Target cells of EPO

Negative Control of EPO secretion



Regulators for erythropoiesis

■Hormones: Testosterone → EPO → CFU-E

Estrogen inhibited CFU-E sensitivity to EPO

Thyroid hormone Growth hormone

3. Damage (Clearance) of senescent RBC

- lifespan: 120 days

0.8% of circulating RBC

- Extravascular damage (90%)



Macrophages of liver, spleen, and bone marrow

- Intravascular damage (10%)

hematoglobinuria

3、Physiology of Platelets

Counts and Morphology

- (100~300) ×10⁹/L
- biconvex, 2-3 µm
- lack nucleus



Pluripotential hematopoietic stem cell





Regulators for thrombocytosis

Thrombopoietin (TPO)

Source of TPO

- Liver (Main)、Kidney

Target of TPO

- Process during megakaryocyte maturation

Pluripotential hematopoietic stem cell

CFU-Me

Megakarvoblast

Megakaryocyte

Platelets (a)

Functions of platelets

- Play important roles in hemostasis
- Keep Vessel Wall Integrity
 - Direct adhesion and fusion
 - Platelet-derived growth factor (PDGF)
 - Vascular endothelial growth factor (VEGF)

Physiological characteristics

(1) adhesion

Exposed collagen: injured vessel wall von Willebrand factor (vWF): plasma Receptors for vWF: platelets







α -granules: β -thromboglobulin (β -TG), PF4,
 PF5, fibrinogen, vWF, PDGF
 dense body: ADP, ATP, serotonin (5-HT), Ca²⁺
 Iysosome: hydrolases
 Instant synthesis and release: Thromboxane A₂

(TXA₂)





receptors – fibrinogen - receptors





Activated platelets develop a spiky outer surface and aggregated together



Inactive platelet



Activated platelet



Physiological: ADP, serotonin (5-HT), thromboxane $(TXA)_2$, adrenaline, Histamin, collagen, thrombin Pathological: Bacteria, Virus, immune complex, drugs cAMP | or Ca²⁺]

Aggregation Inhibitors

- ➢Prostacyclin (PGI₂)
- -Produced by endothelial cells
- -Antagonize TXA₂
- ➢Nitric Oxide
- produced by endothelial cells and platelets

≻Aspirin

-Inhibit TXA₂ synthesis



Platelet adhesion and aggregatic

Contractile elements: myosin/actin/tropomyosin/troponin

parapodium formation and clot retraction

(5) absorption: absorb Factor I, V, XI, XIII

Hemostasis

is the process of forming clots in the walls of damaged blood vessels and preventing blood loss while maintaining blood in a fluid state within the vascular system.

A series of events lead to the formation of clot!



-Vasoconstriction

Vascular smooth muscle contraction

- Platelet plug Formation

Adhesion/release/aggregation

-Blood coagulation (clot)

Conversion of plug to definitive clot


Blood Coagulation



Soluble fibrinogen ---insoluble fibrin



Clotting/coagulation factors

International nomenclature:

I-XIII (VI excluded)
Prekallikrein (PK)

High-molecular weight kininogen (HMWK)

- Most are proteins (IV excluded)
- Found in fresh plasma (III excluded)
- Most are synthesized in the liver

- Factor I
- Factor II
- Factor III
- Factor IV
- Factor V
- Factor VII
- Antihemophilic factor Factor VIII
- Factor IX
- Factor X
- Factor XI
- Factor XII
- Factor XIII Fibrin-stabilizing factor
- prekallikrein • **PK**
- HMWK (HK) High-molecular-weight kininogen

- Fibrinogen
- Prothrombin/thrombinogen
- **Tissue thromboplastin (Tissue factor)**
- Calcium



(1) Substrate: I

(2) Zymogen of serine protease

$\mathsf{II}, \mathsf{VII}, \mathsf{IX}, \mathsf{X}, \mathsf{XI}, \mathsf{XII}, \mathsf{XIII}, \mathsf{PK}$

FII \longrightarrow **FII**_a activated

(3) Cofactors: III, IV, V, VIII, HK

Vit K-dependent factor

$\mathbf{II}, \mathbf{VII}, \mathbf{IX}, \mathbf{X}$

y - carboxyglutamate on N-terminal

Vit K deficiency resulted in hemorrhagic tendency

cascade of reactions in which inactive а enzymes are activated, and the activated enzymes in turn activate other inactive ies.



Formation of fibrin



Formation of thrombin

Prothrombinase Complex Xa-Va-Ca²⁺-Phospholipid(PL)



INTRINSIC SYSTEM

Clotting Cascade



Intrinsic/extrinsic pathways

- Extrinsic: initiate
 - Intrinsic: amplify & maintain
- Interaction:
 - (1) VIIa-TF complex activate IX
 - (2) Xa activate VII
 - (3) IIa activate V, VIII, XI

Functions of platelet in hemostasis

- •Release 5-HT, TXA₂
- Platelet plug
- Release clotting factors (fibrinogen)
- Provide phospholipids (PL) surface
- Blood clot retraction
- •Absorption clotting factors

$\Xi_{\mathbf{x}}$ Anticoagulation system

Anticoagulation by endothelial cells

- Barrier
- Excrete heparitin sulfate proteoglycan/

Antithrombin/thrombomodulin(TM)/TFPI

Excrete prostacyclin (PGI₂)/nitric oxide (NO)

Excrete tissue-plasminogen activator (t-PA)



- **1.Serine protease inhibitor**
- (II, VII, IX, X, XI, XII, XIII, PK)
- 2. Protein C system
- 3. Tissue factor pathway inhibitor (TFPI)
- 4. Heparin

1. Serine protease inhibitor

- Antithrombin (AT)
 - produced by liver / capillary endothelial cells
 - inactivate **[**]a, IXa, Xa, XIa, XIIa
 - AT- heparitin sulfate proteoglycan complex
 - heparin as co-factor (>2000 fold)

2. Protein C system

PC, PS, thrombomodulin, inhibitors of PC&PS

- PC (activated by thrombin-thrombomodulin complex)
 - Inactivated VIIIa, Va
 - PS acts as cofactor
 - Inactivated t-PA inhibitors

3. Tissue factor pathway inhibitor

- Produced by capillary endothelial cells
- Main anticoagulant in vivo
- Inactivate VIIa-TF complex in the presence of Xa

Bind to Xa first, then inactive VIIa-TF complex

4. Heparin

Lung、heart、liver、muscle almost none in plasma

Anti-coagulative mechanism

- Enhance AT activity (main)
- Stimulate the release of TFPI

Coagulation- anticoagulation

Tepid gauz

Promote surface activation

Anticoagulative tubes

oxalate/citrate/EDTA to remove Ca²⁺

Blood sample for transfusion

citric sodium

 Extracorporeal circulation heparin



Component of fibrinolytic system

- 1. Plasminogen
- 2. Plasmin
- 3. Plasminogen activator
- 4. Fibrinolysis inhibitors

1、Plasminogen activation

Plasminogen activators

- Tissue-type (t-PA) : capillary endothelial cells
- Urokinase-type (u-PA): epithelial cells in kidney
- From blood: XIIa, kallikrein
- Drugs: Streptokinase-a bacterial enzyme

Urokinase used for myocardial infarction

Degradation of fibrin/ fibrinogen



2、

Fibrin degradation products

Fibrinolysis inhibitors

- (1) Plasminogen activator Inhibitor-1(PAI-1)
 - Capillary endothelial cells、hepatocytes
 - Inactivate t-PA/u-PA

(2) a 2 - antiplasmin

- Main Fibrinolysis inhibitor in vivo
- hepatocytes
- Inactivate plasmin



Key points:

- Physiological characteristics of RBC
- Suspension stability/ Osmotic fragility
- Physiological characteristics of platelets
- Hemostasis
- Intrinsic pathways
- < extrinsic pathways</pre>
- Fibrinolytic system



