# Dynamics of the dominant Hamiltonian, with applications to Arnold diffusion 

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#### Abstract

It is well know that instabilities of nearly integrable Hamiltonian systems occur around resonances. Dynamics near resonances of these systems is well approximated by the associated averaged system, called slow system. Each resonance is defined by a basis (a collection of integer vectors). We introduce a class of resonances whose basis can be divided into two well separated groups and call them dominant. We prove that the associated slow system can be well approximated by a subsystem given by one of the groups, both in the sense of the vector field and weak KAM theory.

One of crucial ingredients of proving Arnold diffusion is understanding the structure of invariant (Aubry) sets of nearly integrable systems. As an important application we construct a diffusion path for a generic nearly integrable system such that invariant (Aubry) sets along this path have a "simple" structure similar to the structure of Aubry-Mather sets of twist maps. This is a crucial ingredient in proving Arnold diffusion for convex Hamiltonians in any number of degrees of freedom.


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## 1 Introduction

Consider a nearly integrable system with $n \frac{1}{2}$ degrees of freedom

$$
\begin{equation*}
H_{\varepsilon}(\theta, p, t)=H_{0}(p)+\varepsilon H_{1}(\theta, p, t), \quad \theta \in \mathbb{T}^{n}, p \in \mathbb{R}^{n}, t \in \mathbb{T} . \tag{1.1}
\end{equation*}
$$

We will restrict to the case where the integrable part $H_{0}$ is strictly convex, more precisely, we assume that there is $D>1$ such that

$$
D^{-1} \operatorname{Id} \leqslant \partial_{p p}^{2} H_{0}(p) \leqslant D \operatorname{Id}
$$

as quadratic forms, where Id denotes the identity matrix.
The main motivation behind this work is the question of Arnold diffusion, that is, topological instability for the system $H_{\varepsilon}$. Arnold provided the first example in Arn64b, and asks (|Arn63; Arn64a; Arn94) whether topological instability is "typical" in nearly integrable systems with $n \geqslant 2$ (the system is stable when $n=1$, due to low dimensionality).

It is well known that the instabilities of nearly integrable systems occurs along resonances. Given an integer vector $k=\left(\bar{k}, k^{0}\right) \in \mathbb{Z}^{n} \times \mathbb{Z}$ with $\bar{k} \neq 0$, we define the resonant submanifold to be $\Gamma_{k}=\left\{p \in \mathbb{R}^{n}: k \cdot(\omega(p), 1)=0\right\}$, where $\omega(p)=\partial_{p} H_{0}(p)$. More generally, we consider a subgroup $\Lambda$ of $\mathbb{Z}^{n+1}$ which does not contain vectors of the type $\left(0, \cdots, 0, k^{0}\right)$, called a resonance lattice. The rank of $\Lambda$ is the dimension of the real subspace containing it. Then for a rank $d$ resonance lattice $\Lambda$, we define

$$
\Gamma_{\Lambda}=\bigcap\left\{\Gamma_{k}: \quad k \in \Lambda\right\}=\bigcap_{i=1}^{d} \Gamma_{k_{i}}
$$

where $\left\{k_{1}, \cdots, k_{d}\right\}$ is any linear independent set in $\Lambda$. We call such $\Gamma_{\Lambda}$ a $d$-resonance submanifold ( $d$-resonance for short), which is a co-dimension $d$ submanifold of $\mathbb{R}^{n}$, and in particular, an $n$-resonant submanifold is a single point. We say that $\Lambda$ is irreducible if it is not contained in any lattices of the same rank, or equivalently, $\operatorname{span}_{\mathbb{R}} \Lambda \cap \mathbb{Z}^{n+1}=\Lambda$.

We now focus on the diffusion that occurs along a connected net of $(n-1)$-resonances, with each $(n-1)$-resonance being a curve in $\mathbb{R}^{n}$. Let us first consider diffusion along a single $(n-1)$-resonance $\Gamma$. It is shown in BKZ11 that generically, diffusion indeed occur along $\Gamma$, except for a finite subset of $n$-resonances (called the strong resonances) which divides $\Gamma$ into disconnected components. A strong resonance can be viewed as the intersection of $\Gamma$ with a transveral 1 -resonance manifold $\Gamma_{k^{\prime}}$ (see Figure 1).

The main obstacle to proving diffusion along $\Gamma$ reduces to whether the diffusion can "cross" the strong resonances. In a more general diffusion path that contains two intersecting $(n-1)$-resonances $\Gamma_{1}$ and $\Gamma_{2}$, the intersection is an $n$-resonance which by definition is strong. The question is then whether one can travel along $\Gamma_{1}$ and then "switch" to $\Gamma_{2}$ at the intersection. Solution to either problem requires an understanding of the system near an $n$-resonance.

For an $n$-resonance $\left\{p_{0}\right\}=\Gamma_{\Lambda}$, we assume that $\Lambda$ is irreducible, and $\mathcal{B}=\left[k_{1}, \cdots, k_{n}\right]$ is an ordered basis over $\mathbb{Z}$. The study of diffusion near $p_{0}$ reduces to the study


Figure 1: Diffusion path and essential resonances in $n=3$. The hollow dots requires crossing, while the grey dots requires switching
of a particular slow system defined on $\mathbb{T}^{n} \times \mathbb{R}^{n}$, denoted $H_{p_{0}, \mathcal{B}}^{s}$. More precisely, in an $O(\sqrt{\varepsilon})$-neighborhood of $p_{0}$, the system $H_{\varepsilon}$ admits the normal form (see KZ13], Appendix B)

$$
H_{p_{0}, \mathcal{B}}^{s}(\varphi, I)+\sqrt{\varepsilon} P(\varphi, I, \tau), \quad \varphi \in \mathbb{T}^{n}, I \in \mathbb{T}^{n}, \tau \in \sqrt{\varepsilon} \mathbb{T},
$$

where

$$
\varphi_{i}=k_{i} \cdot(\theta, t), 1 \leqslant i \leqslant n, \quad\left(p-p_{0}\right) / \sqrt{\epsilon}=\bar{k}_{1} I_{1}+\cdots \bar{k}_{n} I_{n}
$$

Therefore $H_{\epsilon}$ is conjugate to a fast periodic perturbation to $H_{p_{0}, \mathcal{B}}^{s}$. While it is possible to give a basis free definition of the slow system, we opt to choose a particular basis $\mathcal{B}$, and rendering our setup basis dependent. Such averaged systems were studied in Mat08.

When $n=2$, the slow system is a 2 degrees of freedom mechanical system, the structure of its (minimal) orbits is well understood. This fact underlies the results on Arnold diffusion in two and half degrees of freedom (see [Mat03], [Mat08], [Mat11], [Che13], [KZ13], [GK14b], [KMV04], [Mar12a], [Mar12b]). This is no longer the case when $n>2$, which is a serious obstacle to proving Arnold diffusion in higher degrees of freedom. In KZ14] it is proposed that we can sidestep this difficulty by using dimension reduction: using existence of normally hyperbolic invariant cylinders (NHICs) to restrict the system to a lower dimensional manifold. This approach only works when the slow system has a particular dominant structure, which is the topic of this paper.

In order to make this idea specific it is convenient to define the slow system for any $p_{0}$ and any $d$-resonance $d \leqslant n$. For $p_{0} \in \mathbb{R}^{n}$, an irreducible rank $d$ resonance lattice $\Lambda$, and its basis $\mathcal{B}=\left[k_{1}, \cdots, k_{d}\right]$, the slow system is

$$
\begin{equation*}
H_{p_{0}, \mathcal{B}}^{s}(\varphi, I)=K_{p_{0}, \mathcal{B}}(I)-U_{p_{0}, \mathcal{B}}(\varphi), \quad \varphi \in \mathbb{T}^{d}, I \in \mathbb{T}^{d} . \tag{1.2}
\end{equation*}
$$

Suppose the fourier expansion of $H_{1}$ is $\sum_{k \in \mathbb{Z}^{n+1}} h_{k}(p) e^{2 \pi i k \cdot(\theta, t)}$, then

$$
\begin{equation*}
K_{p_{0}, \mathcal{B}}(I)=\frac{1}{2} \partial_{p p}^{2} H_{0}\left(p_{0}\right)\left(I_{1} \bar{k}_{1}+\cdots+I_{d} \bar{k}_{d}\right) \cdot\left(I_{1} \bar{k}_{1}+\cdots+I_{d} \bar{k}_{d}\right), \tag{1.3}
\end{equation*}
$$

$$
\begin{equation*}
U_{p_{0}, \mathcal{B}}\left(\varphi_{1}, \cdots, \varphi_{d}\right)=-\sum_{l \in \mathbb{Z}^{d}} h_{l_{1} k_{1}+\cdots l_{d} k_{d}}(p) e^{2 \pi i\left(l_{1} \varphi_{1}+\cdots+l_{d} \varphi_{d}\right)} . \tag{1.4}
\end{equation*}
$$

The system $H_{p_{0}, \mathcal{B}}^{s}$ is only dynamically meaningful when $p_{0} \in \Gamma_{\Lambda}$. However, the more general set up allows us to embed the meaningful slow systems into a nice space.

We say that the resonance lattice $\Lambda$ admits a dominant structure if it contains an irreducible lattice $\Lambda^{\text {st }}$ of rank $m<d$, such that

$$
\begin{equation*}
M\left(\Lambda \mid \Lambda^{\mathrm{st}}\right):=\min _{k \in \Lambda \backslash \Lambda^{\mathrm{st}}}|k| \gg \max _{k \in \mathcal{B}^{\mathrm{st}}}|k|, \tag{1.5}
\end{equation*}
$$

where $|k|=\sup _{i}\left|k_{i}\right|$ is the sup-norm. Given the relation $\Lambda^{\text {st }} \subset \Lambda$, one can choose an adapted basis $\mathcal{B}=\left[k_{1}, \cdots, k_{d}\right]$ of $\Lambda$, meaning that $\mathcal{B}^{\text {st }}=\left[k_{1}, \cdots, k_{m}\right]$ is a properly ordered basis of $\Lambda^{\text {st }}$. In this case we have two slow systems $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}$ and $H_{p_{0}, \mathcal{B}}^{s}$. The variables $\left(\varphi_{i}, I_{i}\right), 1 \leqslant i \leqslant m$ are called the strong variables, while $\left(\varphi_{i}, I_{i}\right), m+1 \leqslant d$ are called the weak variables.

Notice that the strong Hamiltonian system $H_{p_{0}, \mathcal{B}^{s t}}^{s}$ has $d$ degrees of freedom, while the slow one $-H_{p_{0}, \mathcal{B}}^{s}$ has $m$ degrees of freedom with $m>d$. It turns out that under the condition (1.5)

## the slow system inherits considerable amount of information from the strong system.

For example, if the strong system $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}$ has a normally hyperbolic invariant cylinder (NHIC), then so is the slow system $H_{p_{0}, \mathcal{B}}^{s}$. Now we formalise this claim.

Recall that, using the Legendre transform, to each convex Hamiltonian $H$ one can associate a Lagrangian $L=L(H)$ and to the Hamiltonian flow of $H$ - the EulerLagrangian flow of $L$. We call the vector field associated to the Euler-Lagrange flow, the Lagrangian vector field. It turns out that it is meaningful to compare the Lagrangian vector fields, interpreted as a vector field in the variables $\left(\varphi_{i}, v_{i}\right)$ with $\dot{\varphi}_{i}=v_{i}$. Denote by $X_{\text {Lag }}^{\text {st }}$ and $X_{\text {Lag }}^{s}$ the Lagrangian vector fields associated to the Hamiltonians $H_{p_{0}, \mathcal{B}^{s t}}^{s}$ and $H_{p_{0}, \mathcal{B}}^{s}$.

We show that a limit theorem can only make sense after choosing a proper adapted basis, and a suitable rescaling transformation in the weak variables. In a separate direction, we also obtain a limit theorem on the weak KAM solutions by variational arguments. We now formulate our main results in loose language, leaving the precise version for the next section.

Main Result. Assume that $r>n+4(d-m)+4$. Given a fixed lattice $\Lambda^{\text {st }}$ of rank $m$ with a fixed basis $\mathcal{B}^{\text {st }}$, for each rank $d, m \leqslant d \leqslant n$ irreducible lattice $\Lambda \supset \Lambda^{\text {st }}$, there exists an adapted basis $\mathcal{B}$ such that:

1. (Geometrical) As $M\left(\Lambda \mid \Lambda^{\text {st }}\right) \rightarrow \infty$, the projection of $X_{\text {Lag }}^{s}$ to the strong variables $\left(\varphi_{i}, v_{i}\right), 1 \leqslant i \leqslant m$ converges to $X_{\text {Lag }}^{\mathrm{st}}$ uniformly. Moreover, by introducing a coordinate change and rescaling affecting only the weak variables $\left(\varphi_{i}, v_{i}\right), m+1 \leqslant$ $i \leqslant d$, the transformed vector field of $X_{\text {Lag }}^{s}$ converges to a trivial lift of the vector field of $X_{\text {Lag }}^{\text {st }}$. As a corollary, we obtain that if $X_{\text {Lag }}^{\mathrm{st}}$ admits a NHIC, then so does $X_{\text {Lag }}^{s}$ for sufficiently large $M\left(\Lambda \mid \Lambda^{\text {st }}\right)$.
2. (Variational) As $M\left(\Lambda \mid \Lambda^{\text {st }}\right) \rightarrow \infty$, the weak $K A M$ solution of $H_{p_{0}, \mathcal{B}}^{s}$ (of properly chosen cohomology classes) converges uniformly to a trivial lift of a weak KAM solution of $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}$, considered as functions on $\mathbb{R}^{d}$. We also obtain corollaries concerning the limits of Mañe, Aubry sets, rotation number of minimal measure, and Peierl's barrier function. The precise definitions of these objects will be given later.

The combination of the persistence of NHIC, and limits of the weak KAM solutions allows us to localize and restrict Aubry sets. As a demonstration of our theory, in Appendix A we show that one can construct a connected net of $(n-1)$-resonances, such that all strong resonances have the dominant structure. We then show that most ${ }^{1}$ Aubry sets with a chosen rational homology class are contained in three dimensional NHICs, and the topology of such Aubry sets resembles the Aubry-Mather sets for twist maps. This is closely related to the AM property we introduce in Appendix A. The relation between the property of the Aubry sets and diffusion mechanism is given in Appendix B. In KZ13] and [KZ14] using these structures we prove existence of Arnold diffusion. This net of diffusion paths also can be chosen to be $\gamma$-dense for any pre-determined $\gamma>0$. We show that for a "typical" $H_{\varepsilon}$ (for any $n>2$ ), such a net exists and expect to prove Arnold diffusion along this net in a future publication.

The statement that $H_{p_{0}, \mathcal{B}^{s t}}^{s}$ approximates $H_{p_{0}, \mathcal{B}}^{s}$ is related to the classic result of partial averaging (see for example AKN06]). The statement $\min _{k \in \Lambda \backslash \Lambda^{\text {st }}}|k|>\max _{k \in \Lambda^{\text {st }}}|k|$ says that the resonances in $\Lambda^{\text {st }}$ is much stronger than the rest of the resonances in $\Lambda$. Partial averaging says that the weaker resonances contributes to smaller terms in a normal form.

However, our treatment of the partial averaging theory is quite different from the classical theory. By looking at the rescaling limit, we study the property of the averaging independent of the small parameter $\varepsilon$. Many subtleties arise, including the sensitive dependence of the slow system on the basis, and special meaning on the type of limit taken.

In [Mat08], John Mather developed a theory of (partial) averaging for a nearly integrable Lagrangian system

$$
L_{\varepsilon}(\theta, v, t)=L_{0}(v)+\varepsilon L_{1}(\theta, v, t), \quad \text { where }(\theta, v, t) \in \mathbb{T}^{n} \times \mathbb{R}^{n} \times \mathbb{T}
$$

In particular, it is shown that the slow system relative to a resonant lattice can be defined on the tangent bundle of a sub-torus $\mathbb{T}^{d} \times \mathbb{R}^{d}$. Quantitative estimates on the action of minimizing orbits of the original system versus the slow system are obtained. Our variational result is related to Mat08], but different in many ways. We work with the scaling limit system, and the small parameter $\varepsilon$ does not show up in our analysis. We also avoid quantitative estimates (in the statement of the theorem) and obtain a limit theorem in weak KAM solutions. This allows us to take consecutive limits, which is very useful for our construction of diffusion path in higher dimensions (see Appendix A).

[^1]The formulation of the limit theorem in weak KAM solution requires special care. A natural candidate is Tonelli convergence (convergence of Lagrangian within the Tonelli family, see $\operatorname{Ber} 10]$ ). In our setup, $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}$ and $H_{p_{0}, \mathcal{B}}^{s}$ are defined on different spaces, we need to consider the trivial lift of $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}$ to a higher dimensional space. The lifted Lagrangian is then degenerate and obviously not Tonelli. We nevertheless obtain the convergence of weak KAM solutions.

While this paper is mainly motivated by Arnold diffusion, we hope our treatment of partial averaging is of independent interest.

The plan of the paper is as follows. The rigorous formulation of the results will be presented in section 2. The choice of the basis is handled in section 3, and the estimates of the vector fields, including the geometrical result is in section 4. The variational aspect is more involved, and occupies sections 5 and 6, with some technical estimates deferred to section 7 . devoted to application of dominant systems to Arnold diffusion.

## 2 Formulation of results

### 2.1 The slow system and the choice of basis

Recall that a slow system is

$$
H_{p_{0}, \mathcal{B}}^{s}(\varphi, I)=K_{p_{0}, \mathcal{B}}(I)-U_{p_{0}, \mathcal{B}}(\varphi), \quad \varphi \in \mathbb{T}^{d}, I \in \mathbb{R}^{d}
$$

defined for a rank- $d$ irreducible lattice $\Lambda$ with ordered basis $\mathcal{B}=\left[k_{1}, \cdots, k_{d}\right]$, and a point $p_{0} \in \mathbb{R}^{n}$. Let $Q_{0}(p)=\partial_{p p}^{2} H_{0}(p) \in \operatorname{Sym}(n)$, where $\operatorname{Sym}(n)$ denote the space of $n \times n$ symmetric matrices. Define

$$
Q(p)=\left[\begin{array}{cc}
Q_{0}(p) & 0  \tag{2.1}\\
0 & 0
\end{array}\right] \in \operatorname{Sym}(n+1)
$$

then 1.3 becomes

$$
K_{p_{0}, \mathcal{B}}\left(I_{1}, \cdots, I_{d}\right)=\frac{1}{2} Q\left(p_{0}\right)\left(I_{1} k_{1}+\cdots+I_{d} k_{d}\right) \cdot\left(I_{1} k_{1}+\cdots+I_{d} k_{d}\right) .
$$

Let us also denote

$$
\begin{equation*}
Z_{\mathcal{B}}\left(\varphi_{1}, \cdots, \varphi_{d}, p\right)=\sum_{l \in \mathbb{Z}^{d}} h_{l_{1} k_{1}+\cdots l_{d} k_{d}}(p) e^{2 \pi i\left(l_{1} \varphi_{1}+\cdots+l_{d} \varphi_{d}\right)} \tag{2.2}
\end{equation*}
$$

where $H_{1}(\theta, p, t)=\sum_{k \in \mathbb{Z}^{d+1}} h_{k}(p) e^{2 \pi i k \cdot(\theta, t)}$, then (1.4) becomes

$$
U_{p_{0}, \mathcal{B}}(\varphi)=-Z_{\mathcal{B}}\left(\varphi, p_{0}\right) .
$$

We now fix a rank- $m$ irreducible resonant lattice $\Lambda^{\text {st }}$, called the strong lattice, and study all irreducible lattices $\Lambda \supset \Lambda^{\text {st }}$ of rank $d$. Fix a basis $\mathcal{B}^{\text {st }}=\left[k_{1}, \cdots, k_{m}\right]$ of the
strong lattice $\Lambda^{\text {st }}$, we extend it to an adapted basis $\mathcal{B}=\left[k_{1}, \cdots, k_{d}\right]$ of $\Lambda$. The extended basis is of course non-unique, and our first theorem concerns the choice of a "nice" basis. When $\mathcal{B}$ is an adapted basis, the corresponding slow system is $H_{p_{0}, \mathcal{B}}^{s}$ is denoted $H_{p_{0}, \mathcal{B}^{s t}, \mathcal{B}^{w k}}^{s}$, where

$$
\begin{aligned}
\mathcal{B}^{\mathrm{st}}=\left[k_{1}, \cdots, k_{m}\right] & =\left[k_{1}^{\mathrm{st}}, \cdots, k_{m}^{\mathrm{st}}\right], \\
\mathcal{B}^{\mathrm{wk}}=\left[k_{m+1}, \cdots, k_{d}\right] & =\left[k_{1}^{\mathrm{wk}}, \cdots, k_{d-m}^{\mathrm{wk}}\right] .
\end{aligned}
$$

Denote

$$
\begin{aligned}
\varphi^{\mathrm{st}}=\left(\varphi_{1}, \cdots, \varphi_{m}\right), & \varphi^{\mathrm{wk}}=\left(\varphi_{m+1}, \cdots, \varphi_{d}\right), \\
I^{\mathrm{st}}=\left(I_{1}, \cdots, I_{m}\right), & I^{\mathrm{wk}}=\left(I_{m+1}, \cdots, I_{d}\right),
\end{aligned}
$$

we write

$$
\begin{aligned}
H_{p_{0}, \mathcal{B}}^{s}(\varphi, I)=H_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{s} & \left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{st}}, I^{\mathrm{wk}}\right) \\
& =K_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}\left(I^{\mathrm{st}}, I^{\mathrm{wk}}\right)-U_{p_{0}, \mathcal{B}^{\mathrm{st}}}\left(\varphi^{\mathrm{st}}\right)-U_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right),},
\end{aligned}
$$

where

$$
U_{p_{0}, \mathcal{B}^{\mathrm{st}}}\left(\varphi^{\mathrm{st}}\right)=-Z_{\mathcal{B}^{\mathrm{st}}}\left(\varphi^{\mathrm{st}}, p_{0}\right), \quad U_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right)=-\left(Z_{\mathcal{B}}-Z_{\mathcal{B}^{\mathrm{st}}}\right)\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, p_{0}\right) .
$$

Note that the slow system to $\Lambda^{\text {st }}$ is

$$
\begin{aligned}
H_{p_{0}, \mathcal{B}^{\mathrm{st}}}^{s}\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right) & =K_{p_{0}, \mathcal{B}^{\mathrm{st}}}\left(I^{\mathrm{st}}\right)-U_{p_{0}, \mathcal{B}^{\mathrm{st}}}\left(\varphi^{\mathrm{st}}\right) \\
& =K_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}\left(I^{\mathrm{st}}, 0\right)-U_{p_{0}, \mathcal{B}^{\mathrm{st}}}\left(\varphi^{\mathrm{st}}\right) .} .
\end{aligned}
$$

In other words, $H_{p_{0}, \mathcal{B}^{\text {st }}}^{s}\left(\varphi^{\text {st }}, I^{\text {st }}\right)$ can be obtained from $H_{p_{0}, \mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}}$ by setting $I^{\mathrm{wk}}=0$ and $U_{p_{0}, \mathcal{B}^{\mathrm{s}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}=0$.

We will show that by choosing a good basis, the term $U_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}$ can be made arbitrarily small. Moreover, we can further decompose $U_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}$ to obtain precise estimates on its dependence on each of the weak angles $\varphi_{j}^{\mathrm{wk}}$. To do this we define, for each $1 \leqslant i \leqslant d, \mathcal{B}_{i}=\left[k_{1}, \cdots, k_{i}\right]$ an ordered basis and $\Lambda_{i}$ the corresponding rank $i$ lattice. Then $\mathcal{B}_{m}=\mathcal{B}^{\text {st }} \subset \cdots \subset \mathcal{B}_{d}=\mathcal{B}$. For $m<i \leqslant d$, we write

$$
\begin{aligned}
U_{p_{0}, \mathcal{B}_{i-1}, \mathcal{B}_{i}}^{\mathrm{wk}} & =-\left(Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right)\left(\varphi_{1}, \cdots, \varphi_{i}, p_{0}\right) \\
& =-\left(Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right)\left(\varphi^{\mathrm{st}}, \varphi_{1}^{\mathrm{wk}}, \cdots, \varphi_{i-m}^{\mathrm{wk}}, p_{0}\right) .
\end{aligned}
$$

Then the slow system takes the form

$$
\begin{equation*}
H_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{s}=K_{p_{0}, \mathcal{B}}-U_{p_{0}, \mathcal{B}^{\mathrm{st}}}-U_{p_{0}, \mathcal{B}_{m}, \mathcal{B}_{m+1}}^{\mathrm{wk}}-\cdots-U_{\mathcal{B}_{d-1}, \mathcal{B}_{d}}^{\mathrm{wk}} . \tag{2.3}
\end{equation*}
$$

Theorem 2.1. Let $\Lambda^{\text {st }} \subset \Lambda$ be irreducible resonance lattices of rank $m$ and d resp., where $m<d$. Fix an ordered basis $\mathcal{B}^{\text {st }}=\left[k_{1}^{\text {st }}, \cdots, k_{m}^{\text {st }}\right]$ of $\Lambda^{\text {st }}$. Suppose $H_{1}$ is $C^{r}$ with $r>n+2(d-m)+4$, and $\left\|H_{1}\right\|_{C^{r}}=1$. Then there exists a constant $\kappa=\kappa\left(H_{0}, \mathcal{B}^{\text {st }}, n\right)>1$, integer vectors $\mathcal{B}^{\mathrm{wk}}=\left[k_{1}^{\mathrm{wk}}, \cdots, k_{d-m}^{\mathrm{wk}}\right]$ with $\left[\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}\right]$ forming an adapted basis, such that the following hold.

1. For any $1 \leqslant i<j \leqslant d-m,\left|k_{i}^{\mathrm{wk}}\right|<\kappa\left(1+\left|k_{j}^{\mathrm{wk}}\right|\right)$.
2. For $1 \leqslant j \leqslant d-m$, we have

$$
\left\|U_{p_{0}, \mathcal{B}_{j+m-1}, \mathcal{B}_{j+m}}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant\left\|Z_{\mathcal{B}_{j+m}}-Z_{\mathcal{B}_{j+m-1}}\right\|_{C^{2}} \leqslant \kappa\left|k_{j}^{\mathrm{wk}}\right|^{-r+n+2(d-m)+4} .
$$

Remark. Item 2 implies that as $M\left(\Lambda \mid \Lambda^{\text {st }}\right) \rightarrow \infty$, for the specifically chosen basis, we have $\left\|U_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}^{\mathrm{wk}}\right\|_{C^{2}} \rightarrow 0$.

Item 1 says that vectors in $\mathcal{B}^{\mathrm{wk}}$ are approximately in an increasing order. This, when combined with item 2, implies that the norm of the weak potentials $U_{p_{0}, \mathcal{B}_{j+m-1}, \mathcal{B}_{j+m}}$ are approximately in an decreasing order.

This theorem is proven in section 3 .
We will call any Hamiltonian that satisfy the conclusions of Theorem 2.1 a dominant Hamiltonian. In the next section, we define an abstract space of dominant Hamiltonians.

### 2.2 Abstract space of dominant Hamiltonians

We start with the following data:

1. A $C^{2}$ function $Q_{0}: \mathbb{R}^{n} \rightarrow \operatorname{Sym}(n)$, where $\operatorname{Sym}(n)$ denote the space of $n \times n$ symmetric matrices. Define as before $Q(p)=\left[\begin{array}{cc}Q_{0}(p) & 0 \\ 0 & 0\end{array}\right]$, and assume $D^{-1} \mathrm{Id} \leqslant$ $Q_{0} \leqslant D \mathrm{Id}$.
2. An irreducible resonance lattice $\Lambda^{\text {st }} \subset \mathbb{Z}^{n+1}$ of rank $1 \leqslant m<n$, and a basis $\mathcal{B}^{\text {st }}=\left[k_{1}^{\text {st }}, \cdots, k_{m}^{\text {st }}\right]$.
3. Constants $\kappa>1$ and $q>1$.

We continue to use the notation $\left(k_{1}, \cdots, k_{m}\right)=\left(k_{1}^{\text {st }}, \cdots, k_{m}^{\text {st }}\right)$ and $\left(k_{m+1}, \cdots, k_{d}\right)=$ $\left(k_{1}^{\mathrm{wk}}, \cdots, k_{d-m}^{\mathrm{wk}}\right)$, and apply the same convention to the variables $\varphi$ and $I$. Define
$\Omega^{m, d}:=\left(\mathbb{Z}^{n+1}\right)^{d} \times \mathbb{R}^{n} \times C^{2}\left(\mathbb{T}^{m}\right) \times C^{2}\left(\mathbb{T}^{m+1}\right) \times \cdots \times C^{2}\left(\mathbb{T}^{d}\right), \quad \mathcal{H}^{s}: \Omega^{m, d} \rightarrow C^{2}\left(\mathbb{T}^{d} \times \mathbb{R}^{d}\right)$, with

$$
\begin{gathered}
\left(\mathcal{B}^{\mathrm{st}}=\left[k_{1}^{\mathrm{st}}, \cdots, k_{m}^{\mathrm{st}}\right], \mathcal{B}^{\mathrm{wk}}=\left[k_{1}^{\mathrm{wk}}, \cdots, k_{d-m}^{\mathrm{wk}}\right], p_{0}, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}=\left\{U_{1}^{\mathrm{wk}}, \cdots, U_{d-m}^{\mathrm{wk}}\right\}\right) \mapsto \\
\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right)=K_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}(I)-U^{\mathrm{st}}\left(\varphi_{1}, \cdots, \varphi_{m}\right)-\sum_{j=1}^{d-m} U_{j}^{\mathrm{wk}}\left(\varphi_{1}, \cdots, \varphi_{j+m}\right),
\end{gathered}
$$

where

$$
K_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}(I)=\frac{1}{2} Q\left(p_{0}\right)\left(k_{1} I_{1}+\cdots k_{d} I_{d}\right) \cdot\left(k_{1} I_{1}+\cdots+k_{d} I_{d}\right)
$$

We equip $\Omega^{m, d}$ with the product topology, with discrete topology on $k_{j}^{\mathrm{wk}}$ and the standard norms on other components. $\mathcal{H}^{s}$ is smooth in $p_{0}, U^{\mathrm{st}}, U_{1}^{\mathrm{wk}}, \cdots, U_{d-m}^{\mathrm{wk}}$. Let $\Omega^{m, d}\left(\mathcal{B}^{\text {st }}\right)$ be the subset of $\Omega^{m, d}$ with fixed $\mathcal{B}^{\text {st }}$.

We define $\Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\text {st }}\right) \subset \Omega^{m, d}\left(\mathcal{B}^{\text {st }}\right)$ to be the tuple ( $\left.\mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right)$ satisfying the following conditions:

1. For any $1 \leqslant i<j \leqslant d-m,\left|k_{i}^{\mathrm{wk}}\right| \leqslant \kappa\left(1+\left|k_{j}^{\mathrm{wk}}\right|\right)$.
2. For each $1 \leqslant j \leqslant d-m,\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant \kappa\left|k_{j}^{\mathrm{wk}}\right|^{-q}$.

Each element in $\mathcal{H}^{s}\left(\Omega_{\kappa, q}^{m, d}\right)$ is called an $(m, d)$-dominant Hamiltonian with constants $(\kappa, q)$. Define

$$
\mu\left(\mathcal{B}^{\mathrm{wk}}\right)=\min _{1 \leqslant j \leqslant d-m}\left|k_{j}^{\mathrm{wk}}\right|,
$$

then in $\Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\text {st }}\right)$, we have $\left\|U_{j}^{\mathrm{wk}}\right\| \leqslant \kappa \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-q}$, i.e. the weak potential $U^{\mathrm{wk}}:=$ $\sum_{j=1}^{d-m} U_{j}^{\mathrm{wk}} \rightarrow 0$ as $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$.

We now restate Theorem 2.1 using the formal definition.
Theorem (Theorem 2.1 restated). Under the assumptions of Theorem 2.1, there exists a constant $\kappa=\kappa\left(H_{0}, \mathcal{B}^{\mathrm{st}}, n\right)>1$, integer vectors $\mathcal{B}^{\mathrm{wk}}=\left[k_{1}^{\mathrm{wk}}, \cdots, k_{d-m}^{\mathrm{wk}}\right]$ with $\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}$ forming an adapted basis, such that

$$
\left(\mathcal{B}^{\mathrm{wk}}, p, U_{p_{0}, \mathcal{B}^{\mathrm{st}}},\left(U_{p_{0}, \mathcal{B}_{m}, \mathcal{B}_{m+1}}, \cdots, U_{p_{0}, \mathcal{B}_{d-1}, \mathcal{B}_{d}}\right)\right) \in \Omega_{\kappa, r-n-2(d-m)-4}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right) .
$$

The strong Hamiltonian is defined by the mapping

$$
\mathcal{H}^{\mathrm{st}}: \mathbb{R}^{n} \times C^{2}\left(\mathbb{T}^{m}\right) \rightarrow C^{2}\left(\mathbb{T}^{m} \times \mathbb{R}^{m}\right), \quad \mathcal{H}^{\mathrm{st}}\left(p_{0}, U^{\mathrm{st}}\right)=K_{p_{0}, \mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}}\left(I^{\mathrm{st}}, 0\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

We extend the definition to $\Omega^{m, d}$ by writing $\mathcal{H}^{\text {st }}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right)=\mathcal{H}^{\text {st }}\left(p_{0}, U^{\text {st }}\right)$. We will prove all our limit theorems in the space $\Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\text {st }}\right)$.

### 2.3 The rescaling limit

We fix $\mathcal{B}^{\text {st }}, \kappa>1$ and $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\text {st }}\right)$. Denote

$$
H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right), \quad H^{\mathrm{st}}=\mathcal{H}^{\mathrm{st}}\left(p, U^{\mathrm{st}}\right)
$$

Then

$$
H^{s}(\varphi, I)=K(I)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)-U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \quad H^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right)=K\left(I^{\mathrm{st}}, 0\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

where $U^{\mathrm{wk}}=\sum_{j=1}^{d-m} U_{j}^{\mathrm{wk}}$. As $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$, we have $\left\|U^{\mathrm{wk}}\right\|_{C^{2}} \rightarrow 0$. However, $K\left(I^{\text {st }}, I^{\mathrm{wk}}\right)$ is not a small perturbation of $K\left(I^{\mathrm{st}}, 0\right)$, in fact, $K\left(I^{\mathrm{st}}, I^{\mathrm{wk}}\right)$ becomes unbounded as $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$.

We write

$$
\partial_{I I}^{2} K=\left[\begin{array}{cc}
A & B  \tag{2.4}\\
B^{T} & C
\end{array}\right], \quad A=\partial_{I^{\mathrm{st}} I^{\mathrm{st}}}^{2} K, B=\partial_{I^{\mathrm{st}} I_{\mathrm{wk}}}^{2} K, C=\partial_{I^{\mathrm{wk}} I \mathrm{wk}}^{2} K,
$$

then

$$
\begin{equation*}
(A)_{i j}=\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{st}}, \quad(B)_{i j}=\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{wk}}, \quad(C)_{i j}=\left(k_{i}^{\mathrm{wk}}\right)^{T} Q k_{j}^{\mathrm{wk}} . \tag{2.5}
\end{equation*}
$$

Note in particular that $A=\partial_{I^{s t} I^{s t}}^{2} H^{\text {st }}$. The Hamiltonian equation for $H^{s}$ reads

$$
\begin{cases}\dot{\varphi}^{\mathrm{st}}=A I^{\mathrm{st}}+B I^{\mathrm{wk}}, & \dot{I}^{\mathrm{st}}=\partial_{\varphi^{\mathrm{st}}} U \\ \dot{\varphi}^{\mathrm{wk}}=B^{T} I^{\mathrm{st}}+C I^{\mathrm{wk}}, & \dot{I}^{\mathrm{wk}}=\partial_{\varphi^{\mathrm{wk}}} U\end{cases}
$$

where $U=U^{\text {st }}+U^{\mathrm{wk}}$. Then the Lagrangian vector field is

$$
\begin{cases}\dot{\varphi}^{\mathrm{st}}=v^{\mathrm{st}}, & \dot{v}^{\mathrm{st}}=A \partial_{\varphi^{\mathrm{st}}} U+B \partial_{\varphi^{\mathrm{wk}}} U  \tag{2.6}\\ \dot{\varphi}^{\mathrm{wk}}=v^{\mathrm{wk}}, & \dot{v}^{\mathrm{wk}}=B^{T} \partial_{\varphi^{\mathrm{st}}} U+C \partial_{\varphi^{\mathrm{wk}}} U\end{cases}
$$

which will be compared to the Lagrangian vector field of $H^{\text {st }}$

$$
\begin{equation*}
\dot{\varphi}^{\mathrm{st}}=v^{\mathrm{st}}, \quad \dot{v}^{\mathrm{st}}=A \partial_{\varphi^{\mathrm{st}}} U^{\mathrm{st}} \tag{2.7}
\end{equation*}
$$

denoted $X^{\text {st }}$. To show that the projection of (2.6) converges to (2.7), we only need to show $\left\|B U_{\varphi^{\mathrm{wk}}}^{\partial} U\right\| \rightarrow 0$.

For convergence of weak variables, we will need a rescaling. It turns out that it is better to rescale the $I^{\mathrm{wk}}$ variable. Introduce the coordinate change

$$
\begin{equation*}
\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{wk}}\right) \mapsto\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right) \tag{2.8}
\end{equation*}
$$

This is a "half Lagrangian" setting in the sense that ( $\left.\varphi^{\text {st }}, v^{\text {st }}\right)$ is remain the Lagrangian setup, while ( $\left.\varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$ is in the Hamiltonian format. Using

$$
v^{\mathrm{st}}=A I^{\mathrm{st}}+B I^{\mathrm{wk}}, \quad v^{\mathrm{wk}}=B^{T} I^{\mathrm{wk}}+C I^{\mathrm{wk}}
$$

we get

$$
v^{\mathrm{wk}}=B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C} I^{\mathrm{wk}}
$$

where $\tilde{C}=C-B^{T} A^{-1} B$ is an invertible symmetric matrix. Then the half-Lagrangian equation writes

$$
\begin{cases}\dot{\varphi}^{\mathrm{st}}=v^{\mathrm{st}}, & \dot{v}^{\mathrm{st}}=A \partial_{\varphi^{\mathrm{st}}} U+B \partial_{\varphi^{\mathrm{wk}}} U  \tag{2.9}\\ \dot{\varphi}^{\mathrm{wk}}=B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C} I^{\mathrm{wk}}, & \dot{I}^{\mathrm{wk}}=\partial_{\varphi^{\mathrm{wk}}} U\end{cases}
$$

We denote by $X^{s}\left(\varphi^{\text {st }}, v^{\text {st }}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$ the vector field of (2.9), defined on the universal cover $\mathbb{R}^{m} \times \mathbb{R}^{m} \times \mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$. In this form the strong components decouple from the weak ones as $B \partial_{\varphi^{\mathrm{wk}}} U \rightarrow 0$.

Consider the trivial lift of the strong Lagrangian vector field $X^{\text {st }}$, defined on the universal cover

$$
\begin{cases}\dot{\varphi}^{\mathrm{st}}=v^{\mathrm{st}}, & \dot{v}^{\mathrm{st}}=A \partial_{\varphi^{\mathrm{st}}} U,  \tag{2.10}\\ \dot{\varphi}^{\mathrm{wk}}=0, & \dot{I}^{\mathrm{wk}}=0,\end{cases}
$$

whose vector field we denote by $X_{L}^{\text {st }}\left(\varphi^{\text {st }}, v^{\text {st }}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$. We show that $X_{L}^{\text {st }}$ is a rescaling limit of $X^{s}$.

Given $1 \geqslant \sigma_{1} \geqslant \cdots \geqslant \sigma_{d-m}>0$, let $\Sigma=\operatorname{diag}\left\{\sigma_{1}, \cdots, \sigma_{d-m}\right\}$. We define a rescaling coordinate change $\Phi_{\Sigma}: \mathbb{R}^{2 d} \rightarrow \mathbb{R}^{2 d}$ by

$$
\begin{equation*}
\Phi_{\Sigma}:\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right) \mapsto\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \tilde{\varphi}^{\mathrm{wk}}, \tilde{I}^{\mathrm{wk}}\right):=\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \Sigma^{-1} \varphi^{\mathrm{wk}}, \Sigma I^{\mathrm{wk}}\right) \tag{2.11}
\end{equation*}
$$

The rescaled vector field for $X^{s}$ is

$$
\begin{equation*}
\tilde{X}^{s}:=\left(\Phi_{\Sigma}\right)^{-1} X^{s} \circ \Phi_{\Sigma}^{-1}, \quad \tilde{X}^{s}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)=\left(\Phi_{\Sigma}\right)^{-1} X^{s}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \Sigma^{-1} \varphi^{\mathrm{wk}}, \Sigma I^{\mathrm{wk}}\right) \tag{2.12}
\end{equation*}
$$

while $X_{L}^{\text {st }}$ is unchanged under the rescaling.
Theorem 2.2. Fix $\mathcal{B}^{\text {st }}$ and $\kappa>1$. Assume that $q>2$. Then there exists a constant $M=M\left(\mathcal{B}^{\text {st }}, Q, \kappa, q, d-m\right)>1$, such that for $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)$ and $H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right), H^{\text {st }}=\mathcal{H}^{\text {st }}\left(p, U^{\text {st }}\right)$, such that the following hold.

For the rescaling parameter $\sigma_{j}=\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q+1}{3}}$, uniformly on $\mathbb{R}^{m} \times \mathbb{R}^{d-m} \times \mathbb{R}^{m} \times \mathbb{R}^{d-m}$ we have

$$
\begin{gathered}
\left\|\Pi_{\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)}\left(\tilde{X}^{s}-X_{L}^{\mathrm{st}}\right)\right\|_{C^{0}} \leqslant M \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-(q-1)} \\
\left\|D \tilde{X}^{s}-D X_{L}^{\mathrm{st}}\right\|_{C^{0}} \leqslant M \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-\frac{q-2}{3}}
\end{gathered}
$$

In particular, Theorem 2.2 implies that as $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$, the vector field $\tilde{X}^{s}$ converges to $X_{L}^{\text {st }}$ in $C^{1}$ over compact sets. Theorem 2.2 is proven in section 4.1 .

### 2.4 Persistence of normally hyperbolic invariant cylinders

Our main application for Theorem 2.2 is to prove persistence of normally hyperbolic invariant cylinders (NHICs).

Let $W$ be a manifold. For $R>0$, let $B_{R}^{l} \subset \mathbb{R}^{l}$ denote the ball of radius $R$ at the origin. A $2 l-$ cylinder $\Lambda$ is defined by $\Lambda=\chi\left(\mathbb{T}^{l} \times B_{R}^{l}\right)$, where $\chi: \mathbb{T}^{l} \times B_{R}^{l} \rightarrow W$ is an embedding.

Let $\phi_{t}$ be a $C^{2}$ flow on $W$, and $\Lambda \subset W$ be a cylinder. We say that $\Lambda$ is normally hyperbolic weakly invariant cylinder (NHWIC) if there exists $t_{0}>0$ such that the following hold.

- The vector field of $\phi_{t}$ is tangent to $\Lambda$ at every $z \in \Lambda$.
- For each $z \in \Lambda_{a}$, there exists a splitting

$$
T_{z} M=E^{c}(z) \oplus E^{s}(z) \oplus E^{u}(z), \quad \text { where } E^{c}(z)=T_{z} \Lambda
$$

weakly invariant in the sense that

$$
D \phi_{t_{0}}(z) E^{\sigma}(z)=E^{\sigma}\left(\phi_{t_{0}} z\right), \quad \text { if } z, \phi_{t_{0}} z \in \Lambda \quad \text { and } \quad \sigma=c, s, u
$$

- There exists $0<\alpha<\beta<1$ and a $C^{1}$ Riemannian metric $g$ called the adapted metric on a neighborhood of $\Lambda$ such that whenever $z, \phi_{t_{0}} z \in \Lambda$,

$$
\begin{aligned}
& \left\|D \phi_{t_{0}}(z) \mid E^{s}\right\|, \quad\left\|\left(D \phi(z) \mid E^{u}\right)^{-1}\right\|<\alpha \\
& \left\|\left(D \phi_{t_{0}}(z) \mid E^{c}\right)^{-1}\right\|, \quad\left\|D \phi_{t_{0}}(z) \mid E^{c}\right\|>\beta
\end{aligned}
$$

where the norms taken is with respect to the metric $g$.
The cylinder is called normally hyperbolic (fully) invariant if it satisfies the above conditions, and both $\Lambda$ and $\partial \Lambda$ are invariant under $\phi_{t_{0}}$. A more common definition of normally hyperbolic (fully) invariant cylinders assumes a spectral radius condition, but our definition is equivalent, see e.g. [BS02] Prop.5.2.2.

Moreover:

- If the parameters $\alpha, \beta$ satisfies the bunching condition $\alpha<\beta^{2}$, then the bundles $E^{s}, E^{u}$ are $C^{1}$ smooth.
- When $E^{s}, E^{u}$ are smooth, we can always choose the adapted metric $g$ such that $E^{s}, E^{u}$ and $E^{c}$ are orthogonal.

Recall that $X_{\text {Lag }}^{\text {st }}, X_{\text {Lag }}^{s}$ denotes the Lagrangian vector fields. Suppose $X_{\text {Lag }}^{\text {st }}$ admits a normally hyperbolic (fully) invariant cylinder $\Lambda^{\text {st }}$, we claim that $X_{\text {Lag }}^{s}$ admits an weakly invariant cylinder diffeomorphic to $\Lambda^{\text {st }} \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right)$.

Corollary 2.3. Consider a strong lattice $\mathcal{B}^{\text {st }}$, a strong potential $U^{\text {st }} \in C^{2}\left(\mathbb{T}^{m}\right), \kappa>$ $0, a>0$, and $q>2$.

Assume that the Lagrangian vector field of $H^{\text {st }}=\mathcal{H}^{\text {st }}\left(\mathcal{B}^{\text {st }}, p_{0}, U^{\text {st }}\right)$ admits a $2 l$-dimensional cylinder $\Lambda_{a}^{\text {st }}=\chi^{\text {st }}\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)$ that is normally hyperbolic (fully) invariant, with the parameters $0<\alpha<\beta^{2}<1$.

Then there exists an open set $V \supset \Lambda_{0}^{\text {st }}$ such that for any $\delta>0$, there exists $M>0$, such that for any $\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\mathrm{st}}\right) \in \Omega_{m, d}^{\kappa, q}\left(\mathcal{B}^{\text {st }}\right), H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\text {st }}\right)$, the following hold.

There exists a $C^{1}$ embedding

$$
\eta^{s}=\left(\eta^{\mathrm{st}}, \eta^{\mathrm{wk}}\right):\left(\mathbb{T}^{l} \times B^{l}\right) \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right) \rightarrow\left(\mathbb{T}^{m} \times B^{m}\right) \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right),
$$

such that $\Lambda^{s}=\eta^{s}\left(\left(\mathbb{T}^{l} \times B^{l}\right) \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right)\right)$ is a $2(l+d-m)$-dimensional NHWIC under $X_{\text {Lag }}^{s}$. Moreover, we have

$$
\left\|\eta^{\mathrm{st}}-\chi^{\mathrm{st}}\right\|_{C^{0}}<\delta
$$

and any $X_{\text {Lag }}^{s}$-invariant set contained in $V \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right)$ is contained in $\Lambda^{s}$.
The assumption $\alpha<\beta^{2}$ is not necessary, and is assumed for simplicity of the proof. Nevertheless, the assumption is satisfied in our intended application and in most perturbative settings. The proof is presented in Appendix C.

### 2.5 The variational aspect of dominant Hamiltonians

We will develop a similar perturbation theory for the weak KAM solutions of the dominant Hamiltonian. The weak KAM solution is closely related to some important invariant sets of the Hamiltonian system, known as the Mather, Aubry and Mañe sets.

- Preliminaries in weak KAM solutions In this section we give only enough concepts to formulate our theorem. A more detailed exposition will be given in Section 5.1. Let

$$
H: \mathbb{T}^{d} \times \mathbb{R}^{d} \rightarrow \mathbb{R}
$$

be a $C^{3}$ Hamiltonian satisfying the condition $D^{-1} \operatorname{Id} \leqslant \partial_{I I}^{2} H(\varphi, I) \leqslant D$ Id. The associated Lagrangian $L: \mathbb{T}^{d} \times \mathbb{R}^{d} \rightarrow \mathbb{R}$ is given by

$$
L_{H}(\varphi, v)=\sup _{I \in \mathbb{R}^{n}}\{I \cdot v-H(\varphi, I)\}
$$

Let $c \in \mathbb{R}^{d} \simeq H^{1}\left(\mathbb{T}^{d}, \mathbb{R}\right)$, we define Mather's alpha function to be

$$
\alpha_{H}(c)=-\inf _{\nu}\left\{\int\left(L_{H}-c \cdot v\right) d \nu\right\},
$$

where the infimum is taken over all Borel probability measures on $\mathbb{T}^{d} \times \mathbb{R}^{d}$ that is invariant under the Euler-Lagrange flow of $L_{H}$.

A continuous function $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ is called a (negative) weak KAM solution to $L_{H}-c \cdot v$ if for any $t>0$, we have

$$
u(x)=\inf _{y \in \mathbb{T}^{d}, \gamma(0)=y, \gamma(t)=x}\left(u(y)+\int_{0}^{t}\left(L_{H}(\gamma(t), \dot{\gamma}(t))-c \cdot \dot{\gamma}(t)+\alpha_{H}(c)\right) d t\right)
$$

where $\gamma:[0, t] \rightarrow \mathbb{T}^{d}$ is absolutely continuous. Weak KAM solutions exist and are Lipschitz (see [Fat08], Ber10]).

- The relation between Lagrangians We now turn to the weak KAM solutions of dominant Hamiltonians. Fix $\mathcal{B}^{\text {st }}$ and consider

$$
\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)
$$

and write $H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right), H^{\text {st }}=\mathcal{H}^{\text {st }}\left(p, \mathcal{B}^{\text {st }}, U^{\text {st }}\right)$. Note

$$
H^{s}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{st}}, I^{\mathrm{wk}}\right)=K\left(I^{\mathrm{st}}, I^{\mathrm{wk}}\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)-U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right)
$$

where $U^{\mathrm{wk}}=\sum_{j=1}^{d-m} U_{j}^{\mathrm{wk}}$, and

$$
H^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right)=K\left(I^{\mathrm{st}}, 0\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

Denote $L^{s}=L_{H^{s}}$ and $L^{\text {st }}=L_{H^{\text {st }}}$, we have

$$
\begin{gathered}
L^{s}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{st}}, v^{\mathrm{wk}}\right)=L_{0}^{s}\left(v^{\mathrm{st}}, v^{\mathrm{wk}}\right)+U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)+U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \\
L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)=L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)+U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right),
\end{gathered}
$$

where $L^{s}, L^{\text {st }}$ are quadratic functions with $\left(\partial_{v v}^{2} L^{s}\right)=\left(\partial_{I I}^{2} K\right)^{-1}$ and $\left(\partial_{v^{\text {st }} v^{s t}}^{2} L^{\text {st }}\right)=$ $\left(\partial_{I^{\mathrm{st}} I^{\mathrm{st}}}^{2} K\right)^{-1}$ for $v=\partial_{I} K$ and $v^{\mathrm{st}}=\partial_{I^{\mathrm{st}}} K$.
Given $c=\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right) \in \mathbb{R}^{m} \times \mathbb{R}^{d-m}=\mathbb{R}^{d}$, we show that the weak KAM solution of $L^{s}-c \cdot v$ is related to the weak KAM solution of $L^{\text {st }}-\bar{c} \cdot v^{\text {st }}$, where $\bar{c}$ is computed using an explicit formula. More precisely, we define

$$
\bar{c}=c^{\mathrm{st}}+A^{-1} B c^{\mathrm{wk}}
$$

where $\partial_{I I}^{2} K=\left[\begin{array}{cc}A & B \\ B^{T} & C\end{array}\right]$ as in (2.5). Then (we refer to section 4.2 for details)

$$
\begin{aligned}
& L^{s}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{st}}, v^{\mathrm{wk}}\right)-\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right) \cdot\left(v^{\mathrm{st}}, v^{\mathrm{wk}}\right)=L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)-\bar{c} \cdot v^{\mathrm{st}} \\
& +\frac{1}{2}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) \\
& +\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}}+U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right),
\end{aligned}
$$

where $\tilde{C}=C-B^{T} A^{-1} B$. The above computation suggests a connection between the Lagrangian $L^{s}-c \cdot v$ and $L^{\text {st }}-\bar{c} \cdot v^{\text {st }}$. Indeed, in Proposition 5.5 we show

$$
\alpha_{H^{s}}(c)-\left\|U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant \alpha_{H^{\mathrm{st}}}(\bar{c})+\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}} \leqslant \alpha_{H^{s}}(c)+\left\|U^{\mathrm{wk}}\right\|_{C^{0}} .
$$

## - Semi-continuity of weak KAM solutions

We now state our main variational results. We consider a sequence of dominant Hamiltonians with $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$, and cohomology classes $c_{i}$ such that the corresponding $\bar{c}_{i}$ converge. Then the weak KAM solutions has a converging subsequence, and the limit point is the weak KAM solution of the strong Hamiltonian. This is sometimes referred to as upper semi-continuity.
Theorem 2.4. Fix $\mathcal{B}^{\text {st }}$ and $\kappa>1$. Assume that $q>2(d-m)$.
For $p_{0} \in \mathbb{R}^{n}, U_{0}^{\text {st }} \in C^{2}\left(\mathbb{T}^{m}\right)$ and $\bar{c} \in \mathbb{R}^{m}$, we consider a sequence

$$
\left(\mathcal{B}_{i}^{\mathrm{wk}}, p_{i}, U_{i}^{\mathrm{st}}, \mathcal{U}_{i}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right), \quad c_{i}=\left(c_{i}^{\mathrm{st}}, c_{i}^{\mathrm{wk}}\right) \in \mathbb{R}^{m} \times \mathbb{R}^{d-m}
$$

and let $u_{i}$ be a weak KAM solution of

$$
L_{\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}_{i}^{\mathrm{wk}}, p_{i}, U_{i}^{\mathrm{st}}, \mathcal{M}_{i}^{\mathrm{wk}}\right)}-c_{i} \cdot v .
$$

Denote $K_{i}=K_{p_{i}, \mathcal{B}^{\text {st }}, \mathcal{B}_{i}^{\mathrm{wk}}}$, and

$$
A_{i}=\partial_{I^{\mathrm{st}} I_{\mathrm{st}}}^{2} K_{i}, B_{i}=\partial_{I^{\mathrm{st}^{\mathrm{wk}}}}^{2} K_{i}, C_{i}=\partial_{I^{\mathrm{wk}} I_{\mathrm{wk}}}^{2} K_{i} .
$$

Assume:
$-\mu\left(B_{i}^{\mathrm{wk}}\right) \rightarrow \infty, p_{i} \rightarrow p_{0}, U_{i}^{\mathrm{st}} \rightarrow U_{0}^{\mathrm{st}}$.
$-c_{i}^{\mathrm{st}}+A_{i}^{-1} B_{i} c_{i}^{\mathrm{wk}} \rightarrow \bar{c}$.
Then:

1. The sequence $\left\{u_{i}\right\}$ is equi-continuous. In particular, the sequence $\left\{u_{i}(\cdot)-\right.$ $\left.u_{i}(0)\right\}$ is pre-compact in the $C^{0}$ topology.
2. Let $u$ be any accumulation point of the sequence $u_{i}(\cdot)-u_{i}(0)$. Then there exists $u^{\text {st }}: \mathbb{T}^{m} \rightarrow \mathbb{R}$ such that $u\left(\varphi^{\text {st }}, \varphi^{\mathrm{wk}}\right)=u^{\text {st }}\left(\varphi^{\mathrm{st}}\right)$, i.e, $u$ is independent of $\varphi^{\mathrm{wk}}$.
3. $u^{\text {st }}$ is a weak KAM solution of

$$
L_{\mathcal{H}^{\mathrm{st}}\left(p_{0}, U_{0}^{\mathrm{st}}\right)}-\bar{c} \cdot v^{\mathrm{st}} .
$$

The proof of Theorem 2.4 occupies sections 4 and 5 , with some technical statements deferred to section 7 .

Using the point of view in Ber10], the semi-continuity of the weak KAM solution is closely related to the semi-continuity of the Aubry and Mañe sets. These properties have important applications to Arnold diffusion. In section 6 we develop an analog of these results for the dominant Hamiltonians.

## 3 The choice of basis and averaging

In this section we prove Theorem 2.1. The proof consists of two parts: the choice of the basis and estimates on the norms.

### 3.1 The choice of the basis

Recall that we have a fixed irreducible lattice $\Lambda^{\text {st }} \subset \mathbb{Z}^{n+1}$ of rank $m<n$, and a fixed basis $\mathcal{B}^{\text {st }}=\left\{k_{1}, \cdots, k_{m}\right\}$ for $\Lambda^{\text {st }}$. The following proposition describes the choice of the adapted basis.

Proposition 3.1. Let $\Lambda^{\text {st }} \subset \mathbb{Z}^{n+1}$ be an irreducble lattice of rank $m<n$, and fix a basis $k_{1}, \cdots, k_{m}$. Let $\Lambda \supset \Lambda^{\text {st }}$ be an irreducible lattice of rank d, then there exists $k_{m+1}, \cdots, k_{d} \in \mathbb{Z}^{n+1}$ such that $k_{1}, \cdots, k_{d}$ form a basis of $\Lambda$, and the following hold.

1. For each $m<j \leqslant d$,

$$
\left|k_{j}\right| \leqslant \bar{M}+(d-m) M_{j}
$$

where

$$
\bar{M}=\left|k_{1}\right|+\cdots+\left|k_{m}\right|, \quad \Lambda_{j}=\operatorname{span}_{\mathbb{Z}}\left\{k_{1}, \cdots, k_{j}\right\}, \quad M_{j}=M\left(\Lambda_{j} \mid \Lambda_{j-1}\right)
$$

2. For each $m<i<j \leqslant d$,

$$
\left|k_{i}\right| \leqslant \bar{M}+(d-m)\left|k_{j}\right| .
$$

We now describe the choice of the vectors $k_{m+1}, \cdots, k_{d}$. We define $k_{i}^{\prime}=k_{i}$ for $1 \leqslant i \leqslant m$, and define $k_{i}^{\prime}$ with $i>m$ inductively using the following procedure. Suppose $k_{1}^{\prime}, \cdots, k_{i}^{\prime}$ are defined, let

$$
\Lambda_{i}=\operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{i}^{\prime}\right\} \cap \Lambda, \quad M_{i+1}=\min \left\{|k|: \quad k \in \Lambda \backslash \Lambda_{i}\right\}
$$

We define $k_{i+1}^{\prime}$ to be a vector reaching the minimum in the definition of $M_{i+1}$, i.e $\left|k_{i+1}^{\prime}\right|=M_{i+1}$. We have

$$
\left|k_{i}^{\prime}\right|=M_{i}, m<i \leqslant d, \quad\left|k_{j}^{\prime}\right| \leqslant\left|k_{i}^{\prime}\right|, m<j<i \leqslant d
$$

but $k_{1}^{\prime}, \cdots, k_{d}^{\prime}$ may not form a basis. We turn them into a basis using the following procedure (see Sie89).

For each $j=1, \cdots, m$, define

$$
\begin{equation*}
c_{j}=\min \left\{s_{j}: \quad s_{j, 1} k_{1}^{\prime}+\cdots+s_{j, j-1} k_{j-1}^{\prime}+s_{j} k_{j}^{\prime} \in \Lambda, s_{j} \in \mathbb{R}^{+}, s_{j, i} \in \mathbb{R}^{+} \cup\{0\}\right\} \tag{3.1}
\end{equation*}
$$

We define $c_{j, j-1}$ using a similar minimization given the value $c_{j}$ :

$$
c_{j, j-1}=\min \left\{s_{j, j-1}: \quad s_{j, 1} k_{1}^{\prime}+\cdots+s_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime}, s_{j, i} \in \mathbb{R}^{+} \cup\{0\}\right\}
$$

We now define $c_{j, i}$ for $1 \leqslant i \leqslant j-2$ inductively as follows. Assume that $c_{j, i}, \cdots, c_{j, j-1}$ are all defined, then

$$
\begin{aligned}
& c_{j, i-1}=\min \left\{s_{j, i-1}:\right. \\
& \quad s_{j, 1} k_{1}^{\prime}+\cdots+s_{j, i-1} k_{i-1}^{\prime}+c_{j, i} k_{i}^{\prime}+\cdots+c_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime} \in \Lambda \\
& \left.s_{j, 1}, \cdots, s_{j, i-1} \in \mathbb{R}^{+} \cup\{0\}\right\} .
\end{aligned}
$$

Finally,

$$
k_{j}=c_{j, 1} k_{1}^{\prime}+\cdots+c_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime} .
$$

We have the following lemma from the geometry of numbers.
Lemma 3.2 (see Sie89). Let $\Lambda \subset \mathbb{Z}^{n+1}$ be a lattice of rank $d \leqslant n$ and let $k_{1}^{\prime}, \cdots, k_{d}^{\prime}$ be any linearly independent set in $\Lambda$. Let

$$
k_{j}=c_{j, 1} k_{1}^{\prime}+\cdots+c_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime} .
$$

be defined using the procedure above. Then

1. For each $1 \leqslant j \leqslant d, k_{1}, \cdots, k_{j}$ form a basis of $\operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{j}^{\prime}\right\} \cap \Lambda$ over $\mathbb{Z}$. In particular, $k_{1}, \cdots, k_{d}$ form a basis of $\Lambda$.
2. For $1 \leqslant j<d$ and $1 \leqslant i \leqslant j-1$, we have

$$
0 \leqslant c_{j, i}<1, \quad 0<c_{j} \leqslant 1
$$

3. If for some $1 \leqslant m \leqslant d$, $k_{1}^{\prime}, \cdots, k_{m}^{\prime}$ already form a basis of $\operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{m}^{\prime}\right\} \cap \Lambda$ over $\mathbb{Z}$, then $k_{1}=k_{1}^{\prime}, \cdots, k_{m}=k_{m}^{\prime}$.

Proof. To prove item 1, we proceed by induction. When $i=1$, we have $k_{1}=c_{1} k_{1}^{\prime}$, where $c_{i}=\min \left\{t>0, t k_{1}^{\prime} \in \Lambda\right\}$. The choice of $k_{1}$ implies any $k \in k_{1}^{\prime} \mathbb{R} \cap \Lambda$ is an integer multiple of $k_{1}$.

Suppose the statement holds for the index $j$, we prove it for the index $j+1$. For any $k \in \operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{j+1}^{\prime}\right\} \cap \Lambda$ with

$$
k=a_{1} k_{1}^{\prime}+\cdots+a_{j+1} k_{j+1}^{\prime}, \quad a_{1}, \cdots, a_{j+1} \in \mathbb{R}
$$

we claim that $a_{j+1}$ is an integer multiple of $c_{j+1}$, where $c_{j+1}$ reaches the minimum in (3.1) for the index $j+1$. Assume otherwise, there exist an integer $s_{j+1}$ such that $0<s_{j+1}+a_{j+1}<c_{j+1}$. Choose $s_{1}, \cdots, s_{j} \in \mathbb{Z}$, such that $s_{i}+a_{i} \geqslant 0$ for $1 \leqslant i \leqslant j$, we have

$$
k+\sum_{i=1}^{j+1} s_{i} k_{i}^{\prime}=\sum_{i=1}^{j+1}\left(s_{i}+a_{i}\right) k_{i}^{\prime} \in \Lambda,
$$

and $s_{i}+a_{i} \geqslant 0$ for $1 \leqslant i \leqslant j, 0<s_{j+1}+a_{j+1}<c_{j+1}$, contradicting the definition of $c_{j+1}$.

Using the claim, there exists $l \in \mathbb{Z}$ such that $a_{j+1}=l c_{j+1}$, so

$$
k-l k_{j+1}^{\prime} \in \operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{j}^{\prime}\right\} \cap \Lambda
$$

By inductive hypothesis, $k-l k_{j+1}^{\prime} \in \operatorname{span}_{\mathbb{Z}}\left\{k_{1}, \cdots, k_{j}\right\}$, implying $k \in \operatorname{span}_{\mathbb{Z}}\left\{k_{1}^{\prime}, \cdots, k_{j+1}^{\prime}\right\}$.
For item 2, note that for any $k_{j}=c_{j, 1} k_{1}^{\prime}+\cdots+c_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime} \in \Lambda$, we can always subtract an integer from any $c_{j, i}$ or $c_{j}$ and remain in $\Lambda$. If the estimates do not hold, we can get a contradiction by reducing $c_{j, i}$ or $c_{j}$.

For item 3, if $k_{1}^{\prime}, \cdots, k_{m}^{\prime}$ is a basis (over $\mathbb{Z}$ ) of $\operatorname{span}_{\mathbb{R}}\left\{k_{1}^{\prime}, \cdots, k_{m}^{\prime}\right\} \cap \Lambda$, then all coefficients of $k_{j}=c_{j, 1} k_{1}^{\prime}+\cdots+c_{j, j-1} k_{j-1}^{\prime}+c_{j} k_{j}^{\prime} \in \Lambda$ for $j \leqslant m$ must be integers. Then the constraints of item 2 implies $c_{j, i}=0$ and $c_{j}=1$, namely $k_{j}=k_{j}^{\prime}$.

Proof of Proposition 3.1. We choose the basis $k_{1}, \cdots, k_{d}$ as described. Lemma 3.2 implies $k_{j}=k_{j}^{\prime}$ for $1 \leqslant j \leqslant m$. Using

$$
0<c_{j+1} \leqslant 1, \quad 0 \leqslant c_{j+1, i}<1
$$

we get

$$
\left|k_{j}\right| \leqslant\left|k_{1}^{\prime}\right|+\cdots+\left|k_{j}^{\prime}\right|=\left|k_{1}\right|+\cdots+\left|k_{m}\right|+M_{m+1}+\cdots+M_{j}
$$

Since $M_{m+1} \leqslant \cdots \leqslant M_{d}$, and $\bar{M}=\left|k_{1}\right|+\cdots+\left|k_{m}\right|$, we get

$$
\left|k_{j}\right| \leqslant \bar{M}+(j-m) M_{j} \leqslant \bar{M}+(d-m) M_{j} .
$$

Moreover, for $i<j$, we have

$$
\left|k_{i}\right| \leqslant \bar{M}+(d-m) M_{i}<\bar{M}+(d-m) M_{j} \leqslant \bar{M}+(d-m)\left|k_{j}\right| .
$$

We note that the basis, as chosen in Proposition 3.1, satisfies item 1 of Theorem 2.1 for $\kappa \geqslant \max \{\bar{M}, d-m\}$.

### 3.2 Estimating the weak potential

In this section we prove the second item in Theorem 2.1 and conclude its proof. Assume that $H_{1} \in C^{r}\left(\mathbb{T}^{n} \times \mathbb{R}^{n} \times \mathbb{T}\right)$ with $r>n+2 d-2 m+4$. Let the basis $k_{1}, \cdots, k_{n}$ be chosen as in Proposition 3.1. We show that there exists $\kappa=\kappa\left(\mathcal{B}^{\text {st }}, Q, n\right)>1$ such that for $m<i \leqslant d$,

$$
\left\|U_{p_{0}, \mathcal{B}_{i-1}, \mathcal{B}_{i}}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant\left\|Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right\|_{C^{2}} \leqslant \kappa\left|k_{i}\right|^{-r+3 n-2 m+6}
$$

For a lattice $\Lambda$ let

$$
[H]_{\Lambda}(\theta, p, t)=\sum_{k \in \Lambda} h_{k}(p) e^{2 \pi i k \cdot(\theta, t)}
$$

then we have

$$
\left(Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right)\left(k_{1} \cdot(\theta, t), \cdots, k_{i} \cdot(\theta, t), p\right)=\left(\left[H_{1}\right]_{\Lambda_{i}}-\left[H_{1}\right]_{\Lambda_{i-1}}\right)(\theta, p, t)
$$

and the norm of $\left[H_{1}\right]_{\Lambda_{i}}-\left[H_{1}\right]_{\Lambda_{i-1}}$ can be estimated using a standard estimates of the Fourier series.

Lemma 3.3 (c.f. BKZ11, Lemma 2.1, item 3). Let $H_{1}(\theta, p, t)=\sum_{k \in \mathbb{Z}^{n+1}} h_{k}(p) e^{2 \pi i k \cdot(\theta, t)}$ satisfy $\left\|H_{1}\right\|_{C^{r}}=1$, with $r \geqslant n+3$. There exists a constant $C_{n}$ depending only on $n$, such that for any subset $\tilde{\Lambda} \subset \mathbb{Z}^{n+1}$ with $\min _{k \in \tilde{\Lambda}}|k|=M>0$, we have

$$
\left\|\sum_{k \in \tilde{\Lambda}} h_{k}(p) e^{2 \pi i k \cdot(\theta, t)}\right\|_{C^{2}} \leqslant C_{n} M^{-r+n+4}
$$

Since $\min _{k \in \Lambda_{i} \backslash \Lambda_{i-1}}|k|=M_{i}$, we apply Lemma 3.3 to $\Lambda_{i} \backslash \Lambda_{i-1}$ to get

$$
\begin{equation*}
\left\|\left[H_{1}\right]_{\Lambda_{i}}-\left[H_{1}\right]_{\Lambda_{i-1}}\right\|_{C^{2}} \leqslant C_{n} M_{i}^{-r+n+3} \tag{3.2}
\end{equation*}
$$

To estimate $Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}$, we apply a linear coordinate change. Given $k_{1}, \cdots, k_{i}$, we choose $\hat{k}_{i+1}, \cdots, \hat{k}_{n+1} \in \mathbb{Z}^{n+1}$ to be coordinate vectors (unit integer vectors) so that

$$
P_{i}:=\left[\begin{array}{llllll}
k_{1} & \cdots & k_{i} & \hat{k}_{i+1} & \cdots & \hat{k}_{n+1}
\end{array}\right]
$$

is invertible. We extend $\left(Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right)\left(\varphi_{1}, \cdots, \varphi_{i}\right)$ trivially to a function of $\left(\varphi_{1}, \cdots, \varphi_{n+1}\right)$, then

$$
\left(Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right)\left(P_{i}^{T}\left[\begin{array}{l}
\theta \\
t
\end{array}\right]\right)=\left(\left[H_{1}\right]_{\Lambda_{i}}-\left[H_{1}\right]_{\Lambda_{i-1}}\right)(\theta, t)
$$

We get

$$
\left\|Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right\|_{C^{2}} \leqslant\left(1+\left\|P_{i}^{-1}\right\|\right)\left(1+\left\|\left(P_{i}^{T}\right)^{-1}\right\|\right)\left\|\left[H_{1}\right]_{\Lambda_{i}}-\left[H_{1}\right]_{\Lambda_{i-1}}\right\|_{C^{2}} .
$$

We apply the following lemma in linear algebra:
Lemma 3.4. Given $1 \leqslant s \leqslant n+1$, let $P=\left[\begin{array}{lll}k_{1} & \cdots & k_{s}\end{array}\right]$ be an integer matrix with linearly independent columns. Then there exists $c_{n}>1$ depending only on $n$ such that

$$
\min _{\|v\|=1}\|P v\|=\min _{\|v\|=1}\left(v^{T} P^{T} P v\right)^{\frac{1}{2}}=\left\|\left(P^{T} P\right)^{-1}\right\|^{-\frac{1}{2}} \geqslant c_{n}^{-1}\left|k_{1}\right|^{-1} \cdots\left|k_{m}\right|^{-1} .
$$

In particular, if $s=n+1$, then $\left\|P^{-1}\right\|=\left\|\left(P^{T}\right)^{-1}\right\| \leqslant c_{n}\left|k_{1}\right| \cdots\left|k_{n+1}\right|$.
Proof. We only estimate $\left\|\left(P^{T} P\right)^{-1}\right\|$. Let $a_{i j}=\left(P^{T} P\right)_{i j}$ and $b_{i j}=\left(P^{T} P\right)_{i j}^{-1}$, then using Cramer's rule and the definition of the cofactor, we have

$$
\left|b_{i j}\right| \leqslant \frac{1}{\operatorname{det}\left(P^{T} P\right)} \sum_{\sigma} \prod_{s \neq i} a_{s \sigma(s)}
$$

where $\sigma$ ranges over all one-to-one mappings from $\{1, \cdots, m\} \backslash\{i\}$ to $\{1, \cdots, m\} \backslash\{j\}$. Since $P$ is a nonsingular integer matrix, we have $\operatorname{det}\left(P^{T} P\right) \geqslant 1$. Moreover, $a_{i j}=$ $k_{i}^{T} k_{j} \leqslant n\left|k_{i}\right|\left|k_{j}\right|$. Therefore

$$
|b i j| \leqslant \sum_{\sigma} \prod_{s \neq i}\left|k_{s}\right|\left|k_{\sigma(s)}\right| \leqslant c_{n}\left(\prod_{s \neq i}\left|k_{s}\right|\right)\left(\prod_{s \neq j}\left|k_{s}\right|\right),
$$

where $c_{n}$ is a constant depending only on $n$. Using the fact that the norm of a matrix is bounded by its largest entry, up to a factor depending only on dimension, by changing to a different $c_{n}$, we have

$$
\left\|\left(P^{T} P\right)^{-1}\right\| \leqslant c_{n} \sup _{i, j}\left|B_{i j}\right| \leqslant c_{n} \sup _{i, j}\left(\prod_{s \neq i}\left|k_{s}\right|\right)\left(\prod_{s \neq j}\left|k_{s}\right|\right) \leqslant c_{n}\left(\prod_{s=1}^{m}\left|k_{s}\right|\right)^{2} .
$$

If $s=n+1$, then $\left\|P^{-1}\right\|=\left\|\left(P^{T} P\right)^{-1}\right\|^{\frac{1}{2}}=\left\|\left(P P^{T}\right)^{-1}\right\|^{\frac{1}{2}}=\left\|\left(P^{T}\right)^{-1}\right\|$.
Using Lemma 3.4, there exists a constant $c_{n}>0$ depending only on $n$ such that

$$
\left\|P_{i}^{-1}\right\|=\left\|\left(P_{i}^{T}\right)^{-1}\right\| \leqslant c_{n}\left|k_{1}\right| \cdots\left|k_{i}\right|\left|\hat{k}_{i+1}\right| \cdots\left|\hat{k}_{n+1}\right| .
$$

We have $\left|k_{1}\right|, \cdots,\left|k_{m}\right| \leqslant \bar{M},\left|\hat{k}_{i+1}\right|=\cdots=\left|\hat{k}_{n+1}\right|=1$, and from Lemma 3.2, $\left|k_{m+1}\right|, \cdots,\left|k_{i}\right| \leqslant \bar{M}+(d-m) M_{i}$. Hence there exists a constant $c_{n, \bar{M}}>0$ such that

$$
\left\|P_{i}^{-1}\right\|=\left\|\left(P_{i}^{T}\right)^{-1}\right\| \leqslant c_{n, \bar{M}} M_{i}^{i-m}
$$

Combine with (3.2), we get for $\kappa=\kappa(n, \bar{M})$,

$$
\left\|Z_{\mathcal{B}_{i}}-Z_{\mathcal{B}_{i-1}}\right\|_{C^{2}} \leqslant \kappa M_{i}^{-r+n+4+2(i-m)} \leqslant \kappa M_{i}^{-r+n+4+2(d-m)} \leqslant \kappa\left|k_{i}\right|^{-r+n+2 d-2 m+4} .
$$

This implies item 2 of Theorem 2.1. The proof is complete.

## 4 Strong and slow systems of dominant Hamiltonians

In this section we study the relation between Hamiltonians and the corresponding Lagrangians for dominant systems. We start by comparing the Hamitonian vector fields and then compare their Lagrangians.

### 4.1 Vector fields of dominant Hamiltonians

In this section we expand on section 2.3 and prove Theorem 2.2. Fix $\mathcal{B}^{\text {st }}, \kappa>1$ and let $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)$, we recall the notations

$$
H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right), \quad H^{\mathrm{st}}=\mathcal{H}^{\mathrm{st}}\left(p, U^{\mathrm{st}}\right)
$$

Then

$$
H^{s}(\varphi, I)=K(I)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)-U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \quad H^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right)=K\left(I^{\mathrm{st}}, 0\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

Recall from (2.4) that $\partial_{I I}^{2} K=\left[\begin{array}{cc}A & B \\ C & D\end{array}\right]$, then

$$
(A)_{i j}=\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{st}}, \quad(B)_{i j}=\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{wk}}, \quad(C)_{i j}=\left(k_{i}^{\mathrm{wk}}\right)^{T} Q k_{j}^{\mathrm{wk}}
$$

The vector field $X^{s}\left(\varphi^{\text {st }}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$ defined on the universal cover $\mathbb{R}^{m} \times \mathbb{R}^{m} \times$ $\mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$ is obtained from the Lagrangian vector field via the coordinate change $\tilde{C} I^{\mathrm{wk}}=B^{T} A^{-1} v^{\mathrm{st}}-v^{\mathrm{wk}}$ (see (2.8)). The vector field $X_{L}^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$ is defined as a trivial extension of the Lagrangian vector field of $H^{\text {st }}$, also defined on the universal cover. More explicitly (see (2.9), 2.10)

$$
X^{s}=\left[\begin{array}{c}
v^{\mathrm{st}}  \tag{4.1}\\
A \partial_{\varphi^{\mathrm{st}}} U+B \partial_{\varphi^{\mathrm{wk}}} U \\
B^{T} A^{-1} v^{\mathrm{st}}-\stackrel{C}{C} I^{\mathrm{wk}} \\
\partial_{\varphi^{\mathrm{wk}}} U
\end{array}\right], \quad X_{L}^{\mathrm{st}}=\left[\begin{array}{c}
v^{\mathrm{st}} \\
A \partial_{\varphi^{\mathrm{st}}} U \\
0 \\
0
\end{array}\right]
$$

Given $1 \geqslant \sigma_{1} \geqslant \cdots \geqslant \sigma_{d-m}>0$, let $\Sigma=\operatorname{diag}\left\{\sigma_{1}, \cdots, \sigma_{d-m}\right\}$. The rescaling is $\Phi_{\Sigma}: \mathbb{R}^{2 d} \rightarrow \mathbb{R}^{2 d}$, given by 2.11 . We denote by $\tilde{X}^{s}\left(\varphi^{\text {st }}, v^{\text {st }}, \tilde{\varphi}^{\mathrm{wk}}, \tilde{I}^{\mathrm{wk}}\right)$ the rescaled $X^{s}$. Using (4.1), we have

$$
\tilde{X}^{s}-X_{L}^{\mathrm{st}}=\left(\Phi_{\Sigma}\right)^{-1} X^{s} \circ \Phi_{\Sigma}^{-1}-X^{\mathrm{st}}=\left[\begin{array}{c}
0  \tag{4.2}\\
\left(A \partial_{\varphi^{\mathrm{st}}} U^{\mathrm{wk}}+B \partial_{\varphi^{\mathrm{wk}}} U^{\mathrm{wk}}\right)\left(\varphi^{\mathrm{st}}, \Sigma^{-1} \tilde{\varphi}^{\mathrm{wk}}\right) \\
\Sigma B^{T} A^{-1} v^{\mathrm{st}}-\Sigma \tilde{C} \tilde{I}^{\mathrm{wk}} \\
\Sigma^{-1} \partial_{\varphi^{\mathrm{wk}}} U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \Sigma^{-1} \tilde{\varphi}^{\mathrm{wk}}\right)
\end{array}\right]
$$

noting that $U^{\mathrm{st}}$ is independent of $\varphi^{\mathrm{wk}}$, so $\partial_{\varphi^{\mathrm{wk}}} U=\partial_{\varphi^{\mathrm{wk}}} U^{\mathrm{wk}}$. Furthermore

$$
\begin{align*}
& D\left(\tilde{X}^{s}-X_{L}^{\mathrm{st}}\right)=\left(\Phi_{\Sigma}\right)^{-1} D X^{s} \circ\left(\Phi_{\Sigma}\right)^{-1}-X_{L}^{\mathrm{st}}= \\
& {\left[\begin{array}{cccc}
0 & 0 & 0 & 0 \\
A \partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{st}}}^{2} U^{\mathrm{wk}}+B \partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} & 0 & B \partial_{\varphi^{\mathrm{wk}} \varphi^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} \Sigma^{-1} & 0 \\
0 & \Sigma B^{T} A^{-1} & 0 & \Sigma \tilde{C} \Sigma \\
\Sigma^{-1} \partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} & 0 & \Sigma^{-1} \partial_{\varphi^{\mathrm{wk}} \varphi^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} \Sigma^{-1} & 0
\end{array}\right] .} \tag{4.3}
\end{align*}
$$

The quantities in (4.2) and (4.3) are estimated as follows.
Lemma 4.1. Fix $\mathcal{B}^{\text {st }}, \kappa>1$. Assume $q>2$. Then there exists a constant $M_{1}=$ $M_{1}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q, d-m\right)$ such that for the parameters $\sigma_{j}=\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q+1}{3}}$, uniformly over $\mathbb{R}^{m} \times \mathbb{R}^{m} \times \mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$, the following hold.

1. For any $1 \leqslant i \leqslant m$ and $1 \leqslant j \leqslant d-m,\left\|\partial_{\varphi_{j}^{\mathrm{wk}}} U^{\mathrm{wk}}\right\|_{C^{0}},\left\|\partial_{\varphi_{i}^{\mathrm{st}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant M_{1}\left|k_{j}^{\mathrm{wk}}\right|^{-q}$;
for any $1 \leqslant i, j \leqslant d-m,\left\|\partial_{\varphi_{i}^{\mathrm{wk}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant M_{1} \sup \left\{\left|k_{i}^{\mathrm{wk}}\right|^{-q},\left|k_{j}^{\mathrm{wk}}\right|^{-q}\right\}$.
2. $\left\|A \partial_{\varphi^{\mathrm{wk}}} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-q}\right\},\left\|A \partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{st}}}^{2} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-q}\right\}$.
3. $\left\|B \partial_{\varphi^{\mathrm{wk}}} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-(q-1)}\right\},\left\|B \partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{wk}}}^{2} U\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-(q-1)}\right\}$.
4. $\left\|B \partial_{\varphi^{\mathrm{st}} \varphi_{\mathrm{wk}}^{2}}^{2} U \Sigma^{-1}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{2 q-4}{3}}\right\}$.
5. $\left\|\Sigma^{-1} \partial_{\varphi^{\mathrm{wk}} \varphi^{\mathrm{wk}}}^{2} U \Sigma^{-1}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}}\right\}$.
6. $\left\|\Sigma B^{T} A^{-1}\right\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}}\right\}$.
7. $\|\Sigma \tilde{C} \Sigma\|_{C^{0}} \leqslant M_{1} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{2 q-4}{3}}\right\}$.

We first prove Theorem 2.2 using our lemma.
Proof of Theorem 2.2. Noting that $\Pi_{\left(\varphi^{\mathrm{st}}, v^{s t}\right)}\left(\tilde{X}^{s}-X_{L}^{\mathrm{st}}\right)$ is the first and third line of (4.2), using item 2 and 3 of Lemma 4.1 we get

$$
\left\|\Pi_{\left(\varphi^{\mathrm{st}}, s^{\mathrm{st}}\right)}\left(\tilde{X}^{s}-X_{L}^{\mathrm{st}}\right)\right\| \leqslant M^{*} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-(q-1)}\right\}=M^{*} \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-(q-1)}
$$

for any constant $M^{*} \geqslant 2 M_{1}^{*}$, where $M_{1}^{*}$ is from Lemma 4.1.
Since $D\left(\tilde{X}^{s}-X_{L}^{\text {st }}\right)$ is bounded, up to a universal constant, the sum of the norms of all the non-zero blocks in (4.3), using Lemma 4.1 items 4-8, we get

$$
\left\|D \tilde{X}^{s}-D X_{L}^{\mathrm{st}}\right\| \leqslant M^{*} \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}}\right\}=M^{*} \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-\frac{q-2}{3}},
$$

where $M^{*}$ depends only on $M_{1}^{*}$.

The rest of the section is dedicated to proving Lemma 4.1.
Proof of Lemma 4.1. Denote $\bar{M}=\left|k_{1}^{\text {st }}\right|+\cdots+\left|k_{m}^{\text {st }}\right|$, which depends only on $\mathcal{B}^{\text {st }}$.
Item 1. We have

$$
\begin{aligned}
&\left\|\partial_{\varphi_{j}^{\mathrm{wk}}} U^{\mathrm{wk}}\right\|_{C^{0}} \leqslant \sum_{l=1}^{d-m}\left\|\partial_{\varphi_{j}^{\mathrm{wk}}} U_{l}^{\mathrm{wk}}\right\|_{C^{0}} \leqslant \sum_{l \geqslant j}\left\|\partial_{\varphi_{j}^{\mathrm{wk}}} U_{l}^{\mathrm{wk}}\right\|_{C^{0}} \\
& \leqslant
\end{aligned}
$$

where the second inequality is due to $U_{l}^{\mathrm{wk}}$ depending only on $\left(\varphi_{1}^{\mathrm{wk}}, \cdots, \varphi_{l}^{\mathrm{wk}}\right)$, and the last two inequalities uses the definition of $\Omega_{\kappa, q}^{m, d}$, see section 2.2. By the same reasoning, we have

$$
\begin{gathered}
\left\|\partial_{\varphi_{i}^{\mathrm{st}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}}\right\| \leqslant \sum_{l \geqslant j}\left\|U_{l}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant(d-m) \kappa^{q+1}\left|k_{j}^{\mathrm{wk}}\right|^{-q}, \\
\left\|\partial_{\varphi_{i}^{\mathrm{wk}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}}\right\| \leqslant \sum_{l \geqslant \sup \{i, j\}}\left\|U_{l}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant(d-m) \kappa^{q+1} \sup \left\{\left|k_{i}^{\mathrm{wk}}\right|^{-q},\left|k_{j}^{\mathrm{wk}}\right|^{-q}\right\}
\end{gathered}
$$

the second and third estimate follows.
Item 2.We have

$$
\begin{aligned}
\left|\left(A \partial_{\varphi^{\mathrm{st}}} U^{\mathrm{wk}}\right)_{j}\right|=\left|\sum_{i}\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{st}} \partial_{\varphi_{j}^{\mathrm{st}}} U^{\mathrm{wk}}\right| \leqslant m \bar{M}^{2}\|Q\|\left\|\partial_{\varphi_{j}^{\mathrm{st}}} U\right\| & \\
& \leqslant m(d-m) \bar{M}^{2}\|Q\| \kappa^{q+1}\left|k_{j}^{\mathrm{wk}}\right|^{-q}
\end{aligned}
$$

where the last line is due to item 1. Similarly,

$$
\left|\left(A \partial_{\varphi^{\mathrm{st}} \varphi_{\mathrm{st}}^{2}}^{2} U^{\mathrm{wk}}\right)_{i j}\right| \leqslant \bar{M}^{2}\|Q\|\left\|\partial_{\varphi_{i}^{\mathrm{st}} \varphi_{j}^{\mathrm{st}}} U\right\| \leqslant(d-m) \bar{M}^{2}\|Q\| \kappa^{q+1}\left|k_{j}^{\mathrm{wk}}\right|^{-q}
$$

Since the vector or matrix norm is bounded by the supremum of all matrix entries, up to a constant depending only on dimension, item 2 follows. In the sequel, we apply the same reasoning and only estimate the supremum of matrix/vector entries.

Item 3. Similar to item 2,

$$
\begin{aligned}
\left|\left(B \partial_{\varphi^{\mathrm{wk}}} U\right)_{j}\right|=\left|\sum_{i}\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{wk}} \partial_{\varphi_{j}^{\mathrm{wk}}} U^{\mathrm{wk}}\right| \leqslant & (d-m) \bar{M}\|Q\|\left|k_{j}^{\mathrm{wk}}\right|\left\|\partial_{\varphi_{j}^{\mathrm{wk}}} U^{\mathrm{wk}}\right\| \\
& \leqslant(d-m) \bar{M}\|Q\|(d-m) \kappa^{q+1}\left|k_{j}^{\mathrm{wk}}\right|^{-(q-1)}
\end{aligned}
$$

while

$$
\left|\left(B \partial_{\varphi^{\mathrm{st}} \varphi_{\mathrm{wk}}^{2}}^{2} U^{\mathrm{wk}}\right)_{i j}\right|=\left|\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{j}^{\mathrm{wk}} \partial_{\varphi_{i}^{\mathrm{st}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}}\right| \leqslant(d-m) \kappa^{q+1} \bar{M}\|Q\|\left|k_{j}^{\mathrm{wk}}\right|^{-(q-1)}
$$

Item 5.

$$
\begin{array}{r}
\left|\left(B \partial_{\varphi^{\mathrm{wk}} \varphi_{\mathrm{wk}}^{2}} U \Sigma^{-1}\right)_{i j}\right|=\left|\sum_{l}\left(k_{i}^{\mathrm{st}}\right)^{T} Q k_{l}^{\mathrm{wk}} \partial_{\varphi_{l}^{\mathrm{wk}} \varphi_{j}^{\mathrm{wk}}} U \sigma_{j}^{-1}\right| \leqslant \bar{M}\|Q\| \sum_{l \geqslant j}\left|k_{l}^{\mathrm{wk}}\right| \sigma_{j}^{-1}\left|\partial_{\varphi_{l}^{\mathrm{wk}} \varphi_{j}^{\mathrm{wk}}}^{2} U\right| \\
\leqslant \bar{M}\|Q\|(d-m)^{2} \kappa^{q+2}\left|k_{j}^{\mathrm{wk}}\right|\left|k_{j}^{\mathrm{wk}}\right|^{-q}\left|k_{j}^{\mathrm{wk}}\right|^{\frac{q+1}{3}}=\bar{M}\|Q\|(d-m) \kappa^{q+2}\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{2 q-4}{3}}
\end{array}
$$

where the inequality of the second line uses $\left|k_{l}^{\mathrm{wk}}\right| \leqslant \kappa\left|k_{j}^{\mathrm{wk}}\right|$, item 1 and the choice of $\sigma_{j}$.
Item 6. Using item 1 and choice of $\sigma_{j}$, we have

$$
\begin{aligned}
& \left|\left(\Sigma^{-1} \partial_{\varphi^{\mathrm{wk}} \varphi^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} \Sigma^{-1}\right)_{i j}\right|=\left|\sigma_{i}^{-1} \partial_{\varphi_{i}^{\mathrm{wk}} \varphi_{j}^{\mathrm{wk}}}^{2} U^{\mathrm{wk}} \sigma_{j}^{-1}\right| \\
& \leqslant(d-m) \kappa^{q+1} \sigma_{i}^{-1} \sigma_{j}^{-1} \sup \left\{\left|k_{i}^{\mathrm{wk}}\right|^{-q},\left|k_{j}^{\mathrm{wk}}\right|^{-q}\right\} \\
& \\
& \leqslant(d-m) \kappa^{q+1} \sup \left\{\left|k_{i}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}},\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}}\right\} .
\end{aligned}
$$

Item 7. We have

$$
\left|\left(\Sigma B^{T}\right)_{i j}\right|=\left|\sigma_{i}\left(k_{i}^{\mathrm{wk}}\right)^{T} Q k_{j}^{\mathrm{st}}\right| \leqslant \bar{M}\|Q\| \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right| \sigma_{j}\right\}=\bar{M}\|Q\| \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{q-2}{3}}\right\}
$$

and uses $\left\|\Sigma B^{T} A^{-1}\right\| \leqslant\left\|\Sigma B^{T}\right\|\left\|A^{-1}\right\|$, noting that $\left\|A^{-1}\right\|$ depends only on $Q$ and $\mathcal{B}^{\text {st }}$.
Item 8. Recall $\tilde{C}=C-B^{T} A^{-1} B$. We have

$$
\left|(\Sigma C \Sigma)_{i j}\right|=\left|\sigma_{i}\left(k_{i}^{\mathrm{wk}}\right)^{T} Q k_{j}^{\mathrm{wk}} \sigma_{j}\right| \leqslant\left(\sup _{j} \sigma_{j}\left|k_{j}^{\mathrm{wk}}\right|\right)^{2}\|Q\| \leqslant\|Q\| \sup _{j}\left\{\left|k_{j}^{\mathrm{wk}}\right|^{-\frac{2 q-4}{3}}\right\} .
$$

Suppose $S_{1}, S_{2}$ are positive definite symmetric matrices with $S_{1} \geqslant S_{2}$, for any $v \in \mathbb{R}^{d-m}$,

$$
v^{T} S_{1} v=v^{T}\left(S_{1}-S_{2}+S_{2}\right) v \geqslant v^{T} S_{2} v,
$$

we obtain $\left\|S_{1}\right\| \geqslant\left\|S_{2}\right\|$. Since $C-B^{T} A^{-1} B \geqslant 0$, we have $\Sigma C \Sigma-\Sigma B^{T} A^{-1} B \Sigma \geqslant 0$. Apply the observation to the matrices $\Sigma C \Sigma$ and $\Sigma B^{T} A^{-1} B \Sigma$ we get

$$
\|\Sigma \tilde{C} \Sigma\| \leqslant\|\Sigma C \Sigma\|+\left\|\Sigma B^{T} A^{-1} B \Sigma\right\| \leqslant 2\|\Sigma C \Sigma\|
$$

Item 8 follows.

### 4.2 The slow Lagrangian

We derive the special form of the slow Lagrangian described in section 2.5. We fix $\mathcal{B}^{\mathrm{st}}, \kappa>1$ and $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)$. Denote $H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right)$, $H^{\text {st }}=\mathcal{H}^{\text {st }}\left(p, U^{\text {st }}\right)$ and the associated Lagrangian is denoted $L^{s}$ and $L^{\text {st }}$.

As before we write

$$
H^{s}(\varphi, I)=K(I)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)-U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \quad H^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right)=K\left(I^{\mathrm{st}}, 0\right)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

and

$$
L^{s}(\varphi, v)=L_{0}^{s}(v)+U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)+U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \quad L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)=L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)+U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)
$$

where $\partial_{v v}^{2} L_{0}^{s}=\left(\partial_{I I}^{2} K\right)^{-1}, \partial_{v^{\mathrm{st}} v^{\mathrm{st}}}^{2} L_{0}^{\text {st }}=\left(\partial_{I^{\text {st }}}^{2} I^{\text {st }} K\right)^{-1}$ for $v=\partial_{I} K$ and $v^{\text {st }}=\partial_{I^{\mathrm{st}}} K$. Recall the notation

$$
\partial_{I I}^{2} K=\left[\begin{array}{cc}
A & B \\
B^{T} & C
\end{array}\right], \quad A=\partial_{I^{\mathrm{st}} I_{\mathrm{st}}}^{2} K, B=\partial_{I^{\mathrm{st}} I_{\mathrm{wk}}^{2}}^{2} K, C=\partial_{I^{\mathrm{wk}} I_{\mathrm{wk}}}^{2} K .
$$

Lemma 4.2. With the above notations we have
1.

$$
\begin{align*}
& L^{s}(v, \varphi)=L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)+ \\
& \quad \frac{1}{2}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}\right) \cdot \tilde{C}^{-1}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}\right)+U^{\mathrm{wk}}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \tag{4.4}
\end{align*}
$$

where

$$
\tilde{C}=C-B^{T} A^{-1} B
$$

2. Let $c=\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right) \in \mathbb{R}^{m} \times \mathbb{R}^{d-m}$. We denote $巳^{2}$

$$
\begin{equation*}
\bar{c}=c^{\mathrm{st}}+A^{-1} B c^{\mathrm{wk}}, \quad w^{\mathrm{wk}}=v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}, \tag{4.5}
\end{equation*}
$$

then

$$
\begin{align*}
& L^{s}(v, \varphi)-c \cdot v=L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)-\bar{c} \cdot v^{\mathrm{st}} \\
& \quad+\frac{1}{2}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}}+U^{\mathrm{wk}}\left(\varphi^{\mathrm{wk}}, \varphi^{\mathrm{st}}\right) . \tag{4.6}
\end{align*}
$$

Proof. We have the following identity in block matrix inverse, which can be verified by a direct computation.

$$
\left[\begin{array}{cc}
A & B \\
B^{T} & C
\end{array}\right]^{-1}=\left[\begin{array}{cc}
A^{-1} & 0 \\
0 & 0
\end{array}\right]+\left[\begin{array}{c}
-A^{-1} B \\
\mathrm{Id}
\end{array}\right] \tilde{C}^{-1}\left[\begin{array}{ll}
-B^{T} A^{-1} & \mathrm{Id}]
\end{array}\right] .
$$

Then

$$
\left.\left.\begin{array}{rl}
L_{0}^{s}\left(v^{\mathrm{st}}, v^{\mathrm{wk}}\right) & =\frac{1}{2}\left[\left(v^{\mathrm{st}}\right)^{T}\left(v^{\mathrm{wk}}\right)^{T}\right]\left(\left[\begin{array}{cc}
A^{-1} & 0 \\
0 & 0
\end{array}\right]+\left[\begin{array}{c}
\mathrm{Id} \\
-A^{-1} B
\end{array}\right] \tilde{C}^{-1}[\mathrm{Id}\right. \\
-B^{T} A^{-1}
\end{array}\right]\right)\left[\begin{array}{c}
v^{\mathrm{st}} \\
v^{\mathrm{wk}}
\end{array}\right] .
$$

[^2]and (4.4) follows.
Moreover,
\[

$$
\begin{aligned}
& L_{0}^{s}-\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right) \cdot\left(v^{\mathrm{st}}, v^{\mathrm{wk}}\right) \\
& =L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)-\left(c^{\mathrm{st}}+A^{-1} B c^{\mathrm{wk}}\right) \cdot v^{\mathrm{st}}+\frac{1}{2} w^{\mathrm{wk}} \cdot \tilde{C}^{-1} w^{\mathrm{wk}}-c^{\mathrm{wk}} \cdot v^{\mathrm{wk}}+A^{-1} B c^{\mathrm{wk}} \cdot v^{\mathrm{st}} \\
& =L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} w^{\mathrm{wk}} \cdot \tilde{C}^{-1} w^{\mathrm{wk}}-c^{\mathrm{wk}} \cdot\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}\right) \\
& =L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} w^{\mathrm{wk}} \cdot \tilde{C}^{-1} w^{\mathrm{wk}}-\left(\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1} w^{\mathrm{wk}} \\
& =L_{0}^{\mathrm{st}}\left(v^{\mathrm{st}}\right)-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}} .
\end{aligned}
$$
\]

We obtain (4.6).
The Euler-Lagrange flow of $L^{s}$ satisfies the following estimates.
Lemma 4.3. Fix $\mathcal{B}^{\mathrm{st}}, \kappa>1$. Assume that $q>1, L^{s}=L_{\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \text {, with }}$ $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)$. Let $\gamma=\left(\gamma^{\mathrm{st}}, \gamma^{\mathrm{wk}}\right):[0, T] \rightarrow \mathbb{T}^{d}$ satisfy the EulerLagrange equation of $L^{s}$.

1. There exists a constant $M_{1}=M_{1}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q\right)$ such that

$$
\left\|\ddot{\gamma}^{\mathrm{st}}-A \partial_{\varphi^{\mathrm{st}}} U^{\mathrm{st}}\left(\gamma^{\mathrm{st}}\right)\right\|_{C^{0}} \leqslant M_{1}\left(\mu\left(\mathcal{B}^{\mathrm{wk}}\right)\right)^{-(q-1)}
$$

2. There exists a constant $M_{2}=M_{2}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q,\left\|U^{\text {st }}\right\|\right)$ such that

$$
\left\|\ddot{\gamma}^{\text {st }}\right\|_{C^{0}} \leqslant M_{2} .
$$

Proof. Observe that the $\left(\varphi^{\text {st }}, v^{\text {st }}\right)$ component of the Euler-Lagrange vector field of $L^{s}$ is precisely the vector field $\Pi_{\varphi^{s t}, v^{s t}} \tilde{X}^{s}$ in Theorem 2.2. The Euler-Lagrange equation of $L^{\text {st }}$ (which is $X^{\text {st }}$ in Theorem 2.2) is $\ddot{\varphi}^{\text {st }}=A \partial_{\varphi^{s t}} U^{\text {st }}$. Hence item 1 is a rephrasing of the first conclusion of in Theorem 2.2,

Since $\left\|A \partial_{\varphi^{\text {st }}} U^{\text {st }}\right\| \leqslant\|A\|\left\|U^{\text {st }}\right\|$, and $\|A\|$ depends only on $\mathcal{B}^{\text {st }}$ and $Q$, item 2 follows directly from item 1.

## 5 Weak KAM solutions of dominant Hamiltonians and convergence

In this section, we provide some basic information about the weak KAM solution of the dominant system.

In section 5.1, we give an overview on the relevant weak KAM theory. Recall that in section 4.2, we derive the relation between the slow Lagrangian and the strong Lagrangian. In section 5.2, we obtain a compactness result for the strong component of a minimizing curve. In section 5.3 to 5.5 , we prove Theorem 2.4 with some technical statements deferred to section 7

### 5.1 Weak KAM solutions of Tonelli Lagrangian

For an extensive exposition of the topic, we refer to Fat08.
Tonelli Lagrangian. The Lagrangian function $L=L(\varphi, v): \mathbb{T}^{d} \times \mathbb{R}^{d} \rightarrow \mathbb{R}$ is called Tonelli if it satisfies the following conditions.

1. (smoothness) $L$ is $C^{r}$ with $r \geqslant 2$.
2. (fiber convexity) $\partial_{v v}^{2} L$ is strictly positive definite.
3. (superlinearity) $\lim _{\|v\| \rightarrow \infty}|L(x, v)| /\|v\|=\infty$.

The Lagrangians considered in this paper are Tonelli.
Minimizers. An absolutely continuous curve $\gamma:[a, b] \rightarrow \mathbb{T}^{d}$ is called minimizing for the Tonelli Lagrangian $L$ if

$$
\int_{a}^{b} L(\gamma, \dot{\gamma}) d t=\min _{\xi} \int_{a}^{b} L(\xi, \dot{\xi}) d t
$$

where the minimization is over all absolutely continuous curves $\xi:[a, b] \rightarrow \mathbb{T}^{d}$ with $b>a$, such that $\xi(a)=\gamma(a), \xi(b)=\gamma(b)$. The functional

$$
\mathbb{A}(\gamma)=\int_{a}^{b} L(\gamma, \dot{\gamma}) d t
$$

is called the action functional. The curve $\gamma$ is called an extremal if it is a critical point of the action functional. A minimizer is extremal, and it satisfies the Euler-Lagrange equation

$$
\frac{d}{d t}\left(\partial_{v} L(\gamma, \dot{\gamma})\right)=\partial_{\varphi} L(\gamma, \dot{\gamma})
$$

Tonelli Theorem and a priori compactness. By the Tonelli Theorem (c.f Fat08], Corollary 3.3.1), for any $[a, b] \subset \mathbb{R}$ with $b>a, \varphi, \psi \in \mathbb{T}^{d}$, there always exists a $C^{r}$ minimizer. Moreover, there exists $D>0$ depending only on $b-a$ such that $\|\dot{\gamma}\| \leqslant D$ (|Fat08] Corollary 4.3.2). This property is called the a priori compactness.
The alpha function and minimal measures. A measure $\mu$ on $\mathbb{T}^{d} \times \mathbb{R}^{d}$ is called a closed measure (see [Sor10], Remark 4.40) if for all $f \in C^{1}\left(\mathbb{T}^{d}\right)$,

$$
\int d f(\varphi) \cdot v d \mu(\varphi, v)=0
$$

This notion is equivalent to the more well known notion of holonomic measure defined by Mañe (Mañ97]).

For $c \in H^{1}\left(\mathbb{T}^{d}, \mathbb{R}\right) \simeq \mathbb{R}^{d}$, the alpha function

$$
\alpha_{L}(c)=-\inf _{\nu} \int(L(\varphi, v)-c \cdot v) d \nu(\varphi, v)
$$

where the minimization is over all closed Borel probability measures. When $L=L_{H}$ we also use the notation $\alpha_{H}(c)$. A measure $\mu$ is called a $c-$ minimizing if it reaches the infimum above. A minimizing measure is invariant under the Euler-Lagrange flow (c.f Mañ97; Ber08]), and therefore this definition is equivalent to the one given in section 2.5.

Rotation number and the beta function. The rotation number $\rho$ of a closed measure $\mu$ is defined by the relation

$$
\int(c \cdot v) d \mu(\varphi, v)=c \cdot \rho, \quad \text { for all } c \in H^{1}\left(\mathbb{T}^{d}, \mathbb{R}\right)
$$

For $h \in H_{1}\left(\mathbb{T}^{d}, \mathbb{R}\right) \simeq \mathbb{R}^{d}$, the beta function is

$$
\beta_{L}(h)=\inf _{\rho(\nu)=h} \int L(\varphi, v) d \nu(\varphi, v)
$$

When $L=L_{H}$ we use the notation $\beta_{H}(h)$. The alpha function and beta function are Legendre duals:

$$
\beta_{L}(h)=\sup _{c \in \mathbb{R}^{d}}\left\{c \cdot h-\alpha_{L}(c)\right\} .
$$

The Legendre-Fenichel transform. Define the Legendre-Fenichel transform associated to the beta function

$$
\begin{equation*}
\mathcal{L} \mathcal{F}_{\beta}: H_{1}\left(\mathbb{T}^{d}, \mathbb{R}\right) \rightarrow \tag{5.1}
\end{equation*}
$$

the collection of nonempty, compact convex subsets of $H^{1}\left(\mathbb{T}^{d}, \mathbb{R}\right)$,
defined by

$$
\mathcal{L} \mathcal{F}_{\beta}(h)=\left\{c \in H^{1}\left(\mathbb{T}^{n}, \mathbb{R}\right): \beta_{L}(h)+\alpha_{L}(c)=c \cdot h\right\} .
$$

Domination and calibration. For $\alpha \in \mathbb{R}$, a function $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ is dominated by $L+\alpha$ if for all $[a, b] \subset \mathbb{R}$ and piecewise $C^{1}$ curves $\gamma:[0, T] \rightarrow \mathbb{T}^{d}$, we have

$$
u(\gamma(b))-u(\gamma(a)) \leqslant \int_{a}^{b} L(\gamma, \dot{\gamma}) d t+\alpha(b-a)
$$

A piecewise $C^{1}$ curve $\gamma: I \rightarrow \mathbb{R}$ defined on an interval $I \subset \mathbb{R}$ is called $(u, L, \alpha)$-calibrated if for any $[a, b] \subset I$,

$$
u(\gamma(b))-u(\gamma(a))=\int_{a}^{b} L(\gamma, \dot{\gamma}) d t+\alpha(b-a)
$$

Weak KAM solutions. A function $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ is called a weak KAM solution of $L$ if there exists $\alpha \in \mathbb{R}$ such that the following hold.

1. $u$ is dominated by $L+\alpha$.
2. For all $\varphi \in \mathbb{T}^{d}$, there exists a $(u, L, \alpha)$-calibrated curve $\gamma:(-\infty, 0] \rightarrow \mathbb{T}^{d}$ with $\gamma(0)=\varphi$.

This definition of the weak KAM solution is equivalent to the one given in section 2.5 (see Fat08], Proposition 4.4.8), and the constant $\alpha=\alpha_{L}(0)$, where $\alpha_{L}$ is the alpha function.
Peierls' barrier. For $T>0$, we define the function $h_{L}^{T}: \mathbb{T}^{d} \times \mathbb{T}^{d} \rightarrow \mathbb{R}$ by

$$
h_{L}^{T}(\varphi, \psi)=\min _{\gamma(0)=\varphi, \gamma(T)=\psi} \int_{0}^{T}\left(L(\gamma, \dot{\gamma})+\alpha_{L}\right) d t .
$$

Peierls' barrier is $h_{L}(\varphi, \psi)=\lim _{T \rightarrow \infty} h_{L}^{T}(\varphi, \psi)$. The limit exists, and the function $h_{L}$ is Lipschitz in both variables. Denote $h_{L, c}=h_{L-c \cdot v}$.
Mather, Aubry and Mañe sets. These sets are defined by Mather (see Mat93). Here we only introduce the projected version. Define the Aubry and the Mañe sets as

$$
\begin{gathered}
\mathcal{A}_{L}(c)=\left\{x \in \mathbb{T}^{d}: \quad h_{L, c}(x, x)=0\right\} \\
\mathcal{N}_{L}(c)=\left\{y \in \mathbb{T}^{d}: \min _{x, z \in \mathcal{A}_{L}(c)}\left(h_{L, c}(x, y)+h_{L, c}(y, z)-h_{L, c}(x, z)\right)=0\right\} .
\end{gathered}
$$

The Mather set is $\tilde{\mathcal{M}}_{L}(c)=\overline{\bigcup_{\mu} \operatorname{supp}(\mu)}$ is the closure of the support of all $c$-minimal measures. Its projection $\pi \tilde{\mathcal{M}}(c)=\mathcal{M}(c)$ onto $\mathbb{T}^{d}$ is called the projected Mather set. Then

$$
\mathcal{M}_{L}(c) \subset \mathcal{A}_{L}(c) \subset \mathcal{N}_{L}(c)
$$

When $L=L_{H}$ we also use the subscript $H$ to identify these sets.

Static classes. For any $\varphi, \psi \in \mathcal{A}_{L}(c)$, Mather defined the following equivalence relation:

$$
\varphi \sim \psi \text { if } h_{L, c}(\varphi, \psi)+h_{L, c}(\psi, \varphi)=0
$$

The equivalence classes defined by this equivalence condition are called the static classes. The static classes are linked to the family of weak KAM solutions, in particular, if there is only one static class, then the weak KAM solution is unique up to a constant.

In this section, we provide a few useful estimates in weak KAM theory, and prove Theorem 2.4. In section 5.2, we prove a projected version of the a priori compactness property. We then introduce an approximate version of Lipschitz property and use it to prove Theorem 2.4.

### 5.2 Minimizers of strong and slow Lagrangians, their a priori compactness

We prove a version of the a priori compactness theorem for the strong component.
Proposition 5.1. Fix $\mathcal{B}^{\text {st }}, \kappa>1$. For any $R>0$, there exists $M=M\left(\mathcal{B}^{\text {st }}, Q, R, \kappa\right)$ such that the following hold. For any

$$
\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right) \cap\left\{\left\|U^{\mathrm{st}}\right\|_{C^{2}} \leqslant R\right\} \quad \text { and } \quad L^{s}=L_{\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right)}
$$

let $T \geqslant \frac{1}{2}, c=\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right) \in \mathbb{R}^{m} \times \mathbb{R}^{d-m}$ and $\gamma=\left(\gamma^{\mathrm{st}}, \gamma^{\mathrm{wk}}\right):[0, T] \rightarrow \mathbb{T}^{d}$ be a minimizer of $L^{s}-c \cdot v$. Then for $\bar{c}=c^{\text {st }}+A^{-1} B c^{\mathrm{wk}}$, we have

$$
\left\|\dot{\gamma}^{\text {st }}-A \bar{c}\right\| \leqslant M
$$

We first state a lemma on the strong component of the action and relate minimizers of the slow system with those of the strong one.

Lemma 5.2. In the notations of Proposition 5.1 for $T \geqslant \frac{1}{2}$ and $c \in \mathbb{R}^{d}$, let $\gamma=$ $\left(\gamma^{\mathrm{st}}, \gamma^{\mathrm{wk}}\right):[0, T] \rightarrow \mathbb{T}^{d}$ be a minimizer for the lagrangian $L^{s}-c \cdot v$. Then

$$
\int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t \leqslant \min _{\zeta} \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)(\zeta, \dot{\zeta}) d t+2 T\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

where the minimization is over all absolutely continuous $\zeta:[0, T] \rightarrow \mathbb{T}^{m}$ with $\zeta(0)=$ $\gamma^{\text {st }}(0), \zeta(T)=\gamma^{\text {st }}(T)$.

Proof. Let $\gamma_{0}^{\text {st }}:[0, T] \rightarrow \mathbb{T}^{m}$ be such that

$$
\int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t=\min _{\zeta} \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)(\zeta, \dot{\zeta}) d t
$$

with $\zeta(0)=\gamma^{\text {st }}(0), \zeta(T)=\gamma^{\text {st }}(T)$. Define $\gamma_{0}=\left(\gamma_{0}^{\mathrm{st}}, \gamma_{0}^{\mathrm{wk}}\right):[0, T] \rightarrow \mathbb{T}^{d}$, by

$$
\gamma_{0}^{\mathrm{wk}}(t)=\gamma^{\mathrm{wk}}(t)-A^{-1} B \gamma^{\mathrm{st}}(t)+A^{-1} B \gamma_{0}^{\mathrm{st}}(t)
$$

Note that

$$
\begin{equation*}
\gamma_{0}^{\mathrm{wk}}(0)=\gamma^{\mathrm{wk}}(0), \quad \gamma_{0}^{\mathrm{wk}}(T)=\gamma^{\mathrm{wk}}(T), \quad \dot{\gamma}_{0}^{\mathrm{wk}}-A^{-1} B \dot{\gamma}_{0}^{\mathrm{st}}=\dot{\gamma}^{\mathrm{wk}}-A^{-1} B \dot{\gamma}^{\mathrm{st}} \tag{5.2}
\end{equation*}
$$

Using (4.6) and (5.4), we have

$$
\begin{align*}
L^{s}-c \cdot v+ & \frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C}^{-1} c^{\mathrm{wk}}=L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}} \\
& +\frac{1}{2}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right) \cdot \tilde{C}\left(v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right)+U^{\mathrm{wk}} \tag{5.3}
\end{align*}
$$

Since $\gamma$ is a minimizer for $L^{s}-c \cdot v$,

$$
\int_{0}^{T}\left(L^{s}-c \cdot v\right)(\gamma, \dot{\gamma}) d t \leqslant \int_{0}^{T}\left(L^{s}-c \cdot v\right)\left(\gamma_{0}, \dot{\gamma}_{0}\right) d t
$$

By (5.3), we have

$$
\begin{aligned}
& \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t+\int_{0}^{T} U^{\mathrm{wk}}(\gamma(t)) d t \\
& +\frac{1}{2}\left(\dot{\gamma}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right) \cdot \tilde{C}\left(\dot{\gamma}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right) \\
\leqslant & \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t+\int_{0}^{T} U^{\mathrm{wk}}\left(\gamma_{0}(t)\right) d t \\
& +\frac{1}{2}\left(\dot{\gamma}_{0}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}_{0}^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right) \cdot \tilde{C}\left(\dot{\gamma}_{0}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}_{0}^{\mathrm{st}}-\tilde{C}^{\mathrm{wk}}\right) .
\end{aligned}
$$

By (5.2), the second and fourth line of the above inequality cancels, therefore

$$
\int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t \leqslant \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t+2 T\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

Proof of Proposition 5.1. First, observe that any segments of a minimizer is still a minimizer. By dividing the interval $[0, T]$ into subintervals, it suffice to prove our proposition for $T \in\left[\frac{1}{2}, 1\right)$.

We first produce an upper bound for

$$
\min _{\zeta} \int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} \bar{c} \cdot A \bar{c}\right)(\zeta, \dot{\zeta}) d t
$$

By completing the squares as in Lemma 4.2, we have

$$
\begin{equation*}
L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} \bar{c} \cdot A \bar{c}=\frac{1}{2}\left(v^{\mathrm{st}}-A \bar{c}\right) \cdot A^{-1}\left(v^{\mathrm{st}}-A \bar{c}\right)+U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right) \tag{5.4}
\end{equation*}
$$

We then take

$$
\zeta_{0}(t)=\gamma^{\text {st }}(0)+t A \bar{c}+\frac{t}{T} y
$$

where $y \in[0,1)^{d}$ is such that $\zeta_{0}(0)+T A \bar{c}+y=\gamma^{\text {st }}(T) \bmod \mathbb{Z}^{m}$. We then have $\dot{\zeta}_{0}-A \bar{c}=\frac{1}{T} y$, so

$$
\int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} \bar{c} \cdot A \bar{c}\right)\left(\zeta_{0}, \dot{\zeta}_{0}\right) d t \leqslant \frac{1}{2 T}\left\|A^{-1}\right\|\|y\|^{2}+T\left\|U^{\mathrm{st}}\right\|_{C^{0}} \leqslant d\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{0}}
$$

using $T \in[0,1)$ and $\|y\|^{2} \leqslant d$.

Using Lemma 5.2, and adding $\frac{1}{2} \bar{c} \cdot A \bar{c}$ to the Lagrangian to both sides, we obtain

$$
\begin{aligned}
\int_{0}^{T}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\frac{1}{2} \bar{c} \cdot A \bar{c}\right)\left(\gamma^{\mathrm{st}}, \gamma^{\mathrm{st}}\right) d t \leqslant 2 T\left\|U^{\mathrm{wk}}\right\| & +d\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{0}} \\
& \leqslant d\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{0}}+2\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
\end{aligned}
$$

since $T \in\left[\frac{1}{2}, 1\right)$.
We now use the above formula get an $L^{2}$ estimate on $\left(\dot{\gamma}^{\text {st }}-A \bar{c}\right)$ and use the Poincaré estimate to conclude. Using the above formula and (5.4), we have

$$
\int_{0}^{T}\left(\dot{\gamma}^{\mathrm{st}}-A \bar{c}\right) \cdot A^{-1}\left(\dot{\gamma}^{\mathrm{st}}-A \bar{c}\right) d t \leqslant d\left\|A^{-1}\right\|+2\left\|U^{\mathrm{st}}\right\|_{C^{0}}+2\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

Using the fact that $A^{-1}$ is strictly positive definite, we get

$$
\left\|\dot{\gamma}^{\mathrm{st}}-A \bar{c}\right\|_{L^{2}} \leqslant\|A\|\left(d\left\|A^{-1}\right\|+2\left\|U^{\mathrm{st}}\right\|_{C^{0}}+2\left\|U^{\mathrm{wk}}\right\|_{C^{0}}\right)=: M_{1}
$$

Then

$$
\begin{equation*}
\left\|\frac{1}{T} \int_{0}^{T}\left(\dot{\gamma}^{\text {st }}-A \bar{c}\right) d t\right\|^{2} \leqslant \frac{1}{T^{2}} \int_{0}^{T}\left\|\dot{\gamma}^{\text {st }}-A \bar{c}\right\|^{2} d t \leqslant 4 M_{1} \tag{5.5}
\end{equation*}
$$

Moreover, from Lemma 4.3,

$$
\left\|\ddot{\gamma}^{\mathrm{st}}\right\| \leqslant M_{2}\left(\mathcal{B}^{\mathrm{st}}, Q, \kappa, q, R\right)
$$

The Poincaré estimate gives, for some uniform constant $D>0$,

$$
\left\|\left(\dot{\gamma}^{\text {st }}-A \bar{c}\right)-\frac{1}{T} \int_{0}^{T}\left(\dot{\gamma}^{\text {st }}-A \bar{c}\right) d t\right\|_{L^{\infty}} \leqslant\left\|\ddot{\gamma}^{\text {st }}\right\|_{L^{\infty}} \leqslant D M_{2}
$$

Combine with (5.5) and we conclude the proof.

### 5.3 Approximate Lipschitz property of weak KAM solutions

The weak KAM solutions of the slow Hamiltonian is Lipshitz, however, it is not clear if the Lipschitz constant is bounded as $\mu\left(\mathcal{B}^{\mathrm{wk}}\right) \rightarrow \infty$. To get uniform estimates, we consider the following weaker notion.

Definition. For $D, \delta>0$, a function $u: \mathbb{R}^{d} \rightarrow \mathbb{R}$ is called $(D, \delta)$ approximately Lipschitz if

$$
|u(x)-u(y)| \leqslant D\|x-y\|+\delta, \quad x, y \in \mathbb{R}^{d}
$$

For $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$, the approximate Lipschitz property is defined by its lift to $\mathbb{R}^{d}$.
In Proposition 5.3 and 5.4 we state the approximate Lipschitz property of a weak KAM solution in weak and strong angles.

Proposition 5.3. Fix $\mathcal{B}^{\text {st }}, \kappa>1$. Assume that $q>2(d-m)$. For $R>0$, there exists a constant $M=M\left(\mathcal{B}^{\text {st }}, Q, \kappa, q, R\right)>0$, such that for all

$$
\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right) \cap\left\{\left\|U^{\mathrm{st}}\right\| \leqslant R\right\}
$$

and

$$
\delta\left(\mathcal{B}^{\mathrm{wk}}\right)=M \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-\left(\frac{q}{2}-d+m\right)},
$$

let $u=u\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right): \mathbb{T}^{m} \times \mathbb{T}^{d-m} \rightarrow \mathbb{R}$ be a weak KAM solution of

$$
L_{\mathcal{H}^{s}}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right)-c \cdot v
$$

Then for all $\varphi^{\text {st }} \in \mathbb{T}^{m}$, the function $u\left(\varphi^{\text {st }}, \cdot\right)$ is $(\delta, \delta)$ approximately Lipschitz.
Proposition 5.4. There exists a constant $M^{\prime}=M^{\prime}\left(\mathcal{B}^{\mathrm{st}}, Q, \kappa, q, R\right)>0$, let $\delta^{\prime}\left(\mathcal{B}^{\mathrm{wk}}\right)=$ $M^{\prime}\left(\mu\left(\mathcal{B}^{\mathrm{wk}}\right)\right)^{-\left(\frac{q}{2}-d+m\right)}$, and $u$ be the weak KAM solution described in Proposition 5.3. Then for all $\varphi^{\mathrm{wk}} \in \mathbb{T}^{d-m}$, the function $u\left(\cdot, \varphi^{\mathrm{wk}}\right)$ is $\left(M^{\prime}, \delta^{\prime}\right)$ approximately Lipschitz.

The proof of these statements are deferred to section 7 .

### 5.4 The alpha function and rotation number estimate

In this section we provide a few useful estimates in weak KAM theory and prove Theorem 2.4 using Propositions 5.3 and 5.4. Recall that the notations $c=\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right), \bar{c}=$ $c^{\mathrm{st}}+A^{-1} B c^{\mathrm{wk}}$.

Proposition 5.5. We have

$$
\left|\alpha_{H^{s}}(c)-\alpha_{H^{\mathrm{st}}}(\bar{c})+\frac{1}{2}\left(\tilde{C} c^{\mathrm{wk}}\right) \cdot c^{\mathrm{wk}}\right| \leqslant\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

Proof. Let $\mu$ be a minimal measure for $L^{s}-c \cdot v$. Let $\pi$ denote the natural projection from $\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{st}}, v^{\mathrm{wk}}\right)$ to $\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)$. By Lemma 4.2 we have

$$
\begin{align*}
& -\alpha_{H^{s}}(c)=\int\left(L^{s}-c \cdot v\right) d \mu \\
& =\int\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right) d \mu \circ \pi-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}}  \tag{5.6}\\
& \quad+\int\left(\frac{1}{2}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)+U^{\mathrm{wk}}\right) d \mu \\
& \geqslant-\alpha_{H^{\mathrm{st}}}(\bar{c})-\left\|U^{\mathrm{wk}}\right\|_{C^{0}}-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C} c^{\mathrm{wk}} .
\end{align*}
$$

On the other hand, let $\mu^{\text {st }}$ be an ergodic minimal measure for $L^{\text {st }}-\bar{c} \cdot v^{\text {st }}$. For an $L^{\text {st }}$-Euler-Lagrange orbit $\varphi^{\text {st }}(t)$ in the support of $\mu^{\text {st }}$, and any $\varphi_{0}^{\mathrm{wk}} \in \mathbb{T}^{d-m}$, define

$$
\begin{equation*}
\varphi^{\mathrm{wk}}(t)=\varphi_{0}^{\mathrm{wk}}+B^{T} A^{-1} \varphi^{\mathrm{st}}(t)+\tilde{C} c^{\mathrm{wk}} t, \quad t \in \mathbb{R} \tag{5.7}
\end{equation*}
$$

and write $\gamma=\left(\gamma^{\text {st }}, \gamma^{\mathrm{wk}}\right)$. We take a weak-* limit point $\mu^{s}$ of the probability measures $\left.\frac{1}{T}(\gamma, \dot{\gamma})\right|_{[0, T]}$ as $T \rightarrow+\infty$. Then $\mu^{s}$ is a closed measure (see section 5.1).

Since on the support of $\mu^{s}, v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}=0$, we have

$$
\begin{aligned}
& -\alpha_{H^{s}}(c) \leqslant \int\left(L^{s}-c \cdot v\right) d \mu^{s} \\
& =\int\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right) d \mu^{\mathrm{st}}+\int U^{\mathrm{wk}} d \mu-\frac{1}{2} \tilde{C} c^{\mathrm{wk}} \cdot c^{\mathrm{wk}} \\
& \leqslant-\alpha_{H^{\mathrm{st}}}(\bar{c})+\|U\|_{C^{0}}-\frac{1}{2} \tilde{C} c^{\mathrm{wk}} \cdot c^{\mathrm{wk}}
\end{aligned}
$$

The following proposition establishes relations between rotation numbers of minimal measures of the slow and strong systems.

Proposition 5.6. Let $\mu^{s}$ be an ergodic minimal measure of $L^{s}-c \cdot v$, and let $\left(\rho^{\mathrm{st}}, \rho^{\mathrm{wk}}\right)$ denote its rotation number. Then

$$
0 \leqslant \frac{1}{2}\left(\tilde{C}\left(\rho^{\mathrm{wk}}-B^{T} A^{-1} \rho^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right)\right) \cdot\left(\rho^{\mathrm{wk}}-B^{T} A^{-1} \rho^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) \leqslant\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

and

$$
0 \leqslant \alpha_{H^{\mathrm{st}}}(\bar{c})+\beta_{H^{\mathrm{st}}}\left(\rho^{\mathrm{st}}\right)-\bar{c} \cdot \rho^{\mathrm{st}} \leqslant\left\|U^{\mathrm{wk}}\right\|_{C^{0}} .
$$

Proof. Using (5.6) and the conclusion of Proposition 5.5, we have

$$
\begin{align*}
&\left\|U^{\mathrm{wk}}\right\|_{C^{0}} \geqslant \int\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\alpha_{H^{\mathrm{st}}}(\bar{c})\right) d \mu^{s} \circ \pi \\
&+\int \frac{1}{2}\left(\tilde{C}^{-1}\left(w-\tilde{C} c^{\mathrm{wk}}\right)\right) \cdot\left(w-\tilde{C} c^{\mathrm{wk}}\right) d \mu^{s} \circ \pi \tag{5.8}
\end{align*}
$$

Note the first of the two integrals is non-negative by definition, we obtain

$$
0 \leqslant \int \frac{1}{2}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(w^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) d \mu^{s} \leqslant\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

Denote $\bar{w}^{\mathrm{wk}}:=\int w^{\mathrm{wk}} d \mu^{s}=\rho^{\mathrm{wk}}-B^{T} A^{-1} \rho^{\mathrm{st}}$, and rewrite the left hand side of the last formula as

$$
\begin{aligned}
\frac{1}{2}\left(\tilde{C}^{-1}\left(\bar{w}^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)\right) \cdot\left(\bar{w}^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)+ & \int \tilde{C}^{-1}\left(\bar{w}^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot\left(w^{\mathrm{wk}}-\bar{w}\right) d \mu^{s} \\
& +\frac{1}{2} \int\left(\tilde{C}^{-1}\left(w^{\mathrm{wk}}-\bar{w}^{\mathrm{wk}}\right)\right) \cdot\left(w^{\mathrm{wk}}-\bar{w}^{\mathrm{wk}}\right) d \mu^{s}
\end{aligned}
$$

Note that the second term vanishes and the third term is non-negative. Therefore

$$
\frac{1}{2}\left(\tilde{C}^{-1}\left(\bar{w}^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right)\right) \cdot\left(\bar{w}^{\mathrm{wk}}-\tilde{C} c^{\mathrm{wk}}\right) \leqslant\left\|U^{\mathrm{wk}}\right\|_{C^{0}}
$$

which is the first conclusion.
For the second conclusion, using (5.8), we get

$$
\left\|U^{\mathrm{wk}}\right\|_{C^{0}} \geqslant \int\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\alpha_{H^{\mathrm{st}}}(\bar{c})\right) d \mu \circ \pi=\int L^{\mathrm{st}} d \mu \circ \pi-\bar{c} \cdot \rho^{\mathrm{st}}+\alpha_{H^{\mathrm{st}}}(\bar{c}) .
$$

Using $\int L^{\text {st }} d \mu \circ \pi \geqslant \beta_{H^{\text {st }}}\left(\rho^{\text {st }}\right)$ we get the upper bound of the second conclusion. The lower bound holds by definition.

### 5.5 Convergence of weak KAM solutions

We now prove Theorem 2.4 Fix $\mathcal{B}^{\text {st }}$ and $\kappa>1$.
Let $\left(\mathcal{B}_{i}^{\mathrm{wk}}, p_{i}, U_{i}^{\mathrm{st}}, \mathcal{U}_{i}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right)$ and $c_{i}=\left(c_{i}^{\mathrm{st}}, c_{i}^{\mathrm{wk}}\right)$ be a sequence satisfying the assumption of the theorem, namely $\mu\left(\mathcal{B}_{i}^{\mathrm{wk}}\right) \rightarrow \infty, p_{i} \rightarrow p_{0}, U_{i}^{\text {st }} \rightarrow U_{0}^{\text {st }}$ in $C^{2}$, and $c^{\mathrm{st}}+A_{i}^{-1} B_{i} c_{i}^{\mathrm{wk}} \rightarrow \bar{c}$.

Item 1. Let $u_{i}$ be the weak KAM solution to $L_{i}^{s}=L_{\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}_{i}^{\mathrm{wk}}, p_{i}, U_{i}^{\mathrm{st}}, \mathcal{U}_{i}^{\mathrm{wk}}\right)}-c_{i} \cdot v$. We first show the sequence $\left\{u_{i}\right\}$ is equi-continuous.

Let $M^{*}$ be a constant larger than the constants in both Proposition 5.3 and 5.4. Using both propositions, for any $\varphi=\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right), \psi=\left(\psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)$,

$$
\left|u_{i}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right)-u_{i}\left(\psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)\right| \leqslant M^{*}\left\|\varphi^{\mathrm{st}}-\psi^{\mathrm{st}}\right\|+\delta_{i}\left\|\varphi^{\mathrm{wk}}-\psi^{\mathrm{wk}}\right\|+2 \delta_{i},
$$

where $\delta_{i}=M^{*}\left(\mu\left(\mathcal{B}_{i}^{\mathrm{wk}}\right)\right)^{-\frac{q}{2}-d+m}$.
Since $\delta_{i} \rightarrow 0$ as $i \rightarrow \infty$, for any $0<\varepsilon<1$ there exists $M>0$ such that for all $i>M, 3 \delta_{i}<\frac{\varepsilon}{2}$. It follows that if $\|\varphi-\psi\|<\frac{\varepsilon}{2 D}<1$, then

$$
\left|u_{i}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right)-u_{i}\left(\psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)\right|<\varepsilon .
$$

Since $\left\{u_{i}\right\}_{i \leqslant M}$ is a finite family, it is equi-continuous. In particular, there exist $\sigma>0$ such that

$$
\left|u_{i}(\varphi)-u(\psi)\right|<\varepsilon, \quad \text { if } 1 \leqslant i \leqslant M,\|\varphi-\psi\|<\sigma .
$$

This proves equi-continuity. Moreover, since $u_{i}$ are all periodic, $u_{i}-u_{i}(0)$ are equibounded, therefore Ascoli's theorem applies and the sequence is pre-compact in uniform norm.

Item 2. Let $u$ be any accumulation point of $u_{i}-u_{i}(0)$, without loss of generality, we assume $u_{i}-u_{i}(0)$ converges to $u$ uniformly. Proposition 5.3 implies that

$$
\lim _{i \rightarrow \infty} \sup _{\varphi^{\mathrm{st}}}\left(\max u_{i}\left(\varphi^{\mathrm{st}}, \cdot\right)-\min _{i} u_{i}\left(\varphi^{\mathrm{st}}, \cdot\right)\right) \leqslant 2 \lim _{i \rightarrow \infty} \delta_{i}=0
$$

therefore $u$ is independent of $\varphi^{\mathrm{wk}}$.
Item 3. From item 2, there exists $u^{\text {st }}\left(\varphi^{\text {st }}\right)=\lim _{i \rightarrow \infty} u_{i}\left(\varphi^{\text {st }}, \varphi^{\mathrm{wk}}\right)$. We show $u^{\text {st }}$ is a weak KAM solution of $L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}=L_{\mathcal{H}^{\text {st }}\left(p_{0}, U_{0}^{\mathrm{st}}\right)}-\bar{c} \cdot v^{\text {st. }}$. Denote $L_{i}^{\text {st }}=L_{\mathcal{H}^{\text {st }}\left(p_{i}, U_{i}^{\mathrm{st}}\right)}$, we have $L_{i}^{\text {st }} \rightarrow L_{0}^{\text {st }}$ in $C^{2}$.

We first show that $u^{\text {st }}$ is dominated by $L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}$. Let $\xi^{\text {st }}:[0, T] \rightarrow \mathbb{T}^{m}$ be an extremal curve of $L_{0}^{\text {st }}$. In the same way as (5.7) in the proof of Proposition 5.5, we define $\xi_{i}=\left(\xi_{i}^{\text {st }}, \xi_{i}^{\mathrm{wk}}\right):[0, T] \rightarrow \mathbb{T}^{m}$ such that $\xi_{i}^{\text {st }}(0)=\xi^{\text {st }}(0), \xi_{i}^{\text {st }}(T)=\xi^{\text {st }}(T)$ and $\dot{\xi}_{i}^{\text {st }}-B_{i}^{T} A_{i}^{-1} \dot{\xi}-\tilde{C} c_{i}^{\mathrm{wk}}=0$. Since for $\bar{c}_{i}=c_{i}^{\text {st }}+A_{i}^{-1} B_{i} c_{i}^{\mathrm{wk}}, u_{i}$ are dominated by $L_{i}^{s}-c_{i} \cdot v+\alpha_{H_{i}^{s}}^{s}\left(c_{i}\right)$, we have

$$
\begin{aligned}
& u_{i}\left(\xi_{i}(T)\right)-u_{i}\left(\xi_{i}(0)\right) \leqslant \int_{0}^{T}\left(L_{i}^{s}-c_{i} \cdot v^{s}+\alpha_{H_{i}^{s}}\left(c_{i}\right)\right)\left(\xi_{i}, \dot{\xi}_{i}\right) d t \\
& =\int_{0}^{T}\left(L_{i}^{\mathrm{st}}-\bar{c}_{i} \cdot v^{\mathrm{st}}\right)\left(\xi_{i}^{\mathrm{st}}, \dot{\xi}_{i}^{\mathrm{st}}\right) d t+\int_{0}^{T}\left(U_{i}^{\mathrm{wk}}\left(\xi_{i}\right)+\alpha_{H_{i}^{s}}\left(c_{i}\right)-\frac{1}{2} \tilde{C}_{i} c_{i}^{\mathrm{wk}} \cdot c_{i}^{\mathrm{wk}}\right) d t
\end{aligned}
$$

where the equality is due to $\dot{\gamma}_{i}^{\text {st }}-B_{i}^{T} A_{i}^{-1} \dot{\gamma}-\tilde{C} c_{i}^{\mathrm{wk}}=0$. Using the fact that $\left\|U_{i}^{\mathrm{wk}}\right\|_{C^{0}} \rightarrow 0$, $L_{i}^{\mathrm{st}} \rightarrow L_{0}^{\text {st }}$, and from Proposition 5.5, $\alpha_{H_{i}^{s}}-\frac{1}{2} \tilde{C}_{i} c_{i}^{\mathrm{wk}} \cdot c_{i}^{\mathrm{wk}} \rightarrow \alpha_{H^{\mathrm{st}}}(\bar{c})$ as $i \rightarrow \infty$, we get

$$
\begin{equation*}
u^{\mathrm{st}}\left(\xi^{\mathrm{st}}(b)\right)-u^{\mathrm{st}}\left(\xi^{\mathrm{st}}(a)\right) \leqslant \int_{a}^{b}\left(L_{0}^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\alpha_{H^{\mathrm{st}}}(\bar{c})\right) d t . \tag{5.9}
\end{equation*}
$$

Therefore $u^{\text {st }}$ is dominated by $L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}$.
Secondly, we show that for any $\varphi^{\text {st }} \in \mathbb{T}^{m}$, there exists a ( $u^{\text {st }}, L_{0}^{\text {st }}, \bar{c}$ )-calibrated curve $\gamma^{\text {st }}:(-\infty, 0] \rightarrow \mathbb{T}^{m}$ with $\gamma^{\text {st }}(0)=\varphi^{\text {st }}$. Because $u_{i}$ are weak KAM solutions, for each $i$ there exists a $\left(u_{i}, L_{i}^{s}, c_{i}\right)$-calibrated curve $\gamma_{i}=\left(\gamma_{i}^{\text {st }}, \gamma_{i}^{\mathrm{wk}}\right):(-\infty, 0] \rightarrow \mathbb{T}^{d}$. By Proposition 5.1, all $\gamma_{i}^{\text {st }}$ are uniformly Lipschitz, so there exists a subsequence that converges in $C_{l o c}^{1}\left((-\infty, 0], \mathbb{T}^{d}\right)$. Assume without loss of generality that $\gamma_{i}^{\text {st }} \rightarrow \gamma^{\text {st }}$, since $\gamma_{i}=\left(\gamma_{i}^{\mathrm{st}}, \gamma_{i}^{\mathrm{wk}}\right)$ is extremal for $L_{i}^{s}$, we have

$$
\ddot{\gamma}_{i}^{\mathrm{st}}=\frac{d}{d t}\left(A_{i} I^{\mathrm{st}}+B_{i} I^{\mathrm{wk}}\right)=A_{i} \partial_{\varphi^{\mathrm{st}}} U_{i}^{\mathrm{st}}+B_{i} \partial_{\varphi^{\mathrm{st}}} U_{i}^{\mathrm{wk}}
$$

By our assumption, as $i \rightarrow \infty, A_{i} \rightarrow A:=\partial_{v^{s t} v^{\mathrm{st}}}^{2} L_{0}^{\mathrm{st}}$, and by Lemma 4.3 \| $B_{i}\| \| U_{i}^{\mathrm{wk}} \|_{C^{2}} \rightarrow$ 0 .

$$
\begin{equation*}
\ddot{\gamma}^{\mathrm{st}}=A \partial_{\varphi^{\mathrm{st}}} U^{\mathrm{st}}\left(\gamma^{\mathrm{st}}\right), \tag{5.10}
\end{equation*}
$$

which is the Euler-Lagrange equation for $L_{0}^{\text {st }}$.
Then for any $[a, b] \subset(-\infty, 0]$,

$$
\begin{aligned}
& u_{i}\left(\gamma_{i}(b)\right)-u_{i}\left(\gamma_{i}(a)\right)=\int_{a}^{b}\left(L_{i}^{s}-c_{i} \cdot v^{s}+\alpha_{H_{i}^{s}}\left(c_{i}\right)\right)\left(\gamma_{i}, \dot{\gamma}_{i}\right) d t \\
& \geqslant \int_{a}^{b}\left(L^{\mathrm{st}}-\bar{c}_{i} \cdot v^{\mathrm{st}}\right)\left(\gamma_{i}^{\mathrm{st}}, \dot{\gamma}_{i}^{\mathrm{st}}\right) d t+\int_{a}^{b}\left(U_{i}^{\mathrm{wk}}+\alpha_{H_{i}^{s}}\left(c_{i}\right)-\frac{1}{2} \tilde{C}_{i} c_{i}^{\mathrm{wk}} \cdot c_{i}^{\mathrm{wk}}\right)\left(\gamma_{i}, \dot{\gamma}_{i}\right) d t
\end{aligned}
$$

Take limit again to get

$$
u^{\mathrm{st}}\left(\gamma^{\mathrm{st}}(b)\right)-u^{\mathrm{st}}\left(\gamma^{\mathrm{st}}(a)\right) \geqslant \int_{a}^{b}\left(L_{0}^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}+\alpha_{H^{\mathrm{st}}}(\bar{c})\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t
$$

Because $\gamma^{\text {st }}$ is an $L^{\text {st }}$ extremal curve (see (5.10), we have (5.9) hold for $\gamma^{\text {st }}$. Combining with last displayed formula, we get (5.9) becomes an equality. Then $\gamma^{\text {st }}$ is a calibrated curve for $L^{\text {st }}-\bar{c} \cdot v^{\text {st }}+\alpha_{H^{\mathrm{st}}}(\bar{c})$, and $u^{\text {st }}$ is a weak KAM solution.

## 6 The Mañe and the Aubry sets and the barrier function

We prove the following result.
Proposition 6.1. Fix $\mathcal{B}^{\text {st }}$ and $\kappa>1$. Assume that ( $\left.\mathcal{B}_{i}^{\text {wk }}, p_{i}, U_{i}^{\text {st }}, \mathcal{U}_{i}^{\mathrm{wk}}\right)$ satisfies the assumptions of Theorem 2.4. Denote $H_{i}^{s}=\mathcal{H}_{i}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}_{i}^{\text {wk }}, p_{i}, U_{i}^{\text {st }}, \mathcal{U}_{i}^{\text {wk }}\right)$, $H_{0}^{\text {st }}=\mathcal{H}^{\text {st }}\left(p_{0}, U_{0}^{\text {st }}\right)$, $L_{i}^{s}=L_{H_{i}^{s}}$ and $L_{0}^{\text {st }}=L_{H_{0}^{\text {st }}}$.

1. Any limit point of $\varphi_{i} \in \mathcal{N}_{H_{i}^{s}}\left(c_{i}\right)$ is contained in $\mathcal{N}_{H_{0}^{\mathrm{st}}}(\bar{c}) \times \mathbb{T}^{d-m}$.
2. If $\mathcal{A}_{H_{0}^{\mathrm{st}}}(\bar{c})$ contains only finitely many static classes, then any limit point of $\varphi_{i} \in \mathcal{A}_{H_{i}^{s}}\left(c_{i}\right)$ is contained in $\mathcal{A}_{H_{0}^{\mathrm{st}}}(\bar{c}) \times \mathbb{T}^{d-m}$.
3. Assume that $\mathcal{A}_{H^{\mathrm{st}}}(\bar{c})$ contains only one static class. Let $\varphi_{i}=\left(\varphi_{i}^{\mathrm{st}}, \varphi_{i}^{\mathrm{wk}}\right) \in \mathcal{A}_{H_{i}^{s}}\left(c_{i}\right)$ be such that $\varphi_{i}^{\mathrm{st}} \rightarrow \varphi^{\mathrm{st}} \in \mathcal{A}_{H_{0}^{\mathrm{st}}}(\bar{c})$. Then for any $\psi=\left(\psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right) \in \mathbb{T}^{d}$,

$$
\lim _{i \rightarrow \infty} h_{L_{i}^{s}, c_{i}}(\varphi, \psi)=h_{L_{0}^{\text {st }, \bar{c}}}\left(\varphi^{\mathrm{st}}, \psi^{\mathrm{st}}\right)
$$

4. Let $\left(\rho_{i}^{\mathrm{st}}, \rho_{i}^{\mathrm{wk}}\right)$ be the rotation number of any $c_{i}$-minimal measure of $L_{i}^{s}$. Then we have

$$
\lim _{i \rightarrow \infty}\left(\rho_{i}^{\mathrm{wk}}-B_{i}^{T} A_{i}^{-1} \rho_{i}^{\mathrm{st}}-\tilde{C}_{i} c_{i}^{\mathrm{wk}}\right)=0
$$

and any accumulation point $\rho$ of $\rho_{i}^{\text {st }}$ is contained in the set $\partial \alpha_{H^{\mathrm{st}}}(\bar{c})$.
The proof of item 2 requires additional discussion and is presented in Section 6.2. In Section 6.1 we prove item 1, 3 and 4.

### 6.1 The Mañe set and barrier function

We first state an alternate definition of the Aubry and Mañe sets due to Fathi (see also (Ber08]). Let $u$ be a weak KAM solution for the Lagrangian $L$. We define $\overline{\mathcal{G}}(L, u)$ to be the set of points $(\varphi, v) \in \mathbb{T}^{d} \times \mathbb{R}^{d}$ such that there exists a $\left(u, L, \alpha_{L}\right)$-calibrated curve $\gamma:(-\infty, 0] \rightarrow \mathbb{T}^{d}$, such that $(\varphi, v)=(\gamma(0), \dot{\gamma}(0))$. Let $\phi_{t}$ denote the Euler-Lagrange flow of $L$, then

$$
\begin{equation*}
\tilde{\mathcal{I}}(L, u)=\bigcap_{t \leqslant 0} \phi_{t}(\overline{\mathcal{G}}(L, u)), \quad \tilde{\mathcal{A}}_{L}=\bigcap_{u} \tilde{\mathcal{I}}(L, u), \quad \tilde{\mathcal{N}}_{L}=\bigcup_{u} \tilde{\mathcal{I}}(L, u), \tag{6.1}
\end{equation*}
$$

where the union and intersection are over all weak KAM solutions of $L$. The Aubry set and Mañe set of $c \in H^{1}\left(\mathbb{T}^{d}, \mathbb{R}\right)$ is defined as

$$
\tilde{\mathcal{A}}_{L}(c)=\tilde{\mathcal{A}}_{L-c \cdot v}, \quad \tilde{\mathcal{N}}_{L}(c)=\tilde{\mathcal{N}}_{L-c \cdot v}
$$

The projected Aubry and Mañe sets are the projection of these sets to $\mathbb{T}^{d}$.
We now turn to the setting of Proposition 6.1. Let $L_{i}^{s}, L_{0}^{\mathrm{st}}, c_{i}, \bar{c}$ be as in the assumption. The strategy of the proof is similar to the one in Ber10.

Lemma 6.2. Let $u_{i}$ be a weak KAM solution of $L_{i}^{s}-c_{i} \cdot v$. Assume that $\tilde{\varphi}_{i}=\left(\varphi_{i}, v_{i}\right) \in$ $\tilde{\mathcal{I}}\left(L_{i}^{s}-c_{i} \cdot v, u_{i}\right)$ satisfies $\tilde{\varphi}_{i} \rightarrow \tilde{\varphi}=(\varphi, v)=\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{st}}, v^{\mathrm{wk}}\right)$, and $u_{i}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right) \rightarrow$ $u^{\text {st }}\left(\varphi^{\text {st }}\right)$. Then

$$
\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right) \in \tilde{\mathcal{I}}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}, u^{\mathrm{st}}\right)
$$

Proof. We first show that $\left(\varphi_{i}, v_{i}\right) \in \overline{\mathcal{G}}\left(L_{i}^{s}-c_{i} \cdot v, u_{i}\right)$ implies $\left(\varphi^{\text {st }}, v^{\text {st }}\right) \in \overline{\mathcal{G}}\left(L^{\text {st }}-\bar{c} \cdot v^{\text {st }}, u^{\text {st }}\right)$. Indeed, there exists $\gamma_{i}:(-\infty, 0] \rightarrow \mathbb{T}^{d}$, each $\left(u_{i}, L_{i}^{s}-c_{i} \cdot v, \alpha_{L_{i}^{s}}\left(c_{i}\right)\right)$-calibrated, with $\left(\gamma_{i}, \dot{\gamma}_{i}\right)(0)=(\varphi, v)$. We follow the same line as proof of item 3 in Theorem 2.4 (section 5), then by restricting to a subsequence, $\gamma_{i}^{\text {st }}$ converges in $C_{l o c}^{1}\left((-\infty, 0], \mathbb{T}^{d}\right)$ to a $\left(u^{\text {st }}, L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}, \alpha_{H_{0}^{\text {st }}}(\bar{c})\right)$-calibrated curve $\gamma^{\text {st }}$. In particular $\left(\gamma_{i}^{\text {st }}, \dot{\gamma}_{i}^{\text {st }}\right) \rightarrow\left(\gamma^{\text {st }}, \dot{\gamma}^{\text {st }}\right)$, which implies $\left(\varphi^{\text {st }}, v^{\text {st }}\right) \in \overline{\mathcal{G}}\left(L^{\text {st }}-\bar{c} \cdot v^{\text {st }}, u^{\text {st }}\right)$.

Let $\phi_{t}^{i}$ denote the Euler-Lagrange flow of $L_{i}^{s}$, and $\phi_{t}^{\text {st }}$ the flow for $L^{\text {st }}$. Let $\pi$ denote the projection to the strong components $\left(\varphi^{\text {st }}, v^{\text {st }}\right)$, then from Lemma $4.3 \pi \phi_{t}^{i} \rightarrow \phi_{t}^{\text {st }}$ uniformly. As a result for a fixed $T>0$ and $\left(\varphi_{i}, v_{i}\right) \in \tilde{\mathcal{I}}\left(L_{i}^{\text {st }}-c_{i} \cdot v, u_{i}\right)$, we have

$$
\left(\varphi_{i}, v_{i}\right)=\left(\varphi_{i}^{\mathrm{st}}, \varphi_{i}^{\mathrm{wk}}, v_{i}^{\mathrm{st}}, v_{i}^{\mathrm{wk}}\right) \in \phi_{-T}^{i}\left(\overline{\mathcal{G}}\left(L_{i}^{s}-c_{i} \cdot v, u_{i}\right)\right),
$$

hence $\left(\varphi_{i}^{\text {st }}, v_{i}^{\text {st }}\right) \rightarrow\left(\varphi^{\text {st }}, v^{\text {st }}\right) \in \varphi_{-T}^{\text {st }}\left(\overline{\mathcal{G}}\left(L^{\text {st }}-\bar{c} \cdot v^{\text {st }}, u^{\text {st }}\right)\right)$. Since $T>0$ is arbitrary, we $\operatorname{obtain}\left(\varphi^{\text {st }}, v^{\text {st }}\right) \in \tilde{\mathcal{I}}\left(L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}, u^{\text {st }}\right)$.
Proof of Proposition 6.1, part I. We first prove item 1. Suppose $\tilde{\varphi}_{i} \in \tilde{\mathcal{N}}_{H_{i}^{s}}\left(c_{i}\right)$, then there exists weak KAM solutions $u_{i}$ of $L_{i}^{s}-c_{i} \cdot v$, such that $\left(\varphi_{i}, v_{i}\right) \in \tilde{\mathcal{I}}\left(L_{i}^{s}-c_{i} \cdot v, u_{i}\right)$. By Theorem 2.4, after restricting to a subsequence, we have $u_{i}\left(\varphi^{\text {st }}, \varphi^{\mathrm{wk}}\right) \rightarrow u^{\text {st }}\left(\varphi^{\text {st }}\right)$. By Lemma 6.2, $\left(\varphi_{i}^{\text {st }}, v_{i}^{\text {st }}\right) \rightarrow\left(\varphi^{\text {st }}, v^{\text {st }}\right)$ implies $\left(\varphi^{\text {st }}, v^{\text {st }}\right) \in \tilde{\mathcal{I}}\left(L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}, u^{\text {st }}\right) \subset \tilde{\mathcal{N}}_{H_{0}^{\text {st }}}(\bar{c})$.

For item 3, suppose $\varphi_{i}=\left(\varphi_{i}^{\text {st }}, \varphi_{i}^{\mathrm{wk}}\right) \in \mathcal{A}_{H_{i}^{s}}\left(c_{i}\right)$ satisfies $\varphi_{i}^{\text {st }} \rightarrow \varphi^{\text {st }} \in \mathcal{A}_{H_{0}^{\mathrm{st}}}(\bar{c})$. Then $h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}, \cdot\right)$ is a weak KAM solution of $L_{i}^{s}-c \cdot v$ (see Fat08], Theorem 5.3.6). By Theorem 2.4, by restricting to a subsequence, there exists a weak KAM solution $u^{\text {st }}$ of $L_{0}^{\text {st }}-\bar{c} \cdot v^{\text {st }}$ such that

$$
\lim _{i \rightarrow \infty} h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}, \psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)-h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}, 0,0\right)=u^{\mathrm{st}}\left(\psi^{\mathrm{st}}\right)
$$

We may further assume that $h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}, 0,0\right) \rightarrow C \in \mathbb{R}$. Since $\mathcal{A}_{H_{0}^{\mathrm{st}}}(\bar{c})$ has only one static class, there exists a constant $C_{1}>0$ such that

$$
u^{\mathrm{st}}\left(\psi^{\mathrm{st}}\right)+C_{1}=h_{L^{\mathrm{st}}, \bar{c}}\left(\varphi^{\mathrm{st}}, \psi^{\mathrm{st}}\right)
$$

Using the fact that $\varphi_{i} \in \mathcal{A}_{H_{i}^{s}}\left(c_{i}\right)$, we get $h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}, \varphi_{i}\right)=0$. Taking the limit,

$$
u^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)=-C_{1}=h_{L^{\mathrm{st}}, \bar{c}\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{st}}\right)-C=-C . . . . .}
$$

Therefore

$$
\lim _{i \rightarrow \infty} h_{L_{i}^{s}, c_{i}}\left(\varphi_{i}^{\mathrm{st}}, \varphi_{i}^{\mathrm{wk}}, \psi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)=h_{L^{\mathrm{st}}, \bar{c}}\left(\varphi^{\mathrm{st}}, \psi^{\mathrm{st}}\right)
$$

Item 4: Let $\rho_{i}=\left(\rho_{i}^{\mathrm{st}}, \rho_{i}^{\mathrm{wk}}\right)$ be the rotation number of minimal measures of $L_{i}^{s}-c_{i} \cdot v$, then from Proposition 5.6,

$$
\lim _{i \rightarrow \infty} \rho_{i}^{\mathrm{wk}}-B_{i}^{T} A_{i}^{-1} \rho_{i}^{\mathrm{st}}-\tilde{C}_{i} c_{i}^{\mathrm{wk}}=0
$$

Moreover, assume that $\rho_{i}^{\text {st }} \rightarrow \rho^{\text {st }} \in \mathbb{R}^{m}$, then by taking limit in the second conclusion of Proposition 5.6, we get

$$
\alpha_{H_{0}^{\mathrm{st}}}(\bar{c})+\beta_{H_{0}^{\mathrm{st}}}\left(\rho^{\mathrm{st}}\right)-\bar{c} \cdot \rho^{\mathrm{st}}=0,
$$

using Fenchel duality, $\rho^{\text {st }}$ is a subdifferential of the convex function $\alpha_{H_{0}^{\text {st }}}$ at $\bar{c}$.

### 6.2 Semi-continuity of the Aubry set

Our strategy of the proof mostly follow [Ber10].
Given a compact metric space $\mathcal{X}$, a semi-flow $\phi_{t}$ on $\mathcal{X}$, and $\varepsilon, T>0$, an $(\varepsilon, T)$-chain consists of $x_{0}, \cdots, x_{N} \in \mathcal{X}$ and $T_{0}, \cdots, T_{N-1} \geqslant T$, such that $d\left(\phi_{T_{i}} x_{i}, x_{i+1}\right)<\varepsilon$. We say that $x \mathfrak{C}_{\mathcal{X}} y$ if for any $\varepsilon, T>0$, there exists an $(\varepsilon, T)$-chain with $x_{0}=x$ and $x_{N}=y$. The relation $\mathfrak{C}_{X}$ is called the chain transitive relation (see [Con88]).

The family of maps $\bar{\phi}_{t}=\phi_{t}$ defines a semi-flow on the set $\overline{\mathcal{G}(L-c \cdot v, u)}$, and therefore defines a chain transitive relation. Given $\varphi, \psi \in \mathbb{T}^{d}$ and a weak KAM solution $u$ of $L-c \cdot v$, we say that $\varphi \mathfrak{C}_{u} \psi$ if there exists $\tilde{\varphi}=(\varphi, v), \tilde{\psi}=(\psi, w) \in \mathbb{T}^{d} \times \mathbb{R}^{d}$ such that

$$
\tilde{\varphi} \mathfrak{C}_{\mathcal{X}} \tilde{\psi}, \text { where } \mathcal{X}=\overline{\mathcal{G}(L-c \cdot v, u)} .
$$

Item 1 in the following Proposition is due to Mañe, and item 2 is due to Mather. The version presented here is contained in [Ber10].

Proposition 6.3. Let $L$ be a Tonelli Lagrangian, then:

1. Let $\varphi \in \mathcal{A}_{L}(c)$ and $u$ be a weak KAM solution of $L-c \cdot v$, we have $\varphi \mathfrak{C}_{u} \varphi$.
2. Suppose $\mathcal{A}_{L}(c)$ has only finitely many static classes, and there exists a weak KAM solution $u$ such that $\varphi \mathfrak{C}_{u} \varphi$. Then $\varphi \in \mathcal{A}_{L}(c)$.
Proposition 6.3 implies that, when $\mathcal{A}_{L}(c)$ has finitely many static classes, the Aubry set coincides with the set $\left\{\varphi: \varphi \mathfrak{C}_{u} \varphi\right\}$. We will prove semi-continuity for this set.

Definition. Let $\mathcal{X}$ be a compact metric space with a semi-flow $\phi_{t}$. A family of piecewise continuous curves $x_{i}:\left[0, T_{i}\right] \rightarrow \mathcal{X}$ is said to accumulate locally uniformly to $\left(\mathcal{X}, \phi_{t}\right)$ if for any sequence $S_{i} \in\left[0, T_{i}\right]$, the curves $x_{i}\left(t+S_{i}\right)$ has a subsequence which converges uniformly on compact sets to a trajectory of $\phi_{t}$.
Lemma 6.4. Ber10 Suppose $x_{i}:\left[0, T_{i}\right] \rightarrow \mathcal{X}$ accumulates locally uniformly to $\left(X, \phi_{t}\right)$, $x_{i}(0) \rightarrow x$ and $x_{i}\left(T_{i}\right) \rightarrow y$, then $x \mathfrak{C}_{X} y$.
Proof of Proposition 6.1, part II. We prove item 2. Let $\varphi_{i}=\left(\varphi_{i}^{\mathrm{st}}, \varphi_{i}^{\mathrm{wk}}\right) \in \mathcal{A}_{H_{i}^{s}}\left(c_{i}\right)$ and $\varphi_{i}^{\text {st }} \rightarrow \varphi^{\text {st }}$, we show that $\varphi^{\text {st }} \in \mathcal{A}_{H_{0}^{\text {st }}}(\bar{c})$. According to Proposition 6.3, $\varphi_{i} \mathfrak{C}_{u} \varphi_{i}$. Let $\tilde{\varphi}_{i}$ be the unique point in $\tilde{\mathcal{A}}_{H_{i}^{s}}\left(c_{i}\right)$ projecting to $\varphi_{i}$, then there exists weak KAM solutions $u_{i}$ of $L_{i}^{s}-c_{i} \cdot v$, such that $\tilde{\varphi}_{i} \mathfrak{C} \tilde{\varphi}_{i}$ in $\overline{\mathcal{G}}\left(L_{i}^{s}-c_{i} \cdot v, u_{i}\right)$. Fix $\varepsilon_{i} \rightarrow 0$ and $M_{i} \rightarrow \infty$, then for each $i$, there exists

$$
T_{i, 1}<\cdots<T_{i, N_{i}}, \quad T_{i, j+1}-T_{i, j}>M_{i}
$$

and a piecewise $C^{1}$ curve $\gamma_{i}=\left(\gamma_{i}^{\mathrm{st}}, \gamma_{i}^{\mathrm{wk}}\right):\left[0, T_{i}\right] \rightarrow \mathbb{T}^{d}$, satisfying

1. $\gamma_{i} \mid\left(T_{i, j}, T_{i, j+1}\right)$ satisfies the Euler-Lagrange equation of $L_{i}^{s}$;
2. 

$$
d\left(\left(\left(\gamma_{i}\left(T_{i, j}-\right), \dot{\gamma}_{i}\left(T_{i, j}-\right)\right),\left(\left(\gamma_{i}\left(T_{i, j}+\right), \dot{\gamma}_{i}\left(T_{i, j}+\right)\right)\right)<\varepsilon_{i} .\right.\right.
$$

Using Lemma 4.3, the projection of the Euler-Lagrange flow of $L_{i}^{s}$ to $\left(\varphi^{\text {st }}, v^{\text {st }}\right)$ converges uniformly over compact interval to the Euler-Lagrange flow of $L_{0}^{\text {st }}$. This, combined with item 2 and Lemma 6.2. implies that $\left(\gamma_{i}^{\text {st }}, \dot{\gamma}_{i}^{\text {st }}\right)$ accumulates locally uniformly to

$$
\left(\overline{\mathcal{G}}\left(L_{0}^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}, u^{\mathrm{st}}\right), \phi_{-t}^{\mathrm{st}}\right)
$$

where $\phi_{t}^{\text {st }}$ is the Euler-Lagrange flow of $L_{0}^{\text {st }}$. Therefore $\varphi_{i}^{\text {st }} \rightarrow \varphi^{\text {st }} \operatorname{impies} \varphi^{\text {st }} \mathfrak{C}_{u} \varphi^{\text {st }}$. Using Proposition 6.3 again, we get $\varphi^{\text {st }} \in \mathcal{A}_{H_{0}^{\text {st }}}(\bar{c})$.

## 7 Technical estimates on weak KAM solutions

In this section we prove Proposition 5.3 and 5.4 . For $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\mathrm{st}}\right) \cap$ $\left\{\left\|U^{\text {st }}\right\| \leqslant R\right\}$, recall the notations $H^{s}=\mathcal{H}^{s}\left(\overline{\mathcal{B}}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right), H^{\text {st }}=\mathcal{H}^{\text {st }}\left(p, U^{\text {st }}\right)$, $L^{s}=L_{H^{s}}, L^{\text {st }}=L_{H^{\mathrm{st}}}$.

### 7.1 Approximate Lipschitz property in the strong component

In this section we show that Proposition 5.3 implies Proposition 5.4. Proposition 5.3 is proven in the next two sections.

We first state a lemma of action comparison between an extremal curve and its "linear drift".

Lemma 7.1. Let $L: \mathbb{T}^{d} \times \mathbb{R}^{d} \rightarrow \mathbb{R}$ be a Tonelli Hamiltonian, $T \geqslant 1$, and $\gamma:[0, T] \rightarrow \mathbb{T}^{d}$ be an extremal curve. Then for any $1 \leqslant i \leqslant d, h>0$, and a unit vector $f \in \mathbb{R}^{d}$,

$$
\begin{aligned}
& \int_{0}^{T} L\left(\gamma+\frac{t h}{T} f, \dot{\gamma}+\frac{h}{T} f\right) d t-\int_{0}^{T} L(\gamma, \dot{\gamma}) d t \\
& \leqslant\left(\partial_{v} L(\gamma(T), \dot{\gamma}(T)) \cdot f\right) h+\left(\left\|f \cdot\left(\partial_{v v}^{2} L\right) f\right\| \frac{1}{T}+\left\|f \cdot\left(\partial_{\varphi v}^{2} L\right) f\right\|+T\left\|f \cdot\left(\partial_{\varphi \varphi}^{2} L\right) f\right\|\right) h^{2}
\end{aligned}
$$

Proof. We compute

$$
\begin{aligned}
L\left(\gamma+\frac{t h}{T} f, \dot{\gamma}\right)-L(\gamma, \dot{\gamma}+ & \left.\frac{h}{T} f\right) \leqslant \partial_{\varphi} L(\gamma, \dot{\gamma}) \cdot \frac{t h}{T} f+\partial_{v} L(\gamma, \dot{\gamma}) \frac{h}{T} f \\
& \left\|f \cdot\left(\partial_{v v}^{2} L\right) f\right\| \frac{h^{2}}{T^{2}}+\left\|f \cdot\left(\partial_{\varphi v}^{2} L\right) f\right\| \frac{t h^{2}}{T^{2}}+\left\|f \cdot\left(\partial_{\varphi \varphi}^{2} L\right) f\right\| \frac{t^{2} h^{2}}{T^{2}} .
\end{aligned}
$$

It follows from the Euler-Lagrange equation that

$$
\partial_{\varphi} L(\gamma, \dot{\gamma}) \cdot \frac{t h}{T}+\partial_{v} L(\gamma, \dot{\gamma}) \frac{h}{T}=\frac{d}{d t}\left(\partial_{v} L \frac{t h}{T}\right)
$$

and our estimate follows from direct integration.

The following lemma establishes a relation between "approximate semi concavity" with approximate Lipschitz property.

Lemma 7.2. For $D, \delta>0$, assume that $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ satisfies that for all $\varphi \in \mathbb{T}^{d}$, there exists $l \in \mathbb{R}^{d}$ such that

$$
u(\varphi+y)-u(\varphi) \leqslant l \cdot y+D\|y\|^{2}+\delta, \quad y \in \mathbb{R}^{d}
$$

Then $\|l\| \leqslant \sqrt{d}(D+\delta)$, and $u$ is $(2 \sqrt{d}(D+\delta), \delta)$ approximately Lipschitz.
Proof. Assume that $l=\left(l_{1}, \cdots, l_{d}\right)$. For each $1 \leqslant i \leqslant d$, we pick $y=-e_{i} \frac{l_{i}}{\left|l_{i}\right|}$, where $e_{i}$ is the coordinate vector in $\varphi_{i}$. Then

$$
0=u\left(\varphi+e_{i}\right)-u(\varphi) \leqslant-\left|l_{i}\right|+D+\delta
$$

so $\left|l_{i}\right| \leqslant D+\delta$. As a result $\|l\| \leqslant \sqrt{d}(D+\delta)$. For any $y \in[0,1]^{d}$, we have $\|y\| \leqslant \sqrt{d}$ and

$$
u(\varphi+y)-u(\varphi) \leqslant(\sqrt{d}(D+\delta)+D\|y\|)\|y\|+\delta<2 \sqrt{d}(D+\delta)\|y\|+\delta
$$

Proof of Proposition 5.4. Since $u$ is a weak KAM solution, for any $\varphi \in \mathbb{T}^{d}$, let $\gamma=$ $\left(\gamma^{\mathrm{st}}, \gamma^{\mathrm{wk}}\right):(-\infty, 0] \rightarrow \mathbb{T}^{d}$ be a $\left(u, L^{s}-c \cdot v, \alpha_{H}(c)\right)$-calibrated curve with $\gamma(0)=\varphi=$ $\left(\varphi^{\text {st }}, \varphi^{\mathrm{wk}}\right)$. Then for any $T>0$

$$
u(\varphi)=u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\gamma, \dot{\gamma}) d t
$$

Using (4.6), we get

$$
\begin{align*}
& u(\varphi)=u(\gamma(-T))+\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t+\left(\alpha_{H^{s}}(c)-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C}^{-1} c^{\mathrm{wk}}\right) T \\
& \quad+\int_{-T}^{0} \frac{1}{2}\left(\dot{\gamma}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(\dot{\gamma}^{\mathrm{wk}}-B^{T} A^{-1} \dot{\gamma}^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right)+U^{\mathrm{wk}}(\gamma(t)) d t \tag{7.1}
\end{align*}
$$

We now produce an upper bound using a special test curve. Let $\gamma_{0}^{\text {st }}:[-T, 0] \rightarrow \mathbb{T}^{m}$ be such that

$$
\begin{equation*}
\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t=\min _{\zeta} \int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)(\zeta, \dot{\zeta}) d t \tag{7.2}
\end{equation*}
$$

where the minimum is over all $\zeta(-T)=\gamma^{\text {st }}(-T)$ and $\zeta(0)=\gamma^{\text {st }}(0)$.
We define $\xi=\left(\xi^{\text {st }}, \xi^{\mathrm{wk}}\right):[-T, 0] \rightarrow \mathbb{T}^{d}$ as follows.

1. For $y \in \mathbb{R}^{d}$,

$$
\xi^{\mathrm{st}}(t)=\gamma_{0}^{\mathrm{st}}(t)+\frac{T+t}{T} y
$$

The curve $\xi^{\text {st }}$ is a linear drift over $\gamma_{0}^{\text {st }}$ with $h=\|y\|$ and $f=\frac{y}{\|y\|}$ (see Lemma 7.1).
2. Define

$$
\xi^{\mathrm{wk}}(t)=\gamma^{\mathrm{wk}}(-T)+B^{T} A^{-1}\left(\xi^{\mathrm{st}}(t)-\gamma_{0}^{\mathrm{st}}(-T)\right)+\tilde{C} c^{\mathrm{wk}}(T+t)
$$

We note that $\xi^{\mathrm{wk}}(-T)=\gamma^{\mathrm{wk}}(-T)$ and

$$
\dot{\xi}_{0}^{\mathrm{wk}}-B^{T} A^{-1} \xi^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}=0
$$

Using the fact that $u$ is dominated by $L^{s}-c \cdot v+\alpha_{H^{s}}(c)$, we have

$$
\begin{aligned}
& u\left(\varphi^{\mathrm{st}}+y, \xi^{\mathrm{wk}}(0)\right) \leqslant u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\xi, \dot{\xi}) d t \\
& =u(\gamma(-T))+\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\xi^{\mathrm{st}}, \dot{\xi}^{\mathrm{st}}\right) d t \\
& +\int_{-T}^{0} \frac{1}{2}\left(\dot{\xi^{\mathrm{wk}}}-B^{T} A^{-1} \dot{\xi}^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) \cdot \tilde{C}^{-1}\left(\dot{\xi^{\mathrm{wk}}}-B^{T} A^{-1} \dot{\xi}^{\mathrm{st}}-\tilde{C} c^{\mathrm{wk}}\right) d t \\
& +\left(\alpha_{H^{s}}(c)-\frac{1}{2} c^{\mathrm{wk}} \cdot \tilde{C}^{-1} c^{\mathrm{wk}}\right) T+\int_{-T}^{0} U^{\mathrm{wk}}(\xi) d t
\end{aligned}
$$

and note that the third line in the above formula vanishes, using the definition of $\xi^{\mathrm{wk}}$. Combine with (7.1), we get

$$
\begin{aligned}
& u\left(\varphi^{\mathrm{st}}+y, \xi^{\mathrm{wk}}(0)\right)-u\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right) \\
& \quad \leqslant \int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\xi^{\mathrm{st}}, \dot{\xi}^{\mathrm{st}}\right) d t-\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma^{\mathrm{st}}, \dot{\gamma}^{\mathrm{st}}\right) d t+2\left\|U^{\mathrm{wk}}\right\|_{C^{0}} .
\end{aligned}
$$

From (7.2) we get

$$
\begin{aligned}
& u\left(\varphi^{\mathrm{st}}+y, \xi^{\mathrm{wk}}(0)\right)-u\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right) \\
& \quad \leqslant \int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\xi^{\mathrm{st}}, \dot{\xi}^{\mathrm{st}}\right) d t-\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t+2\left\|U^{\mathrm{wk}}\right\|_{C^{0}} .
\end{aligned}
$$

Since $\gamma_{0}^{\text {st }}$ is an extremal of $L^{\text {st }}-\bar{c} \cdot v^{\text {st }}$, the linear drift lemma (Lemma 7.1) applies. Noting that $\left\|\partial_{v^{\mathrm{st}} v^{\mathrm{st}}}^{2} L^{\mathrm{st}}\right\| \leqslant\left\|A^{-1}\right\|,\left\|\partial_{\varphi^{\mathrm{st}} \varphi^{\mathrm{st}}}^{2} L\right\| \leqslant\left\|U^{\mathrm{st}}\right\|_{C^{2}} \leqslant R$, and $\partial_{\varphi^{\mathrm{st}} v^{\mathrm{st}}}^{2} L=0$. We obtain from Lemma 7.1 that

$$
\begin{aligned}
\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\xi^{\mathrm{st}}, \dot{\xi}^{\mathrm{st}}\right) d t-\int_{-T}^{0}\left(L^{\mathrm{st}}-\bar{c} \cdot v^{\mathrm{st}}\right)\left(\gamma_{0}^{\mathrm{st}}, \dot{\gamma}_{0}^{\mathrm{st}}\right) d t & \\
& \leqslant l \cdot y+\left(\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{2}}\right)\|y\|^{2}
\end{aligned}
$$

where $l=\partial_{v} L^{\text {st }}\left(\gamma_{0}^{\text {st }}(0), \dot{\gamma}_{0}^{\text {st }}(0)\right)$. Note that $\left\|A^{-1}\right\|+\left\|U^{\text {st }}\right\|_{C^{2}}$ is a constant depending only on $\mathcal{B}^{\text {st }}, Q, R$.

We now invoke Proposition 5.3 to get

$$
\left|u\left(\varphi^{\mathrm{st}}+y, \xi^{\mathrm{wk}}(0)\right)-u\left(\varphi^{\mathrm{st}}+y, \varphi^{\mathrm{wk}}\right)\right| \leqslant \delta\left|\xi^{\mathrm{wk}}(0)-\varphi^{\mathrm{wk}}\right|+\delta \leqslant 2 \delta
$$

where $\delta=M_{1}^{*} \mu\left(\mathcal{B}^{\mathrm{wk}}\right)^{-}\left(\frac{q}{2}-d+m\right)$ for some $M_{1}^{*}=M_{1}^{*}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q, R\right)$. Combine all the estimates, we get

$$
u\left(\varphi^{\mathrm{st}}+y, \varphi^{\mathrm{wk}}\right)-u\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right) \leqslant l \cdot y+\left(\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{2}}\right)\|y\|^{2}+2 \delta+2\left\|U^{\mathrm{wk}}\right\|
$$

We note that in $\Omega_{\kappa, q}^{m, d}$ we have $\left\|U^{\mathrm{wk}}\right\|_{C^{2}} \leqslant \sum_{i=1}^{d-m}\left\|U_{i}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant(d-m) \kappa\left(\mu\left(\mathcal{B}^{\mathrm{wk}}\right)\right)^{-q}$. We may choose $M_{2}^{*}=M_{2}^{*}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q, R\right)$, such that

$$
\left.2 \delta+2\left\|U^{\mathrm{wk}}\right\| \leqslant M_{2}^{*} \mu\left(\mathcal{B}^{\mathrm{wk}}\right)\right)^{-\left(\frac{q}{2}-d+m\right)}=: \delta^{\prime}
$$

We now apply Lemma 7.2 to get $u\left(\cdot, \varphi^{\mathrm{wk}}\right)$ is

$$
\left(2 \sqrt{d}\left(\left\|A^{-1}\right\|+\left\|U^{\mathrm{st}}\right\|_{C^{2}}+\delta^{\prime}\right), \delta^{\prime}\right)
$$

approximately Lipschitz. Define $M^{\prime}=2 \sqrt{d}\left(\left\|A^{-1}\right\|+\left\|U^{\text {st }}\right\|_{C^{2}}+M_{2}^{*}\right)$, and the Proposition follows.

### 7.2 Finer decomposition of the slow Lagrangian

For the proof of Proposition 5.3, we need a finer decomposition of the Lagrangian $L^{s}$ which treat all $\varphi_{i}^{\mathrm{wk}}, 1 \leqslant i \leqslant d-m$ separately. First, we have the following linear algebra identity. (The proof is direct calculation)

Lemma 7.3. Let $S=\left[\begin{array}{cc}A & B \\ B^{T} & C\end{array}\right]$ be a nonsingular symmetric matrix in block form. Then

$$
\left[\begin{array}{cc}
\mathrm{Id} & 0 \\
-B^{T} A^{-1} & \mathrm{Id}
\end{array}\right]\left[\begin{array}{cc}
A & B \\
B^{T} & C
\end{array}\right]\left[\begin{array}{cc}
\mathrm{Id} & -A^{-1} B \\
0 & \mathrm{Id}
\end{array}\right]=\left[\begin{array}{cc}
A & 0 \\
0 & \tilde{C}
\end{array}\right]
$$

where $\tilde{C}=C-B^{T} A^{-1} B$. In particular, $\tilde{C}$ is positive definite if $S$ is.
We write $H^{s}(\varphi, I)=K(I)-U(\varphi)=K(I)-U^{\mathrm{st}}\left(\varphi^{\mathrm{st}}\right)-U^{\mathrm{wk}}(\varphi)$ and $S=\partial_{I I}^{2} K$. We describe a coordinate change block diagonalizing $\partial_{I I}^{2} K$. Write $S$ in the following block form

$$
S=\left[\begin{array}{cc}
X_{d-m} & y_{d-m} \\
y_{d-m}^{T} & z_{d-m}
\end{array}\right], \quad X_{d-m} \in M_{(d-1) \times(d-1)}, \quad y_{d-m} \in \mathbb{R}^{d-1}, z_{d-m} \in \mathbb{R}
$$

and for each $1 \leqslant i \leqslant d-m-1$, further decompose each $X_{i+1}$ as

$$
X_{i+1}=\left[\begin{array}{cc}
X_{i} & y_{i} \\
y_{i}^{T} & z_{i}
\end{array}\right], \quad X_{i} \in M_{(m+i-1) \times(m+i-1)}, \quad y_{i} \in \mathbb{R}^{m+i-1}, \quad z_{i} \in \mathbb{R}
$$

Note that in this notation, $X_{1}=\partial_{I^{s t} I^{\text {st }}}^{2} K=A($ see 2.4$)$.
Define, for $1 \leqslant i \leqslant d-m$,

$$
E_{i}=\left[\begin{array}{ccc}
\mathrm{Id}_{m+i-1} & -X_{i}^{-1} y_{i} & 0 \\
0 & 1 & 0 \\
0 & 0 & \mathrm{Id}_{d-m-i}
\end{array}\right]
$$

where $\operatorname{Id}_{i}$ denote the $i \times i$ identity matrix. Then by Lemma 7.3

$$
\begin{aligned}
& E_{d-m}^{T} S E_{d-m}= \\
& \qquad\left[\begin{array}{cc}
\operatorname{Id}_{d-1} & 0 \\
-y_{d-m}^{T} X_{d-m}^{-1} & 1
\end{array}\right]\left[\begin{array}{cc}
X_{d-m} & y_{d-m} \\
y_{d-m}^{T} & z_{d-m}
\end{array}\right]\left[\begin{array}{cc}
\operatorname{Id}_{d-1} & -X_{d-m}^{-1} y_{d-m} \\
0 & 1
\end{array}\right]=\left[\begin{array}{cc}
X_{d-m} & 0 \\
0 & \tilde{z}_{d-m}
\end{array}\right],
\end{aligned}
$$

where $\tilde{z}_{d-m}=z_{d-m}-y_{d-m}^{T} X_{d-m}^{-1} y_{d-m}$. Moreover, for each $1 \leqslant i \leqslant d-m-1$,

$$
\begin{align*}
{\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & 0 \\
-y_{i}^{T} X_{i}^{-1} & 1
\end{array}\right] X_{i+1} } & {\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & -X_{i}^{-1} y_{i} \\
0 & 1
\end{array}\right] } \\
& =\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & 0 \\
-y_{i}^{T} X_{i}^{-1} & 1
\end{array}\right]\left[\begin{array}{cc}
X_{i} & y_{i} \\
y_{i}^{T} & z_{i}
\end{array}\right]\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & -X_{i}^{-1} y_{i} \\
0 & 1
\end{array}\right]=\left[\begin{array}{cc}
X_{i} & 0 \\
0 & \tilde{z}_{i}
\end{array}\right] . \tag{7.3}
\end{align*}
$$

Let

$$
E=E_{d-m} \cdots E_{1}=\left[\begin{array}{ccccc}
\mathrm{Id}_{m} & -X_{1}^{-1} y_{1} & -X_{2}^{-1} y_{2} & &  \tag{7.4}\\
& 1 & 1 & & -X_{d-m}^{-1} y_{d-m} \\
& & & & \ddots
\end{array}\right]
$$

then recursive computation yields

$$
E^{T} S E=E_{1}^{T} \cdots E_{d-m}^{T} S E_{d-m} \cdots E_{1}=\left[\begin{array}{cccc}
X_{1} & & &  \tag{7.5}\\
& \tilde{z}_{1} & & \\
& & \ddots & \\
& & & \tilde{z}_{d-m}
\end{array}\right]=: \tilde{S} .
$$

We summarize the characterization of the Lagrangian in the following lemma. For $v=\left(v^{\mathrm{st}}, v_{1}^{\mathrm{wk}}, \cdots, v_{d-m}^{\mathrm{wk}}\right) \in \mathbb{R}^{m} \times \mathbb{R}^{d}$, we define

$$
\begin{equation*}
\lfloor v\rfloor_{0}=v^{\mathrm{st}}, \quad\lfloor v\rfloor_{i}=\left(v^{\mathrm{st}}, v_{1}^{\mathrm{wk}}, \cdots, v_{i}^{\mathrm{wk}}\right), 1 \leqslant i \leqslant d-m . \tag{7.6}
\end{equation*}
$$

Lemma 7.4. For $v, c \in \mathbb{R}^{d}$ we denote $w=E^{T} v$ and $\eta=E^{-1} c$, where $E$ is defined in (7.4). Explicitly, we have

$$
w=\left[\begin{array}{c}
w^{\mathrm{st}}  \tag{7.7}\\
w_{1}^{\mathrm{wk}} \\
\vdots \\
w_{d-m}^{\mathrm{wk}}
\end{array}\right]=\left[\begin{array}{c}
v^{\mathrm{st}} \\
v_{1}^{\mathrm{wk}}-y_{1}^{T} X_{1}^{-1}\lfloor v\rfloor_{0} \\
\vdots \\
v_{d-m}^{\mathrm{wk}}-y_{d-m}^{T} X_{d-m}^{-1}\lfloor v\rfloor_{d-m-1}
\end{array}\right]
$$

and

$$
\eta^{\mathrm{st}}=c^{\mathrm{st}}+A^{-1} B c^{\mathrm{wk}}, \quad \eta=\left(\eta^{\mathrm{st}}, \eta^{\mathrm{wk}}\right), c=\left(c^{\mathrm{st}}, c^{\mathrm{wk}}\right),
$$

where $A, B$ are defined in (2.4). Then we have

$$
\begin{align*}
& L^{s}(\varphi, v)-c \cdot v \\
& =L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)-\eta^{\mathrm{st}} \cdot v^{\mathrm{st}}+\sum_{i=1}^{d-m}\left(\frac{1}{2} \tilde{z}_{i}^{-1}\left(w_{i}^{\mathrm{wk}}-\tilde{z}_{i} \eta_{i}^{\mathrm{wk}}\right)^{2}-\frac{1}{2} z_{i}\left(\eta_{i}^{\mathrm{wk}}\right)^{2}+U_{i}^{\mathrm{wk}}(\varphi)\right) . \tag{7.8}
\end{align*}
$$

Remark. This is a finer version of Lemma 4.2. In particular, the strong component $L^{s}-\eta^{\text {st }} \cdot v^{\text {st }}$ is identical to the $L^{s}-\bar{c} \cdot v^{\text {st }}$ defined in Lemma 4.2.

Proof. Formula (7.7) can be read directly from the definition (7.4) and $w=E^{T} v$. To show $\eta^{\text {st }}=c^{\text {st }}+A^{-1} B c^{\mathrm{wk}}$, we compute

$$
\left[\begin{array}{cc}
A & 0 \\
0 & \tilde{C}
\end{array}\right]\left[\begin{array}{c}
\eta^{\mathrm{st}} \\
\eta^{\mathrm{wk}}
\end{array}\right]=\tilde{S} \eta=\tilde{S} E^{-1} c=E^{T} S c=\left[\begin{array}{cc}
\operatorname{Id}_{m} & 0 \\
* & *
\end{array}\right]\left[\begin{array}{cc}
A & B \\
B^{T} & C
\end{array}\right]\left[\begin{array}{c}
c^{\mathrm{st}} \\
c^{\mathrm{wk}}
\end{array}\right]
$$

The first block of the above equation yields $A \eta^{\text {st }}=A c^{\text {st }}+B c^{\mathrm{wk}}$, hence $\eta^{\text {st }}=c^{\text {st }}+$ $A^{-1} B c^{\mathrm{wk}}$.

We now prove (7.8). We have

$$
\begin{aligned}
& L^{s}(\varphi, v)-c \cdot v=\frac{1}{2} v^{T} S^{-1} v-c^{T} v+U^{\mathrm{st}}+U^{\mathrm{wk}} \\
& =\frac{1}{2}\left(E^{T} v\right) \tilde{S}^{-1}\left(E^{T} v\right)-\left(E^{-1} c\right)^{T}\left(E^{T} v\right)+U^{\mathrm{st}}+U^{\mathrm{wk}} \\
& =\left(\frac{1}{2} w^{\mathrm{st}} \cdot A^{-1} w^{\mathrm{st}}-\eta^{\mathrm{st}} \cdot w^{\mathrm{st}}+U^{\mathrm{st}}\right)+\sum_{i=1}^{d-m}\left(\frac{1}{2} \tilde{z}_{i}^{-1}\left(w_{i}^{\mathrm{wk}}\right)^{2}-\eta_{i}^{\mathrm{wk}} w_{i}^{\mathrm{wk}}+U_{i}^{\mathrm{wk}}\right)
\end{aligned}
$$

In the above formula, the first group is equal to $L^{\text {st }}-\eta^{\text {st }} \cdot v^{\text {st }}$, noting $w^{\text {st }}=v^{\text {st }}$. Moreover

$$
\frac{1}{2} \tilde{z}_{i}^{-1}\left(w_{i}^{\mathrm{wk}}\right)^{2}-\eta_{i}^{\mathrm{wk}} w_{i}^{\mathrm{wk}}=\frac{1}{2} \tilde{z}_{i}^{-1}\left(w_{i}^{\mathrm{wk}}-\tilde{z}_{i} \eta_{i}^{\mathrm{wk}}\right)^{2}-\frac{1}{2} \tilde{z}_{i}\left(\eta_{i}^{\mathrm{wk}}\right)^{2}, \quad 1 \leqslant i \leqslant d-m
$$

and (7.8) follows.
We derive some useful estimates.
Lemma 7.5. There exists $M^{*}=M^{*}\left(\mathcal{B}^{\text {st }}, Q, \kappa, q\right)>1$ such that, for

$$
L^{s}=L_{\mathcal{H}^{s}}\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{st}}\right), \quad\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{st}}\right) \in \Omega_{\kappa, q}^{m, d},
$$

the following hold.

1. For each $1 \leqslant i \leqslant d-m$, we have $\sum_{j=i}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant M^{*}\left|k_{i}^{\mathrm{wk}}\right|^{-q}$.
2. For each $1 \leqslant i \leqslant d-m, \tilde{z}_{i}^{-1} \leqslant M^{*}\left|k_{i}^{\mathrm{wk}}\right|^{2 i}$.

Proof. For item 1, note that for each $j \geqslant i,\left|k_{i}^{\mathrm{wk}}\right| \leqslant \kappa\left|k_{j}^{\mathrm{wk}}\right|$, hence

$$
\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}} \leqslant \kappa\left|k_{j}^{\mathrm{wk}}\right|^{-q} \leqslant \kappa^{1+q}\left|k_{i}^{\mathrm{wk}}\right|^{-q} .
$$

Item 1 holds for any $M^{*} \geqslant(d-m) \kappa^{1+q}$.
For item 2, inverting (7.3) we get

$$
X_{i+1}^{-1}=\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & -X_{i}^{-1} y_{i} \\
0 & 1
\end{array}\right]\left[\begin{array}{cc}
X_{i}^{-1} & 0 \\
0 & \tilde{z}_{i}^{-1}
\end{array}\right]\left[\begin{array}{cc}
\operatorname{Id}_{m+i} & 0 \\
-y_{i+1}^{T} X_{i+1}^{-1} & 1
\end{array}\right] .
$$

Denote $f=(0, \cdots, 0,1) \in \mathbb{T}^{m+i}$, then

$$
f^{T} X_{i+1} f=f^{T}\left[\begin{array}{cc}
\operatorname{Id}_{m+i-1} & -X_{i}^{-1} y_{i} \\
0 & 1
\end{array}\right]\left[\begin{array}{cc}
X_{i}^{-1} & 0 \\
0 & \tilde{z}_{i}^{-1}
\end{array}\right]\left[\begin{array}{cc}
\operatorname{Id}_{m+i} & 0 \\
-y_{i+1}^{T} X_{i+1}^{-1} & 1
\end{array}\right] f=\tilde{z}_{i}^{-1}
$$

Moreover, using the definition (see (1.3))

$$
S=\partial_{I I}^{2} K=\left[\begin{array}{llllll}
k_{1}^{\mathrm{st}} & \cdots & k_{m}^{\mathrm{st}} & k_{1}^{\mathrm{wk}} & \cdots & k_{d-m}^{\mathrm{wk}}
\end{array}\right]^{T} Q\left[\begin{array}{llllll}
k_{1}^{\mathrm{st}} & \cdots & k_{m}^{\mathrm{st}} & k_{1}^{\mathrm{wk}} & \cdots & k_{d-m}^{\mathrm{wk}}
\end{array}\right],
$$

we have

$$
\begin{aligned}
& X_{i+1}=\left[\begin{array}{llllll}
k_{1}^{\mathrm{st}} & \cdots & k_{m}^{\mathrm{st}} & k_{1}^{\mathrm{wk}} & \cdots & k_{i}^{\mathrm{wk}}
\end{array}\right]^{T} Q\left[\begin{array}{lllllll}
k_{1}^{\mathrm{st}} & \cdots & k_{m}^{\mathrm{st}} & k_{1}^{\mathrm{wk}} & \cdots & k_{i}^{\mathrm{wk}}
\end{array}\right] \\
& \quad=\left[\begin{array}{llllllll}
\bar{k}_{1}^{\mathrm{st}} & \cdots & \bar{k}_{m}^{\mathrm{st}} & \bar{k}_{1}^{\mathrm{wk}} & \ldots & \bar{k}_{i}^{\mathrm{wk}}
\end{array}\right]^{T} Q_{0}\left[\begin{array}{llll}
\bar{k}_{1}^{\mathrm{st}} & \cdots & \bar{k}_{m}^{\mathrm{st}} & \bar{k}_{1}^{\mathrm{wk}} \\
\ldots & \ldots & \bar{k}_{i}^{\mathrm{wk}}
\end{array}\right]=: \bar{P}^{T} Q_{0} \bar{P},
\end{aligned}
$$

where $\bar{k}$ is the first $n$ components of $k$. We have assumed $Q_{0} \geqslant D^{-1}$ Id for $D>1$. By Lemma 3.4, there exists a constant $c_{n}>1$ depending only on $n$ such that

$$
\begin{aligned}
\left\|X_{i+1}^{-1}\right\|=\left(\min _{\|v\|=1} v^{T} X_{i+1} v\right)^{-1} & =\left(\min _{\|v\|=1} v^{T} \bar{P} Q_{0} \bar{P}\right)^{-1} \leqslant D\left\|\bar{P}^{-1}\right\|^{2} \\
& \leqslant D c_{n}\left|k_{1}^{\mathrm{st}}\right|^{2} \cdots\left|k_{m}^{\mathrm{st}}\right|^{2}\left|k_{1}^{\mathrm{wk}}\right|^{2} \cdots\left|k_{i}^{\mathrm{wk}}\right|^{2} \leqslant D c_{n} \bar{M}^{m} \kappa^{i-1}\left|k_{i}^{\mathrm{wk}}\right|^{2 i}
\end{aligned}
$$

where $\bar{M}=\left|k_{1}^{\text {st }}\right|+\cdots+\left|k_{m}^{\text {st }}\right|$ depend only on $\mathcal{B}^{\text {st }}$.

### 7.3 Approximate Lipshitz property in the weak component

In this section we prove Proposition 5.3. We fix $\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\text {st }}, \mathcal{U}^{\text {st }}\right) \in \Omega_{\kappa, q}^{m, d} \cap\left\{\left\|U^{\text {st }}\right\|_{C^{2}} \leqslant R\right\}$, and write $L^{s}=L_{\mathcal{H}^{s}}\left(\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{st}}\right)$.

For $c \in \mathbb{R}^{d}$, we define

$$
\begin{align*}
& L_{c, i}^{s}\left(\varphi^{\mathrm{st}}, \varphi_{1}^{\mathrm{wk}}, \cdots, \varphi_{i}^{\mathrm{wk}}, v^{\mathrm{st}}, v_{1}^{\mathrm{wk}}, \cdots, v_{i}^{\mathrm{wk}}\right)=L_{c, i}^{s}\left(\lfloor\varphi\rfloor_{i},\lfloor v\rfloor_{i}\right) \\
& =L^{\mathrm{st}}\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)-\eta^{\mathrm{st}} \cdot v^{\mathrm{st}}+\sum_{j=1}^{i}\left(\frac{1}{2} \tilde{z}_{j}^{-1}\left(w_{j}^{\mathrm{wk}}-\tilde{z}_{j} \eta_{j}^{\mathrm{wk}}\right)^{2}-\frac{1}{2} z_{j}\left(\eta_{j}^{\mathrm{wk}}\right)^{2}+U_{j}^{\mathrm{wk}}(\varphi)\right), \tag{7.9}
\end{align*}
$$

then

$$
\begin{align*}
& L^{s}(\varphi, v)-c \cdot v \\
& \quad=L_{c, i}^{s}\left(\lfloor\varphi\rfloor_{i},\lfloor v\rfloor_{i}\right)+\sum_{j=i+1}^{d-m}\left(\frac{1}{2} \tilde{z}_{j}^{-1}\left(w_{j}^{\mathrm{wk}}-\tilde{z}_{j} \eta_{j}^{\mathrm{wk}}\right)^{2}-\frac{1}{2} z_{j}\left(\eta_{j}^{\mathrm{wk}}\right)^{2}+U_{j}^{\mathrm{wk}}(\varphi)\right) . \tag{7.10}
\end{align*}
$$

Our proof of Proposition 5.3 follows an inductive scheme. Following our notational convention, denote $e_{i}^{\mathrm{wk}}=e_{i+m}$, which is the coordinate vector of $\varphi_{i}^{\mathrm{wk}}$.

Lemma 7.6. Let $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ be a weak KAM solution of $L^{s}-c \cdot v$. Then for

$$
\delta_{d-m}:=2\left(\tilde{z}_{d-m}^{-1}\left\|U_{d-m}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{\frac{1}{2}}
$$

we have $u$ is $\delta_{d-m}-$ semi-concave and $\delta_{d-m}$-Lipschitz in $\varphi_{d-m}^{\mathrm{wk}}$.
Proof. First we have

$$
\partial_{\varphi_{d-m}^{\mathrm{wk}} \varphi_{d-m}^{\mathrm{wk}}}^{2} L^{s}=\partial_{\varphi_{d-m}^{\mathrm{wk}} \varphi_{d-m}^{\mathrm{wk}}}^{2} U_{d-m}^{\mathrm{wk}}, \quad \partial_{\varphi_{d-m}^{\mathrm{wk}} v_{d-m}^{\mathrm{wk}}}^{2} L^{s}=0, \quad \partial_{v_{d-m}^{\mathrm{wk}} v_{d-m}^{\mathrm{wk}}}^{2} L^{s}=\tilde{z}_{d-m}^{-1}
$$

The first two equality follows directly from the definition, while the last one uses (7.7) and (7.8).

For any $\varphi \in \mathbb{T}^{d}$, let $\gamma:(-\infty, 0] \rightarrow \mathbb{T}^{d}$ be a $\left(u, L^{s}, c\right)$-calibrated curve with $\gamma(0)=\varphi$. Then for any $T>0$

$$
u(\varphi)=u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\gamma, \dot{\gamma}) d t
$$

Using the definition of the weak KAM solution,

$$
u\left(\varphi+h e_{i}^{\mathrm{wk}}\right) \leqslant u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)\left(\gamma+\frac{t h}{T} e_{d-m}^{\mathrm{wk}}, \dot{\gamma}+\frac{h}{T} e_{d-m}^{\mathrm{wk}}\right) d t
$$

Subtract the two estimates, and apply Lemma 7.1 to $L^{s}-c \cdot v+\alpha_{H^{s}}(c)$ and $\gamma$, we get

$$
\begin{aligned}
u\left(\varphi+h e_{i}^{\mathrm{wk}}\right)-u(\varphi) & \leqslant\left(\partial_{v_{d-m}^{\mathrm{wk}}} L^{s}(\gamma(0), \dot{\gamma}(0))-c_{d-m}\right) h \\
& +\left(\left\|\partial_{v_{d-m} v_{d-m}}^{2} L^{s}\right\| \frac{1}{T}+\left\|\partial_{\varphi_{d-m}^{\mathrm{wk}} v_{d-m}^{\mathrm{wk}}}^{2} L^{s}\right\|+T\left\|\partial_{\varphi_{d-m}^{\mathrm{wk}} \varphi_{d-m}^{\mathrm{wk}}}^{2} L^{s}\right\|\right) h^{2} \\
& \leqslant\left(\partial_{v_{d-m}^{\mathrm{wk}}} L^{s}(\gamma(0)), \dot{\gamma}(0)-c_{d-m}^{\mathrm{wk}}\right) h+\left(\tilde{z}_{d-m}^{-1} / T+\left\|U_{d-m}^{\mathrm{wk}}\right\|_{C^{2}} T\right) h^{2},
\end{aligned}
$$

Take $T=\left(\tilde{z}_{d-m}\left\|U_{d-m}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{-\frac{1}{2}}$, and write $l=\partial_{v_{d-m}^{\mathrm{wk}}} L^{s}(\gamma(0)), \dot{\gamma}(0)-c_{d-m}^{\mathrm{wk}}$, we get

$$
u\left(\varphi+h e_{i}^{\mathrm{wk}}\right)-u(\varphi) \leqslant l h+\frac{1}{2} \delta_{d-m} h^{2} .
$$

The semi-concavity estimate follows. Using the fact that $u$ is $\mathbb{Z}^{d}$ periodic, we take $h=l /|l|$ to get $|l| \leqslant \frac{1}{2} \delta_{d-m}$. Therefore for $|h| \leqslant 1$,

$$
\left|u\left(\varphi+h e_{i}^{\mathrm{wk}}\right)-u(\varphi)\right| \leqslant\left(\frac{1}{2} \delta_{d-m}+\frac{1}{2} \delta_{d-m} h\right) h \leqslant \delta_{d-m} h
$$

This is the Lipschitz estimate.
We now state the inductive step.
Proposition 7.7. Let $u: \mathbb{T}^{d} \rightarrow \mathbb{R}$ be a weak $K A M$ solution of $L^{s}-c \cdot v$. Assume that for a given $1 \leqslant i \leqslant d-m-1$, u is $\left(\delta_{j}, \delta_{j}\right)$ approximately Lipschitz in $\varphi_{j}^{\mathrm{wk}}$ for all $i+1 \leqslant j \leqslant d-m$. Then for

$$
\sigma_{i}=\left(\tilde{z}_{i}^{-1} \sum_{j=i}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{\frac{1}{2}}, \quad \delta_{i}=\sqrt{d}\left(6 \sigma_{i}+4 \sum_{j=i+1}^{d-m} \delta_{j}\right)
$$

we have $u$ is $\left(\delta_{i}, \delta_{i}\right)$ approximately Lipschitz in $\varphi_{i}^{\mathrm{wk}}$.
Proof. The proof is very similar to the proof of Proposition 5.4, but uses the finer decomposition in this section.

Since $u$ is a weak KAM solution, then given any $\varphi \in \mathbb{T}^{d}$, there exists a calibrated curve $\gamma:(-\infty, 0] \rightarrow \mathbb{T}^{d}$ with $\gamma(0)=\varphi$. Then for any $T>0$

$$
u(\varphi)=u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\gamma, \dot{\gamma}) d t
$$

Let $h \in \mathbb{R}, \chi \in \mathbb{R}^{d}$, and a $C^{1}$ curve $\xi:[-T, 0] \rightarrow \mathbb{T}^{d}$ satisfies

$$
\xi(-T)=\gamma(-T), \quad \xi(0)=\varphi+h e_{i}^{\mathrm{wk}}+\chi
$$

then

$$
\begin{align*}
u\left(\varphi+h e_{i}^{\mathrm{wk}}+\chi\right) & \leqslant u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\xi, \dot{\xi}) d t \\
& \leqslant u(\gamma(-T))+\int_{-T}^{0}\left(L^{s}-c \cdot v+\alpha_{H^{s}}(c)\right)(\gamma, \dot{\gamma}) d t  \tag{7.11}\\
& +\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\xi, \dot{\xi})-\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\gamma, \dot{\gamma}) d t \\
& =u(\varphi)+\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\xi, \dot{\xi})-\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\gamma, \dot{\gamma}) d t
\end{align*}
$$

We will first give the precise definition of $\xi$, then estimate (7.11), before finally obtain the desired estimate.

Definition of $\xi$. Recall the Lagrangian $L_{c, i}^{s}: \mathbb{T}^{m+i} \times \mathbb{R}^{m+i} \rightarrow \mathbb{R}$ defined in (7.9). Let $\xi:[-T, 0] \rightarrow \mathbb{T}^{m+i}$ be an $L_{c, i}^{s}$ minimizing curve satisfying the constraint

$$
\zeta(-T)=\lfloor\gamma\rfloor_{i}(-T), \quad \zeta(0)=\lfloor\gamma\rfloor_{i}(0)
$$

where $[\cdot]_{i}$ is defined in $(7.6)$. For $h \in \mathbb{R}$, we define $\xi$ in the following way.

1. The first $m+i$ components of $\xi$ is $\zeta$ with an added linear drift in $e_{i}^{\mathrm{wk}}$, more precisely,

$$
\begin{equation*}
\lfloor\xi\rfloor_{i}(t)=\zeta(t)+\frac{t h}{T} e_{i}^{\mathrm{wk}} \tag{7.12}
\end{equation*}
$$

2. We define the other components inductively. For $i<j \leqslant d-m$, suppose $\lfloor\xi\rfloor_{j-1}(t)=\left(\xi^{\text {st }}, \xi_{1}^{\mathrm{wk}}, \cdots, \xi_{j-1}^{\mathrm{wk}}\right)(t)$ has been defined. We define

$$
\xi_{j}^{\mathrm{wk}}(t)=\gamma_{j}^{\mathrm{wk}}(t)+y_{j}^{T} X_{j}^{-1}\lfloor\xi\rfloor_{j-1}(t)-y_{j}^{T} X_{j}^{-1}\lfloor\gamma\rfloor_{j-1}(t)
$$

For each $i<j \leqslant d-m$, we have

$$
\left\{\begin{array}{l}
\xi_{j}^{\mathrm{wk}}(-T)=\gamma_{j}^{\mathrm{wk}}(-T),  \tag{7.13}\\
\dot{\xi}_{j}^{\mathrm{wk}}-y_{j}^{T} X_{j}^{-1}\lfloor\dot{\xi}]_{j-1}=\dot{\gamma}_{j}^{\mathrm{wk}}-y_{j}^{T} X_{j}^{-1}\lfloor\dot{\gamma}\rfloor_{j-1} .
\end{array}\right.
$$

We define $\chi=\xi(0)-\varphi-h e_{i}^{\mathrm{wk}}$, and note that from 7.12,

$$
\lfloor\chi\rfloor_{i}=\lfloor\xi\rfloor_{i}(0)-\lfloor\gamma\rfloor_{i}(0)-h e_{i}^{\mathrm{wk}}=0
$$

Action comparison. We now compute

$$
\begin{align*}
& \int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\xi, \dot{\xi}) d t-\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\gamma, \dot{\gamma}) d t \\
& =\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\gamma\rfloor_{i},\lfloor\dot{\gamma}\rfloor_{i}\right) d t+\sum_{j=i+1}^{d-m} \int_{-T}^{0}\left(U_{j}^{\mathrm{wk}}(\xi(t))-U_{j}^{\mathrm{wk}}(\gamma(t))\right) d t \\
& +\frac{1}{2} \sum_{j=i+1}^{d-m} \tilde{z}_{j}^{-1} \int_{-T}^{0}\left(\left(\xi_{j}^{\mathrm{wk}}-y_{j}^{T} X_{j}^{-1}\lfloor\dot{\xi}\rfloor_{j-1}-\tilde{z}_{j} \eta_{j}^{\mathrm{wk}}\right)^{2}-\left(\gamma_{j}^{\mathrm{wk}}-y_{j}^{T} X_{j}^{-1}\lfloor\dot{\gamma}\rfloor_{j-1}-\tilde{z}_{j} \eta_{j}^{\mathrm{wk}}\right)^{2}\right) \\
& \leqslant \int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\gamma\rfloor_{i},\lfloor\dot{\gamma}\rfloor_{i}\right) d t+2 T \sum_{j=i+1}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{0}} . \tag{7.14}
\end{align*}
$$

In the above formula, the equality is due to (7.10). Moreover, observe that from (7.13), the third line of the above formula vanishes. The inequality follows by replacing $U_{j}^{\mathrm{wk}}$ with its upper bound $\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{0}}$.

We now have

$$
\begin{aligned}
\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\gamma\rfloor_{i},\lfloor\dot{\gamma}\rfloor_{i}\right) d t & \\
=\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}(\zeta, \dot{\zeta}) d t & +\int_{-T}^{0} L_{c, i}^{s}(\zeta, \dot{\zeta}) d t-\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\gamma\rfloor_{i},\lfloor\dot{\gamma}\rfloor_{i}\right) d t \\
& \leqslant \int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}(\zeta, \dot{\zeta}) d t
\end{aligned}
$$

noting that $\zeta$ is minimizing for $L_{c, i}^{s}$.
Since $\zeta$ is minimizing and hence extremal for $L_{c, i}^{s}$, from the definition of $\xi$ in (7.12), Lemma 7.1 applies. Hence

$$
\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}(\zeta, \dot{\zeta}) d t \leqslant l \cdot h+\left(\frac{1}{T} \tilde{z}_{i}^{-1}+T\left\|\sum_{j=i}^{d-m} U_{j}^{\mathrm{wk}}\right\|_{C^{2}}\right) h^{2}
$$

where $l=\partial_{v_{i}}\left(L_{c, i}^{s}\right)(\zeta(0), \dot{\zeta}(0))$. As in the proof of Lemma 7.6, we choose $T=$ $\left(\tilde{z}_{i} \sum_{j=i}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{-\frac{1}{2}}$, we get

$$
\int_{-T}^{0} L_{c, i}^{s}\left(\lfloor\xi\rfloor_{i},\lfloor\dot{\xi}\rfloor_{i}\right) d t-\int_{-T}^{0} L_{c, i}^{s}(\zeta, \dot{\zeta}) d t \leqslant l \cdot h+\sigma_{i} h^{2}, \quad \sigma_{i}=\left(\tilde{z}_{i}^{--} \sum_{j=i}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{\frac{1}{2}} .
$$

Combine with (7.14), and use the upper bound $\sum_{j=i+1}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{0}} \leqslant \sum_{j=i}^{d-m}\left\|U_{j}^{\mathrm{wk}}\right\|_{C^{2}}$, we get

$$
\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\xi, \dot{\xi}) d t-\int_{-T}^{0}\left(L^{s}-c \cdot v\right)(\gamma, \dot{\gamma}) d t \leqslant l \cdot h+\sigma_{i} h^{2}+2 \sigma_{i}
$$

Estimating the weak KAM solution. Combine the last formula with (7.11), we get

$$
u\left(\varphi+h e_{i}^{\mathrm{wk}}+\chi\right)-u(\varphi) \leqslant l \cdot h+\sigma_{i} h^{2}+\sigma_{i} .
$$

Since $\lfloor\chi\rfloor_{i}=0$, using the inductive assumption,

$$
\left|u\left(\varphi+h e_{i}^{\mathrm{wk}}+\chi\right)-u\left(\varphi+h e_{i}^{\mathrm{wk}}\right)\right| \leqslant 2 \sum_{j=i+1}^{d-m} \delta_{j} .
$$

Therefore

$$
u\left(\varphi+h e_{i}^{\mathrm{wk}}\right)-u(\varphi) \leqslant l \cdot h+\sigma_{i} h^{2}+2 \sigma_{i}+2 \sum_{j=i+1}^{d-m} \delta_{j} .
$$

We now use Lemma 7.2 to get for

$$
\delta_{i}=2 \sqrt{d}\left(3 \sigma_{i}+2 \sum_{j=i+1}^{d-m} \delta_{j}\right)
$$

$u$ is $\left(\delta_{i}, \delta_{i}\right)$ approximately Lipschitz in $\varphi_{i}^{\mathrm{wk}}$.

Proof of Proposition 5.3. We have shown by induction that for all $1 \leqslant i \leqslant d-m, u$ is $\left(\delta_{i}, \delta_{i}\right)$ approximately Lipschitz in $\varphi_{i}^{\mathrm{wk}}$, where $\delta_{i}$ are defined inductively in Lemma 7.6 and Proposition 7.7 .

By Lemma 7.5, for each $1 \leqslant i \leqslant d-m$

$$
\sigma_{i}=\left(\tilde{z}_{i}^{-1}\left\|U_{i}^{\mathrm{wk}}\right\|_{C^{2}}\right)^{\frac{1}{2}} \leqslant M^{*}\left|k_{i}^{\mathrm{wk}}\right|^{-\frac{q}{2}+i-m} .
$$

Then $\delta_{d-m}=2 \sigma_{d-m} \leqslant M^{*}\left|k_{d-m}^{\mathrm{wk}}\right|^{-\frac{q}{2}+d-m}$. For each $1 \leqslant i \leqslant d-m$, we have

$$
\delta_{i}=\sqrt{d}\left(6 \sigma_{i}+4 \sum_{j=i+1}^{d-m} \delta_{i}\right) \leqslant(6 \sqrt{d})^{i-m} \sum_{j=i}^{d-m} \sigma_{i} \leqslant M^{*}(6 \sqrt{d})^{i-m}\left|k_{i}^{\mathrm{wk}}\right|^{-\frac{q}{2}+d-m} .
$$

For any $\varphi^{\mathrm{wk}}, \psi^{\mathrm{wk}} \in \mathbb{T}^{d-m}$ and $\varphi^{\mathrm{st}} \in \mathbb{T}^{m}$,

$$
\left|u\left(\varphi^{\mathrm{st}}, \varphi^{\mathrm{wk}}\right)-u\left(\varphi^{\mathrm{st}}, \psi^{\mathrm{wk}}\right)\right| \leqslant \sum_{i=1}^{d-m} \delta_{i}\left|\varphi_{i}^{\mathrm{wk}}-\psi_{i}^{\mathrm{wk}}\right|+\sum_{i=1}^{d-m} \delta_{i}
$$

Since $\sum_{i=1}^{d-m} \delta_{i} \leqslant(d-m) M^{*}(6 \sqrt{d})^{i-m}\left(\mu\left(\mathcal{B}^{\mathrm{wk}}\right)\right)^{-\frac{q}{2}+d-m}$, the proposition follows by replacing $M^{*}$ by $(d-m) M^{*}(6 \sqrt{d})^{i-m}$.

## A Diffusion path with dominant structure

## A. 1 Diffusion path for Arnold diffusion

Our main motivation is to prove Arnold diffusion for a "typical" nearly integrable system of the form (1.1). The word "typical" here means the cusp residual condition introduce by Mather (Mat03).
Definition. For $r \geqslant 3$, we say that a property $\mathcal{G}$ hold for a cusp residual set of $C^{r}$ nearly integrable systems $H_{\varepsilon}=H_{0}+\varepsilon H_{1}$, if:

- $\mathcal{G}$ is an open property in $C^{r}$ topology;
- There exists an open and dense set $\mathcal{V} \subset\left\{\left\|H_{1}\right\|_{C^{r}}=1\right\}$, and a positive function $\varepsilon_{0}$ : $\mathcal{V} \rightarrow \mathbb{R}^{+}$, such that $\mathcal{G}$ is $C^{r}$-dense on $\mathcal{U}=\left\{H_{0}+\varepsilon H_{1}: H_{1} \in \mathcal{V}, 0<\varepsilon<\varepsilon_{0}\left(H_{1}\right)\right\}$.

We would like to show that the property of topological instability is cusp residual. Instabilities for multidimensional Hamiltonian systems $(n \geqslant 3)$ are studied in Moe96; GK14a; CY09; BKZ11; KZ14; DLS13; Tre04; Tre12; Zhe10; Mar12a; Mar12b; KS12.

The main conjecture of Arnold diffusion in finite regularity may be formulated as follows.

Conjecture. There exists $r_{0}>0$ such that for each $n \geqslant 2, \gamma>0, r_{0} \leqslant r<\infty$, for a cusp residual set of $C^{r}$ nearly integrable system, the system admits an orbit $\left(\theta_{\varepsilon}, p_{\varepsilon}\right)(t)$ such that $\left\{p_{\varepsilon}(t)\right\}_{t \in \mathbb{R}}$ is $\gamma$-dense on the unit ball $B^{n}:=\{\|p\| \leqslant 1\}$.

The conjecture is a theorem for $n=2$, we refer the reader to Che13, KZ13 and reference therein. The proof in $n=2$ follows two steps:

Step 1, define the set $\mathcal{V}$, which contains the set of "nondegenerate" $H_{1}$. For $H_{1} \in \mathcal{V}$, $H_{0}+\varepsilon H_{1}$ possesses certain open structure of instability, such as NHICs and the AM property mentioned below.

Step 2, show that for any $H_{0}+\varepsilon H_{1}$ with $H_{1} \in \mathcal{V}$ and $\varepsilon$ sufficiently small, one can make an arbitrarily small perturbation to $H_{0}+\varepsilon H_{1}$ such that there exists diffusion orbits.

In Theorem A.1, we prove a weaker version of Step 1. The heart of the argument is the construction of a diffusion path, on which all the essential resonances has a dominant structure. We expect the same diffusion path can be used to prove the full conjecture. To avoid excessive length, we will give an outline of the proof with key statements, and the full details will appear later.

A diffusion path $\mathcal{P}$ is a subset in $\mathbb{R}^{n}$ that the diffusion orbit $p_{\varepsilon}(t)$ roughly shadows. We pick a diffusion path that travels along a collection of $(n-1)$-resonances or, equivalently, along a collection of connected 1 -dimensional resonant curves.

Definition. A diffusion path $\mathcal{P}$ is a compact connected subset of

$$
\bigcup\left\{\Gamma_{\Lambda^{(n-1)}}: \quad \Lambda^{(n-1)} \in \mathcal{L}^{(n-1)}\right\}
$$

where $\mathcal{L}^{(n-1)}:=\left\{\Lambda_{i}^{(n-1)}\right\}_{i=1}^{N}$ is a collection of rank $n-1$ irreducible resonant lattices (and each $\Gamma_{\Lambda^{(n-1)}}$ is a 1-dimensional resonant curve) $\cdot{ }^{3}$

We define the AM property of a mechanical system relative to an integer homology class.

- Let $H=K-U$ be a mechanical system on $\mathbb{T}^{n} \times \mathbb{R}^{n}$,
- $h$ be an integer homology class,
- $S_{E}=\{H=E\}$ be energy surface.
- $\min U=0$, and the minimum is unique.

Denote by $\pi: \mathbb{T}^{n} \times \mathbb{R}^{n} \times \mathbb{T} \rightarrow \mathbb{R}^{n}$ the natural projection onto the action component.
Recall that homology and cohomology are related by Legendre-Fenichel tranform $\mathcal{L F}_{\beta}(h) \subset H^{1}\left(\mathbb{T}^{n}, \mathbb{R}\right)($ see 5.1$)$ ). By a result of Diaz Carneiro Car95 for each cohomology $c \in H^{1}\left(\mathbb{T}^{n}, \mathbb{R}\right)$ the Aubry set $\mathcal{A}(c) \subset S_{\alpha(c)}$.

Definition. Let $\rho>0$. We say that $(H, h, \rho)$ has the AM property if for any $\lambda$ such that $c \in \mathcal{L} \mathcal{F}_{\beta}(\lambda h)$ and $\alpha_{H}(c) \geqslant \rho$ the Aubry set $\mathcal{A}(c)$ is a finite union of hyperbolic periodic orbits such that each of these periodic orbits as a closed curve has homology $h$.

[^3]Remark. Note that in the definition we do not consider the energy $0 \leqslant E<\rho$.
The AM property is far from being generic. In Section $B$ we discuss variety of ways the AM property can fail for an open class of systems.

Let $\Lambda^{(n-1)} \subset \Sigma^{(n)}$ be two irreducible lattices of rank $n-1$ and $n$ respectively. Let $\mathcal{B}_{e}^{(n)}=\left[l_{1}, \ldots, l_{n}\right]$ be an ordered basis of $\Sigma^{(n)}$ and $\mathcal{B}^{(n-1)}=\left[k_{1}, \ldots, k_{n-1}\right]$ is be an ordered basis of $\Lambda^{(n-1)}$. Then $\Lambda^{(n-1)}$ and $\Sigma^{(n)}$ induce a (unique up to a sign) irreducible integer homology class denoted $h\left(\mathcal{B}^{(n-1)}, \mathcal{B}_{e}^{(n)}\right) \in \mathbb{Z}^{n} \simeq H_{1}\left(\mathbb{T}^{n}, \mathbb{Z}\right)$ (see A.1 for details).

We now state the main theorem of this section.
Theorem A.1. There exists $r_{0}>0, C>0$ such that for each $n \geqslant 2, \rho>0, r_{0} \leqslant r<\infty$, for an open and dense set of $H_{1}$ from $\left\{\left\|H_{1}\right\|_{C^{r}}=1\right\} \subset C^{r}\left(\mathbb{T}^{n} \times B^{n} \times \mathbb{T}\right)$, there exists a diffusion path $\mathcal{P}=\mathcal{P}\left(H_{1}, \rho\right)$ with a a finite set $\mathcal{E}$ called the punctures or strong resonances, with the following properties.

1. $\mathcal{P}$ is $\rho$-dense in $B^{n}$, i.e. $\rho$-neighborhood of $\mathcal{P}$ contains $B^{n}$.
2. For each $\underset{\sim}{1-d i m e n s i o n a l ~ r e s o n a n t ~ c u r v e ~} \Gamma_{i} \subset \Gamma_{\Lambda^{(n-1)}} \cap \mathcal{P}$ there is a 3-dimensional NHWIC $\widetilde{\mathcal{C}}_{i}^{3}$ whose projection onto the action component $\operatorname{dist}\left(\pi \widetilde{\mathcal{C}}_{i}^{3}, \Gamma_{i}\right) \leqslant C \sqrt{\epsilon}$.
3. (Away from strong resonances) For each $c \in \Gamma_{i}$ with $\operatorname{dist}\left(c, \Sigma_{n}\right) \geqslant C \sqrt{\epsilon}$, we have $\mathcal{A}(c)$ belongs to $\widetilde{\mathcal{C}}_{i}^{3}$.
4. (At strong resonance) Each puncture $p_{0} \in \mathcal{E}$ is given by a rank $n$ irreducible lattice $\Sigma^{(n)}$, i.e. $\left\{p_{0}\right\}=\Gamma_{\Sigma^{(n)}}$.
5. Let $p_{0} \in \mathcal{P} \cap \Gamma_{\Sigma^{(n)}}$ be a puncture. Then $p_{0} \subset \Gamma_{\Lambda^{(n-1)}} \cap \mathcal{P} \neq p_{0}$ for some rank $n-1$ irreducible lattice $\Lambda^{(n-1)}$, with bases $\mathcal{B}^{(n-1)}$ and $\mathcal{B}_{e}^{(n)}$. For the induced homology $h=h\left(\mathcal{B}^{(n-1)} \mid \mathcal{B}_{e}^{(n)}\right)$ and the slow mechanical system $H=H_{p_{0}, \mathcal{B}_{e}^{(n)}}$, defined in (1.2), we have that $(H, h, \rho)$ have AM property.

We have the following remarks.

- If $n=2$, a stronger version of Theorem A. 1 hold. Namely, one can prove that for an fixed diffusion path, there exists a cusp residue set of systems $H_{0}+\varepsilon H_{1}$ for which the theorem hold. Whether this statement generalizes to higher degrees of freedom is an open question.
In our formulation, it is essential that the choise of diffusion path $\mathcal{P}$ does depend on the perturbation $\epsilon H_{1}$.
- Item 3 says that 3 -dimensional cylinders $\widetilde{\mathcal{C}}_{i}^{3}$ are minimal in the sense that they contain the Aubry sets with frequency vector from $\Gamma_{i}$ away from maximal essential resonances.
- It turn out that away from strong resonances for each $h \in \Gamma_{i}$ with $\operatorname{dist}\left(h, \Sigma_{n}\right) \geqslant$ $C \sqrt{\epsilon}$ and $c \in \mathcal{L} \mathcal{F}_{\beta}(h)$ we have not only that $\mathcal{A}(c)$ belongs to $\widetilde{\mathcal{C}}_{i}^{3}$, but also it is a Lipschitz graph over a certain 2 -torus $\mathbb{T}_{c}^{2}$, i.e. for some submersion $\pi_{c}$ : $\mathbb{T}^{n} \times B^{n} \times \mathbb{T} \rightarrow \mathbb{T}^{2}$ we have that $\pi_{\mathcal{A}(c)}: \mathcal{A}(c) \rightarrow \mathbb{T}_{c}^{2}$ is one-to-one and the inverse is Lischitz. This is similar but more involved than what is presented in BKZ11. See discussion of $n=3$ in KZ14.
- 3-dimensional cylinders $\widetilde{\mathcal{C}}_{i}^{3}$ for $H_{\epsilon}$ correspond to 2-dimensional cylinders $\mathcal{C}^{2}$ for averaged Hamiltonians.
- The cylinder $\widetilde{\mathcal{C}}_{i}^{3}$ might consists of several connected components. At each maximal essential resonance $\Gamma_{\Lambda^{(n)}}$ this cylinder can have two connected components: one on each local component of $\Gamma_{\Lambda^{(n-1)}} \backslash \Gamma_{\Lambda^{(n)}}$.
- The union of hyperbolic periodic orbits gives rise to a NHIC.
- In section B we discuss the role of AM property for proving diffusion as well as the number of ways it can be violated.
- Notice that at each strong resonance, due to our definition of AM property, we do not discuss the case low energy $0 \leqslant E<\rho$. This is why Theorem A. 1 does not complete Step 1. For $n=2$ a full description can be done, see KZ13 Che13 and references therein. For $n=3$, construction of NHIC for away from critical energy in general and normally hyperbolic invariant manifolds (NHIM) for critical energy for simple homologies is discussed in [KZ14, sect. 6.3. We expect these methods extend to arbitrary $n \geqslant 3$ (see also Tur14).
- We point out that presence of NHIC and NHIM is still not sufficient for diffusion as we need to construct the jump from one homology to another (see sect. 12 (KZ13). In the case $n=3$ it requires a lot more work (see sect. 8 KZ14). We expect to generalize this construction of the jump from KZ14 to any $n \geqslant 3$.


## A. 2 Nondegeneracy conditions for Arnold diffusion

We now describe the set $\mathcal{V}$ in Theorem A.1, using the conditions [H1] and [H2] to be defined later. Let $\rho>0$ and $r_{0} \leqslant r<\infty$. We say that $H_{1} \in \mathcal{V}$ if $\left\|H_{1}\right\|_{C^{r}}=1$, and there exists a diffusion path $\mathcal{P}$ that is $\rho$-dense in $B^{n}$, with the following properties.

- For each $\Lambda^{(n-1)} \in \mathcal{L}^{(n-1)}$, and each connected component $\Gamma$ of $\mathcal{P} \cap \Gamma_{\Lambda^{(n-1)}}$, there exists $\lambda>0$ such that function $H_{1}$ satisfies condition $[\mathrm{H} 1 \lambda]$ on $\Gamma$.
- For each $\lambda>0$ and $\Lambda^{(n-1)} \in \mathcal{L}^{n-1}$, there exists a finite set of rank $n$ resonant lattices $\mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)$, with the property $\Sigma^{(n)} \supset \Lambda^{(n-1)}$ for each $\Sigma^{(n)} \in \mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)$. Then $\Gamma_{\Sigma^{(n)}}$ is a single point contained in $\Gamma_{\Lambda^{(n-1)}}$. The collection $\mathcal{E}=\left\{\Gamma_{\Sigma^{(n)}}: \Sigma^{(n)} \in\right.$ $\left.\mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)\right\}$ is the set of punctures in Theorem A.1.
- Let $\lambda>0$ be such that $[\mathrm{H} 1 \lambda]$ is satisfied for $H_{1}$. For each $\Sigma^{(n)} \in \mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)$ and $\Lambda^{(n-1)} \in \mathcal{L}^{(n-1)}$ such that $\Gamma_{\Sigma^{(n)}} \in \mathcal{P}$, we choose basis $\mathcal{B}_{e}^{(n)}$ and $\mathcal{B}^{(n-1)}$. We say that $H_{1}$ satisfies condition [H2] at $\Gamma_{\Sigma^{(n)}}$ if for all such $\Lambda^{(n-1)} \subset \Sigma^{(n)}$,

$$
\left(H_{p_{0}, \mathcal{B}^{(n)}}^{s}, h\left(\mathcal{B}^{(n-1)} \mid \mathcal{B}^{(n)}\right), \rho\right)
$$

satisfies the AM property.
The condition $[\mathrm{H} 1 \lambda]$, and the definition of $\mathcal{E} \mathcal{S}\left(\Lambda^{(n-1)}, \lambda\right)$ and $h\left(\mathcal{B}^{(n-1)} \mid \mathcal{B}^{(n)}\right)$ will be explained below. For the moment we only remark that for a fixed $\mathcal{P}$, the condition that [H1 $\lambda]$ holds for some $\lambda>0$ is open and dense; for a fixed $\Gamma_{\Sigma^{(n)}}$, the AM property is open but not always dense. However, it is a dense condition if the lattice $\Sigma^{(n)}$ satisfies a domination property. The main idea is then, to pick a particular $H_{1}$-dependent diffusion path $\mathcal{P}$, such that all the essential resonances on this path has this domination property.

## The condition [H1]

We now describe our first set of non-degeneracy condition. For $\Lambda^{(n-1)} \in \mathcal{L}^{(n-1)}$, let us fix a basis $\mathcal{B}$. For $\lambda>0$ and a connected compact subset $\Gamma^{(n-1)} \subset \Gamma_{\Lambda^{(n-1)}}$, we say that $H_{1}$ satisfies condition [H1 $\lambda$ ] on $\Gamma^{(n-1)}$ if

- For all $p \in \Gamma^{(n-1)}$, the function $Z_{\mathcal{B}}(\cdot, p)$ has at most two global maxima.
- At each global maxima $\varphi^{*}$ of $Z_{\mathcal{B}}(\cdot, p)$, the $\operatorname{Hessian} \partial_{\varphi \varphi}^{2} Z_{\mathcal{B}}\left(\varphi^{*}, p\right) \leqslant-\lambda \mathrm{Id}$ as quadratic forms.
- Suppose $p_{0}$ is such that there are two global maxima $\varphi_{1}^{*}\left(p_{0}\right)$ and $\varphi_{2}^{*}\left(p_{0}\right)$. Then they extend to local maxima for nearby $p \in \Gamma^{(n-1)}$. We assume that the functions $Z_{\mathcal{B}}\left(\varphi_{1}^{*}(p), p\right)$ and $Z_{\mathcal{B}}\left(\varphi_{2}^{*}(p), p\right)$ have different derivatives along $\Gamma^{(n-1)}$, with the difference at least $\lambda$.

We say that $H_{1}$ satisfies [H1] on $\Gamma^{(n-1)}$ if it satisfies [H1 $]$ for some $\lambda>0$. These conditions are introduced by Mather (Mat03) for $n=2$ and assumed in BKZ11. We note that the quantitative version $[H 1 \lambda]$ of the condition depends on the choice of basis, while the qualitative version [H1] does not.

For $H_{1}$ satisfying $[H 1 \lambda]$, there exists a finite set of rank $n$ lattices containing $\Lambda^{(n-1)}$, which we will call $\mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)$. More precisely, assume that the basis for $\Lambda^{(n-1)}$ is $\left\{k_{1}, \cdots, k_{n-1}\right\}$ and there exists $M=M\left(\Lambda^{(n-1)}, \lambda\right)>0$ such that

$$
\mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right)=\left\{\Lambda_{k_{1}, \cdots, k_{n-1}, k^{\prime}}: \quad\left|k^{\prime}\right| \leqslant M\right\}
$$

For each $\Lambda^{(n)} \in \mathcal{E S}\left(\Lambda^{(n-1)}, \lambda\right), \Gamma_{\Lambda^{(n)}}$ is a point contained in 1-dimensional curve $\Gamma_{\Lambda^{(n-1)}}$. The condition [H1] implies the existence of NHIC away from punctures, see BKZ11]. It is not hard to see that item 1-5 of Theorem A.1 are direct consequences of our non-degeneracy conditions. The difficulty in Theorem A.1 is in showing these conditions are open and dense.

## Induce homology and non-degeneracy

Fix $\Lambda^{(n)} \in \mathcal{E} \mathcal{S}\left(\Lambda^{(n-1)}, \lambda\right)$, and let $\mathcal{B}^{(n)}$ be an ordered bases of $\Lambda^{(n)}, \mathcal{B}^{(n-1)}$ is an ordered basis of $\Lambda^{(n-1)}$ and $\left\{p_{0}\right\}=\Gamma_{\Lambda^{(n)}}$. Our second set of non-degeneracy condition concerns the slow system $H_{p_{0}, \mathcal{B}^{(n)}}^{s}: \mathbb{T}^{n} \times \mathbb{R}^{n} \rightarrow \mathbb{R}$, for a particular integer homology class $h\left(\mathcal{B}^{(n-1)} \mid \mathcal{B}^{(n)}\right) \in H^{1}\left(\mathbb{T}^{n}, \mathbb{Z}\right)$, uniquely defined modulo the sign. We give a more general definition here.

Definition. For $2 \leqslant s \leqslant n$, irreducible lattices $\Lambda^{(s-1)} \subset \Lambda^{(s)}$, with corresponding basis $\mathcal{B}^{(s-1)}=\left[k_{1}, \cdots, k_{s-1}\right]$ and $\mathcal{B}^{(s)}=\left[l_{1}, \cdots, l_{s}\right]$. Since $k_{i} \in \Lambda^{(s)}$, there exists a unique collection $a_{i} \in \mathbb{Z}^{s} \backslash 0, i=1, \ldots, s-1$, such that

$$
k_{i}=\left[\begin{array}{lll}
l_{1} & \cdots & l_{s}
\end{array}\right] a_{i} .
$$

Then $h\left(\mathcal{B}^{(s-1)} \mid \mathcal{B}^{(s)}\right) \in \mathbb{Z}^{s}$ is defined by the relations

$$
\begin{equation*}
a_{i} \cdot h\left(\mathcal{B}^{(s-1)} \mid \mathcal{B}^{(s)}\right)=0, \quad 1 \leqslant i \leqslant s-1 . \tag{A.1}
\end{equation*}
$$

This definition is determined by the resonance relation

$$
k_{i} \cdot(\omega(p), 1)=0, \quad 1 \leqslant i \leqslant s-1
$$

after converting to the basis $\left[l_{1}, \cdots, l_{s}\right]$.
We require the triplet

$$
\left(H_{p_{0}, \mathcal{B}^{(n)}}^{s}, h\left(\mathcal{B}^{(n-1)} \mid \mathcal{B}^{(n)}\right), \rho\right)
$$

satisfies the AM property. We have the following consequences of the AM property:

- (Robustness) The non-degeneracy condition is open.
- (Minimality) The condition guarantees, among other things, existence of an ordered collection of minimal 2-dimensional NHICs with heteroclinic connections of neighbors. Each cylinder is minimal in the sense that it is foliated by periodic orbits minimizing action of a certain variational problem.
- (Hyperbolicity) Each cylinder is hyperbolic in the sense that it consists of hyperbolic periodic orbits.


## A. 3 Properties of the nondegeneracy condition

Suppose $H^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right)$ is a dominant system. Then the AM property extends nicely from the strong system to the slow system. More precisely, the following properties hold.

Property A0. For $H=K-U$, the AM property for $(H, h, \rho)$ is an open condition in both $K$ and $U$.

Property A1. (Genericity in 2-degrees of freedom) For a fixed quadratic form $K$ on $\mathbb{R}^{2}$ and $h \in \mathbb{Z}^{2}$, there exists an open and dense set of $U \in C^{2}\left(\mathbb{T}^{2}\right)$ on which ( $H=K-U, h, \rho$ ) have AM property.

Property A2. (Dimension reduction using hyperbolic fixed point) Consider the data $\left(\mathcal{B}^{\text {st }}, Q_{0}, \kappa, q, \rho\right)$ and the space of corresponding dominant system $\Omega_{\kappa, q}^{m, m+2}\left(\mathcal{B}^{\text {st }}\right)$. Assume that $U_{0}^{\text {st }} \in \mathbb{T}^{m}$ admits at most two non-degenerate minima. Note that each corresponds to a hyperbolic fixed point of $H^{\text {st }}$.

Then there exists $M>0$ and $\delta>0$ depending only on $\mathcal{B}^{\text {st }}, Q_{0}, \kappa, q, p_{0}, U_{0}^{\text {st }}, \rho$ such that the following hold. For each $\mathcal{B}^{\mathrm{wk}}$ with

$$
\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M,\left\|p-p_{0}\right\|<\delta,\left\|U^{\mathrm{st}}-U_{0}^{\mathrm{st}}\right\|_{C^{2}}<\delta, \text { and } h \in \mathbb{Z}^{2}
$$

for an open and dense set of $\mathcal{U}^{\mathrm{wk}}$ (in the space $\Omega_{\kappa, q}^{m, m+2}\left(\mathcal{B}^{\text {st }}\right)$ restricted to fixed $\mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}$ ), the triple

$$
\left(\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right), g, \rho\right), \quad \text { with } g=(0, \cdots, 0, h)
$$

have AM property.
Property A3. (Dimension reduction using AM property) Consider the data ( $\mathcal{B}^{\text {st }}, Q_{0}, \kappa, q, \rho$ ) and the space of corresponding dominant system $\Omega_{\kappa, q}^{m, m+1}\left(\mathcal{B}^{\text {st }}\right)$. Assume that $p_{0} \in \mathbb{R}^{n}$, $U_{0}^{\text {st }} \in C^{r}\left(\mathbb{T}^{m}\right), h \in \mathbb{Z}^{m}$ satisfies

$$
\left(\mathcal{H}^{\text {st }}\left(p_{0}, U_{0}^{\mathrm{st}}\right), h, \rho\right) \text { have AM property. }
$$

Then there exists $M>\sup _{k \in \mathcal{B}^{\text {st }}}|k|, \delta>0$ depending only on $\mathcal{B}^{\text {st }}, Q_{0}, \kappa, q, p_{0}, U_{0}^{\text {st }}, h, \rho$ such that the following hold. For each $\mathcal{B}^{w k}$ with

$$
\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M,\left\|p-p_{0}\right\|<\delta,\left\|U^{\mathrm{st}}-U_{0}^{\mathrm{st}}\right\|_{C^{2}}<\delta
$$

and any nonzero pair of integers $z, w$, the following hold.
For an open and dense set of $\mathcal{U}^{\mathrm{wk}}$ (in the space $\Omega_{\kappa, q}^{m, m+1}\left(\mathcal{B}^{\text {st }}\right)$ restricted to a fixed set of $\left.\mathcal{B}^{\text {st }}, p, U^{\text {st }}\right)$, the triple

$$
\left(\mathcal{H}^{s}\left(\mathcal{B}^{\mathrm{st}}, \mathcal{B}^{\mathrm{wk}}, p, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right), g_{0}, \rho\right), \text { where } g_{0}=(z h, w), \text { has AM property. }
$$

## Remarks:

1. The proof of Theorem A.1 uses only Properties A0-A3 instead of the precise definition of AM property. Therefore the proof applies if we take Properties A0-A3 as ansatz. We expect that the properties required for the full diffusion problem satisfy the same ansatz and our construction applies to the full diffusion problem.
2. The list of properties A0 - A3 provides a setup for proving non-degeneracy using induction over degrees of freedom. Assume that $U^{\text {st }}$ admits a non-degenerate minimum, then property A2 allows to extend this system by two more degrees of freedom, provided the homology $g$ is only nontrivial in the weak variables. If $H^{\text {st }}$ is nondegenerate in a nontrivial homology $h$, property A3 allows to extend by one degree of freedom, provided the new homology $g$ is trivial in the weak variable.
3. Let us explain the proof briefly. Property A1 is a known result. This property is used in Arnold diffusion in $2 \frac{1}{2}$ degrees of freedom, and we refer to Mat10, [Mat11], [KZ13], [Che13] for more details.
4. Property A2 uses the first type of dimension reduction. The assumption ensures that $H^{\text {st }}$ admits at most two minimal hyperbolic saddles. An arbitrarily small perturbation ensures that only one of them is minimal. Using Corollary 2.3, one obtain that $H^{s}$ admits a minimal four-dimensional NHWIC $\mathcal{C}^{4}$. Furthermore, Theorem 2.4 and Proposition 6.1 provide variational characterization for the cylinder. Then the restricted system to $\mathcal{C}^{4}$ behaves like a system with two degrees of freedom, and an analog of property A1 can be proven. In particular, there will be an ordered collection of minimal two-dimensional NHIC's contained in $\mathcal{C}^{4}$.
5. For property A3, when the triple $\left(H^{\text {st }}, h, \rho\right)$ satisfies the AM property, the strong system admits a family of two dimensional NHICs. Because there is only one weak component, Corollary 2.3 implies that $H^{s}$ admits a minimal four-dimensional NHWIC. Similar to the previous case, the idea from property A1 can be applied to prove nondegeneracy.
6. One can say that in the case A2 or A3, the slow system $H^{s}$ is "dominated" by the strong system $H^{\text {st }}$.

## A. 4 Construction of a diffusion path and surgery of resonant manifolds

To prove Theorem A.1 it remains to construct a diffusion path with our non-degeneracy conditions.

Proposition A.2. For each $\gamma>0$, there exists an open and dense set $\mathcal{V} \subset\left\{\left\|H_{1}\right\|_{C^{r}}=\right.$ $1\}$, such that for any $H_{1} \in \mathcal{V}$, there exists a $\gamma$-dense diffusion path $\mathcal{P}$, such that the non-degeneracy conditions [H1] and [H2] are satisfied along $\mathcal{P}$.

The proof of Proposition A. 2 occupies the rest of this section. Since our nondegeneracy conditions are assumed to be open, it suffices to prove density. We fix an arbitrary relative open set $\mathcal{U}_{0} \subset\left\{\left\|H_{1}\right\|_{C^{r}}=1\right\}$, we will show there exists $H_{1} \in \mathcal{U}_{0}$ such that the conclusions hold. The proof follows an inductive scheme. The strategy is as follows:

1. At step $s$ we have a finite collection of integer irreducible lattices $\mathcal{L}^{(s)}=\left\{\Lambda_{i}^{(s)}\right\}$, i.e. each $\Lambda_{i}^{(s)}:=\operatorname{span}_{\mathbb{Z}}\left\{k_{1}^{i}, \cdots, k_{s}^{i}\right\}$ has rank $s$ and is spanned by integer vectors $k_{1}^{i}, \cdots, k_{s}^{i}$. The union of corresponding codimension $s$ resonant manifolds $\left(\Gamma_{\Lambda^{(s)}}\right)$ is called $\mathcal{P}^{(s)}$.
The lattices $\Lambda^{(s)}$ has a hierarchical structure in the sense that there is an unique element $\Lambda^{(s-1)} \in \mathcal{L}^{(s-1)}$ such that $\Lambda^{(s-1)} \subset \Lambda^{(s)}$. As a result, $\mathcal{P}^{(s)} \subset \mathcal{P}^{(s-1)}$, we will choose $\mathcal{L}^{(s)}$ such that $\mathcal{P}^{(s)}$ is $\left(1-2 \cdot 4^{-s}\right) \gamma$-dense subset in $\mathcal{P}^{(s-1)}$ and $\left(1-4^{-s}\right) \gamma$-dense in $B^{n}$.
2. A set of essential resonances $\mathcal{E}^{(s+1)}$ is a collection of irreducible lattices of rank $s+1$. Each element $\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$ contains at lease one element $\Lambda^{(s)} \in \mathcal{L}^{(s)}$. Roughly speaking, the essential lattices are the collection of lattices $\Sigma^{(s+1)}$ that contain but does not dominate some $\Lambda^{(s)} \in \mathcal{L}^{(s)}$.
Essential resonances $\Sigma^{(s+1)}$ correspond to a codimension $s+1$ resonant manifold $\Gamma_{\Sigma^{(s+1)}}$ contained in $\mathcal{P}^{(s)}$.
3. A nondegenerate set $\mathcal{N}_{s} \subset \mathcal{P}^{(s)}$, which is open, connected and $\left(1-2 \cdot 4^{-s}\right) \gamma$-dense in $B^{n}$, such that the following hold:
(a) For all $\Lambda^{(s)} \in \mathcal{L}^{(s)}$ with basis $\mathcal{B}^{(s)}=\left[k_{1}, \cdots, k_{s}\right]$, and $p_{0} \in \mathcal{N}_{s} \cap \Gamma_{\mathcal{L}^{(s)}}$, the slow system

$$
H_{p_{0}, \mathcal{B}^{(s)}}^{s}
$$

is nondegenerate in the sense of Property A2.
(b) For all essential lattice $\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$ with basis $\mathcal{B}_{e}^{(s+1)}$, and $p_{0} \in \mathcal{N}_{s} \cap \Gamma_{\Sigma^{(s+1)}}$, and every $\Lambda^{(s)} \in \mathcal{L}^{(s)}$ with $\Lambda^{(s)} \subset \Sigma^{(s+1)}$ and basis $\mathcal{B}^{(s)}$, the triple

$$
\left.\left(H_{p_{0}, \mathcal{B}_{e}^{(s+1)}}^{s}, h\left(\mathcal{B}^{(s)}, \mathcal{B}_{e}^{(s+1)}\right)\right), \rho\right)
$$

satisfies the AM property, setting up to apply Property A3.
4. The next generation of resonant lattices are carefully defined so that we can use Property A2, A3 to extend the non-degeneracy in item 3 to the next generation.
5. The induction finishes at step $n-1$, when we obtain an open, connected and $\gamma$-dense set $\mathcal{N}_{n-1} \subset \mathcal{P}^{(n-1)}$ in $B^{n}$ which consists of 1-dimensional resonant manifolds and will be our diffusion path, and all essential resonances have the AM property.

## A.4.1 An initial step of the induction

Since the union of all 1 -resonant manifolds are dense and locally connected, for each $\gamma>0$ we can pick $\mathcal{L}^{(1)}=\left\{\Lambda_{i}^{(1)}\right\}$ such that the set

$$
\mathcal{P}^{(1)}=\bigcup_{\Lambda^{(1)} \in \mathcal{L}^{(1)}} \Gamma_{\mathcal{L}^{(1)}} \cap B^{n}
$$

is connected and $\gamma / 2-$ dense in $B^{n}$. For each lattice $\mathcal{L}^{(1)}$ denote its basis by $\mathcal{B}^{(1)}=\left[k_{1}\right]$, i.e. $\mathcal{L}^{(1)}=\operatorname{span}_{\mathbb{R}}\left(k_{1}\right) \cap \mathbb{Z}^{n+1}$. Denote by $\mathcal{K}^{(1)}=\left\{\mathcal{B}_{i}^{(1)}\right\}$ the union of basis vectors.

For any two sets $E_{1}, E_{2} \subset \mathbb{Z}^{n+1}$, we define

$$
E_{1} \vee E_{2}=\operatorname{span}_{\mathbb{R}}\left\{E_{1} \cup E_{2}\right\} \cap \mathbb{Z}^{n+1}
$$

to be the smallest irreducible lattice containing $E_{1}$ and $E_{2}$.
We define a first non-degeneracy set $\mathcal{Y}_{1}^{\lambda}\left(H_{1}, \mathcal{P}^{(1)}\right) \subset \mathcal{P}^{(1)}$ by the following condition: For any $\Lambda^{(1)} \in \mathcal{L}^{(1)}$ with basis $\mathcal{B}^{(1)}$ and $p \in \Gamma_{\Lambda^{(1)}} \cap \mathcal{P}^{(1)}$, the averaged potential $U_{p, \mathcal{B}^{(1)}}$ has at most two $\lambda$-nondegenerate minima.


Figure 2: The first nondegeneracy set for $n=3$ : the shaded part is the $\lambda$-nondegenerate set. On the bold lines there are two minima for $U_{p, \mathcal{B}^{(1)}}$, at the blue dots are there are three minima. At the green dots the minimum is degenerate.

Lemma A.3. There exists a relative open set $\mathcal{U}_{1} \subset \mathcal{U}_{0}$ and $\lambda_{1}>0$, such that for $H_{1} \in \mathcal{U}_{1}$, the nondegeneracy set $\mathcal{Y}_{1}^{\lambda_{1}}\left(H_{1}, \mathcal{P}^{(1)}\right)$ is open, connected, $4^{-2} \gamma$-dense in $\mathcal{P}^{(1)}$, and $\left(1-2 \cdot 4^{-1} \gamma\right)$-dense in $B^{n}$.

The set $\mathcal{Y}_{1}^{\lambda_{1}}\left(H_{1}, \mathcal{P}^{(1)}\right)$ is the shaded set on Figure 2. For brevity in what follows we often omit dependence of $\mathcal{Y}_{1}^{\lambda_{1}}$ on $H_{1}$ and $\mathcal{P}^{(1)}$.

For each $p_{0} \in \Gamma_{\Lambda^{(1)}} \cap \mathcal{Y}_{1}^{\lambda_{1}}$, where $\Lambda^{(1)}$ 's basis is $\mathcal{B}^{(1)}$, the assumption of Property A2 is satisfied for $\mathcal{B}^{\text {st }}=\mathcal{B}^{(1)}, p_{0}$ and $U^{\text {st }}=U_{p_{0}, \mathcal{B}^{(1)}}$. Moreover, using compactness, for all

$$
m=1, \quad \Lambda^{(1)} \in \mathcal{L}^{(1)}, \quad p_{0} \in \Gamma_{\Lambda^{(1)}} \cap \mathcal{Y}_{1}^{\lambda_{1}}, \quad U^{\text {st }}=U_{p_{0}, \mathcal{B}^{(1)}}
$$

there exists a uniform $M_{1}=M_{1}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$, such that for all $\mathcal{B}^{\mathrm{wk}}=\left[k_{1}^{\mathrm{wk}}, k_{2}^{\mathrm{wk}}\right]$ with $\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M_{1}$ the conclusion of Property A2 is satisfied. We assume that $M_{1}$ is chosen such that

$$
M_{1}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)>\max _{k_{1} \in \mathcal{K}^{(1)}}\left|k_{1}\right| .
$$

We define the first generation of essential lattices $\mathcal{E}^{(2)}=\mathcal{E}^{(2)}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$ as the set of all rank 2 irreducible lattices $\Sigma^{(2)}$ satisfying the following conditions: there exists $\Lambda^{(1)} \in \mathcal{L}^{(1)}$ such that

$$
\Sigma^{(2)} \subset \Lambda^{(1)}, \quad M\left(\Sigma^{(2)} \mid \Lambda^{(1)}\right) \leqslant M_{1}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)
$$

The requirement $M_{1}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)>\max _{k_{1} \in \mathcal{K}^{(1)}}\left|k_{1}\right|$ ensures that for any $\Lambda_{1}^{(1)}, \Lambda_{2}^{(1)} \in \mathcal{L}^{(1)}$, the lattice $\Lambda_{1}^{(1)} \vee \Lambda_{2}^{(1)}$ is automatically essential. This corresponds to the intersection of $\Gamma_{\Lambda_{1}^{(1)}}$ and $\Gamma_{\Lambda_{2}^{(1)}}$.

The essential lattice set contain all lattices that does not "dominate" the lattices in $\mathcal{L}^{(1)}$. Let us also denote

$$
\Gamma_{\mathcal{E}^{(2)}}=\bigcup_{\Sigma^{(2)} \in \mathcal{E}^{(2)}} \Gamma_{\Sigma^{(2)}}
$$



Figure 3: The final nondegeneracy set of step 1: removing all essential resonances results in a disconnected set, but removing only the degenerate part does not destroy connectivity.
the union of all resonance manifolds corresponding to the essential lattices.
For each essential lattice $\Sigma^{(2)}$ we fix an ordered basis $\mathcal{B}_{e}^{(2)}$ (the actual choice is irrelevant). We define a second nondegeneracy set $\mathcal{Z}_{1}\left(H_{1}, \Sigma^{(2)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$ to be the set of $p \in \Gamma_{\Sigma^{(2)}} \cap \mathcal{Y}_{1}^{\lambda_{1}}$ such that for each $k_{1} \in \Sigma^{(2)}$ with $\mathcal{B}^{(1)}=\left[k_{1}\right] \in \mathcal{K}^{(1)}$, the pair

$$
\left(H_{p, \mathcal{B}_{e}^{(2)}}^{s}, h\left(\mathcal{B}^{(1)} \mid \mathcal{B}_{e}^{(2)}\right), \rho\right)
$$

satisfies the AM property. We then define $\mathcal{Z}_{1}\left(H_{1}, \mathcal{E}^{(2)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$ to be the union of all $\mathcal{Z}_{1}\left(H_{1}, \Sigma^{(2)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$ over essential resonances $\Sigma^{(2)} \in \mathcal{E}^{(2)}$.

Because $H_{p, \mathcal{B}_{e}^{(2)}}^{s}$ has two degrees of freedom, we can use Property A0 to obtain the following lemma.

Lemma A.4. There exists a relative open set $\mathcal{U}_{1}^{\prime} \subset \mathcal{U}_{1}$ and a relative open $\tilde{\mathcal{Z}}_{1} \subset$ $\Gamma_{\mathcal{E}^{(2)}} \cap \mathcal{Y}_{1}^{\lambda_{1}}$ such that the following hold.

1. For all $H_{1} \in \mathcal{U}_{1}^{\prime}, \tilde{\mathcal{Z}}_{1}$ is compactly contained in $\mathcal{Z}_{1}\left(H_{1}, \mathcal{E}^{(2)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)$.
2. The set

$$
\mathcal{N}_{1}:=\mathcal{Y}_{1}^{\lambda_{1}} \cap \tilde{\mathcal{Z}}_{1}
$$

is open, connected, and $\left(1-4^{-1}\right) \gamma$-dense in $\mathcal{P}^{(1)}$.
We choose $\tilde{\mathcal{Z}}_{1}$ compactly contained in $\mathcal{Z}_{1}$ so that the nondegeneracy on $\tilde{\mathcal{Z}}_{1}$ is uniform due to compactness. The idea behind the definition of $\mathcal{N}_{1}$ is the following: On the set of essential resonances $\Gamma_{\mathcal{E}^{(2)}}$, domination does not apply, so we should remove it from the nondegeneracy set $\mathcal{Y}_{1}^{\lambda_{1}}$. However, in this case the remaining set becomes disconnected because the essential resonances divide the space (see Figure 3, left). Instead we only remove only $p$ 's with the nearly degenerate essential resonances, i.e. $\mathcal{Y}_{1}^{\lambda_{1}} \cap \Gamma_{\mathcal{E}^{(2)}} \backslash \tilde{\mathcal{Z}}_{1}$ (see Figure 3. right dashed line).

## A.4.2 Step 2 of the induction

We completed step 1 with

- the collection of rank one lattices $\mathcal{L}^{(1)}$, with associated bases $\mathcal{B}^{(1)}$,
- a collection of essential rank two lattices $\mathcal{E}^{(2)}$,
- a dual collection of codimension one resonant manifolds $\mathcal{P}^{(1)}$,
- the nondegenerate set $\mathcal{N}_{1} \subset \mathcal{P}^{(1)}$ and is $\left(1-4^{-1} \gamma\right)$-dense in $B^{n}$.

By step 1, for each essential resonance $\Sigma^{(2)} \supset \mathcal{B}_{e}^{(2)}$ and $p \in \overline{\Gamma_{\Sigma^{(2)}} \cap \mathcal{N}_{1}}$ the pair $\left(H_{p, \mathcal{B}_{e}^{(2)}}^{s}, h\left(\mathcal{B}^{(1)} \mid \mathcal{B}_{e}^{(2)}\right)\right)$ is nondegenerate. Therefore, Property A3 applies with

$$
m=2, \mathcal{B}^{\text {st }}=\mathcal{B}_{e}^{(2)}, U_{0}^{\mathrm{st}}=U_{p_{0}, \mathcal{B}_{e}^{(2)}}, h=h\left(\mathcal{B}^{(1)} \mid \mathcal{B}_{e}^{(2)}\right)
$$

Moreover, we can choose a uniform constant $N_{2}=N_{2}\left(\mathcal{E}^{(2)}, \mathcal{N}_{1}\right)$ over all $\Sigma^{(2)} \in \mathcal{E}^{(2)}$, $\mathcal{B}^{(1)} \subset \Sigma^{(2)}$ and $p \in \overline{\Gamma_{\Sigma^{(2)}} \cap \mathcal{N}_{1}}$ such that the conclusion of Property A3 hold.

We are now ready to define the set $\mathcal{L}^{(2)}$. We say a rank 2 lattice $\Lambda^{(2)}$ is admissible if the following hold.

1. There exists $\Lambda^{(1)} \in \mathcal{L}^{(1)}$ such that $\Lambda^{(1)} \subset \Lambda^{(2)}$.
2. $\Lambda^{(2)}$ cannot be generated by the previous generation essential resonances, namely

$$
\begin{equation*}
\Lambda^{(2)} \notin \bigvee\left\{\Sigma^{(2)} \in \mathcal{E}^{(2)}\right\} \tag{A.2}
\end{equation*}
$$

where $\bigvee$ is the smallest irreducible lattice that contains all lattices $\Sigma^{(2)} \in \mathcal{E}^{(2)}$.
3. Item 2 ensures that $\Lambda^{(1)} \subset \Lambda^{(2)}$ is unique. Otherwise, suppose we have $\Lambda_{1}^{(1)}, \Lambda_{2}^{(1)} \subset$ $\Lambda^{(2)}$ with bases $\mathcal{B}_{1}^{(1)}, \mathcal{B}_{2}^{(1)}$, then $\Lambda^{(2)}=\Lambda_{1}^{(1)} \vee \Lambda_{2}^{(1)}$, and

$$
M\left(\Lambda^{(2)} \mid \Lambda_{1}^{(1)}\right) \leqslant \max _{k \in \mathcal{B}_{1}^{(1)} \cup \mathcal{B}_{2}^{(1)}}\{|k|\} \leqslant M_{s}\left(\mathcal{P}^{(s)}, \mathcal{N}_{s}\right)
$$

hence $\Lambda^{(2)} \in \mathcal{E}^{(2)}$, which is a violation of item 2 .
4. (ghost property) For each $\Lambda^{(1)} \subset \Lambda^{(2)}$ and $\Lambda^{(1)} \subset \Sigma^{(2)}$, we have

$$
\begin{equation*}
M\left(\Sigma^{(2)} \vee \Lambda^{(2)} \mid \Sigma^{(2)}\right)>N_{s}\left(\mathcal{E}^{(s+1)}, \mathcal{N}_{s}\right) . \tag{A.3}
\end{equation*}
$$

In particular, for an adapted basis $\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}$ of $\Sigma^{(2)} \subset \Sigma^{(2)} \vee \Lambda^{(2)}$ and $p \in \overline{\Gamma_{\Sigma^{(2)}} \cap \mathcal{N}_{1}}$ the conclusion of Property A3 hold 4 . We also point out in this case $\Sigma^{(3)}=$ $\Sigma^{(2)} \vee \Lambda^{(2)}$ will be an element of the next generation essential resonance.

[^4]We claim that the lattices that are not admissible can be generated by a finite set of integer vectors. Therefore the resonance manifolds of the admissible lattices form a dense set. As a result:

Lemma A.5. There exists an collection of rank two admissible lattices $\mathcal{L}^{(2)}$ such that

$$
\mathcal{P}^{(2)}=\bigcup_{\Lambda^{(2)} \in \mathcal{L}^{(2)}} \Gamma_{\mathcal{L}^{(2)}} \cap \mathcal{N}_{1}
$$

is connected, $4^{-2} \gamma$-dense in $\mathcal{N}_{1}$ and $\left(1-2 \cdot 4^{-2}\right) \gamma$ dense in $B^{n}$.
For each $\Lambda^{(2)} \in \mathcal{L}^{(2)}$, there is a unique $\Lambda^{(1)} \in \mathcal{L}^{(1)}$ with $\Lambda^{(1)} \subset \Lambda^{(2)}$. Since $\Lambda^{(1)}$ comes with a standard basis $\mathcal{B}^{(1)}$, we extend it using Proposition 3.1 to obtain a standard basis $\mathcal{B}^{(2)}$ of $\Lambda^{(2)}$. We call the collection of all basis $\mathcal{K}^{(2)}$.

Similar to step 1, we define the non-degeneracy set $\mathcal{Y}_{2}^{\lambda}\left(H_{1}, \mathcal{P}^{(2)}\right) \subset \mathcal{P}^{(2)}$ by the following condition: For any lattice $\Lambda^{(2)} \in \mathcal{L}^{(2)}$, with basis $\mathcal{B}^{(2)}$, and $p \in \Gamma_{\Lambda^{(2)}} \cap \mathcal{P}^{(2)}$, the averaged potential $U_{p, \mathcal{B}^{(2)}}$ has at most two $\lambda$-nondegenerate minima.

Lemma A.6. There exists an open set $\mathcal{U}_{2} \subset \mathcal{U}_{1}$ and $\lambda_{2}>0$, such that for $H_{1} \in$ $\mathcal{U}_{2}$, the nondegeneracy set $\mathcal{Y}_{2}^{\lambda_{2}}\left(H_{1}, \mathcal{P}^{(1)}\right)$ is open, connected, $4^{-2} \gamma$-dense in $\mathcal{P}^{(2)}$, and $\left(1-2 \cdot 4^{-2}\right) \gamma$-dense in $B^{n}$.

Using compactness, we obtain that for

$$
m=2, \quad \mathcal{B}^{\text {st }}=\mathcal{B}^{(2)} \in \mathcal{K}^{(2)}, \quad p_{0} \in \Gamma_{\left.\mathcal{B}^{2}\right)} \cap \mathcal{Y}_{2}^{\lambda_{2}}, \quad U^{\text {st }}=U_{p_{0}, \mathcal{B}^{(2)}}
$$

there exists $M_{2}\left(\mathcal{P}^{(2)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)>0$, such that the conclusion of Property A3 applies for all $\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M_{2}$. As before, we require

$$
M_{2}\left(\mathcal{P}^{(2)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)>\max _{k_{1}, k_{2} \in \mathcal{B}^{(2)} \in \mathcal{K}^{(2)}}\left(\left|k_{1}\right|,\left|k_{2}\right|\right)
$$

We now define essential lattices. It suffices to define bases of these lattices. As in step $1, \mathcal{E}^{(3)}$ is the set of all rank 3 irreducible lattices $\Sigma^{(3)}$ satisfying the following conditions: there exists $\Lambda^{(2)} \in \mathcal{L}^{(2)}$ such that

$$
\Sigma^{(3)} \subset \Lambda^{(2)}, \quad M\left(\Sigma^{(3)} \mid \Lambda^{(2)}\right) \leqslant M_{2}\left(\mathcal{P}^{(2)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)
$$

Starting from $s=2$, the essential resonances come with a hierarchical structure (see Figure 5).

- Type $(3,1)$ : We say $\Sigma^{(3)}$ is of type $(3,1)$ if there exists $\Sigma^{(2)} \in \mathcal{E}^{(2)}$ such that $\Sigma^{(2)} \subset \Sigma^{(3)}$. The collection of $(3,1)$ essential lattices is denoted $\mathcal{E}_{1}^{(3)}$.
This element $\Sigma^{(2)}$ is necessarily unique, otherwise $\Sigma^{(3)} \supset \Lambda^{(2)}$ can be generated from two elements from $\mathcal{E}^{(2)}$, leading to a contradiction with item 2 in the definition of $\mathcal{L}^{(2)}$. Moreover, since $\mathcal{L}^{(2)}$ cannot be generated by vectors from $\Sigma^{(2)}$, we have $\Sigma^{(3)}=\Sigma^{(2)} \vee \Lambda^{(2)}$.

By item 3 in the definition of $\mathcal{L}^{(2)}$,

$$
M\left(\Sigma^{(2)} \vee \Lambda^{(2)} \mid \Sigma^{(2)}\right)=M\left(\Sigma^{(3)} \mid \Sigma^{(2)}\right)>N_{2}\left(\mathcal{E}^{(2)}, \mathcal{N}_{1}\right)
$$

Recall that $\Sigma^{(2)}$ comes with fixed basis $\mathcal{B}_{e}^{(2)}$. We use Proposition 3 to extend this basis to an adapted basis $\mathcal{B}_{e}^{(3)}$ of $\Sigma^{(3)}$. We take this basis as the fixed basis of $\Sigma^{(3)}$. For each $p \in \Gamma_{\Sigma^{(3)}}$, Property A3 applies. We say that

$$
H_{p, \mathcal{B}_{e}^{(2)}} \text { dominates } H_{p, \mathcal{B}_{e}^{(3)}} .
$$

- Type $(3,2): \Sigma^{(3)}$ is called type $(3,2)$ if it does not contain any element in $\mathcal{E}^{(2)}$. The collection is denoted $\mathcal{E}_{2}^{(3)}$.
In this case, by definition, $\Sigma^{(3)} \in \mathcal{E}_{2}^{(3)}$ and we have

$$
M\left(\Sigma^{(3)} \mid \Lambda_{k_{1}}\right)>M_{1}\left(\mathcal{P}^{(1)}, \mathcal{Y}_{1}^{\lambda_{1}}\right)
$$

We use Proposition 3 to extend $k_{1}$ to an adapted basis $\mathcal{B}_{e}^{(3)}$ of $\Sigma^{(3)}$, taken as the fixed basis for $\Sigma^{(3)}$. Property A2 applies, and we say that

$$
H_{p, \mathcal{B}^{(1)}} \text { dominates } H_{p, \mathcal{B}_{e}^{(3)}} .
$$

We now have the decomposition

$$
\mathcal{E}^{(3)}:=\mathcal{E}_{1}^{(3)} \cup \mathcal{E}_{2}^{(3)} .
$$

For each $\Sigma^{(3)} \subset \mathcal{E}^{(3)}$ with basis $\mathcal{B}_{e}^{(3)}$, we define the nondegeneracy set $\mathcal{Z}_{2}\left(H_{1}, \Sigma^{(3)}, \mathcal{Y}_{2}^{\lambda_{2}}\right) \subset$ $\Gamma_{\Sigma^{(3)}} \cap \mathcal{Y}_{2}^{\lambda_{2}}$ to be the subset such that for each $\Lambda^{(2)} \subset \Sigma^{(3)}$ with basis $\mathcal{B}^{(2)}$,

$$
\left(H_{p, \mathcal{B}_{e}^{(3)}}^{s}, h\left(\mathcal{B}^{(2)} \mid \mathcal{B}_{e}^{(3)}\right), \rho\right)
$$

satisfies the AM property. We then define $\mathcal{Z}_{2}\left(H_{1}, \mathcal{E}^{(3)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)$ to be the union of all $\mathcal{Z}_{2}\left(H_{1}, \Sigma^{(3)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)$ over essential resonances $\Sigma^{(3)} \in \mathcal{E}^{(3)}$.

If the essential resonance $\Sigma^{(3)} \in \mathcal{E}^{(3)}$ is type (3,1), we use Property A3; if $\Sigma^{(3)}$ is of type $(3,2)$, we use Property A2. This allows us to prove the following non-degeneracy lemma.

Lemma A.7. There exists a relative open set $\mathcal{U}_{2}^{\prime} \subset \mathcal{U}_{2}$ and a relative open set $\tilde{\mathcal{Z}}_{2}$ such that the following hold.

1. For each $H_{1} \in \mathcal{U}^{\prime}, \tilde{\mathcal{Z}}_{2}$ is compactly contained in $\mathcal{Z}_{2}\left(H_{1}, \mathcal{E}^{(3)}, \mathcal{Y}_{2}^{\lambda_{2}}\right)$.
2. The subset

$$
\mathcal{N}_{2}:=\mathcal{Y}_{2}^{\lambda_{2}} \cap \tilde{\mathcal{Z}}_{2}
$$

is open, connected, $4^{-2} \gamma$-dense in $\mathcal{P}^{(2)}$ and $\left(1-2 \cdot 4^{-2}\right) \gamma$-dense in $B^{n}$.


Figure 4: Hierachy of essential resonances: faint red curves are the previous generation essential resonances, blues line are current generation diffusion path, solid red dots are of type $(3,1)$, hollow blue dots are of type $(3,2)$.

## A.4.3 Step $s+1$ of the induction

We completed step $s$ with

- the collection of rank $s$ lattices $\mathcal{L}^{(s)}$, with associated bases $\mathcal{B}^{(s)}$,
- a collection of essential rank s+1 lattices $\mathcal{E}^{(s+1)}$,
- a dual collection of codimension one resonant manifolds $\mathcal{P}^{(s)}$,
- the nondegenerate set $\mathcal{N}_{s} \subset \mathcal{P}^{(s)}$, which is $\left(1-4^{-s} \gamma\right)$-dense in $B^{n}$.

The diffusion path.

- We have the collection of lattices $\mathcal{L}^{(1)}, \cdots, \mathcal{L}^{(s)}$, with $\mathcal{L}^{(j)}=\left\{\Lambda_{i}^{(j)}\right\}$ are irreducible rank $j$ lattices. For each $\Lambda^{(j)} \in \mathcal{L}^{(j)}$, there exists a unique $\Lambda^{(j-1)} \subset \Lambda^{(j)}$ and such that $\Lambda^{(j-1)} \subset \mathcal{L}^{(j-1)}$.
- Each $\Lambda^{(s)} \in \mathcal{L}^{(s)}$ has a ordered basis defined in the following way. For each $\Lambda^{(1)}$ we fix a basis $\mathcal{B}^{(1)}=\left\{k_{1}\right\}$ which is unique up to a sign. From the previous property, $\Lambda^{(s)}$ comes with the chain of inclusion

$$
\Lambda^{(1)} \subset \cdots \subset \Lambda^{(s)}, \quad \Lambda^{(j)} \in \mathcal{L}^{(j)}, 1 \leqslant j \leqslant s
$$

and we extend the basis $\mathcal{B}^{(1)}$ of $\Lambda^{(1)}$ an increasing set of bases $\mathcal{B}^{(1)} \subset \cdots \subset \mathcal{B}^{(s)}$ by consecutive application of Proposition 3.1.

- We use $\mathcal{K}^{(s)}$ to denote the collection of standard bases. For each $\mathcal{B}^{(s)}=\left[k_{1}, \cdots, k_{s}\right]$, we denote $\left|\mathcal{B}^{(s)}\right|=\sup _{i}\left|k_{i}\right|$.
- The diffusion path at step $s$ is

$$
\mathcal{P}^{(s)}=\bigcup_{\Lambda^{(s)} \in \mathcal{L}^{(s)}} \Gamma_{\Lambda^{(s)}}
$$

The set $\mathcal{P}^{(s)} \cap B^{n}$ is connected and $\left(1-2 \cdot 4^{-s}\right) \gamma-$ dense in $B^{n}$.

## Essential resonances.

- We have the essential lattices $\mathcal{E}^{(2)}, \cdots, \mathcal{E}^{(s+1)}$, where for each $1 \leqslant j \leqslant s, \Sigma^{(j+1)} \in$ $\mathcal{E}^{(j+1)}$ is a rank $j+1$ irreducible lattice. For each $\Sigma^{(j+1)}$, there exists at least one, and at most two element $\Lambda^{(j)} \in \mathcal{L}^{(j)}$, such that $\Lambda^{(j)} \subset \mathcal{L}^{(j)}$.
- If essential lattice $\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$ contains only one element $\Sigma^{(s)} \in \mathcal{E}^{(s)}$, then there exists $1 \leqslant j \leqslant s$, such that

$$
\Sigma^{(j+1)} \subset \cdots \subset \Sigma^{(s+1)}, \quad \Sigma^{(t)} \in \mathcal{E}^{(t)}, j+1 \leqslant t \leqslant s+1
$$

is the longest chain of essential lattices, meaning $\Sigma^{(j+1)}$ does not contain any element of $\mathcal{E}^{(j)}$. We then have the following inclusion

$$
\Lambda^{(1)} \subset \cdots \subset \Lambda^{(j-1)} \subset \Sigma^{(j+1)} \subset \cdots \subset \Sigma^{(s+1)}
$$

We use Proposition 3.1 to obtain the chain of adapted bases (called ordered basis:

$$
\mathcal{B}^{(1)} \subset \cdots \subset \mathcal{B}^{(j-1)} \subset \mathcal{B}_{e}^{(j+1)} \subset \cdots \subset \mathcal{B}_{e}^{(s+1)}
$$

where each $\mathcal{B}^{(t)}$ is a basis of $\Lambda^{(t)} \in \mathcal{L}^{(t)}$ and each $\mathcal{B}_{e}^{(t)}$ is a basis of $\Sigma^{(t)} \in \mathcal{E}^{(t)}$. Recording the increment of rank in the chain, the essential resonance $\Sigma^{(s+1)}$ is called of type $(s+1, j)$. Denote by $\mathcal{E}_{j}^{(s+1)}$ the set of essential resonances with this property.

## Strong system and nondegeneracy.

- For each $1 \leqslant j \leqslant s$, there exists the nondegeneracy set $\mathcal{N}_{j} \subset \mathcal{P}^{(j)}$, with the property that each $\mathcal{N}_{j}$ is relative open, connected and $\left(1-4^{-j} \gamma\right)$ - dense in $\mathcal{P}^{(j)} \cap B^{n}$ and $\left(1-2 \cdot 4^{-j}\right) \gamma$-dense in $B^{n}$. The following inclusion hold

$$
\mathcal{P}^{(1)} \supset \mathcal{N}_{1} \supset \cdots \supset \mathcal{P}^{(s)} \supset \mathcal{N}_{s} .
$$

- There exists a sequence of (nonempty) relative open sets

$$
\left\{\left\|H_{1}\right\|_{C^{r}}=1\right\} \supset \mathcal{U}_{0} \supset \mathcal{U}_{1} \supset \mathcal{U}_{1}^{\prime} \supset \cdots \supset \mathcal{U}_{s} \supset \mathcal{U}_{s}^{\prime}
$$



Figure 5: Essential lattices

- There exists $\lambda_{s}>0$ such that for each $H_{1} \in \mathcal{U}_{s}, \Lambda^{(s)} \in \mathcal{L}^{(s)}$ with basis $\mathcal{B}^{(s)}$, and $p \in \overline{\mathcal{N}_{s} \cap \Gamma_{\Lambda^{(s)}}}$, the strong system $H_{p, \mathcal{B}^{(s)}}$ is nondegenerate in the sense of Property A3 and the averaged potential $U_{p, \mathcal{B}^{(s)}}$ has at most two $\lambda$-nondegenerate minima. Using compactness, let

$$
M_{s}\left(\mathcal{P}^{(s)}, \mathcal{N}_{s}\right)>\sup _{\mathcal{B}^{(s)} \in \mathcal{K}^{(s)}}\left|\mathcal{B}^{(s)}\right|
$$

be a uniform constant such that Property A3 applies.

- For each $H_{1} \in \mathcal{U}_{s}^{\prime}, \Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$ with basis $\mathcal{B}_{e}^{(s+1)}$, each $\Lambda^{(s)} \subset \Sigma^{(s+1)}$ with basis $\mathcal{B}^{(s)}$, and $p \in \overline{\mathcal{N}_{s} \cap \Gamma_{\Sigma^{(s+1)}}}$, the pair

$$
\left(H_{p, \mathcal{B}_{e}^{(s+1)}}, h\left(\mathcal{B}^{(s)}, \mathcal{B}_{e}^{(s+1)}\right)\right)
$$

is nondegenerate in the sense of Property A3. Using compactness, let

$$
N_{s}\left(\mathcal{E}^{(s+1)}, \mathcal{N}_{s}\right)>0
$$

be a uniform constant such that Property A3 applies.

## Domination Properties

- Let $\Sigma^{(s+1)} \in \mathcal{E}_{j}^{(s+1)}$ be an essential resonance of type $(s+1, j)$, then we have the chain

$$
\Lambda^{(1)} \subset \cdots \subset \Lambda^{(j-1)} \subset \Sigma^{(j+1)} \subset \cdots \subset \Sigma^{(s+1)} .
$$

The following domination property holds:

$$
\begin{aligned}
& M\left(\Sigma^{(j+1)} \mid \Lambda^{(j-1)}\right)>M_{j-1}\left(\mathcal{P}^{(j-1)}, \mathcal{N}_{j-1}\right), \\
& M\left(\Sigma^{(t+1)} \mid \Sigma^{(t)}\right)>N_{t-1}\left(\mathcal{E}^{(t)}, \mathcal{N}_{t-1}\right), \quad j+1 \leqslant t \leqslant s
\end{aligned}
$$

- As a corollary of the domination properties, for $\Sigma^{(s+1)}$ with the type $(s+1, j)$, let

$$
\mathcal{B}^{(1)} \subset \cdots \subset \mathcal{B}^{(j-1)} \subset \mathcal{B}_{e}^{(j+1)} \subset \cdots \subset \mathcal{B}_{e}^{(s+1)}
$$

be the chain of basis. Then

- For each $p \in \overline{\Gamma_{\Lambda^{(j-1)}} \cap \mathcal{N}_{j-1}}$, the system $H_{p, \mathcal{B}^{(j-1)}}$ dominates $H_{p, \mathcal{B}_{e}^{(j+1)}}$ in the sense of Property A2.
- Fore each $j+1 \leqslant t \leqslant s, p \in \overline{\Gamma_{\Sigma^{(t)}} \cap \mathcal{N}_{t-1}}$, the system $H_{p, \mathcal{B}_{e}^{(t)}}$ dominates $H_{p, \mathcal{B}_{e}^{(t+1)}}$ in the sense of Property A3.

We now define the set $\mathcal{L}^{(s+1)}$. This is essentially an elaboration of step 2 . We say the rank $s+1$ lattice $\Lambda^{(s+1)}$ is admissible if the following hold.

1. There exists $\Lambda^{(s)} \in \mathcal{L}^{(s)}$ such that $\Lambda^{(s)} \subset \Lambda^{(s+1)}$.
2. $\Lambda^{(s+1)}$ cannot be generated by any previous generation essential resonances, namely

$$
\begin{equation*}
\Lambda^{(s+1)} \notin \bigvee\left\{\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}\right\} \tag{A.4}
\end{equation*}
$$

where $\bigvee$ is the smallest irreducible lattice that contains all lattices $\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$.
3. Item 2 ensures that $\Lambda^{(s)} \subset \Lambda^{(s+1)}$ is unique. Otherwise, suppose we have $\Lambda_{1}^{(s)}, \Lambda_{2}^{(s)} \subset \Lambda^{(s+1)}$ with bases $\mathcal{B}_{1}^{(s)}, \mathcal{B}_{2}^{(s)}$, then $\Lambda^{(s+1)}=\Lambda_{1}^{(s)} \vee \Lambda_{2}^{(s)}$, and

$$
M\left(\Lambda^{(s+1)} \mid \Lambda_{1}^{(s)}\right) \leqslant \max \left\{\left|\mathcal{B}_{1}^{(s)}\right|,\left|\mathcal{B}_{2}^{(s)}\right|\right\} \leqslant M_{s}\left(\mathcal{P}^{(s)}, \mathcal{N}_{s}\right)
$$

hence $\Lambda^{(s+1)} \in \mathcal{E}^{(s+1)}$, which is a violation of item 2.
4. (ghost property) For each $\Lambda^{(s)} \subset \Lambda^{(s+1)}$ and $\Lambda^{(s)} \subset \Sigma^{(s+1)}$, we have

$$
\begin{equation*}
M\left(\Sigma^{(s+1)} \vee \Lambda^{(s+1)} \mid \Sigma^{(s+1)}\right)>N_{s}\left(\mathcal{E}^{(s+1)}, \mathcal{N}_{s}\right) \tag{A.5}
\end{equation*}
$$

Lemma A.8. There exists an collection $\mathcal{L}^{(s+1)}=\left\{\Lambda^{(s+1)}\right\}$ of admissible pairs such that

$$
\mathcal{P}^{(s+1)}=\bigcup_{\Lambda^{(s+1)} \in \mathcal{L}^{(s+1)}} \Gamma_{\Lambda^{(s+1)}} \cap \mathcal{N}_{s}
$$

is connected, $4^{-s-1} \gamma$-dense in $\mathcal{N}_{s}$, and $\left(1-2 \cdot 4^{-s-1}\right) \gamma$ dense in $B^{n}$.

The set $\mathcal{Y}_{s+1}^{\lambda}\left(H_{1}, \mathcal{P}^{(s+1)}\right) \subset \mathcal{P}^{(s+1)}$ is defined by the following condition: For any $\Lambda^{(s+1)} \in \mathcal{L}^{(s+1)}$ with basis $\mathcal{B}^{(s+1)}$, and $p \in \Gamma_{\mathcal{B}^{(s+1)}} \cap \mathcal{P}^{(s+1)}$, there exists $0<\lambda<\lambda^{\prime}$ such that the averaged potential $U_{p, \mathcal{B}^{(s+1)}}$ has at most two $\lambda^{\prime}$-nondegenerate minima.

Lemma A.9. There exists an open set $\mathcal{U}_{s+1} \subset \mathcal{U}_{s}^{\prime}$ and $\lambda_{s+1}>0$, such that for $H_{1} \in \mathcal{U}_{s+1}$, the nondegeneracy set $\mathcal{Y}_{s+1}^{\lambda_{s+1}}\left(H_{1}, \mathcal{P}^{(s+1)}\right)$ is $4^{-s-1} \gamma$-dense in $\mathcal{P}^{(s+1)}$ and connected.

Define

$$
M_{s+1}\left(\mathcal{P}^{(s+1)}, \mathcal{Y}_{s+1}^{\lambda_{s+1}}\right)>\sup _{\mathcal{B}^{(s+1)} \in \mathcal{K}^{(s+1)}}\left|\mathcal{B}^{(s+1)}\right|
$$

be the uniform constant over all $H_{1} \in \mathcal{U}_{s+1}, p \in \mathcal{Y}_{s+1}^{\lambda_{s+1}}$, and $\Lambda^{(s+1)} \in \mathcal{L}^{(s+1)}$. The essential lattice set $\mathcal{E}^{(s+2)}$ is defined as the set of all rank $s+2$ irreducible lattices $\Sigma^{(s+2)}$ satisfying the following conditions: there exists $\Lambda^{(s+1)} \in \mathcal{L}^{(s+1)}$ such that

$$
\Sigma^{(s+2)} \supset \Lambda^{(s+1)}, \text { and } M\left(\Lambda^{(s+1)} \mid \Sigma^{(s+2)}\right)<M_{s+1}\left(\mathcal{P}^{(s+1)}, \mathcal{Y}_{s+1}^{\lambda_{s+1}}\right)
$$

We have the following remarks:

- Suppose there exists $\Sigma^{(s+2)} \supset \Sigma^{(s+1)}$ with $\Sigma^{(s+1)} \in \mathcal{E}^{(s+1)}$, then $\Sigma^{(s+1)}$ is unique. Otherwise, suppose $\Sigma^{(s+2)}$ contains both $\Sigma_{1}^{(s+1)}, \Sigma_{2}^{(s+1)}$, then there exists $\Lambda^{(s+1)} \subset$ $\Sigma^{(s+2)}=\Sigma_{1}^{(s+1)} \vee \Sigma_{2}^{(s+1)}$, this is a violation of A.4).
- In case that $\Sigma^{(s+2)} \supset \Sigma^{(s+1)}$, then for $\Lambda^{(s+1)} \in \mathcal{L}^{(s+1)}$ with $\Sigma^{(s+2)} \supset \mathcal{L}^{(s+1)}$, we get

$$
M\left(\Sigma^{(s+1)} \mid \Sigma^{(s+2)}\right)=M\left(\Sigma^{(s+1)} \mid \Sigma^{(s+1)} \vee \Lambda^{(s+1)}\right)>N_{s}\left(\mathcal{E}^{(s+1)}, \mathcal{N}_{s}\right)
$$

by A.5.
Finally, for each $\Sigma^{(s+2)} \subset \mathcal{E}^{(s+2)}$, we define the nondegeneracy set $\mathcal{Z}_{s+1}\left(H_{1}, \Sigma^{(s+2)}, \mathcal{Y}_{s+1}^{\lambda_{s+1}}\right)$ to be the subset that for each $\mathcal{B}^{(s+1)}=\left(k_{1}, \cdots, k_{s+1}\right) \subset \Sigma^{(s+2)}$, the pair

$$
\left(H_{p, \mathcal{B}_{e}^{(s+2)}}^{s}, h\left(\mathcal{B}^{(s+1)} \mid \mathcal{B}_{e}^{(s+2)}\right)\right)
$$

is nondegenerate. We then define $\mathcal{Z}_{s+1}\left(H_{1}, \mathcal{E}^{(s+2)}, \mathcal{Y}_{s+1}^{\lambda_{s+1}}\right)$ to be the union over essential resonances $\Sigma^{(s+2)} \in \mathcal{E}^{(s+2)}$.

The following lemma is proven using the type of essential resonances, similar to step 2.

Lemma A.10. Suppose $s+2<n$. There exists an open set $\mathcal{U}_{s+1}^{\prime} \subset \mathcal{U}_{s+1}$ and a relative open set $\tilde{\mathcal{Z}}_{s+1}$ such that the following hold.

1. For each $H_{1} \in \mathcal{U}_{s+1}^{\prime}, \tilde{\mathcal{Z}}_{s+1}$ is compactly contained in $\mathcal{Z}_{s+1}\left(H_{1}, \mathcal{E}^{(s+2)}, \mathcal{Y}_{s+1}^{\lambda_{s+1}}\right)$.
2. The subset

$$
\mathcal{N}_{s+1}:=\mathcal{Y}_{s+1}^{\lambda_{s+1}} \cap \tilde{\mathcal{Z}}_{s+1}
$$

is open, connected, $4^{-s-1} \gamma$-dense in $\mathcal{P}^{(2)}$ and $\left(1-4^{-s-1}\right) \gamma-$ dense in $B^{n}$.

Moreover, if $s+2=n$,

$$
\bigcup_{\Sigma^{(s+2)} \in \mathcal{E}^{(s+2)}} \Gamma_{\Sigma^{(s+2)}} \cap \mathcal{Y}_{s+1}^{\lambda_{s+1}}
$$

is a collection of isolated points. Then the same two points hold with

$$
\tilde{Z}_{s+1}=\bigcup_{\Sigma^{(s+2)} \in \mathcal{E}^{(s+2)}} \Gamma_{\Sigma^{(s+2)}} \cap \mathcal{Y}_{s+1}^{\lambda_{s+1}}
$$

This finishes the construction of the lattices and verification of properties for step $s+1$.

## A.4.4 Concluding the induction

The induction ends when $\mathcal{U}_{n-1}^{\prime}, \mathcal{L}^{(n-1)}, \mathcal{P}^{(n-1)}, \mathcal{N}_{n-1}$ and $\mathcal{E}^{(n)}$ are defined. Then $\mathcal{P}^{(n-1)} \cap \mathcal{N}_{n-1}$ is $\gamma$-dense diffusion path in $\mathcal{B}^{n}$, and for each $p \in \Gamma_{\Lambda^{(n-1)}} \cap \mathcal{N}_{n-1}$, $H_{1} \in \mathcal{U}_{n-1}^{\prime}$, the potential $U_{p, \mathcal{B}^{(n-1)}}$ has at most two $\lambda_{n-1}$-nondegenerate minima.

We then have
Lemma A.11. There exists an open and dense set of $\mathcal{U}_{n-1}^{\prime \prime} \subset \mathcal{U}_{n-1}^{\prime}$ such that $\left[H 1 \lambda_{n-1}\right]$ holds for all $H_{1} \in \mathcal{U}_{n-1}^{\prime \prime}$ on $\mathcal{P}^{(n-1)} \cap \mathcal{N}_{n-1}$.

Moreover, from Lemma A.10 we know that condition [H2] holds on all essential resonances. Therefore, the diffusion path $\mathcal{P}^{(n-1)} \cap \mathcal{N}_{n-1}$ satisfies all the conditions required.

## B Diffusion mechanism and AM property

The goal of this section is to give a short review of diffusion mechanisms. Then we focus on diffusion mechanism using variational methods and discuss difficulties arising in higher dimensions. After that we explain the role of dominant systems.

In Arn64b Arnold proposed the following example

$$
H(q, p, \varphi, I, t)=\frac{I^{2}}{2}+\frac{p^{2}}{2}+\epsilon(1-\cos q)(1-\mu(\sin \varphi+\sin t))
$$

where $q, \varphi$ and $t$ are angles and $p, I \in \mathbb{R}$. This example is a perturbation of the product of a one-dimensional pendulum and a one-dimensional rotator. There is a rich literature on Arnold example and we do not intend to give extensive list of references; we mention AKN06, BB02, CY04 DLS06, Tre04, and references therein.

The important feature of this example is that it has a 3-dimensional NHIC $\Lambda=$ $\{p=q=0\}$, which is the direct product of $\mathbb{R}$ and 2-dimensional torus $\mathbb{T}^{2}$. Later having a 3-dimensional NHIC means that there is a NHIM diffeomorphic to the direct product of $\mathbb{R}$ and 2-dimensional torus $\mathbb{T}^{2}$.

## Whiskered tori and transition chains

In Arn64b Arnold noticed that for each $\omega \in \mathbb{R}$ there are an invariant 2-dimensional torus $\mathbb{T}_{\omega}^{2}=\{p=q=0, I=\omega\}$ having 3-dimensional stable and instable manifolds $W^{s}\left(\mathbb{T}_{\omega}^{2}\right)$ and $W^{u}\left(\mathbb{T}_{\omega}^{2}\right)$ resp. Notice that orbits inside $\mathbb{T}_{\omega}^{2}$ have a well defined rotation number equal to $\omega$.

Call an ordered sequence of tori $\left\{\mathbb{T}_{\omega_{i}}^{2}\right\}_{i}$ transition chain if for each $i$ we have

$$
W^{s}\left(\mathbb{T}_{\omega_{i}}^{2}\right) \text { and } W^{u}\left(\mathbb{T}_{\omega_{i+1}}^{2}\right) \text { intersect transversally. }
$$

In Arn64b proved that for any $a<b$ there is a transition chain such that $\omega_{0}=a$ and $\omega_{N}=b$ for some $N$ and showed that this implies existence of orbits asymptotic to $\mathbb{T}_{b}^{2}$ in the future and to $\mathbb{T}_{a}^{2}$ in the past.

## Generalized transition chains

In Mat91a Mather proposed a diffusion mechanism where invariant tori where replaced by Aubry-Mather invariant sets for twist maps.

For fiber convex superliear time-periodic Hamiltonians $H(\theta, p, t), \theta, t \in \mathbb{T}, p \in \mathbb{R}$ for each rotation number $\omega$ there is a "minimal" invariant set $\mathcal{A}_{\omega}$ consisting "minimal" orbits rotation number $\omega$.

## The 2-torus graph property.

Let $\pi:(\theta, p, t) \rightarrow(\theta, t)$ is the natural projection. Mather proved that each such a set $\mathcal{A}_{\omega}$ is a Lipschitz graph $\pi \mathcal{A}_{\omega}$, i.e. $\pi$ is one-to-one on $\mathcal{A}_{\omega}$ and the inverse $\pi^{-1}: \pi \mathcal{A}_{\omega} \rightarrow \mathcal{A}_{\omega}$ is Lipschitz.

We say that an invariant set $\mathcal{A}_{\omega}$ has a 2-torus graph property, if there is $C^{1}$ smooth map $\pi: T \mathbb{T} \times \mathbb{T} \rightarrow \mathbb{T}^{2}$ having maximal rank in a neighborhood of $\mathcal{A}_{\omega}$ such that $\pi$ is one-to-one on $\mathcal{A}_{\omega}$ and the inverse $\pi^{-1}: \pi \mathcal{A}_{\omega} \rightarrow \mathcal{A}_{\omega}$ is Lipschitz.

- (rational case) if $\omega=p / q$ for some integers $p, q$ with $q>0$ the set $\mathcal{A}_{\omega}$ contains "minimal" periodic orbits.
- (irrational case) if $\omega \notin \mathbb{Q}$ the set $\mathcal{A}_{\omega}$ either a Lipschitz 2-torus, i.e. $\pi \mathcal{A}_{\omega}=\mathbb{T}^{2}$ or contains a suspension of a Denjoy set.


## A generalized transition chain.

Using give a precise meaning of a stable and an unstable set of each invariant set $\mathcal{A}_{\omega}$. These sets are not necessarily manifolds, but still denoted $W^{s}\left(\mathcal{A}_{\omega}\right)$ and $W^{u}\left(\mathcal{A}_{\omega}\right)$ resp. One can give a precise meaning of transverse intersection of these sets using the barrier function. Call it a generalized transverse intersection.

An ordered sequence of "minimal" invariant sets $\left\{\mathcal{A}_{\omega_{i}}\right\}_{i}$ is called a generalized transition chain if

- each invariant set $\mathcal{A}_{\omega_{i}}$ has a 2-torus graph property;
- for each $i$ invariant sets $W^{s}\left(\mathcal{A}_{\omega_{i}}\right)$ and $W^{u}\left(\mathcal{A}_{\omega_{i+1}}\right)$ have a generalized transverse intersection.

In Mat91b; Mat93 Mather proposed a generalization of constuction from Mat91a. Inspired by these ideas, in [Ber08; CY04, CY09] proved that for a generic perturbation in the Arnold example there are generalized transition chains. Moreover, there are orbits shadowing this transition chain.

## An equivalence of invariant sets in a generalized transition chain.

In Ber08] replaces generalized transversality condition with forcing relation. Then he shows that if $\mathcal{A}_{\omega}$ forces $\mathcal{A}_{\omega^{\prime}}$ and vise versa then this is an equivalence relation. In particular, if nearby invariant sets $\mathcal{A}_{\omega_{i}}$ and $\mathcal{A}_{\omega_{i+1}}$ are equivalent, then there are orbits heteroclinic orbits for any pair of invariant sets in a generalized transition chain.

In BKZ11 we construct "short" 3-dimensional NHICs. Then we show that each of such cylinders carries a generalized transition chain. Moreover, all invariant sets in such a chain are equivalent and, therefore, there are orbits connecting any pair of invariant sets in this transition chain.

In KZ13 we construct a "connected" collection of 3-dimensional NHICs and show that each cylinder carries a generalized transition chain.

## The 2-torus graph and AM properties.

Partial averaving of nearly integrable system $H_{\epsilon}=H_{0}+\epsilon H_{1}$ near a resonant manifold leads to a mechanical system of $d \leqslant n$ degrees of freedom

$$
H(\varphi, I)=K(I)-U(\varphi), \quad \varphi \in \mathbb{T}^{d}, I \in \mathbb{T}^{d}
$$

where $K(I)$ is a positive definite quadratic form and $U$ is a sufficiently smooth function (see 1.2 ).

In order to find "minimal" invariant set having the 2 -torus graph property

- we construct 3 -dimensional NHICs;
- we prove that each 3-dimensional NHIC contains a family of "minimal" invariant set and each such a set is localized.
- due to localization we prove that the projection along the action component onto the 2 -torus $\mathbb{T}^{2}$ is one-to-one with a Lipchitz inverse.

In order to construct a 3 -dimensional NHIC for $H_{\epsilon}$ near a maximal order resonance it suffices to construct a 2-dimensional NHIC, diffeomorphic to the standard cylinder, for the averaged mechanical system $H$.

Due to concervation of energy each 2-dimensional NHIC consists of "minimal" hyperbolic periodic orbits. This leads to the following problem:

Construct a family of "minimal" invariant sets consisting of hyperbolic periodic orbits!

In the case $d=2$ it suffices to consider minimal sets with rational rotation vectors. Indeed, generically minimal sets with rational rotation vector is a hyperbolic periodic orbit. In the case $d>2$ it is not longer true as the well-know Hedlund example shows (see e.g. [Lev97]).

More exactly, if we consider an integer homology $h$ on $\mathbb{T}^{d}$ and consider infinite minimizers of homology class $h$, i.e. the Aubry set $\mathcal{A}(h)$ (see section 5.1 for precise definition). Then

- $\mathcal{A}(h)$ does not have to consist of periodic orbits or does not even have to have countably many invariant components (see e.g. Mat04).
- $\mathcal{A}(h)$ consisting of periodic orbits do not guarantee they have homology $h$ (see [Lev97]).
- In the class of Tonelli Hamiltonians minimization within the class of closed loops in some homology class $h$ might lead to non-hyperbolic minimal periodic orbits (see Arn98]).

The AM property guarantee all these properties.

## The jump.

In [KZ13] section 12 we show that for each pair of "crossing" cylinders there is a jump from an invariant set from one generalized transition chain with another one. The jump, in particular, means that these invariant sets are equivalent and, therefore, invariant sets from both generalized transition chains are equivalent.

One of the main conclusions of this paper is that we construct a diffusion path $\Gamma$ and a "connnected" collection 3-dimensional NHICs and show each of these cylinders carries a collection of invariant sets haing 2-torus property.

Using the technique from BKZ11; KZ13 it should imply that invariant sets in each cylinder form a generalized transition chain and are equivalent.

Aside of many technical details we beleive that the only important missing part of construction of diffusing orbits along the path $\Gamma$ is the jump. Construction of a variational problem leading to the jump for $3 \frac{1}{2}$-degree of freedom is in section 8 KZ14.

## C Normally hyperbolic invariant manifolds

In this section we state a version of the center manifold theorem and prove Corollary 2.3 . While the central manifold theorem is classical, we need an version whose center direction is a non-compact set equipped with a Riemannian metric. This is done in the first two subsections. In the last subsection, we perform a reduction on our system to apply the central manifold theorem.

## C. 1 Normally hyperbolic invariant manifolds via isolation block

We state an abstract theorem on existence of normally hyperbolic invariant manifolds for a smooth map F. based on Conley's isolation blocks (see McGehee, McG73]).

We introduce a set of notations. We have three components $x \in \mathbb{R}^{s}, y \in \mathbb{R}^{u}, z \in$ $\Omega^{c} \subset \mathbb{R}^{c}$, where $\Omega^{c}$ is a (possibly unbounded) convex set. We assume that $\Omega^{c}$ admits a $C^{1}$ complete Riemannian metric $g$. We also consider a Riemannian metric on the product space $W=\mathbb{R}^{s} \times \mathbb{R}^{u} \times \Omega^{c}$ by taking the tensor product of $g$ and $\Omega^{c}$, and the standard Euclidean metric on $\mathbb{R}^{s}, \mathbb{R}^{u}$.

Fix some $r>0$ and let $D^{s} \subset \mathbb{R}^{s}$ and $D^{u} \subset \mathbb{R}^{u}$ be closed balls of radius $r$ at the origin in $\mathbb{R}^{s}$ and $\mathbb{R}^{u}$ ( $r$ is considered fixed and we omit the dependence). Denote $D^{s c}=D^{s} \times \Omega^{c}, D^{u c}=D^{u} \times M$ and $D=D^{s c} \times D^{u}$.

Consider a $C^{1}$ smooth map

$$
F: D=D^{s} \times D^{u} \times \Omega^{c} \rightarrow \mathbb{R}^{s} \times \mathbb{R}^{u} \times \Omega^{c}
$$

we state a set of conditions guaranteeing the set

$$
W^{s c}(F)=\left\{Z \in D: F^{k}(Z) \in D \text { for all } k>0\right\}
$$

called the center-stable manifold, is a graph $\left\{(X, Y) \in D^{s c} \times D^{u}: w^{s c}(X)=Y\right\}$ for a $C^{1}$ function $w^{s c}$.
$[\mathrm{C} 1] \pi_{s c} F\left(D^{s c} \times D^{u}\right) \subset D^{s c}$.
[C2] $F$ maps $D^{s c} \times \partial D^{u}$ into $D^{s c} \times \mathbb{R}^{u} \backslash D^{u}$ and is a homotopy equivalence.
The first two conditions guarantee a topological isolating block: $F$ stretches $D^{s c} \times B^{u}$ along the unstable component $D^{u}$ and is a weak contraction along the center-stable component $D^{s c}$.

Now we state the cone conditions. For some $\mu>0$

$$
C_{\mu}^{u}(Z)=\left\{v=\left(v^{c}, v^{s}, v^{u}\right) \in T_{Z} D: \mu\left\|v^{u}\right\|^{2} \geqslant\left\|v^{c}\right\|^{2}+\left\|v^{s}\right\|^{2}\right\} .
$$

Note that

$$
\left(C_{\mu}^{u}(Z)\right)^{c}=\left\{v=\left(v^{c}, v^{s}, v^{u}\right) \in T_{Z} D: \mu^{-1}\left(\left\|v^{c}\right\|^{2}+\left\|v^{s}\right\|^{2}\right) \geqslant\left\|v^{u}\right\|^{2}\right\}=: C_{\mu^{-1}}^{s c}(Z) .
$$

Let us also define

$$
K_{u}^{\mu}\left(x_{1}, y_{1}, z_{1}\right)=\left\{\left(x_{2}, y_{2}, z_{2}\right): \mu\left\|y_{2}-y_{1}\right\|^{2} \geqslant\left\|x_{2}-x_{1}\right\|^{2}+\operatorname{dist}\left(z_{1}, z_{2}\right)^{2}\right\}
$$

where the distance is induced by the Riemannian metric $g$.
We assume there is $\mu>1$ and $\nu>1$ with the property that for any $Z_{1}, Z_{2} \in D$ such that $Z_{2} \in K_{u}^{\mu}\left(Z_{1}\right)$ we have
[C3] $F\left(Z_{2}\right) \in K_{\mu}^{u}\left(F\left(Z_{1}\right)\right)$.
$[\mathrm{C} 4]\left\|\pi_{u}\left(F\left(Z_{2}\right)-F\left(Z_{1}\right)\right)\right\| \geqslant \nu\left\|\pi_{u}\left(Z_{2}-Z_{1}\right)\right\|$.
Proposition C.1. (Lipshitz center-stable manifold theorem) Suppose $F$ satisfies conditions [C1-C4], then $W^{s c}(F)$ is given by the graph of a Lipschitz function

$$
W^{s c}(F)=\left\{(x, y, z) \in D: w^{s c}(x, z)=y\right\} .
$$

Moreover, for Lebesgue almost every $Z \in W^{\text {sc }}(F)$, we have

$$
T_{Z} W^{s c}(F) \in C_{\mu^{-1}}^{s c}(Z)
$$

In order to obtain the center-unstable manifold, consider the involution $I:(x, y, z) \mapsto$ $(y, x, z)$ and assume $\operatorname{inv}(F)=I \circ F^{-1} \circ I^{-1}$ satisfies the same conditions.

Theorem C.2. Assume that $F, \operatorname{inv}(F)$ satisfies the conditions [C1-C4], there exists a $C^{1}$ function $w^{c}: M \rightarrow D$ such that

$$
W^{c}(F):=W^{s c}(F) \cap W^{u c}(F)=\left\{(x, y, z) \in D:(x, y)=w^{c}(z)\right\} .
$$

Proof. Proposition C. 1 implies the existence of Lipshitz functions $w^{u c}: D^{u c} \rightarrow D$ and $w^{s c}: D^{s c} \rightarrow D$, with

$$
W^{s c}(F)=\left\{x=w^{s c}(y, z)\right\}, \quad W^{u c}(F)=W^{s c}(\operatorname{inv}(F))=\left\{y=w^{u c}(x, z)\right\} .
$$

Then standard arguments (see Theorem 5.18 in [Shu87]) implies these functions are $C^{1}$. The fact that $\mu>1$ and

$$
T_{Z} W^{s c}(F) \in C_{\mu^{-1}}^{s c}(Z), \quad T_{Z} W^{u}(F) \in C_{\mu^{-1}}^{s c}(Z)
$$

implies $W^{s c}(F)$ and $W^{u c}(F)$ intersect transversally, and $W^{s c}(F) \cap W^{u c}(F)$ is a graph over the center component $M$.

## C. 2 Existence of Lipschitz invariant manifolds

We prove Proposition C.1. Let $\mathcal{V}$ be the set $\Gamma \subset D$ satisfying the following conditions: (a) $\pi_{u} \Gamma=D^{u}$, (b) $Z_{2} \in K_{\mu}^{u}\left(Z_{1}\right)$ for all $Z_{1}, Z_{2} \in \Gamma$, where $\pi_{u}$ is the projection to the unstable component. These conditions ensures $\pi_{u}: \Gamma \rightarrow D^{u}$ is one-to-one and onto, therefore $\Gamma$ is a graph over $D^{u}$. Moreover, condition (b) further implies that the graph is Lipshitz. In particular, each $\Gamma \in \mathcal{V}$ is a topological disk.

Lemma C.3. Let $\Gamma \in \mathcal{V}$, then $F(\Gamma) \cap D \in \mathcal{V}$.
Proof. By [C4] for any $Z_{1}$ and $Z_{2}$ we have that $F\left(Z_{2}\right)$ belongs to the cone $K_{F\left(Z_{1}\right)}^{u}$ of $F\left(Z_{1}\right)$. Thus, it suffices to show that $D^{u} \subset \pi_{u}(F(\Gamma) \cap D)$. The proof is by contradiction. Suppose there is $Z_{*} \in B^{u}$ such that $Z_{*} \notin \pi_{u}(F(\Gamma))$.

We have the following commutative diagram


From $[\mathrm{C} 2]$ and using the fact that $B^{s}$ and $\Omega^{c}$ are contractible, $\pi_{u} \circ F \mid \Gamma$ is a homotopy equivalence. Note that $i_{2}$ is a homotopy equivalences, and $\pi_{u} \circ F \mid \Gamma$ is a homeomorphism onto its image. Let $h$ and $g$ be the homotopy inverses of $\pi_{u} \circ F \mid \partial \Gamma$ and $i_{2}$, then $h \circ g \circ\left(\pi_{u} \circ F\right)$ defines a homotopy inverse of $i_{1}$. As a result $\Gamma$ is homotopic to $\partial \Gamma$, this is a contradiction.

Proposition C. 1 follows from the next statement.
Proposition C.4. The mapping $\pi_{s c}: W^{s c}(F) \rightarrow D^{s c}$ is one-to-one and onto, therefore it is the graph of a function $w^{s c}$. Moreover $w^{s c}$ is Lipshitz and

$$
T_{Z} W^{s c}(F) \in\left(C_{\mu}^{u}(Z)\right)^{c}=C_{\mu^{-1}}^{s c}(Z), \quad Z \in W^{s c}(F)
$$

Proof. For each $X \in D^{s c}$, we define $\Gamma_{X}=\left(\pi_{s c}\right)^{-1} X$, clearly $\Gamma_{X} \in \mathcal{V}$. We first show $\Gamma_{X} \cap W^{s c}(F)$ is nonempty and consists of a single point. Assume first that $\Gamma_{X} \cap$ $W^{s c}(F)$ is empty. Then by definition of $W^{s c}(F)$, there is $n \in \mathbb{N}$ such that $F^{n}\left(\Gamma_{X}\right) \cap$ $D=\varnothing$. However, by Lemma C.3, $\bigcap_{i=1}^{n} F^{i}\left(\Gamma_{X}\right) \cap D \in \mathcal{V}$ is always nonempty, a contradiction. We now consider two points $Z_{1}, Z_{2} \in W^{s c}(F)$ with $\pi_{u} Z_{1}=\pi_{u} Z_{2}$. Note that $F^{k}\left(Z_{1}\right), F^{k}\left(Z_{2}\right) \in D$ for all $k \geqslant 0$, and $Z_{2} \in K_{\mu}^{u}\left(Z_{1}\right)$, by [C4] we have

$$
2 \geqslant\left\|\pi_{u}\left(F^{k}\left(Z_{1}\right)-F^{k}\left(Z_{2}\right)\right)\right\| \geqslant \nu^{k}\left\|\pi_{u}\left(Z_{1}-Z_{2}\right)\right\|
$$

for all $k$, which implies $Z_{1}=Z_{2}$.
The last argument actually shows $Z_{2} \notin K_{\mu}^{u}\left(Z_{1}\right)$ for all $Z_{1}, Z_{2} \in W^{s c}(F)$. For any $\epsilon>0$, for $Z_{1}=\left(X_{1}, Y_{1}\right), Z_{2}=\left(X_{2}, Y_{2}\right) \in W^{s c}(F)$ with $\operatorname{dist}\left(X_{1}, X_{2}\right)$ small, we have $\left\|Y_{1}-Y_{2}\right\| \leqslant \mu^{-\frac{1}{2}} \operatorname{dist}\left(X_{1}, X_{2}\right)$. This implies both the Lipshitz and the cone properties in our proposition.

## C. 3 NHIC for the dominant system

We prove Corollary 2.3 in this section. First, an overview of notations.

1. The strong Hamiltonian is $H^{\text {st }}=\mathcal{H}^{\text {st }}\left(p_{0}, \mathcal{B}^{\text {st }}, U^{\text {st }}\right)$ defined on $\mathbb{T}^{m} \times \mathbb{R}^{m}$, and its associated Lagrangian vector field is $X^{\text {st }}$ (see (2.7)). We call the We denote the time-1-map of $X^{\text {st }}$ by $G_{0}^{\text {st }}$ and we will lift it to the universal cover $\mathbb{R}^{m} \times \mathbb{R}^{m}$ without changing its name.
2. The vector field $X^{\text {st }}$ is extended trivially to $\left(\mathbb{T}^{m} \times \mathbb{R}^{m}\right) \times\left(\mathbb{T}^{d-m} \times \mathbb{R}^{d-m}\right)$ (see (2.10). The time-1-map is denoted $G_{0}$, and we have $G_{0}=G_{0}^{\text {st }} \times$ Id. We will also lift it to the universal cover with the same name.
3. The slow Hamiltonian is $H^{s}=\mathcal{H}^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\text {wk }}, p_{0}, U^{\text {st }}, \mathcal{U}^{\text {wk }}\right)$, and consider its Lagrangian vector field $X_{\text {Laq }}^{s}$. We apply a coordinate change ( $\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, v^{\mathrm{wk}}$ ) = $\Phi\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}, \varphi^{\mathrm{wk}}, I^{\mathrm{wk}}\right)$ as in (2.8), and a rescaling $\Phi_{\Sigma}$ as defined in (2.12). The new vector field is denoted $\tilde{X}^{s}$ (see (2.9), (2.12)). We denote its time-1-map $G$, which is considered a map on the Euclidean space $\mathbb{R}^{m} \times \mathbb{R}^{m} \times \mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$.

By Theorem 2.2, we have:
Corollary C.5. Assume that $\left(\mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right) \in \Omega_{\kappa, q}^{m, d}\left(\mathcal{B}^{\text {st }}\right)$, then for any $\delta_{1}>0$, there exists $M>0$ such that for all $\left(\mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\mathrm{st}}, \mathcal{U}^{\mathrm{wk}}\right)$ with $\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M$, uniformly on $\mathbb{R}^{m} \times \mathbb{R}^{m} \times \mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$, we have

$$
\left\|\Pi_{\left(\varphi^{\mathrm{st}}, v^{\mathrm{st}}\right)}\left(G-G_{0}\right)\right\|<\delta_{1}, \quad\left\|D G-D G_{0}\right\|<\delta_{1}
$$

By assumption, the Hamiltonian flow $H^{\text {st }}$ admits an NHIC $\chi^{\text {st }}\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)$, where $\chi^{\text {st }}$ is an embedding. Therefore $G_{0}^{\text {st }}$ admits an NHIC $\Lambda_{a}^{\text {st }}=\Phi^{-1} \circ\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)$ with the exponents $\alpha, \beta$. We use local coordinates in a tubular neighborhood to simplify the setting.

Lemma C.6. There exists a tubular neighborhood $N\left(\Lambda_{a}^{\text {st }}\right) \subset \mathbb{T}^{m} \times \mathbb{R}^{m}$ of $\Lambda_{a}^{\text {st }}$ and $a$ diffeomorphism

$$
h^{\text {st }}: B_{1}^{l} \times B_{1}^{l} \times\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right) \rightarrow N\left(\Lambda_{a}^{\text {st }}\right)
$$

such that:

1. $h^{\text {st }}(0,0, z)=\chi^{\text {st }}(z)$, in particular $h^{\text {st }}\left(\mathcal{C}_{a}^{\text {st }}\right):=h^{\text {st }}\left(\{0\} \times\{0\} \times\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)\right)=\Lambda_{a}^{\text {st }}$.
2. For the map $F_{0}^{\mathrm{st}}:=\left(h^{\mathrm{st}}\right) \circ G_{0}^{\mathrm{st}} \circ\left(h^{\mathrm{st}}\right)^{-1}$ :
(a) $\mathcal{C}_{a}^{\text {st }}$ is an NHIC for $F_{0}^{\text {st }}$ with the same exponents $\alpha, \beta$.
(b) The associated stable/unstable bundles take the form

$$
E^{s}=\mathbb{R}^{l} \times\{0\} \times\{0\}, \quad E^{u}=\{0\} \times \mathbb{R}^{l} \times\{0\}
$$

In particular, $D F_{0}^{\text {st }}$ is a block diagonal matrix in the blocks corresponding to the three components.
(c) Let $g_{0}$ denote the Euclidean metric. Then there exists a Riemannian metric $g$ on $\mathbb{T}^{l} \times B_{1+a}^{l}$ such that the tensor metric $g_{0} \otimes g_{0} \otimes g$ on $B_{1}^{l} \times B_{1}^{l} \times\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)$ is an adapted metric for the NHIC $\mathcal{C}_{a}^{\text {st }}$.

Proof. We use the bundles $E^{u}, E^{s}$, and the parametrization $\chi^{\text {st }}$ of $\Lambda_{a}^{\text {st }}$ to build a coordinate system for the normal bundle to $\Lambda_{a}^{\text {st }}$, which is diffeomorphic to the tubular neighborhood. We then pull back the adapted metric of $\Lambda_{a}^{\text {st }}$ using this map to $\mathcal{C}_{a}^{\text {st }}$.

Denote $\Omega^{\mathrm{wk}}=\mathbb{R}^{d-m} \times \mathbb{R}^{d-m}$ and consider the trivial extension

$$
h: B_{1}^{l} \times B_{1}^{l} \times\left(\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right) \times \Omega^{\mathrm{wk}}\right) \rightarrow N\left(\Lambda_{a}^{\mathrm{st}}\right) \times \Omega^{\mathrm{wk}}
$$

by $h\left(x, y,\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right)\right)=\left(h^{\mathrm{st}}\left(x, y, z^{\mathrm{st}}\right), z^{\mathrm{wk}}\right)$. Define the following maps

$$
\begin{equation*}
F_{0}=h^{-1} \circ G_{0} \circ h=\left(F_{0}^{\mathrm{st}}, \mathrm{Id}\right), \quad F=h^{-1} \circ G \circ h \tag{C.2}
\end{equation*}
$$

Finally, to apply Theorem C.2, we denote $\Omega_{a}^{\text {st }}=\mathbb{R}^{l} \times B_{1+a}^{l}$ which is the universal cover of $\mathbb{T}^{l} \times B_{1+a}^{l}$. We lift the maps $F_{0}, F$ to the covering space without changing their names, namely

$$
F, F_{0}: B_{1}^{l} \times B_{1}^{l} \times\left(\Omega_{1+a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}\right) \circlearrowleft
$$

$\Omega_{1+a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}$ is our center component and is denoted $\Omega$. While the maps are defined on unbounded regions, we keep in mind that $F_{0}=\left(F_{0}^{\text {st }}\right.$, Id $)$ where $F_{0}^{\text {st }}$ is defined on a compact set $B_{1}^{l} \times B_{1}^{l} \times\left(\mathbb{T}^{l} \times B_{1+a}^{l}\right)$.

We still need one reduction to apply Theorem C.2. Recall that $\Omega_{a}^{\text {st }}=\mathbb{R}^{l} \times B_{1+a}^{l}$. Write $F_{0}=\left(F_{0}^{x}, F_{0}^{y}, F_{0}^{z}\right)$, define

$$
\begin{equation*}
L(x, y, z)=\left(D_{x} F_{0}^{x}(0,0, z) \cdot x, D_{y} F_{0}^{y}(0,0, y) \cdot y, F_{0}^{z}(0,0, z)\right) \tag{C.3}
\end{equation*}
$$

this is the linearized map at $(0,0, z)$ (we used $F_{0}(0,0, z)=\left(0,0, F_{0}^{z}\right)$, and $D F_{0}$ is block diagonal from Lemma C.6). since $F_{0}=\left(F_{0}^{\text {st }}, \mathrm{Id}\right)$ and $F_{0}^{\text {st }}$ is defined over a compact set, we obtain as $r \rightarrow 0$,

$$
\begin{equation*}
\left\|L-F_{0}\right\|=o(r), \quad\left\|D L-D F_{0}\right\|=o(1) \text { on } B_{r}^{l} \times B_{r}^{l} \times\left(\Omega_{a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}\right) \tag{C.4}
\end{equation*}
$$

Moreover, since $F_{0}$ preserves $\{0\} \times\{0\} \times \partial \Omega$, we get

$$
\begin{equation*}
L\left(B_{1}^{l} \times B_{1}^{l} \times \partial \Omega\right) \subset \mathbb{R}^{l} \times \mathbb{R}^{l} \times \partial \Omega \tag{C.5}
\end{equation*}
$$

Namely, the linearized map $L$ preserves the boundary of the center component. Finally, we modify the map $F$ so that it also fixes the center boundary. Let $\rho$ be a standard mollifier satisfying

$$
\begin{cases}\rho\left(x, y,\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right)\right)=\rho\left(z^{\mathrm{st}}\right)=0 & z^{\mathrm{st}} \in \Omega_{0}^{\mathrm{st}} \\ \rho\left(x, y,\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right)\right)=\rho\left(z^{\mathrm{st}}\right)=1 & z^{\mathrm{st}} \in \Omega_{a}^{\mathrm{st}} \backslash \Omega_{a / 2}^{\mathrm{st}}\end{cases}
$$

Let

$$
\begin{equation*}
\tilde{F}=F(1-\rho)+L \rho, \tag{C.6}
\end{equation*}
$$

we have:
Lemma C.7. For any $\mu>1, \epsilon>0$ and $r_{0}>0$, there exists $\delta_{1}>0$ and $0<r<r_{0}$ such that if $G$ and $G_{0}$ satisfies

$$
\left\|\Pi_{\left(\varphi^{\text {st }}, v^{s t}\right)}\left(G-G_{0}\right)\right\|<\delta_{1}, \quad\left\|D G-D G_{0}\right\|<\delta_{1}
$$

the map $\tilde{F}$ defined by (C.2), (C.3) and (C.6) satisfies conditions [C1]-[C4] with the parameters $\mu$ and $\nu=\alpha^{-1}-\epsilon$ on $B_{r}^{l} \times B_{r}^{l} \times \Omega$. The same hold for the map $\operatorname{inv}(\tilde{F})$.

Proof. First of all, from Lemma C.6, $D F_{0}(0,0, z)=\operatorname{diag}\left\{D_{x} F_{0}^{x}, D_{y} F_{0}^{y}, D_{z} F_{0}^{z}\right\}$ with

$$
\begin{equation*}
\left\|D_{x} F_{0}^{x}\right\|,\left\|\left(D_{y} F_{0}^{y}\right)^{-1}\right\|^{-1} \leqslant \alpha, \quad\left\|D_{z} F_{0}^{z}\right\|,\left\|\left(D_{z} F_{0}^{z}\right)^{-1}\right\| \geqslant \beta \tag{C.7}
\end{equation*}
$$

Recall that $F_{0}=\left(F_{0}^{\text {st }}\right.$, Id $)$ where $F_{0}^{\text {st }}$ is defined over a compact set. Therefore for sufficiently small $r>0$, we have

$$
\left\|\Pi_{x} F_{0}(x, y, z)\right\| \leqslant(\alpha+\epsilon)\|x\|, \quad\left\|\Pi_{y} D F_{0}(x, y, z)\right\| \geqslant(\alpha+\epsilon)^{-1}\|y\|
$$

hence

$$
\Pi_{x} F_{0}\left(B_{r}^{l} \times B_{r}^{l} \times \Omega\right) \subset B_{(\alpha+\epsilon) r}^{l}, \quad\left\|\Pi_{y} F_{0}\left(B_{r}^{l} \times \partial B_{r}^{l} \times \Omega\right)\right\| \geqslant(\alpha+\epsilon)^{-1} r
$$

Since $\left\|\tilde{F}-F_{0}\right\| \leqslant\left\|(1-\rho)\left(F-F_{0}\right)\right\|+\left\|\rho\left(L-F_{0}\right)\right\|,\left\|\Pi_{(x, y)}\left(F-F_{0}\right)\right\| \leqslant C \| \Pi_{\left(\varphi^{s t}, v^{\mathrm{st}}\right)}(G-$ $\left.G_{0}\right) \| \leqslant C \delta_{1}$, and $\left\|L-F_{0}\right\|=o(r)$, by choosing $\delta_{1}, r$ small enough, we get

$$
\Pi_{x} \tilde{F}\left(B_{r}^{l} \times B_{r}^{l} \times \Omega\right) \subset B_{r}^{l}, \quad\left\|\Pi_{y} \tilde{F}\left(B_{r}^{l} \times \partial B_{r}^{l} \times \Omega\right)\right\|>r
$$

The first half of the above formula combined with (C.5) gives [C1], and the second half gives [C2].

We now prove the cone conditions [C3] and [C4]. We first show the map $\tilde{F}$ is well approximated by the linearized map $D F_{0}(0,0, z)$. Given any $\epsilon>0$, we use Corollary C.5 to choose $\delta_{1}$ so small such that

$$
\left\|D\left(F-F_{0}\right)\right\|+\left\|\Pi_{z^{\mathrm{st}}}\left(F-F_{0}\right)\right\|\|d \rho\| \leqslant C\left\|D\left(G-G_{0}\right)\right\|+\left\|\Pi_{\varphi^{\mathrm{st}}, w^{\mathrm{st}}}\left(G-G_{0}\right)\right\|\|d \rho\|<\epsilon / 2
$$

By (C.4), we can choose $r_{1}$ such that for $0<r<r_{1},\left\|D\left(F_{0}-L\right)\right\|+\left\|F_{0}-L\right\|\|d \rho\|<\epsilon / 2$ on $B_{r}^{l} \times B_{r}^{l} \times\left(\Omega_{a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}\right)$. Then from $\tilde{F}=F+(L-F) \rho$, and the fact that $\rho$ depends only on $z^{\text {st }}$ gives

$$
\begin{aligned}
& \|D \tilde{F}(x, y, z)-D L(x, y, z)\| \leqslant\|D F-D L\|+\left\|\Pi_{z^{s t}}(F-L)\right\|\|d \rho\| \\
& \quad \leqslant\left\|D\left(F-F_{0}\right)\right\|+\left\|D\left(F_{0}-L\right)\right\|+\left(\left\|\Pi_{z^{s t}}\left(F-F_{0}\right)\right\|+\left\|\Pi_{z^{s t}}\left(F_{0}-L\right)\right\|\right)\|d \rho\|<\epsilon
\end{aligned}
$$

Consider $\left(x_{1}, y_{1}, z_{1}\right),\left(x_{2}, y_{2}, z_{2}\right) \in B_{r}^{l} \times B_{r}^{l} \times \Omega$, denote $(\Delta x, \Delta y, \Delta z)=\left(x_{2}, y_{2}, z_{2}\right)-$ $\left(x_{1}, y_{1}, z_{1}\right)$ and $d=\|\Delta x\|+\|\Delta y\|+\operatorname{dist}\left(z_{1}, z_{2}\right)$. For $d$ small enough

$$
\begin{aligned}
& \left\|\tilde{F}\left(x_{2}, y_{2}, z_{2}\right)-\tilde{F}\left(x_{1}, y_{1}, z_{1}\right)-D F_{0}(0,0, z)(\Delta x, \Delta y, \Delta z)\right\| \\
& =\| L\left(x_{2}, y_{2}, z_{2}\right)-L\left(x_{1}, y_{1}, z_{1}\right)+(\tilde{F}-L)\left(x_{2}, y_{2}, z_{2}\right)-(\tilde{F}-L)\left(x_{1}, y_{1}, z_{1}\right) \\
& -D F_{0}\left(0,0, z_{1}\right)(\Delta x, \Delta y, \Delta z) \| \\
& \leqslant\left\|D(\tilde{F}-L)\left(x_{1}, y_{1}, z_{1}\right)\right\| d \leqslant \epsilon d
\end{aligned}
$$

To prove [C3], we first show the linear map preserves the unstable cone. For any $\mu>1$ and $\left(v_{x}, v_{y}, v_{z}\right) \in T_{\left(x_{1}, y_{1}, z_{1}\right)} B_{r}^{l} \times B_{r}^{l} \times \Omega$ with $\mu\left\|v^{y}\right\|^{2} \geqslant\left\|v^{z}\right\|^{2}+\left\|v^{x}\right\|^{2}$, let $\left(v_{x}^{\prime}, v_{y}^{\prime}, v_{z}^{\prime}\right)=D F_{0}(0,0, z)\left(v_{x}, v_{y}, v_{z}\right)$, we have

$$
\mu\left\|v_{y}^{\prime}\right\|^{2} \geqslant \mu \alpha^{-1}\left\|v_{y}\right\|^{2} \geqslant \alpha^{-1}\left(\left\|v_{x}\right\|^{2}+\left\|v_{z}\right\|^{2}\right) \geqslant \alpha^{-1}\left(\left\|v_{x}^{\prime}\right\|^{2}+\beta\left\|v_{z}^{\prime}\right\|^{2}\right) \geqslant \frac{\beta}{\alpha}\left(\left\|v_{x}^{\prime}\right\|^{2}+\left\|v_{z}^{\prime}\right\|^{2}\right)
$$

In other words, for any $\mu>1$, we have $D F_{0}(0,0, z) C_{\mu}^{u} \subset C_{\alpha \mu / \beta}^{u}$.
Coming to the non-linear map $\tilde{F}$, for $\left(x_{1}, y_{1}, z_{1}\right),\left(x_{2}, y_{2}, z_{2}\right) \in B_{r}^{l} \times B_{r}^{l} \times \Omega$, let $\left(x_{i}^{\prime}, y_{i}^{\prime}, z_{i}^{\prime}\right)=\tilde{F}\left(x_{i}, y_{i}, z_{i}\right)$, and $(\Delta x, \Delta y, \Delta z),\left(\Delta x^{\prime}, \Delta y^{\prime}, \Delta z^{\prime}\right)$ be the corresponding difference. If $\left(x_{2}, y_{2}, z_{2}\right) \in K_{\mu}^{u}\left(x_{1}, y_{1}, z_{1}\right)$, then $\mu\|\Delta y\|^{2} \geqslant\|\Delta x\|^{2}+\operatorname{dist}\left(z_{1}, z_{2}\right)^{2}$. In particular $\operatorname{dist}\left(z_{1}, z_{2}\right)^{2} \leqslant \mu\|\Delta y\|^{2} \leqslant \mu r^{2}$. When $r$ is small enough $\|\left(\Delta x^{\prime}, \Delta y^{\prime}, \Delta z^{\prime}\right)-$ $D F_{0}\left(0,0, z_{1}\right)(\Delta x, \Delta y, \Delta z) \| \leqslant \epsilon d$. Furthermore assume $r$ is so small that $(1-\epsilon) \operatorname{dist}\left(z, z^{\prime}\right) \leqslant$ $\|\Delta z\|_{\left(0,0, z_{1}\right)} \leqslant(1+\epsilon) \operatorname{dist}\left(z, z^{\prime}\right)$, where $\|\Delta z\|_{\left(0,0, z_{1}\right)}$ is measured using the local Riemannian metric. We drop the subscript from now on. Using the linear calculation, there exists a uniform constant $C>1$ such that

$$
\begin{array}{r}
\mu\left\|\Delta y^{\prime}\right\|^{2} \geqslant \frac{\beta}{\alpha}\left(\left\|\Delta x^{\prime}\right\|^{2}+\left\|\Delta z^{\prime}\right\|^{2}\right)-C \epsilon^{2} d^{2} \geqslant \frac{\beta}{\alpha}\left(\left\|\Delta x^{\prime}\right\|^{2}+\left\|\Delta z^{\prime}\right\|^{2}\right)-C(1+\mu) \epsilon^{2}\|\Delta y\|^{2} \\
\geqslant(1-\epsilon) \frac{\beta}{\alpha}\left(\left\|\Delta x^{\prime}\right\|^{2}+\operatorname{dist}\left(z_{1}^{\prime}, z_{2}^{\prime}\right)^{2}\right)-C^{2}(1+\mu) \epsilon^{2}\left\|\Delta y^{\prime}\right\|^{2}
\end{array}
$$

noting that $\left\|D \tilde{F}^{-1}\right\|,\|D \tilde{F}\|$ are uniformly bounded. When $\epsilon$ is small enough we get $\mu\|\Delta y\|^{2} \geqslant\|\Delta x\|^{2}+\operatorname{dist}\left(z_{1}^{\prime}, z_{2}^{\prime}\right)^{2}$. [C3] is proven.
[C4] follows directly from $\left\|\left(\Delta x^{\prime}, \Delta y^{\prime}, \Delta z^{\prime}\right)-D F_{0}\left(0,0, z_{1}\right)(\Delta x, \Delta y, \Delta z)\right\| \leqslant \epsilon d$ and (C.7). The proof for $\operatorname{inv}(\tilde{F})$ is identical and is omitted.

Proof of Corollary 2.3. For any $\delta>0$, we choose $0<r<\delta / C$ and $\mu>1$, where $C$ is a constant specified later. Apply Lemma C.7, there exists $M>0$ such that whenever $\mu\left(\mathcal{B}^{\mathrm{wk}}\right)>M$, the map $\tilde{F}$ associated to $H^{s}\left(\mathcal{B}^{\text {st }}, \mathcal{B}^{\mathrm{wk}}, p_{0}, U^{\text {st }}, \mathcal{U}^{\mathrm{wk}}\right)$ satisfies [C1]-[C4] on $B_{r}^{l} \times B_{r}^{l} \times\left(\Omega_{a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}\right)$. As a result, we obtain a function $w^{c}: \Omega_{a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}} \rightarrow B_{r}^{m-l} \times B_{r}^{m-l}$ such that

$$
W^{c}=\operatorname{Graph}\left(w^{c}\right)=\left\{\left(x, y,\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right)\right):(x, y)=w^{c}\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right)\right\}
$$

is invariant under $\tilde{F}$, and is the maximally invariant set on $B_{r}^{m-l} \times B_{r}^{m-l} \times \Omega_{a}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}$. Since $\tilde{F}=F$ on whenever $z^{\text {st }} \in \Omega_{0}^{\text {st }}$, any $F$ invariant set with $z^{\text {st }} \in \Omega_{0}^{\text {st }}$ is also $\tilde{F}$ invariant and hence is contained in $W^{c}$. We now consider the map

$$
\zeta:\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right) \mapsto h\left(w^{c}\left(z^{\mathrm{st}}, z^{\mathrm{wk}}\right), z^{\mathrm{st}}, z^{\mathrm{wk}}\right)
$$

then $\operatorname{Graph}(\zeta)$ is an $F$-invariant set. Finally we invert the coordinate changes (2.8) and (2.12) to obtain the desired embedding $\eta^{s}=\Phi \circ \Phi_{\Sigma} \circ(\zeta$, Id $)$.

Moreover, we have $\left\|w^{c}\right\|_{C^{0}} \leqslant r$, using the fact that $h^{\text {st }}(0,0, z)=\chi^{\text {st }}(z)$, and that $\Phi$ does not change the strong component, there is $C>0$ such that $\left\|\zeta-\Phi^{-1} \circ \chi^{\text {st }}\right\|_{C^{0}} \leqslant C^{\prime} r$. Finally, since the rescaling $\Phi_{\Sigma}$ do not change the strong component, there exists $C>0$ depending only on $\Phi$ such that

$$
\left\|\Pi_{\left(\varphi^{\mathrm{st}}, I^{\mathrm{st}}\right)} \eta^{s}-\chi^{\mathrm{st}}\right\|=\left\|\Phi\left(\zeta-\Phi^{-1} \circ \chi^{\mathrm{st}}\right)\right\| \leqslant C r<\delta
$$

We choose the open set $V=\Phi \circ h^{\text {st }}\left(B_{r}^{m-l} \times B_{r}^{m-l} \times \Omega_{0}^{\text {st }}\right)$, then any invariant set in $V \times \Omega^{\mathrm{wk}}$ must be contained in $\eta^{s}\left(\Omega_{0}^{\mathrm{st}} \times \Omega^{\mathrm{wk}}\right)$. This concludes the proof.

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[^1]:    ${ }^{1}$ See definition of the AM property in Appendix A. 1

[^2]:    ${ }^{2}$ We stress here that no coordinate change is performed: $w^{\mathrm{wk}}$ is simply an abbreviation for $v^{\mathrm{wk}}-B^{T} A^{-1} v^{\mathrm{st}}$.

[^3]:    ${ }^{3}$ A remark on notation: the supscript ${ }^{(n-1)}$ is not used as an index, but rather an indication for the rank of the lattice.

[^4]:    ${ }^{4}$ The name "ghost" comes from the fact that we test $k_{2}$ against all possible essential lattices $\Sigma^{(2)}$

