# Almost dense orbit on energy surface 

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#### Abstract

We study a $C^{r}$ nearly integrable Hamiltonian system $\mathcal{H}_{\varepsilon}(q, p)=\frac{1}{2}\langle p, p\rangle+\epsilon \mathcal{H}_{1}(q, p)$ defined on $\mathbb{T}^{3} \times \mathbb{R}^{3}$. Let $\Sigma=\left\{(q, p): \mathcal{H}_{\varepsilon}(q, p)=\frac{1}{2}\right\}$ and $\mu_{\Sigma_{1}}$ be the restriction of Lebesgue measure on $\mathbb{T}^{3} \times \mathbb{R}^{3}$ to $\Sigma$. We prove there is a perturbation $\mathcal{H}_{1}(q, p) \in$ $C^{r},\left\|\mathcal{H}_{1}\right\|_{C^{r}} \leq 1$ and an orbit $(q(t), p(t)): \mathbb{R} \rightarrow \mathbb{T}^{3} \times \mathbb{R}^{3}$ of the Hamiltonian equation $\left\{\dot{q}=\partial_{p} \mathcal{H}_{\varepsilon}, \dot{p}=-\partial_{q} \mathcal{H}_{\varepsilon}\right\}$ such that $\mu_{\Sigma}\left(\overline{\bigcup_{t \in \mathbb{R}}(q(t), p(t))}\right) \geq \frac{1}{2}$.


## 1. Introduction

The famous question called the ergodic hypothesis suggested that for a typical Hamiltonian on a typical energy surface all, but a set of zero measure of initial conditions, have trajectories covering densely this energy surface itself. However, KAM theory showed that for nearly integrable systems there is a set of initial conditions of positive measure of quasi periodic trajectories. This disproved the ergodic hypothesis and forced to reconsider the problem.

A quasi ergodic hypothesis asks if a typical Hamiltonian on a typical energy surface has a dense orbit. A definite answer whether this statement is true or not is still far out of reach of modern dynamics. There was an attempt to prove this statement by E. Fermi, ${ }^{5}$ which failed (see ${ }^{6}$ for more detailed account).

To simplify the quasi ergodic hypothesis, M. Herman ${ }^{7}$ formulated the following question: Can one find an example of a $C^{\infty}$ Hamiltonian $\mathcal{H}$ in a $C^{r}$ small neighborhood of $\mathcal{H}_{0}(p)=\frac{\langle p, p\rangle}{2}$ such that on the unit energy surface $\left\{\mathcal{H}^{-1}\left(\frac{1}{2}\right)\right\}$ there is a dense trajectory? Many people believe that such examples do exist and are $C^{\infty}{ }_{-}$generic (see,,${ }^{41}$ ).

In this paper we make a step in the direction of answering Herman's question. For any $r$ we construct a Hamiltonian, which is $C^{r}$ close to $\mathcal{H}_{0}(p)=\frac{\langle p, p\rangle}{2}$ and has a trajectory dense in a set of Lebesgue measure $1 / 2$ on the energy surface. Here is the exact statement. Let $q \in \mathbb{T}^{3}, p \in \mathbb{R}^{3}$ and $\mathcal{H}_{0}(p)=\frac{\langle p, p\rangle}{2}$ be the unperturbed Hamiltonian, where $\langle p, p\rangle$ is the dot product in $R^{3}$.

Theorem 1.1. For any $r \geq 2$ there is a $C^{r}$ small perturbation $\mathcal{H}_{\varepsilon}(q, p)=\mathcal{H}_{0}(p)+$ $\epsilon \mathcal{H}_{1}(q, p, \epsilon)$ and an orbit $(q(t), p(t)): \mathbb{R} \rightarrow \mathbb{T}^{3} \times \mathbb{R}^{3}$ of

$$
\begin{equation*}
\dot{q}=\partial_{p} \mathcal{H}_{\varepsilon}, \quad \dot{p}=-\partial_{q} \mathcal{H}_{\varepsilon} \tag{1}
\end{equation*}
$$

such that $\mu_{\Sigma}\left(\overline{\bigcup_{t \in \mathbb{R}}(q(t), p(t))}\right) \geq \frac{1}{2} \cdot{ }^{a}$
Let $\Sigma=\left\{(q, p): \mathcal{H}_{\epsilon}(q, p)=\frac{1}{2}\right\}$, we fix a subset $\mathcal{F} \subset \Sigma$ with $\mu_{\Sigma}(\mathcal{F}) \geq \frac{1}{2}$. It suffices to prove that for any $\delta>0$ there exists $T_{\delta}$ such that the $\delta$ neighborhood of $\bigcup_{t \in\left[0, T_{\delta}\right]}(q(t), p(t))$ contains $\mathcal{F}$.

We will construct $\mathcal{H}_{\varepsilon}$ in two steps. In step one we build $\mathcal{H}_{\varepsilon}^{\prime}=\mathcal{H}_{0}+\varepsilon \mathcal{H}_{1}^{\prime}$ so that has a variety of good local normal forms and nice invariant sets. Then $\mathcal{H}_{\varepsilon}=\mathcal{H}_{\varepsilon}^{\prime}+\varepsilon \mathcal{H}_{1}^{\prime \prime}$ is designed to have diffusing orbits shadowing these invariant sets.

## 2. Choice of $\mathcal{F}$

We will describe the choice of the positive measure set $\mathcal{F}$, as well as an approximate path of diffusion. We begin with a informal discussion of the diffusion path and what kind of perturbation we need. Usually diffusing orbits travel along resonant segments. To be able to saturate a set of positive measure one has to be able to move along infinitely many resonant segments. If size of a perturbation is fixed, the analysis of motions near resonances of larger and larger orders in the original coordinate system becomes increasingly complicated as explained in section 4 . To be able to control dynamics along some arbitrary high order resonant we define a convenient symplectic coordinate system $\Phi:(\theta, I) \rightarrow(q, p)$ on a neighborhood of $\left\{\|p\|=1, p_{1} \geq \frac{1}{2}\right\}$, such that $\mathcal{H}_{\varepsilon}^{\prime} \circ \Phi(\theta, I)=H_{0}(I)+H_{1}(\theta, I)$, where $\left\|H_{1}(\theta, I)\right\|_{C^{r}}$ gets the smaller as the order of a corresponding resonance increases.

We consider the following set of Diophantine numbers:

$$
\begin{gather*}
\mathcal{D}_{\gamma}=\left\{\omega=\left(\omega_{1}, \omega_{2}, \omega_{3}\right) ;\|\omega\|=1,|k \cdot \omega| \geq \gamma|\omega||k|^{-2-\tau}, \forall k \in \mathbb{Z}^{3} ;\right. \\
\left|k_{1} \omega_{1}+k_{2} \omega_{2}\right| \geq \gamma^{\delta(1+\delta)}\left|\left(k_{1}, k_{2}\right)\right|^{-1-\delta}, \forall\left(k_{1}, k_{2}\right) \in \mathbb{Z}^{2} ;  \tag{2}\\
\left.\left|k_{1} \omega_{1}+k_{3} \omega_{3}\right| \geq \gamma^{\delta(1+\delta)}\left|\left(k_{1}, k_{3}\right)\right|^{-1-\delta}, \forall\left(k_{1}, k_{3}\right) \in \mathbb{Z}^{2}\right\},
\end{gather*}
$$

where $\delta>0$ is a small number. The set $\mathcal{D}_{\gamma}$ has positive measure on the surface $\{\|\omega\|=1\}$. Let $B=\left\{\|\omega\|=1 ; \omega_{1} \geq \frac{1}{2}\right\}$ and we will choose a subset $\mathcal{D}_{\gamma}^{\infty} \subset \mathcal{D}_{\gamma} \cap B$ with positive measure. The family of Diophantine number corresponds to a family of KAM tori which has measure on the energy surface $\left\{\mathcal{H}_{\epsilon}=\frac{1}{2}\right\}$. Denote it $\mathcal{F}$.

The construction will be done in infinitely many stages, each stage we will define a set of paths in the set $B$, such that if the Hamiltonian $H$ satisfies a list of properties, there exists an orbit such that $\dot{\varphi}$ shadows the chosen path. The path gets denser in each stage and in the limit $\dot{\varphi}$ accumulates to a set of positive measure.

For any integer vector $k \in \mathbb{Z}^{3} \backslash\{0\}$, we can relate to it a resonant plane $\{\omega \in$ $\left.\mathbb{R}^{3}: k \cdot \omega=0\right\}$. If the plane intersects $B$, the intersection is a curve on the unit sphere, which we will refer to as $\Gamma_{k}$.

At stage 1 the construction consists of the following components:

[^0](1) Let $\gamma_{1}=\gamma^{4}$. We will choose a discrete set $\mathcal{D N}^{1} \subset \mathcal{D}_{\gamma} \cap B$, and disjoint neighborhoods $\mathcal{U}\left(\omega_{i}\right)$ of $\omega_{i} \in \mathcal{D} \mathcal{N}^{1}$, such that each $\mathcal{U}\left(\omega_{i}\right)$ contains a ball of radius $\gamma_{1}$, and is contained in a ball of radius $3 \gamma_{1}$, both centered at $\omega_{i}$.
(2) Let $\mathcal{D}_{\gamma}^{1}=\mathcal{D}_{\gamma} \cap \bigcup_{\omega_{i} \in \mathcal{D N}^{1}} \mathcal{U}\left(\omega_{i}\right)$, we have the sets $\mathcal{U}\left(\omega_{i}\right)$ is chosen in such that a way that the measure of $\mathcal{D}_{\gamma} \backslash \mathcal{D}_{\gamma}^{1}$ is small.
(3) There exists a collection $\mathbb{F}^{1}$ of integer vectors, such that for any $\omega_{i} \in \mathcal{D} \mathcal{N}^{1}$ there exists some $k \in \mathbb{F}^{1}$ such that $\Gamma_{k}$ enters $\gamma_{1} / 2$ neighborhood of $\omega_{i}$. Furthermore, the union $\mathcal{F}^{1}:=\bigcup_{k \in \mathbb{F}^{1}} \Gamma_{k}$ is connected.
In stage 2 , let $\gamma_{2}=\gamma_{1}^{1+\alpha}$ for some $\alpha>0$. For each neighborhood $\mathcal{U}\left(\omega_{i}\right)$ of stage 1 , we similarly define the following:
(1) A discrete set $\mathcal{D} \mathcal{N}_{i}^{2} \subset \mathcal{D}_{\gamma}^{1} \cap \mathcal{U}\left(\omega_{i}\right)$, and for each $\omega_{i j} \in \mathcal{D N}_{i}^{2}$, we have neighborhoods $\mathcal{U}\left(\omega_{i j}\right)$, whose radius is between $\gamma_{2}$ and $3 \gamma_{2}$.
(2) $\mathcal{D}_{i}^{2}=\mathcal{D}_{\gamma}^{1} \cap \bigcup_{\omega_{i j} \in \mathcal{D N}_{i}^{2}} \mathcal{U}\left(\omega_{i j}\right)$. The measure of $\mathcal{D}_{\gamma}^{1} \cap \mathcal{U}\left(\omega_{i}\right) \backslash \mathcal{D}_{i}^{2}$ is small.
(3) For the neighborhood $\mathcal{U}\left(\omega_{i}\right)$, there exists $k^{\prime} \in \mathbb{F}^{1}$, such that the resonant line $\Gamma_{k^{\prime}}$ enters the neighborhood. We further define a collection $\mathbb{F}_{i}^{2}$ of integer vectors, such that for any $\omega_{i j} \in \mathcal{D} \mathcal{N}_{i}^{2}$, there exists some $k \in \mathbb{F}_{i}^{2}$ such that $\Gamma_{k}$ enters $\gamma_{2} / 2$ neighborhood of $\omega_{i j}$. Write $\mathcal{F}_{i}^{2}=\bigcup_{k \in \mathbb{F}_{i}^{1}} \Gamma_{k}$, we assume that $\mathcal{F}_{i}^{2} \cup \Gamma_{k^{\prime}}$ is connected. Denote also $\mathbf{F}^{n}=\cup_{i=1}^{n} \mathcal{F}^{i}$.
We do this for every neighborhood $\mathcal{U}\left(\omega_{i}\right)$ and let $\mathcal{D N}{ }^{2}=\bigcup \mathcal{D} \mathcal{N}_{i}^{1}, \mathcal{D}_{\gamma}^{2}=\bigcup \mathcal{D}_{i}^{2}$, $\mathbb{F}^{2}=\bigcup \mathbb{F}_{i}^{2}, \mathcal{F}^{2}=\bigcup \mathcal{F}_{i}^{2}$. We then continue this construction inductively: for each multi-index $\left(i_{1} \cdots i_{n}\right)$, assume that we have the neighborhood $\mathcal{U}\left(\omega_{i_{1} \cdots i_{n}}\right)$, we can define $\mathcal{D} \mathcal{N}_{i_{1} \cdots i_{n}}^{n+1}, \mathcal{D}_{i_{1} \cdots i_{n}}^{n+1}$ and $\mathbb{F}_{i_{1} \cdots i_{n}}^{n+1}$ in a similar fashion. Union over all multi-indices of same order is denoted by $\mathcal{D} \mathcal{N}^{n+1}, \mathcal{D}_{\gamma}^{n+1}$ and $\mathbb{F}^{n+1}$. Then $\mathcal{D}_{\gamma}^{\infty}$ is the intersection of $\mathcal{D}_{\gamma}^{n}$ and has almost full measure in $\mathcal{D}_{\gamma} \cap B$. Finally, using ideas from, ${ }^{15,16}$ we have the following

Theorem 2.1. The Hamiltonian $H(\theta, I)=H_{0}(I)+H_{1}(\theta, I)$ has the following property: Consider the resonant lines $\mathcal{F}^{n}$ of stage $n$, there exists an open cover $U_{j}$ of $\mathcal{F}^{n}$, such that for each $U_{j}$, there exists a neighborhood $\mathbf{U}_{j} \times \mathbb{T}^{3} \supset\left(\partial_{I} H\right)^{-1}\left(U_{j}\right)$, on which $H$ is in one of the two normal forms:
(1) Single and ghost ${ }^{\text {b }}$ resonances: There exist local coordinates $\Psi:(\hat{\theta}, \hat{I}) \rightarrow(\theta, I)$ such that

$$
\begin{equation*}
H \circ \Psi(\hat{\theta}, \hat{I})=\hat{H}_{0}(\hat{I})+a_{k} \cos (\pi k \cdot \hat{\theta})+R \tag{3}
\end{equation*}
$$

where $k \in \mathbb{F}^{n}$ and $\|R\| \ll\left|a_{k}\right|$.
(2) Double resonance:

$$
\begin{equation*}
H(\theta, I) \mid \mathbf{U}_{j} \times \mathbb{T}^{3}=H_{0}(I)+a_{k} \cos (\pi k \cdot \theta)+a_{k^{\prime}} \cos \left(\pi k^{\prime} \cdot \theta\right)+R \tag{4}
\end{equation*}
$$

where $k \in \mathbb{F}^{n}, k^{\prime}$ is in $\mathbb{F}^{n-1}, \mathbb{F}^{n}$ or $\mathbb{F}^{n+1},\|R\|_{C^{3}} \ll \max \left\{\left|a_{k}\right|,\left|a_{k^{\prime}}\right|\right\}$.

[^1]
## 3. A proof of existence of a $\delta$-dense orbit using a variational problem with constrains

In this section we reformulate a problem of existence of an orbit following a Cantor set of lines as a variational problem with constrains (following Mather). Recall that under the convenient coordinate system we have the Hamiltonian $H(\theta, I)=$ $H_{0}(I)+H_{1}(\theta, I)$.

Due to the convexity with respect to $I$, the Hamiltonian system (1) is equivalent to the dynamics of the E-L equation with Lagrangian $L$ as $L(\theta, \dot{\theta})=l_{0}(\dot{\theta})+L_{1}(\theta, \dot{\theta})$, which is positive definite with respect to $\dot{\theta}$ for any $\theta \in \mathbb{T}^{3}$.

Select $\left\{\omega_{n}^{k}\right\}_{k=1}^{N_{n}}$ be a set of points in $\mathbf{F}^{n}$ such that $\left|\omega_{n}^{k}-\omega_{n}^{k+1}\right|$ is sufficiently small.

Denote by $\mathcal{A}^{\omega}$ a special invariant set of orbits (to be defined later) with rotation vector $\omega$. In our case velocity of these orbits will stay close to $\omega$. Our goal is to construct a transition chain from these sets $\left\{\mathcal{A}^{\omega_{n}^{k}}\right\}_{k=1}^{N_{n}}$ and an orbit shadowing these sets. Such an orbit will stay close to the union of the stable set $W^{s}\left(\mathcal{A}^{\omega_{n}^{k}}\right)$ and the unstable set $W^{s}\left(\mathcal{A}^{\omega_{n}^{k}}\right)$ for all time. We find these orbits by constructing a variational problem with constrains. This construction is fairly involved and relies heavily on Mather's ideas. We describe its construction into several steps.

Let $\theta \in \mathbb{T}^{3}$, denote $\hat{\theta} \in \mathbb{R}^{3}$ a lift to $\mathbb{R}^{3}$. Let $\eta$ be a closed one form, denote $\hat{\eta}$ a lift of it to a periodic close one form on $\mathbb{R}^{3}$. Fix a lift. One can proof existence of the following set of objects:
collections of numbers $\alpha_{i}$, periodic functions $B_{i}^{ \pm}$and closed one forms $\eta_{i}$ on the 3 -torus $\mathbb{T}^{3}$, errors (negligibly small numbers) $\delta_{i}$, smooth manifolds $S_{i}$ with a boundary diffeomorphic to a 2 -disk inside the 3 -torus $\mathbb{T}^{3}$ such that the following variational problem with constrains has an interior solution: Given $T^{*} \gg 1$ and $\mathbf{T} \gg N T^{*}$, consider

$$
\begin{equation*}
M\left(\theta_{0}, \ldots, \theta_{N}\right)=\min _{\substack{\theta_{i} \in S_{i}, T_{i+1}-T_{i} \geq T^{*} \\ T_{0}=0, T_{N}=\mathbf{T}}} \sum_{i=0}^{N} h_{i}\left(\theta_{i}, \theta_{i+1}, T_{i+1}-T_{i}\right), \tag{5}
\end{equation*}
$$

where

$$
\begin{equation*}
h_{i}\left(\theta_{i}, \theta_{i+1}, T\right)=\min \int_{0}^{T}\left(L-\eta_{c}\right)(\gamma(s), \dot{\gamma}(s)) d t \tag{6}
\end{equation*}
$$

and the minimum is taken over all absolutely continuous curves $\gamma:[0, T] \rightarrow \mathbb{T}^{3}$ such that $\gamma(0)=\hat{\theta}_{i}=\theta_{i}(\bmod 1)$, and $\gamma(T)=\hat{\theta}_{i+1}=\theta_{i+1}(\bmod 1)$. In addition, we need some constraints on the homology class of the minimizing orbit, which can be achieved by going to a proper covering of $\mathbb{T}^{3}$. We clarify this later in the section. It turns out that for each $i=0, \ldots, N$ we have

$$
\left|h_{i}\left(\theta_{i}, \theta_{i+1}, \Delta T_{i}\right)-\alpha_{i}\left(T_{i+1}-T_{i}\right)+B_{i}^{-}\left(\theta_{i}\right)+B_{i}^{+}\left(\theta_{i+1}\right)\right| \leq \delta_{i}
$$

Thus, to have an interior minimum it suffices to have a sufficiently deep interior minimum of $B_{i}^{-}\left(\theta_{i}\right)+B_{i}^{+}\left(\theta_{i+1}\right)$. It also turns out that $\eta_{i}$ and $\eta_{i+1}$ can be chosen so that they coincide near the disk $S_{i+1}$.

Having this as the motivating goal, we shall define related objects from the Mather theory $\left({ }^{13,14}\right)$. Here is the correspondence:
$B_{i}^{ \pm}(\theta)$ are one-sided barrier functions, defined by Mather. ${ }^{9}$ These functions form a 3-parameter family, naturally parametrized by $c \in H^{1}\left(\mathbb{T}^{3}, \mathbb{R}\right)$. It turns out that cohomology class of the one form $\eta_{i}$ is given by $\left[\eta_{i}\right]_{H^{1}\left(\mathbb{T}^{3}, \mathbb{R}\right)}=c_{i}$. To determine position of $S_{i} \subset \mathbb{T}^{3}$ we need to determine a location of certain invariant sets, usually called Aubry sets $\mathcal{A}_{c_{i}}$ also naturally parametrized by $c$.

Let $I=[a, b]$ be an interval of time and $c \in H^{1}\left(\mathbb{T}^{3}, \mathbb{R}\right)=\mathbb{R}^{3}$. A curve $\gamma \in$ $C^{1}\left(I, \mathbb{T}^{3}\right)$ is called $c-$ minimizer if

$$
A_{c}(\gamma):=\int_{a}^{b}\left(L-\eta_{c}\right)(\gamma(s), \dot{\gamma}(s)) d t=\min _{\substack{\xi(a)=\gamma(a), \xi(b)=\gamma(b) \\ \xi \in C^{1}\left(I, \mathbb{T}^{3}\right)}} \int_{a}^{b}\left(L-\eta_{c}\right)(\gamma(s), \dot{\gamma}(s)) d t
$$

where $\eta_{c}$ is a closed 1 -form on $\mathbb{T}^{3}$ such that $\left[\eta_{c}\right]=c$. Let $\mathcal{M}_{L}$ be the set of Borel probability measures on $\mathbb{T}^{3} \times \mathbb{R}^{3}$, invariant for the E-L flow $\varphi_{l}^{t}$. For any $\nu \in \mathcal{M}_{L}$, the action $A_{c}(\nu)$ is defined as $A_{c}(\nu)=\int\left(L-\eta_{c}\right) d \nu$. A probability measure $\mu$ is called $c$-minimal invariant measure if $A_{c}(\mu)=\min _{\nu \in \mathcal{M}_{L}} A_{c}(\nu)$. Denote $\mathcal{M}(c)$ the supports of $c-$ minimal invariant measures and call it Mather set. A function $\alpha(c):=-A_{c}(\mu): H^{1}\left(\mathbb{T}^{3}, \mathbb{R}\right) \rightarrow \mathbb{R}$ is called $\alpha$-function, where $\mu$ is a $c$-minimal invariant measure. Define

$$
\begin{gathered}
h_{c}\left(\theta, \theta^{\prime} ; t\right)=\min _{\substack{\gamma \in C^{1}\left([0, t], \mathbb{T}^{3}\right), \gamma(0)=\theta, \gamma(t)=\theta^{\prime}}} \int_{0}^{t}\left(L-\eta_{c}+\alpha(c)\right)(\gamma(s), \dot{\gamma}(s)) d s, \\
F_{c}\left(\theta, \theta^{\prime}\right)=\inf _{t \geq 0} h_{c}\left(\theta, \theta^{\prime} ; t\right), \quad h_{c}^{\infty}\left(\theta, \theta^{\prime}\right)=\lim _{t \geq 0} h_{t \rightarrow+\infty}\left(\theta, \theta^{\prime} ; t\right) .
\end{gathered}
$$

Let $\gamma: \mathbb{R} \rightarrow \mathbb{T}^{3}$ be a $C^{1}$ curve

- It is called $c$-semi-static if $A_{c}\left(\left.\gamma\right|_{[a, b]}\right)+\alpha(c)(b-a)=F_{c}(\gamma(a), \gamma(b), b-$
a) for any $a<b$.
- It is called $c$-static if it is $c$-semi-static and $A_{c}\left(\left.\gamma\right|_{[a, b]}\right)+\alpha(c)(b-a)=$ $-F_{c}(\gamma(b), \gamma(a), b-a)$.
Denote the set of $c$-semi-static and $c$-static orbits as $\mathcal{N}(c)$ and $\mathcal{A}(c)$ respectively. Usually $\mathcal{N}(c)$ is called a Mañé set and $\mathcal{A}(c)$ is called an Aubry set.

At the $n$-th stage of the induction we construct a collection $\left\{c_{n}^{k}\right\}_{k=1}^{N_{n}}$ such that orbits in the corresponding Aubry sets $\mathcal{A}_{c_{n}^{k}}$ have velocity $\dot{\theta}$ close to $\omega_{n}^{k}$. Then we find orbits following the stable set $W^{s}\left(\mathcal{A}_{c_{n}^{k}}\right)$ and the unstable set $W^{u}\left(\mathcal{A}_{c_{n}^{k}}\right)$ as local minimizer of Euler-Lagrange equation. There are two drastically different cases in our problem: single resonance and double resonance.

### 3.1. Single resonance case

In Theorem 2.1 near a single resonance $k \in \mathbb{Z}^{3} \backslash\{0\}$ we obtain a normal form (3). In order to construct a variational problem whose solutions diffuses along this
resonance. Associate to $k \in \mathbb{Z}^{3} \backslash\{0\}$ an integer linear transformation $A \in S L_{3}(\mathbb{Z})$ such that $A$ induces a new coordinate system on $\mathbb{T}^{3}$, denote $\mathbb{T}^{3}=\mathbb{T}_{f}^{2} \times \mathbb{T}_{s} \ni \theta=$ $\left(\theta_{1}, \theta_{2}, \theta_{s}\right)$ so that $\theta_{s}$ is parallel to $k$. After an associated linear transformation we can consider the following Lagrangian system

$$
\begin{equation*}
L(\theta, \dot{\theta})=l_{0}(\dot{\theta})+a \cos ^{2} \frac{\pi \theta_{s}}{2}+\delta L_{1}(\theta, \dot{\theta}) \tag{7}
\end{equation*}
$$

where $l_{0}(\dot{\theta})$ is close to $\langle\dot{\theta}, \dot{\theta}\rangle / 2, \theta \in \mathbb{T}^{3}$ and $\delta$ is sufficiently small compare to $a$. The form of the Lagrangian implies that there is a co-dimensional 2 normally hyperbolic cylinder $\Lambda_{k}=\left\{\dot{\theta}_{s}=\theta_{s}=0\right\}$. Rotation vectors associated to the single resonant are of form $\omega=\left(\omega_{1}, \omega_{2}, 0\right)$ in this new coordinates system. Restricted to an energy surface the normally hyperbolic is a 3 dimensional invariant manifold which is diffeomorphic to $T \mathbb{T} \times \mathbb{T}$. View the second $\mathbb{T}$ component as time, the dynamics of the Poincare return map on the invariant cylinder is an exact area-preserving twist map. For exact area-preserving twist maps structure of Mather and Aubry sets is well understood (see e.g. ${ }^{10,14}$ ) For example, minimal invariant measures have rotation number $\omega_{1} / \omega_{2}$. If $\omega_{1} / \omega_{2}$ is irrational, then there is unique $c^{\prime}=\left(c_{1}, c_{2}\right)$ corresponds to $\left(\omega_{1}, \omega_{2}\right)$. After we add the hyperbolic part into the dynamics, then there is an open interval $I_{\omega} \subset \mathbb{R}$ such that $\mathcal{A}(c)=\mathcal{N}(c)$ for any $c=\left\{\left(c_{1}, c_{2}, c_{3}\right): c_{3} \in I_{\omega}\right\}$. Moreover, $\mathcal{A}(c)$ is on the invariant cylinder. If $\omega_{1} / \omega_{2}$ is rational, the situation is a little bit complicated, because there is an open set of $c=\left(c_{1}, c_{2}, c_{3}\right)$ 's with the same $\mathcal{A}(c)$. It is still true that $\mathcal{A}(c)$ belongs to the invariant cylinder $\Lambda_{k}$.

According to Bernard's theorem ${ }^{2}$ Aubry and Mather sets are invariant under symplectic transformation. Once we establish a structure of Aubry-Mather sets in the normal form (3) we can construct a variational problem in the original coordinate system.

To describe the variational problem for the original coordinate system, we consider the covering space $N_{k}=\mathbb{T}_{f}^{2} \times \mathbb{R}$ of $\mathbb{T}_{f}^{2} \times \mathbb{T}_{s}$ by unfolding the $\theta_{s}$ direction. Denote by $\pi_{k}: N_{k} \rightarrow \mathbb{T}_{f}^{2} \times \mathbb{T}_{s}$ the natural projection.

Now we construct a variational problem to diffuse along $\Gamma_{k}$. Consider a sufficiently dense set of $c$ 's whose corresponding Aubry sets are on $\Lambda_{k}$, denoted $\left\{c_{j}\right\}_{0 \leq j \leq N}$. We will construct relative open sets $S_{j} \subset\left\{\theta_{s s}=j+\frac{1}{2}\right\}$, a collection of closed one forms $\eta_{i}$ on $\mathbb{T}^{3}$ such that $\left[\eta_{i}\right]_{H^{1}\left(\mathbb{T}^{3}, \mathbb{R}\right)}=c_{i}$ and $\eta_{i}$ coincides with $\eta_{i+1}$ near $\pi_{k}\left(S_{i}\right)$. We would like to show that for this choice of $S_{j}$ and $\eta_{j}$ there is $T^{*} \gg 1$ and $\mathbf{T} \gg N T$ the variational problem as in the notations (5) attains an interior minimum. This can be done, if we add an additional perturbation to $L(\theta, \dot{\theta})$. This additional perturbation will give some necessary information on the minimizer of variational problem which is related to the regularity of barrier function with respect to $c$ and its proof heavily depends on. ${ }^{11,12}$

### 3.2. Double resonance

In Theorem 2.1 near double resonances we obtain a normal form (4). We would like to diffuse first along $\Gamma_{k}$, come to the intersection with $\Gamma_{k^{\prime}}$, and then diffuse along
$\Gamma_{k^{\prime}}$. In order to construct a variational problem, whose solutions diffuse along these resonances we distinguish three regimes: diffusing along $\Gamma_{k}$, switching from $\Gamma_{k}$ to $\Gamma_{k^{\prime}}$, and diffusing along $\Gamma_{k^{\prime}}$.

Associate to $k, k^{\prime} \in \mathbb{Z}^{3} \backslash\{0\}$ an integer linear transformation $A \in S L_{3}(\mathbb{Z})$ such that $A$ induces a new coordinate system on $\mathbb{T}^{3}$, denote $\mathbb{T}_{A}^{3}=\mathbb{T}_{f} \times \mathbb{T}_{s} \times \mathbb{T}_{s s} \ni$ $\theta=\left(\theta_{f}, \theta_{s}, \theta_{s s}\right)$ so that $\theta_{s}$ is parallel to $k^{\prime}$ and $\theta_{s s}$ is parallel to $k$. After such a transformation we have the following Lagrangian system

$$
\begin{equation*}
L(\theta, \dot{\theta})=l_{0}(\dot{\theta})+a_{1} \cos ^{2}\left(\frac{\pi}{2} \theta_{s}\right)+a_{2} \cos ^{2}\left(\frac{\pi}{2} \theta_{s s}\right)+\delta L_{1}(\theta, \dot{\theta}) \tag{8}
\end{equation*}
$$

$a_{1}, a_{2}>0$ and sufficiently small and $\delta=\min \left\{a_{1}^{100}, a_{2}^{100}\right\}$. Denote by $L^{0}(\theta, \dot{\theta})=$ $L-\delta L_{1}$.


Fig. 1. Velocity diffusing across a double resonance

Let $K=a_{1}^{2 \tau}$. Suppose $\sqrt{a_{1}} l$ is $(K, 1)$-Diophantine, i.e. $\left|p-q \sqrt{a_{1}} l\right|>K /|q|^{2}$ for any $q, p \in \mathbb{Z}, q \neq 0$. Consider $c$ such that the corresponding Aubry set $\mathcal{A}_{c}$ for $L^{0}$ has rotation vector $\omega=\left(1, \sqrt{a_{1}} l, 0\right)$ satisfying the above Diophantine condition. Consider a sufficiently dense set of $c$ 's with this property, denoted $\mathbb{R}_{k}=\left\{c_{j}\right\}_{0 \geq j \geq N}$.

To diffuse along $\Gamma_{k}$, similar to the single resonance case, we can define the manifold $N_{k}, S_{j}$ and $\eta_{j}$, and our goal is to prove existence of the interior minimum for for the sum as in (5).

One can show that for each $c_{i}$ 's above the corresponding $\mathcal{A}_{c_{i}}$ for the Lagrangian system on $\mathbb{T}^{3}$ can be lifted to a countable collection $\left\{\mathcal{A}_{c_{j}}^{j}\right\}_{j \in \mathbb{Z}}$ so that projection on to $s s$-component belongs to $\left[j-\frac{1}{2}, j+\frac{1}{2}\right]$. Define $B_{j, c}^{+}(\theta)=$ $\inf _{\theta^{\prime} \in \mathcal{A}_{c}^{j}} h_{c}^{\infty}\left(\theta, \theta^{\prime}\right)$ and $B_{j, c}^{-}(\theta)=\inf _{\theta^{\prime} \in \mathcal{A}_{c}^{j}} h_{c}^{\infty}\left(\theta, \theta^{\prime}\right)$. Notice that $\theta$ and $\theta^{\prime}$ belong to the lift $N_{k}$. We show that for $T>T_{*}$ there is $\alpha_{j}$ such that we have

$$
h_{j}\left(\theta, \theta^{\prime} ; T\right)=\alpha_{j} T+B_{j, c_{j}}^{+}(\theta)+B_{j+1, c_{j}}\left(\theta^{\prime}\right)+\delta_{j}
$$

where $\delta_{j}$ is sufficiently small. For $c$ satisfying this condition we prove that
Theorem 3.1.

$$
\max _{\theta_{s s}=1} B_{c}^{ \pm}(\theta)-\min _{\theta_{s s}=1} B_{c}^{ \pm}(\theta)=O\left(\delta^{a} \epsilon^{-b}\right)
$$

We add a localized potential perturbation close to $\left(\theta_{f}, \theta_{s}, \theta_{s s}\right)=\left(\frac{1}{2}, \frac{1}{2}, \frac{1}{2}\right)$ such that the Barrier function $B_{j, c}^{ \pm}$has an isolated local minimum. The diffusion for $N_{k^{\prime}}$ is similar and we can glue the diffusion orbits together by using a common covering of $N_{k}$ and $N_{k^{\prime}}$.

## 4. Competition between order of resonance and distance to a KAM torus

In this section we show why we need a careful selection of symplectic coordinates near resonant segments. To illustrate the problem consider dynamics of $\mathcal{H}_{\varepsilon}(q, p)=$ $\mathcal{H}_{0}(p)+\varepsilon \mathcal{H}_{1}(q, p)$ near a double resonance given by two resonant segments $\Gamma_{k} \cap \Gamma_{k^{\prime}}$. If $k^{\prime \prime}:=k \times k^{\prime}$ is sufficiently large, then typically orbits of the unperturbed system at the double resonance are periodic of length $\sim\left|k^{\prime \prime}\right|$. If $\left|k^{\prime \prime}\right| \cdot \varepsilon$ is not small, then standard averaging does not apply.

On the other side, consider a Diophantine number $\omega \in \mathcal{D}_{\gamma}$. Then for small $\varepsilon$ the Hamiltonian $\mathcal{H}_{\varepsilon}$ has a KAM torus $\mathbb{T}_{\omega}$. In a certain neighborhood of $\mathbb{T}_{\omega}$ one can choose a Birkhoff normal form of some order $m$ : $\mathcal{H}_{\varepsilon} \circ \Phi_{\omega}(\theta, I)=H^{\omega}(I)+H_{1}^{\omega}(\theta, I)$. Notice that in a $\rho$-neighborhood of $\mathbb{T}_{\omega}$ with small $\rho$ perturbation $\left\|H_{1}^{\omega}\right\|_{C^{r}}$ is bounded by $\rho^{m}$. Notice now that if a double resonance $\Gamma_{k} \cap \Gamma_{k^{\prime}}$ belongs to this neighborhood and $\left|k^{\prime \prime}\right|^{3} \times \rho^{m}$ is small then averaging does apply and there is a hope to control dynamics. Selection of resonant segments in (2) is so that on one side resonant segments stay close enough to Diophantine numbers and on the other they fill a set of almost maximal measure.

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[^0]:    ${ }^{\text {a }} \mathrm{In}^{8}$ there is a construction of $\mathcal{H}_{\varepsilon}$ and an orbit of $\mathcal{H}_{\varepsilon}$ whose closure has maximal Hausdorff dimension

[^1]:    $\overline{\text { b there are certain } k^{\prime \prime} \notin \mathbb{F}^{n-1} \cup \mathbb{F}^{n} \cup \mathbb{F}^{n+1}}$ such that $\Gamma_{k}$ intersects $\Gamma_{k^{\prime \prime}}$ inside $U_{j}$. We call such an intersection a ghost double resonance

