Almost dense orbit on energy surface

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We study a C^r nearly integrable Hamiltonian system $\mathcal{H}_{\varepsilon}(q,p) = \frac{1}{2}\langle p,p \rangle + \epsilon \mathcal{H}_1(q,p)$ defined on $\mathbb{T}^3 \times \mathbb{R}^3$. Let $\Sigma = \{(q,p) : \mathcal{H}_{\varepsilon}(q,p) = \frac{1}{2}\}$ and μ_{Σ_1} be the restriction of Lebesgue measure on $\mathbb{T}^3 \times \mathbb{R}^3$ to Σ . We prove there is a perturbation $\mathcal{H}_1(q,p) \in$ $C^r, \|\mathcal{H}_1\|_{C^r} \leq 1$ and an orbit $(q(t), p(t)) : \mathbb{R} \to \mathbb{T}^3 \times \mathbb{R}^3$ of the Hamiltonian equation $\{\dot{q} = \partial_p \mathcal{H}_{\varepsilon}, \ \dot{p} = -\partial_q \mathcal{H}_{\varepsilon}\}$ such that $\mu_{\Sigma}(\bigcup_{t \in \mathbb{R}} (q(t), p(t))) \geq \frac{1}{2}$.

1. Introduction

The famous question called the ergodic hypothesis suggested that for a typical Hamiltonian on a typical energy surface all, but a set of zero measure of initial conditions, have trajectories covering densely this energy surface itself. However, KAM theory showed that for nearly integrable systems there is a set of initial conditions of positive measure of quasi periodic trajectories. This disproved the ergodic hypothesis and forced to reconsider the problem.

A quasi ergodic hypothesis asks if a typical Hamiltonian on a typical energy surface has a dense orbit. A definite answer whether this statement is true or not is still far out of reach of modern dynamics. There was an attempt to prove this statement by E. Fermi,⁵ which failed (see⁶ for more detailed account).

To simplify the quasi ergodic hypothesis, M. Herman⁷ formulated the following question: Can one find an example of a C^{∞} Hamiltonian \mathcal{H} in a C^{τ} small neighborhood of $\mathcal{H}_0(p) = \frac{\langle p, p \rangle}{2}$ such that on the unit energy surface $\{\mathcal{H}^{-1}(\frac{1}{2})\}$ there is a dense trajectory? Many people believe that such examples do exist and are C^{∞} -generic (see,⁴,³¹).

In this paper we make a step in the direction of answering Herman's question. For any r we construct a Hamiltonian, which is C^r close to $\mathcal{H}_0(p) = \frac{\langle p, p \rangle}{2}$ and has a trajectory dense in a set of Lebesgue measure 1/2 on the energy surface. Here is the exact statement. Let $q \in \mathbb{T}^3$, $p \in \mathbb{R}^3$ and $\mathcal{H}_0(p) = \frac{\langle p, p \rangle}{2}$ be the unperturbed Hamiltonian, where $\langle p, p \rangle$ is the dot product in \mathbb{R}^3 .

Theorem 1.1. For any $r \geq 2$ there is a C^r small perturbation $\mathcal{H}_{\varepsilon}(q, p) = \mathcal{H}_0(p) + \epsilon \mathcal{H}_1(q, p, \epsilon)$ and an orbit $(q(t), p(t)) : \mathbb{R} \to \mathbb{T}^3 \times \mathbb{R}^3$ of

$$\dot{q} = \partial_p \mathcal{H}_{\varepsilon}, \quad \dot{p} = -\partial_q \mathcal{H}_{\varepsilon}$$
 (1)

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such that $\mu_{\Sigma}(\overline{\bigcup_{t \in \mathbb{R}}(q(t), p(t))}) \geq \frac{1}{2}$.^a

Let $\Sigma = \{(q, p) : \mathcal{H}_{\epsilon}(q, p) = \frac{1}{2}\}$, we fix a subset $\mathcal{F} \subset \Sigma$ with $\mu_{\Sigma}(\mathcal{F}) \geq \frac{1}{2}$. It suffices to prove that for any $\delta > 0$ there exists T_{δ} such that the δ neighborhood of $\bigcup_{t \in [0, T_{\delta}]} (q(t), p(t))$ contains \mathcal{F} .

We will construct $\mathcal{H}_{\varepsilon}$ in two steps. In step one we build $\mathcal{H}'_{\varepsilon} = \mathcal{H}_0 + \varepsilon \mathcal{H}'_1$ so that has a variety of good local normal forms and nice invariant sets. Then $\mathcal{H}_{\varepsilon} = \mathcal{H}'_{\varepsilon} + \varepsilon \mathcal{H}''_1$ is designed to have diffusing orbits shadowing these invariant sets.

2. Choice of \mathcal{F}

We will describe the choice of the positive measure set \mathcal{F} , as well as an approximate path of diffusion. We begin with a informal discussion of the diffusion path and what kind of perturbation we need. Usually diffusing orbits travel along resonant segments. To be able to saturate a set of positive measure one has to be able to move along infinitely many resonant segments. If size of a perturbation is fixed, the analysis of motions near resonances of larger and larger orders in the original coordinate system becomes increasingly complicated as explained in section 4. To be able to control dynamics along some arbitrary high order resonant we define a convenient symplectic coordinate system $\Phi : (\theta, I) \to (q, p)$ on a neighborhood of $\{||p|| = 1, p_1 \geq \frac{1}{2}\}$, such that $\mathcal{H}'_{\varepsilon} \circ \Phi(\theta, I) = H_0(I) + H_1(\theta, I)$, where $||H_1(\theta, I)||_{C^r}$ gets the smaller as the order of a corresponding resonance increases.

We consider the following set of Diophantine numbers:

$$\mathcal{D}_{\gamma} = \{ \omega = (\omega_1, \omega_2, \omega_3); \|\omega\| = 1, \ |k \cdot \omega| \ge \gamma |\omega| |k|^{-2-\tau}, \ \forall k \in \mathbb{Z}^3; \\ |k_1 \omega_1 + k_2 \omega_2| \ge \gamma^{\delta(1+\delta)} |(k_1, k_2)|^{-1-\delta}, \ \forall (k_1, k_2) \in \mathbb{Z}^2; \\ |k_1 \omega_1 + k_3 \omega_3| \ge \gamma^{\delta(1+\delta)} |(k_1, k_3)|^{-1-\delta}, \ \forall (k_1, k_3) \in \mathbb{Z}^2 \},$$
(2)

where $\delta > 0$ is a small number. The set \mathcal{D}_{γ} has positive measure on the surface $\{\|\omega\| = 1\}$. Let $B = \{\|\omega\| = 1; \omega_1 \geq \frac{1}{2}\}$ and we will choose a subset $\mathcal{D}_{\gamma}^{\infty} \subset \mathcal{D}_{\gamma} \cap B$ with positive measure. The family of Diophantine number corresponds to a family of KAM tori which has measure on the energy surface $\{\mathcal{H}_{\epsilon} = \frac{1}{2}\}$. Denote it \mathcal{F} .

The construction will be done in infinitely many stages, each stage we will define a set of paths in the set B, such that if the Hamiltonian H satisfies a list of properties, there exists an orbit such that $\dot{\varphi}$ shadows the chosen path. The path gets denser in each stage and in the limit $\dot{\varphi}$ accumulates to a set of positive measure.

For any integer vector $k \in \mathbb{Z}^3 \setminus \{0\}$, we can relate to it a resonant plane $\{\omega \in \mathbb{R}^3 : k \cdot \omega = 0\}$. If the plane intersects B, the intersection is a curve on the unit sphere, which we will refer to as Γ_k .

At stage 1 the construction consists of the following components:

 $^{{}^{}a}In^{8}$ there is a construction of $\mathcal{H}_{\varepsilon}$ and an orbit of $\mathcal{H}_{\varepsilon}$ whose closure has maximal Hausdorff dimension

- (1) Let $\gamma_1 = \gamma^4$. We will choose a discrete set $\mathcal{DN}^1 \subset \mathcal{D}_\gamma \cap B$, and disjoint neighborhoods $\mathcal{U}(\omega_i)$ of $\omega_i \in \mathcal{DN}^1$, such that each $\mathcal{U}(\omega_i)$ contains a ball of radius γ_1 , and is contained in a ball of radius $3\gamma_1$, both centered at ω_i .
- (2) Let $\mathcal{D}_{\gamma}^{1} = \mathcal{D}_{\gamma} \cap \bigcup_{\omega_{i} \in \mathcal{DN}^{1}} \mathcal{U}(\omega_{i})$, we have the sets $\mathcal{U}(\omega_{i})$ is chosen in such that a way that the measure of $\mathcal{D}_{\gamma} \setminus \mathcal{D}_{\gamma}^{1}$ is small.
- (3) There exists a collection \mathbb{F}^1 of integer vectors, such that for any $\omega_i \in \mathcal{DN}^1$ there exists some $k \in \mathbb{F}^1$ such that Γ_k enters $\gamma_1/2$ neighborhood of ω_i . Furthermore, the union $\mathcal{F}^1 := \bigcup_{k \in \mathbb{F}^1} \Gamma_k$ is connected.

In stage 2, let $\gamma_2 = \gamma_1^{1+\alpha}$ for some $\alpha > 0$. For each neighborhood $\mathcal{U}(\omega_i)$ of stage 1, we similarly define the following:

- (1) A discrete set $\mathcal{DN}_i^2 \subset \mathcal{D}_{\gamma}^1 \cap \mathcal{U}(\omega_i)$, and for each $\omega_{ij} \in \mathcal{DN}_i^2$, we have neighborhoods $\mathcal{U}(\omega_{ij})$, whose radius is between γ_2 and $3\gamma_2$.
- (2) $\mathcal{D}_i^2 = \mathcal{D}_{\gamma}^1 \cap \bigcup_{\omega_{ij} \in \mathcal{DN}_i^2} \mathcal{U}(\omega_{ij})$. The measure of $\mathcal{D}_{\gamma}^1 \cap \mathcal{U}(\omega_i) \setminus \mathcal{D}_i^2$ is small.
- (3) For the neighborhood $\mathcal{U}(\omega_i)$, there exists $k' \in \mathbb{F}^1$, such that the resonant line $\Gamma_{k'}$ enters the neighborhood. We further define a collection \mathbb{F}^2_i of integer vectors, such that for any $\omega_{ij} \in \mathcal{DN}^2_i$, there exists some $k \in \mathbb{F}^2_i$ such that Γ_k enters $\gamma_2/2$ neighborhood of ω_{ij} . Write $\mathcal{F}^2_i = \bigcup_{k \in \mathbb{F}^1_i} \Gamma_k$, we assume that $\mathcal{F}^2_i \cup \Gamma_{k'}$ is connected. Denote also $\mathbf{F}^n = \bigcup_{i=1}^n \mathcal{F}^i$.

We do this for every neighborhood $\mathcal{U}(\omega_i)$ and let $\mathcal{DN}^2 = \bigcup \mathcal{DN}_i^1$, $\mathcal{D}_{\gamma}^2 = \bigcup \mathcal{D}_i^2$, $\mathbb{F}^2 = \bigcup \mathbb{F}_i^2$, $\mathcal{F}^2 = \bigcup \mathcal{F}_i^2$. We then continue this construction inductively: for each multi-index $(i_1 \cdots i_n)$, assume that we have the neighborhood $\mathcal{U}(\omega_{i_1 \cdots i_n})$, we can define $\mathcal{DN}_{i_1 \cdots i_n}^{n+1}$, $\mathcal{D}_{i_1 \cdots i_n}^{n+1}$ and $\mathbb{F}_{i_1 \cdots i_n}^{n+1}$ in a similar fashion. Union over all multi-indices of same order is denoted by \mathcal{DN}^{n+1} , $\mathcal{D}_{\gamma}^{n+1}$ and \mathbb{F}^{n+1} . Then $\mathcal{D}_{\gamma}^{\infty}$ is the intersection of \mathcal{D}_{γ}^n and has almost full measure in $\mathcal{D}_{\gamma} \cap B$. Finally, using ideas from,^{15,16} we have the following

Theorem 2.1. The Hamiltonian $H(\theta, I) = H_0(I) + H_1(\theta, I)$ has the following property: Consider the resonant lines \mathcal{F}^n of stage n, there exists an open cover U_j of \mathcal{F}^n , such that for each U_j , there exists a neighborhood $\mathbf{U}_j \times \mathbb{T}^3 \supset (\partial_I H)^{-1}(U_j)$, on which H is in one of the two normal forms:

(1) Single and ghost^b resonances: There exist local coordinates $\Psi : (\hat{\theta}, \hat{I}) \to (\theta, I)$ such that

$$H \circ \Psi(\hat{\theta}, \hat{I}) = \hat{H}_0(\hat{I}) + a_k \cos(\pi k \cdot \hat{\theta}) + R, \qquad (3)$$

where $k \in \mathbb{F}^n$ and $||R|| \ll |a_k|$.

(2) Double resonance:

$$H(\theta, I)|\mathbf{U}_j \times \mathbb{T}^3 = H_0(I) + a_k \cos(\pi k \cdot \theta) + a_{k'} \cos(\pi k' \cdot \theta) + R, \qquad (4)$$

where $k \in \mathbb{F}^n$, k' is in \mathbb{F}^{n-1} , \mathbb{F}^n or \mathbb{F}^{n+1} , $||R||_{C^3} \ll \max\{|a_k|, |a_{k'}|\}$.

^bthere are certain $k'' \notin \mathbb{F}^{n-1} \cup \mathbb{F}^n \cup \mathbb{F}^{n+1}$ such that Γ_k intersects $\Gamma_{k''}$ inside U_j . We call such an intersection a ghost double resonance

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3. A proof of existence of a δ -dense orbit using a variational problem with constrains

In this section we reformulate a problem of existence of an orbit following a Cantor set of lines as a variational problem with constraints (following Mather). Recall that under the convenient coordinate system we have the Hamiltonian $H(\theta, I) =$ $H_0(I) + H_1(\theta, I)$.

Due to the convexity with respect to I, the Hamiltonian system (1) is equivalent to the dynamics of the E-L equation with Lagrangian L as $L(\theta, \dot{\theta}) = l_0(\dot{\theta}) + L_1(\theta, \dot{\theta})$, which is positive definite with respect to $\dot{\theta}$ for any $\theta \in \mathbb{T}^3$.

Select $\{\omega_n^k\}_{k=1}^{N_n}$ be a set of points in \mathbf{F}^n such that $|\omega_n^k - \omega_n^{k+1}|$ is sufficiently small.

Denote by \mathcal{A}^{ω} a special invariant set of orbits (to be defined later) with rotation vector ω . In our case velocity of these orbits will stay close to ω . Our goal is to construct a transition chain from these sets $\{\mathcal{A}^{\omega_n^k}\}_{k=1}^{N_n}$ and an orbit shadowing these sets. Such an orbit will stay close to the union of the stable set $W^s(\mathcal{A}^{\omega_n^k})$ and the unstable set $W^s(\mathcal{A}^{\omega_n^k})$ for all time. We find these orbits by constructing a variational problem with constrains. This construction is fairly involved and relies heavily on Mather's ideas. We describe its construction into several steps.

Let $\theta \in \mathbb{T}^3$, denote $\hat{\theta} \in \mathbb{R}^3$ a lift to \mathbb{R}^3 . Let η be a closed one form, denote $\hat{\eta}$ a lift of it to a periodic close one form on \mathbb{R}^3 . Fix a lift. One can proof existence of the following set of objects:

collections of numbers α_i , periodic functions B_i^{\pm} and closed one forms η_i on the 3-torus \mathbb{T}^3 , errors (negligibly small numbers) δ_i , smooth manifolds S_i with a boundary diffeomorphic to a 2-disk inside the 3-torus \mathbb{T}^3 such that the following variational problem with constrains has an interior solution: Given $T^* \gg 1$ and $\mathbf{T} \gg NT^*$, consider

$$M(\theta_0, \dots, \theta_N) = \min_{\substack{\theta_i \in S_i, \ T_{i+1} - T_i \ge T^* \\ T_0 = 0, T_N = \mathbf{T}}} \sum_{i=0}^N h_i(\theta_i, \theta_{i+1}, T_{i+1} - T_i),$$
(5)

where

$$h_i(\theta_i, \theta_{i+1}, T) = \min \int_0^T (L - \eta_c)(\gamma(s), \dot{\gamma}(s)) dt, \qquad (6)$$

and the minimum is taken over all absolutely continuous curves $\gamma : [0,T] \to \mathbb{T}^3$ such that $\gamma(0) = \hat{\theta}_i = \theta_i \pmod{1}$, and $\gamma(T) = \hat{\theta}_{i+1} = \theta_{i+1} \pmod{1}$. In addition, we need some constraints on the homology class of the minimizing orbit, which can be achieved by going to a proper covering of \mathbb{T}^3 . We clarify this later in the section. It turns out that for each $i = 0, \ldots, N$ we have

$$|h_i(\theta_i, \theta_{i+1}, \Delta T_i) - \alpha_i(T_{i+1} - T_i) + B_i^-(\theta_i) + B_i^+(\theta_{i+1})| \le \delta_i.$$

Thus, to have an interior minimum it suffices to have a sufficiently deep interior minimum of $B_i^-(\theta_i) + B_i^+(\theta_{i+1})$. It also turns out that η_i and η_{i+1} can be chosen so that they coincide near the disk S_{i+1} .

Having this as the motivating goal, we shall define related objects from the Mather theory $(^{13,14})$. Here is the correspondence:

 $B_i^{\pm}(\theta)$ are one-sided barrier functions, defined by Mather.⁹ These functions form a 3-parameter family, naturally parametrized by $c \in H^1(\mathbb{T}^3, \mathbb{R})$. It turns out that cohomology class of the one form η_i is given by $[\eta_i]_{H^1(\mathbb{T}^3,\mathbb{R})} = c_i$. To determine position of $S_i \subset \mathbb{T}^3$ we need to determine a location of certain invariant sets, usually called Aubry sets \mathcal{A}_{c_i} also naturally parametrized by c.

Let I = [a, b] be an interval of time and $c \in H^1(\mathbb{T}^3, \mathbb{R}) = \mathbb{R}^3$. A curve $\gamma \in C^1(I, \mathbb{T}^3)$ is called *c*-minimizer if

$$A_{c}(\gamma) := \int_{a}^{b} (L - \eta_{c})(\gamma(s), \dot{\gamma}(s)) dt = \min_{\substack{\xi(a) = \gamma(a), \xi(b) = \gamma(b) \\ \xi \in C^{1}(I, \mathbb{T}^{3})}} \int_{a}^{b} (L - \eta_{c})(\gamma(s), \dot{\gamma}(s)) dt,$$

where η_c is a closed 1-form on \mathbb{T}^3 such that $[\eta_c] = c$. Let \mathcal{M}_L be the set of Borel probability measures on $\mathbb{T}^3 \times \mathbb{R}^3$, invariant for the E-L flow φ_l^t . For any $\nu \in \mathcal{M}_L$, the action $A_c(\nu)$ is defined as $A_c(\nu) = \int (L - \eta_c) d\nu$. A probability measure μ is called *c*-minimal invariant measure if $A_c(\mu) = \min_{\nu \in \mathcal{M}_L} A_c(\nu)$. Denote $\mathcal{M}(c)$ the supports of *c*-minimal invariant measures and call it *Mather set*. A function $\alpha(c) := -A_c(\mu) : H^1(\mathbb{T}^3, \mathbb{R}) \to \mathbb{R}$ is called α -function, where μ is a *c*-minimal invariant measure. Define

$$h_c(\theta, \theta'; t) = \min_{\substack{\gamma \in C^1([0,t], \mathbb{T}^3) \\ \gamma(0) = \theta, \gamma(t) = \theta'}} \int_0^t (L - \eta_c + \alpha(c))(\gamma(s), \dot{\gamma}(s)) ds,$$

$$F_c(\theta, \theta') = \inf_{t \ge 0} h_c(\theta, \theta'; t), \qquad h_c^{\infty}(\theta, \theta') = \lim_{t \ge 0} \lim_{t \to +\infty} h_c(\theta, \theta'; t).$$

Let $\gamma : \mathbb{R} \to \mathbb{T}^3$ be a C^1 curve

- It is called *c-semi-static* if $A_c(\gamma|_{[a,b]}) + \alpha(c)(b-a) = F_c(\gamma(a), \gamma(b), b-a)$ for any a < b.
- It is called *c*-static if it is *c*-semi-static and $A_c(\gamma|_{[a,b]}) + \alpha(c)(b-a) = -F_c(\gamma(b), \gamma(a), b-a).$

Denote the set of c-semi-static and c-static orbits as $\mathcal{N}(c)$ and $\mathcal{A}(c)$ respectively. Usually $\mathcal{N}(c)$ is called a Mañé set and $\mathcal{A}(c)$ is called an Aubry set.

At the *n*-th stage of the induction we construct a collection $\{c_n^k\}_{k=1}^{N_n}$ such that orbits in the corresponding Aubry sets $\mathcal{A}_{c_n^k}$ have velocity $\dot{\theta}$ close to ω_n^k . Then we find orbits following the stable set $W^s(\mathcal{A}_{c_n^k})$ and the unstable set $W^u(\mathcal{A}_{c_n^k})$ as local minimizer of Euler-Lagrange equation. There are two drastically different cases in our problem: single resonance and double resonance.

3.1. Single resonance case

In Theorem 2.1 near a single resonance $k \in \mathbb{Z}^3 \setminus \{0\}$ we obtain a normal form (3). In order to construct a variational problem whose solutions diffuses along this

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resonance. Associate to $k \in \mathbb{Z}^3 \setminus \{0\}$ an integer linear transformation $A \in SL_3(\mathbb{Z})$ such that A induces a new coordinate system on \mathbb{T}^3 , denote $\mathbb{T}^3 = \mathbb{T}_f^2 \times \mathbb{T}_s \ni \theta = (\theta_1, \theta_2, \theta_s)$ so that θ_s is parallel to k. After an associated linear transformation we can consider the following Lagrangian system

$$L(\theta, \dot{\theta}) = l_0(\dot{\theta}) + a\cos^2\frac{\pi\theta_s}{2} + \delta L_1(\theta, \dot{\theta}), \tag{7}$$

where $l_0(\dot{\theta})$ is close to $\langle \dot{\theta}, \dot{\theta} \rangle/2$, $\theta \in \mathbb{T}^3$ and δ is sufficiently small compare to a. The form of the Lagrangian implies that there is a co-dimensional 2 normally hyperbolic cylinder $\Lambda_k = \{\dot{\theta}_s = \theta_s = 0\}$. Rotation vectors associated to the single resonant are of form $\omega = (\omega_1, \omega_2, 0)$ in this new coordinates system. Restricted to an energy surface the normally hyperbolic is a 3 dimensional invariant manifold which is diffeomorphic to $T\mathbb{T} \times \mathbb{T}$. View the second \mathbb{T} component as time, the dynamics of the Poincare return map on the invariant cylinder is an exact area-preserving twist map. For exact area-preserving twist maps structure of Mather and Aubry sets is well understood (see e.g.^{10,14}) For example, minimal invariant measures have rotation number ω_1/ω_2 . If ω_1/ω_2 is irrational, then there is unique $c' = (c_1, c_2)$ corresponds to (ω_1, ω_2) . After we add the hyperbolic part into the dynamics, then there is an open interval $I_{\omega} \subset \mathbb{R}$ such that $\mathcal{A}(c) = \mathcal{N}(c)$ for any $c = \{(c_1, c_2, c_3) : c_3 \in I_{\omega}\}$. Moreover, $\mathcal{A}(c)$ is on the invariant cylinder. If ω_1/ω_2 is rational, the situation is a little bit complicated, because there is an open set of $c = (c_1, c_2, c_3)$'s with the same $\mathcal{A}(c)$. It is still true that $\mathcal{A}(c)$ belongs to the invariant cylinder Λ_k .

According to Bernard's theorem² Aubry and Mather sets are invariant under symplectic transformation. Once we establish a structure of Aubry-Mather sets in the normal form (3) we can construct a variational problem in the original coordinate system.

To describe the variational problem for the original coordinate system, we consider the covering space $N_k = \mathbb{T}_f^2 \times \mathbb{R}$ of $\mathbb{T}_f^2 \times \mathbb{T}_s$ by unfolding the θ_s direction. Denote by $\pi_k : N_k \to \mathbb{T}_f^2 \times \mathbb{T}_s$ the natural projection.

Now we construct a variational problem to diffuse along Γ_k . Consider a sufficiently dense set of c's whose corresponding Aubry sets are on Λ_k , denoted $\{c_j\}_{0\leq j\leq N}$. We will construct relative open sets $S_j \subset \{\theta_{ss} = j + \frac{1}{2}\}$, a collection of closed one forms η_i on \mathbb{T}^3 such that $[\eta_i]_{H^1(\mathbb{T}^3,\mathbb{R})} = c_i$ and η_i coincides with η_{i+1} near $\pi_k(S_i)$. We would like to show that for this choice of S_j and η_j there is $T^* \gg 1$ and $\mathbf{T} \gg NT$ the variational problem as in the notations (5) attains an interior minimum. This can be done, if we add an additional perturbation to $L(\theta, \dot{\theta})$. This additional perturbation will give some necessary information on the minimizer of variational problem which is related to the regularity of barrier function with respect to c and its proof heavily depends on.^{11,12}

3.2. Double resonance

In Theorem 2.1 near double resonances we obtain a normal form (4). We would like to diffuse first along Γ_k , come to the intersection with $\Gamma_{k'}$, and then diffuse along $\Gamma_{k'}$. In order to construct a variational problem, whose solutions diffuse along these resonances we distinguish three regimes: diffusing along Γ_k , switching from Γ_k to $\Gamma_{k'}$, and diffusing along $\Gamma_{k'}$.

Associate to $k, k' \in \mathbb{Z}^3 \setminus \{0\}$ an integer linear transformation $A \in SL_3(\mathbb{Z})$ such that A induces a new coordinate system on \mathbb{T}^3 , denote $\mathbb{T}^3_A = \mathbb{T}_f \times \mathbb{T}_s \times \mathbb{T}_{ss} \ni \theta = (\theta_f, \theta_s, \theta_{ss})$ so that θ_s is parallel to k' and θ_{ss} is parallel to k. After such a transformation we have the following Lagrangian system

$$L(\theta, \dot{\theta}) = l_0(\dot{\theta}) + a_1 \cos^2(\frac{\pi}{2}\theta_s) + a_2 \cos^2(\frac{\pi}{2}\theta_{ss}) + \delta L_1(\theta, \dot{\theta}),$$
(8)

 $a_1, a_2 > 0$ and sufficiently small and $\delta = \min\{a_1^{100}, a_2^{100}\}$. Denote by $L^0(\theta, \dot{\theta}) = L - \delta L_1$.



Fig. 1. Velocity diffusing across a double resonance

Let $K = a_1^{2\tau}$. Suppose $\sqrt{a_1} l$ is (K, 1)-Diophantine, i.e. $|p - q\sqrt{a_1} l| > K/|q|^2$ for any $q, p \in \mathbb{Z}, q \neq 0$. Consider c such that the corresponding Aubry set \mathcal{A}_c for L^0 has rotation vector $\omega = (1, \sqrt{a_1} l, 0)$ satisfying the above Diophantine condition. Consider a sufficiently dense set of c's with this property, denoted $\mathbb{R}_k = \{c_i\}_{0 > j > N}$.

To diffuse along Γ_k , similar to the single resonance case, we can define the manifold N_k , S_j and η_j , and our goal is to prove existence of the interior minimum for for the sum as in (5).

One can show that for each c_i 's above the corresponding \mathcal{A}_{c_i} for the Lagrangian system on \mathbb{T}^3 can be lifted to a countable collection $\{\mathcal{A}_{c_j}^j\}_{j\in\mathbb{Z}}$ so that projection on to ss-component belongs to $[j - \frac{1}{2}, j + \frac{1}{2}]$. Define $B_{j,c}^+(\theta) = \inf_{\theta'\in\mathcal{A}_c^j} h_c^{\infty}(\theta, \theta')$ and $B_{j,c}^-(\theta) = \inf_{\theta'\in\mathcal{A}_c^j} h_c^{\infty}(\theta, \theta')$. Notice that θ and θ' belong to the lift N_k . We show that for $T > T_*$ there is α_j such that we have

$$h_j(\theta, \theta'; T) = \alpha_j T + B_{j,c_j}^+(\theta) + B_{j+1,c_j}(\theta') + \delta_j,$$

where δ_i is sufficiently small. For c satisfying this condition we prove that

Theorem 3.1.

$$\max_{\theta_{ss}=1} B_c^{\pm}(\theta) - \min_{\theta_{ss}=1} B_c^{\pm}(\theta) = O(\delta^a \epsilon^{-b}).$$

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We add a localized potential perturbation close to $(\theta_f, \theta_s, \theta_{ss}) = (\frac{1}{2}, \frac{1}{2}, \frac{1}{2})$ such that the Barrier function $B_{j,c}^{\pm}$ has an isolated local minimum. The diffusion for $N_{k'}$ is similar and we can glue the diffusion orbits together by using a common covering of N_k and $N_{k'}$.

4. Competition between order of resonance and distance to a KAM torus

In this section we show why we need a careful selection of symplectic coordinates near resonant segments. To illustrate the problem consider dynamics of $\mathcal{H}_{\varepsilon}(q,p) = \mathcal{H}_0(p) + \varepsilon \mathcal{H}_1(q,p)$ near a double resonance given by two resonant segments $\Gamma_k \cap \Gamma_{k'}$. If $k'' := k \times k'$ is sufficiently large, then typically orbits of the unperturbed system at the double resonance are periodic of length $\sim |k''|$. If $|k''| \cdot \varepsilon$ is not small, then standard averaging does not apply.

On the other side, consider a Diophantine number $\omega \in \mathcal{D}_{\gamma}$. Then for small ε the Hamiltonian $\mathcal{H}_{\varepsilon}$ has a KAM torus \mathbb{T}_{ω} . In a certain neighborhood of \mathbb{T}_{ω} one can choose a Birkhoff normal form of some order m: $\mathcal{H}_{\varepsilon} \circ \Phi_{\omega}(\theta, I) = H^{\omega}(I) + H_{1}^{\omega}(\theta, I)$. Notice that in a ρ -neighborhood of \mathbb{T}_{ω} with small ρ perturbation $||\mathcal{H}_{1}^{w}||_{C^{r}}$ is bounded by ρ^{m} . Notice now that if a double resonance $\Gamma_{k} \cap \Gamma_{k'}$ belongs to this neighborhood and $|k''|^{3} \times \rho^{m}$ is small then averaging does apply and there is a hope to control dynamics. Selection of resonant segments in (2) is so that on one side resonant segments stay close enough to Diophantine numbers and on the other they fill a set of almost maximal measure.

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