

Book review

## Quick Reference Dictionary for Athletic Training

**Editors:** Julie N. Bernier and Linda S. Levy.

**Bibliographic Data:** ISBN: 978-1-61711-068-9; 2013 by SLACK Incorporated, NJ, USA, 450 pages, soft cover (alk. paper), \$43.95. Third edition.

**Subjects:** Athletic Training, Dictionary of Terms, Clinical Practice.

**Description:** *Quick Reference Dictionary for Athletic Training, Third Edition* provides a quick overview of the essential elements of athletic training, and with the third edition changes in this profession are reflected. With over 2100 terms and 20 appendices, this book includes a more complete series of neurological and musculoskeletal special tests, as well as available evidence-based data including likelihood ratios, and inter-rater and intra-rater reliability data to support the use of each test.

**Purpose:** This book is intended to serve as a reference tool about the essential elements of the field athletic training.

**Audience:** The book will assist clinicians and students in applying current concepts applicable to athletic training while in the classroom, clinic, or on the field.

**Features:** The book is composed of 2 sections and includes several figure illustrations. The first section includes a comprehensive list of commonly utilized words

in athletic training. The second section contains 20 appendices. Appendices 1 to 4 include medical root terminology, acronyms and abbreviations, symbols, and anatomical terms. Appendix 5 lists muscle origins, insertions, and actions. Appendix 6 contains manual muscle tests of the upper and lower extremity. Appendix 7 reflects current data on normal joint ranges of motion. Appendix 8 to 11 detail assessments of cranial nerve, concussion, and upper and lower extremity nerve roots. Appendix 12 gives information about evidence-based research. Appendices 13 and 14 describe and illustrate peripheral nerve sensory and motor testing of the upper and lower extremity. Appendices 15 and 16 provide assessment scales for grades of pain and end feels. Appendix 17 details positioning for joint mobility. Appendix 18 provides descriptions for special tests. Appendix 19 lists pharmacological agents. Finally, Appendix 20 has the latest version of the NATA Code of Ethics.

**Assessment:** The authors of this book are highly knowledgeable professions in the field of athletic training with vast experience. This pocket-sized, comprehensive, and user-friendly companion guide textually and visually provides students and professionals in athletic training with a quick overview of the essential elements in athletic training.

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