# UNKNOTTING NUMBERS AND TRIPLE POINT CANCELLING NUMBERS OF TORUS-COVERING KNOTS 

INASA NAKAMURA


#### Abstract

It is known that any surface knot can be transformed to an unknotted surface knot or a surface knot which has a diagram with no triple points by a finite number of 1 -handle additions. The minimum number of such 1-handles is called the unknotting number or the triple point cancelling number respectively. In this paper, we give upper bounds and lower bounds of unknotting numbers and triple point cancelling numbers of torus-covering knots, which are surface knots in the form of coverings over the standard torus $T$. Upper bounds are given by using $m$-charts on $T$ presenting torus-covering knots, and lower bounds are given by using quandle colorings and quandle cocycle invariants.


## 1. Introduction

A surface link (knot) is a smooth embedding of a (connected) closed surface into the Euclidean 4 -space $\mathbb{R}^{4}$. In this paper, we assume that a surface link is oriented. For a surface link $F$, an oriented 1-handle is an oriented 3-ball $H=D^{2} \times I$ embedded in $\mathbb{R}^{4}$ such that $H \cap F=\left(D^{2} \times \partial I\right) \cap F$ and the orientations coincide for $H \cap F$, where $D^{2}$ is a 2 -disk and $I$ is an interval. By a 1-handle addition we obtain a new surface link $F^{\prime}$ from $F$ by

$$
F^{\prime}=\left(F-\left(\operatorname{Int} D^{2} \times \partial I\right)\right) \cup\left(\partial D^{2} \times I\right),
$$

and we give $F^{\prime}$ the orientation induced from $F$ (see [2, 9]). It is known [9] (see also [18]) that for any surface link $F$, there is a sequence of 1 -handle additions such that the result is a surface link which is unknotted or which has a diagram with no triple points called pseudo-ribbon [22]. The minimum number of such 1 -handle additions is called the unknotting number denoted by $u(F)$ or the triple point cancelling number denoted by $\tau(F)$ respectively. Since an unknotted surface link is pseudo-ribbon, it is obvious that

$$
0 \leq \tau(F) \leq u(F)
$$

Kamada [18] gave an upper bound of the unknotting number by using a graphical method called an $m$-chart presenting a surface link. Iwakiri 12 gave a lower bound of the unknotting number or the triple point cancelling number by using quandle colorings and quandle cocycle invariants. For other results on unknotting numbers or triple point cancelling numbers, see [9, 10, 20, 21, 22, 24, 29. In this paper, we consider for $F$ a "torus-covering $T^{2}$-link", which is a surface link in the form of an unbranched covering over the standard torus $T$ [26]. A torus-covering $T^{2}$-link is determined from a

[^0]pair of commuting $m$-braids $a$ and $b$, which we denote by $\mathcal{S}_{m}(a, b)$. The aim of this paper is to give an upper bound and a lower bound of the unknotting number or the triple point cancelling number of $\mathcal{S}_{m}(a, b)$ in certain particular form, by using the methods based on [12, 18].

Let us denote by $\Delta$ a full twist of a bundle of $m$-parallel strings.
Theorem 1.1. For any m-braid $b$ and any integer $n$,

$$
u\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right)\right) \leq m-1
$$

From now on, we consider torus-covering knots, i.e. torus-covering links with one component except in Theorem 1.4. Let $p$ be an odd prime, and put $l=2$ (resp. $p$ ) if $m$ is odd (resp. even). For an $m$-braid $b$, we denote by $\hat{b}$ the closure of $b$, and we use the same notation $\hat{b}$ for the diagram of $\hat{b}$. For a dihedral quandle $R_{p}$ of order $p$, we call a $R_{p}$-coloring a $p$-coloring [4, 8] (see also [12]). Let us denote by $\operatorname{Col}_{p}(\hat{b})$ the set of $p$-colorings for $\hat{b}$, and we denote the number of its elements by $\left|\operatorname{Col}_{p}(\hat{b})\right|$; see Section 5. It is known [12] that $\operatorname{Col}_{p}(\hat{b})$ is a linear space isomorphic to $(\mathbb{Z} / p \mathbb{Z})^{k}$ and hence $\left|\operatorname{Col}_{p}(\hat{b})\right|=p^{k}$ for some positive integer $k$ (see Lemma 5.2).

Theorem 1.2. Let $b$ be an m-braid such that $\hat{b}$ is a knot. Let $k$ be a positive integer such that $\left|\operatorname{Col}_{p}(\hat{b})\right|=p^{k}$. Then, for any integer $n$,

$$
u\left(\mathcal{S}_{m}\left(b, \Delta^{l n}\right)\right) \geq k-1
$$

In some cases, we can determine the unknotting numbers. Let $\sigma_{1}, \ldots, \sigma_{m-1}$ be the standard generators of the $m$-braid group.

Theorem 1.3. Let $b$ be an m-braid presented by an element of a group generated by $\sigma_{i}^{p}(i \in\{1,2, \ldots, m-1\})$ and $\hat{b}$ is a knot. Then, for any integer $n$,

$$
u\left(\mathcal{S}_{m}\left(b, \Delta^{l n}\right)\right)=m-1
$$

Let us consider the shadow quandle cocycle invariant of $\hat{b}$ associated with the dihedral quandle $R_{p}$ and Mochizuki's 3-cocycle and denote it by $\Psi_{p}^{*}(\hat{b})$; see Section 5. We regard $\Psi_{p}^{*}(\hat{b})$ as a multi-set consisting of elements of $\mathbb{Z} / p \mathbb{Z}$, where repetitions of the same elements are allowed. Let us denote by $a_{0}\left(\Psi_{p}^{*}(\hat{b})\right)$ the number of 0 in the multi-set $\Psi_{p}^{*}(\hat{b})$ i.e. the number of $p$-colorings which contribute 0 in $\Psi_{p}^{*}(\hat{b})$, where 0 denotes $0 \bmod p$.

Theorem 1.4. Let $m$ be a positive odd integer with $m \not \equiv 0(\bmod p)$. Let $b$ be an m-braid. Let $k$ be a positive integer such that $\left|\operatorname{Col}_{p}(\hat{b})\right|=p^{k}$, and let $k^{\prime}$ be a positive integer such that $a_{0}\left(\Psi^{*}(\hat{b})\right)<p^{k^{\prime}}$. Then, for an integer $n$ with $n \not \equiv 0(\bmod p)$,

$$
\tau\left(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)\right) \geq k-k^{\prime}+2
$$

In some cases, we obtain a better estimate (see Remark 7.3). For an $m$-braid as in Theorem [1.3, let $\nu_{i}(i=1, \ldots, m-1)$ be the image of the presentation of $b$ by the homomorphism $f:\left\langle\sigma_{1}^{p}, \ldots, \sigma_{m-1}^{p}\right\rangle \rightarrow \mathbb{Z} / p \mathbb{Z}$ defined by $f\left(\sigma_{j}^{p}\right)=1(\bmod p)$ if $j=i$ and otherwise zero, where $j \in\{1, \ldots, m-1\}$.

Theorem 1.5. Let $m$ be a positive odd integer with $m \not \equiv 0(\bmod p)$. Let $b$ be an $m$-braid as in Theorem 1.3 such that $\nu_{i} \in\left\{x^{2} \mid x \in \mathbb{Z} / p \mathbb{Z}\right\}-\{0\}$ for any $i \in\{1,2, \ldots, m-1\}$. Then, for an integer $n$ with $n \not \equiv 0(\bmod p)$,

$$
\tau\left(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)\right) \geq \frac{m-1}{2}
$$

Let $g:(\mathbb{Z} / p \mathbb{Z})^{m-1} \rightarrow \mathbb{Z} / p \mathbb{Z}$ be a map defined by $g\left(y_{1}, \ldots, y_{m-1}\right)=$ $\sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}$. Let $U_{i}$ be the set of elements of $(\mathbb{Z} / p \mathbb{Z})^{m-1}$ with exactly $i$ non-zero entries $(i=1,2, \ldots, m-1)$. Let $p^{\prime}$ be the minimum number of $i \in\{1,2, \ldots, m-1\}$ satisfying $0 \notin g\left(U_{i}\right) ;$ note that if $\nu_{i} \neq 0(\bmod p)$ $(i=1, \ldots, m-1)$, then $p^{\prime}=2$ or 3 ; see Lemma 7.4.

Theorem 1.6. Let $p$ be an odd prime greater than three. Let $b$ be a 3-braid as in Theorem 1.5. If $p^{\prime}=3$ (for example, $p=7,11$ when $\nu_{1}=\nu_{2}$ ), then, for an integer $n$ with $n \not \equiv 0(\bmod p)$,

$$
\tau\left(\mathcal{S}_{3}\left(b, \Delta^{2 n}\right)\right)=u\left(\mathcal{S}_{3}\left(b, \Delta^{2 n}\right)\right)=2
$$

This paper is organized as follows. In Section 2, we review torus-covering links. In Section 3, we review the notion of an $m$-chart on $T$ presenting a torus-covering link. In Section 4, we prove Theorem 1.1 by using $m$ charts on $T$. In Section 5, we review quandle colorings and quandle cocycle invariants. In Section 6, we prove Theorems 1.2 and 1.3 . In Section 7, we calculate quandle cocycle invariants associated with Mochizuki's 3-cocycle and we show Theorems 1.4, 1.5 and 1.6 .

## 2. Torus-Covering Links

Let $T$ (resp. $S^{2}$ ) be a standard torus (resp. 2-sphere), i.e. the boundary of an unknotted solid torus (resp. a 3-ball) in $\mathbb{R}^{3} \times\{0\} \subset \mathbb{R}^{4}$. It is known [16, 19] that any surface link can be presented in the form of the closure of a surface braid. We can modify the terms as follows: Any surface link can be presented in the form of a braided surface over $S^{2}$ [14, 26, 28]. Torus-covering links were introduced [26] by considering the standard torus $T$ instead of the standard 2 -sphere $S^{2}$. In this section, we review the definition of a torus-covering link by using the notion of a braided surface over $T$, which is a modified notion of a braided surface over a 2-disk [14, [28]; see [26]. A torus-covering $T^{2}$-link is uniquely determined from a pair of communing $m$-braids $a$ and $b$, which we call basis braids, and we denote by $\mathcal{S}_{m}(a, b)$ a torus-covering $T^{2}$-link with basis $m$-braids $a$ and $b[26]$.

We work in the smooth category, and we assume that embeddings are locally flat. A surface link is the image of a smooth embedding of a closed surface into $\mathbb{R}^{4}$. Two surface links are said to be equivalent if one is taken to the other by an orientation-preserving self-diffeomorphism of $\mathbb{R}^{4}$. Let $D^{2}$ be a 2 -disk.

Definition 2.1. A closed surface $F$ embedded in $D^{2} \times T$ is called a braided surface over $T$ of degree $m$ if $\left.\pi\right|_{F}: F \rightarrow T$ is a branched covering map of degree $m$, where $\pi: D^{2} \times T \rightarrow T$ is the projection to the second factor. A braided surface $F$ is called simple if $\#\left(F \cap \pi^{-1}(x)\right)=m-1$ or $m$ for each $x \in T$. Take a base point $x_{0}$ of $T$. Two braided surfaces over $T$ of degree
$m$ are equivalent if there is a fiber-preserving ambient isotopy of $D^{2} \times T$ rel $\pi^{-1}\left(x_{0}\right)$ which carries one to the other.

Let $N(T)$ be a tubular neighborhood of $T$ in $\mathbb{R}^{4}$. We identify $N(T)$ with $D^{2} \times T$.

Definition 2.2. A torus-covering link is a surface link in $\mathbb{R}^{4}$ presented by a simple braided surface over $T$, where we regard the braided surface as in $N(T) \subset \mathbb{R}^{4}$.

A torus-covering $T^{2}$-link is a torus-covering link each of whose components is of genus one. Let us consider a torus-covering $T^{2}$-link $F$. Let us fix a point $x_{0}$ of $T$, and take a meridian $\mu$ and a longitude $\lambda$ of $T$ with the base point $x_{0}$. A meridian is an oriented simple closed curve on $T$ which bounds the 2-disk of the solid torus whose boundary is $T$ and which is not null-homologous in $T$. A longitude is an oriented simple closed curve on $T$ which is nullhomologous in the complement of the solid torus in the three space $\mathbb{R}^{3} \times\{0\}$ and which is not null-homologous in $T$. Since $F$ is an unbranched cover over $T$, the intersections $F \cap \pi^{-1}(\mu)$ and $F \cap \pi^{-1}(\lambda)$ are closures of classical braids. Cutting open the solid tori at the 2 -disk $\pi^{-1}\left(x_{0}\right)$, we obtain a pair of classical braids. We call them basis braids [26]. The basis braids of a toruscovering $T^{2}$-link are commutative, and for any commuting $m$-braids $a$ and $b$, there exists a unique torus-covering $T^{2}$-link with basis braids $a$ and $b$ [26]. For commuting $m$-braids $a$ and $b$, we denote by $\mathcal{S}_{m}(a, b)$ the torus-covering $T^{2}$-link with basis $m$-braids $a$ and $b$ [26].

## 3. Charts on $T$ presenting torus-covering links

The notion of an $m$-chart on a 2-disk was introduced in [14, 19] to present a simple surface braid. By regarding an $m$-chart on a 2 -disk as drawn on $S^{2}$, it presents a simple braided surface over $S^{2}$ [14, 19, ,26]. Two simple braided surface over $S^{2}$ of the same degree are equivalent if and only if the presenting $m$-charts are C-move equivalent [14, 17, 19]. These notions can be modified for $m$-charts on $T$ [26]. An $m$-chart on $T$ presents a torus-covering link [26].

We identify $D^{2}$ with $I \times I$, where $I=[0,1]$. When a simple braided surface $F$ over $T$ is given, we obtain a graph on $T$, as follows. Consider the singular set $\operatorname{Sing}\left(\pi^{\prime}(F)\right)$ of the image of $F$ by the projection $\pi^{\prime}$ to $I \times T$. Perturbing $F$ if necessary, we can assume that $\operatorname{Sing}\left(\pi^{\prime}(F)\right)$ consists of double point curves, triple points, and branch points. Moreover we can assume that the singular set of the image of $\operatorname{Sing}\left(\pi^{\prime}(F)\right)$ by the projection to $T$ consists of a finite number of double points such that the preimages belong to double point curves of $\operatorname{Sing}\left(\pi^{\prime}(F)\right)$. Thus the image of $\operatorname{Sing}\left(\pi^{\prime}(F)\right)$ by the projection to $T$ forms a finite graph $\Gamma$ on $T$ such that the degree of its vertex is either 1, 4 or 6 . An edge of $\Gamma$ corresponds to a double point curve, and a vertex of degree 1 (resp. 6) corresponds to a branch point (resp. triple point).

For such a graph $\Gamma$ obtained from a simple braided surface $F$, we give orientations and labels to the edges of $\Gamma$, as follows. Let us consider a path $\rho$ in $T$ such that $\Gamma \cap \rho$ is a point $P$ of an edge $e$ of $\Gamma$. Then $F \cap \pi^{-1}(\rho)$ is a classical $m$-braid with one crossing in $\pi^{-1}(\rho)$ such that $P$ corresponds to the crossing of the $m$-braid. Let $\sigma_{i}^{\epsilon}(i \in\{1,2, \ldots, m-1\}, \epsilon \in\{+1,-1\})$ be

a black vertex

$|i-j|=1$
a white vertex

$|i-j|>1$
a crossing

Figure 3.1. Vertices in an $m$-chart.
the presentation of $F \cap \pi^{-1}(\rho)$. Then label the edge $e$ by $i$, and moreover give $e$ an orientation such that the normal vector of $\rho$ coincides (resp. does not coincide) with the orientation of $e$ if $\epsilon=+1$ (resp. -1). We call such an oriented and labeled graph an $m$-chart of $F$.

In general, we define an $m$-chart on $T$ as follows.
Definition 3.1. Let $m$ be a positive integer, and let $\Gamma$ be a finite graph on $T$. Then $\Gamma$ is called an $m$-chart on $T$ if it satisfies the following conditions:
(1) Every edge is oriented and labeled by an element of $\{1,2, \ldots, m-1\}$.
(2) Every vertex has degree 1, 4, or 6 .
(3) The adjacent edges around each vertex are oriented and labeled as shown in Fig. 3.1, where we depict a vertex of degree 1 by a black vertex, and a vertex of degree 6 by a white vertex, and we call a vertex of degree 4 a crossing.

When an $m$-chart $\Gamma$ on $T$ is given, we can reconstruct a simple braided surface $F$ over $T$ such that the original $m$-chart $\Gamma$ is an $m$-chart of $F$ [26]; see also [7, 15, 19]. A black vertex (resp. white vertex) of $\Gamma$ presents a branch point (resp. a triple point) of $F$. Let $\rho$ be an oriented path. If $\Gamma \cap \rho$ does not contain black vertices of $\Gamma$, then it presents an $m$-braid. A singular $m$-braid is an $m$-braid allowed to intersect transversely in finitely many double points called singular points. If $\Gamma \cap \rho$ consists of a black vertex of $\Gamma$, it presents a singular braid with one singular point and with no crossings. In this paper, we denote the singular braid $\Gamma \cap \rho$ by $\dot{\sigma}_{i}{ }^{\epsilon}(i \in\{1, \ldots, m-1\}, \epsilon \in\{+1,-1\})$, where $\sigma_{i}^{\epsilon}$ is the presentation of the $m$-braid presented by $\Gamma \cap \rho^{\prime}$, where $\rho^{\prime}$ is an oriented path parallel to $\rho$ and sufficiently near $\rho$ such that $\Gamma \cap \rho^{\prime}$ consists of an inner point of the edge extending from the black vertex. See [15, 19].

Two $m$-charts on $T$ are $C$-move equivalent if they are related by a finite sequence of ambient isotopies of $T$ rel $\pi^{-1}\left(x_{0}\right)$ and CI, CII, CIII-moves shown in Fig. 3.2 [26]; see [19] for the complete set of CI-moves. Two simple braided surfaces over $T$ of degree $m$ are equivalent if and only if $m$ charts of them are C-move equivalent [26]; see also [14, 15, 19 . Hence it follows that for two $m$-charts on $T$, their presenting torus-covering links are equivalent if the $m$-charts are C -move equivalent.

A torus-covering link is presented by an $m$-chart on $T$. In particular, a torus-covering $T^{2}$-link $\mathcal{S}_{m}(a, b)$ is presented by an $m$-chart on $T$ without black vertices [26. In this paper, let us denote an $m$-chart presenting $\mathcal{S}_{m}(a, b)$ by $\Gamma(a, b)$; note that $\Gamma(a, b)$ is unique up to C-move equivalence [26].


Figure 3.2. CI, CII, CIII-moves. For CI-moves, we give only several examples.

In an $m$-chart, a free edge is an edge whose endpoints are a pair of black vertices [19]. In this paper, we denote by $F_{i}$ a free edge labeled with $i$ ( $i \in\{1, \ldots, m-1\}$ ). For an $m$-chart $\Gamma$ on $T$, let $D_{0}$ be a disk in $T$ such that $D_{0}$ contains the base point $x_{0}$ and further $\Gamma \cap D_{0}=\emptyset$. Let $\cup_{i} F_{i}$ be a split union of free edges in $D_{0}$ and let us denote by $\Gamma \cup \cup_{i} F_{i}$ the union of $\Gamma$ in $T$ and $\cup_{i} F_{i}$ in $D_{0}$.

## 4. Upper bounds

For an $m$-chart $\Gamma$, we can consider a new $m$-chart obtained from inserting a free edge to $\Gamma$ in such a way that it is disjoint with $\Gamma$, which we call an $m$-chart obtained from $\Gamma$ by insertion of a free edge [15]. For a surface link $F$ and an $m$-chart $\Gamma$ presenting $F$, insertion of a free edge to $\Gamma$ presents a 1-handle addition to $F$ [15, 19]. The notion of an unknotted $m$-chart was introduced in [14] to present an unknotted surface link: An $m$-chart on $S^{2}$ is called unknotted if it consists of free edges, and an unknotted $m$-chart presents an unknotted surface link [14]; here we regard an $m$-chart on a 2-disk as drawn on $S^{2}$. By using these terms, Kamada [18] investigated $m$-charts on $S^{2}$, and an upper bound of the unknotting number was given: For an $m$-chart $\Gamma$ on $S^{2}, u(\Gamma) \leq w(\Gamma)+m-1$, and hence it follows from $u(F) \leq u(\Gamma)$ that $u(F) \leq w(\Gamma)+m-1$, where $u(\Gamma)$ is the unknotting number of $\Gamma$ i.e. the minimum number of free edges whose insertions are necessary to transform $\Gamma$ to be C-move equivalent to an unknotted $m$-chart, and $w(\Gamma)$ is the number of white vertices in $\Gamma$, and $F$ is the surface link presented by $\Gamma$ [18. In this section, we show similar results for $m$-charts on $T$ presenting torus-covering links. We give an upper bound of the unknotting number of a torus-covering link, by using $m$-charts on $T$ and insertion of free edges.

In Section 4.1, we define an unknotted $m$-chart on $T$ and we give Theorem 4.5, by using which we show Theorem 1.1. In Section 4.2, we show Theorem 4.5 .

A surface link is said to be unknotted if it is equivalent to the boundary of a disjoint union of handlebodies [9].

### 4.1. Upper bounds of unknotting numbers.

Definition 4.1. We say an $m$-chart on $T$ is unknotted if it consists of free edges.

Lemma 4.2. An unknotted m-chart on $T$ presents a torus-covering link which is unknotted.

Proof. Let $\Gamma$ be an unknotted $m$-chart on $T$. Let $F$ be the torus-covering link presented by $\Gamma$. Let $F^{\prime}$ be a surface link obtained by $\Gamma$ by regarding it as an $m$-chart on $S^{2}$. Then $F$ is obtained from $F^{\prime}$ by additions of $m$ 1-handles in the following form:
(1) $F^{\prime} \subset \mathbb{R}^{3} \times(\infty, 0]$ such that $F \cap\left(\mathbb{R}^{3} \times\{0\}\right)$ consists of $m$ copies of a 2-disk $D$.
(2) The 1-handles are $m$ copies of $H=D^{\prime} \times I$ embedded in $\mathbb{R}^{3} \times[0, \infty)$, where $D^{\prime}$ is a 2-disk and $I$ is an unknotted semicircle such that $I \cap\left(\mathbb{R}^{3} \times\{0\}\right)=\partial I$ and $H \cap F^{\prime}=D^{\prime} \times \partial I$ is a pair of 2 -disks in $D$.
Since $F^{\prime}$ is unknotted [14, 19], $F^{\prime}$ is the boundary of a disjoint union of handlebodies which we denote by $K$. Since $K \cup H$ is also a disjoint union of handlebodies such that the boundary is $F$, it follows that $F$ is also unknotted.

For an $m$-chart $\Gamma$ on $T$, let us call the minimum number of free edges necessary to transform $\Gamma$ by their insertion to be C-move equivalent to an unknotted $m$-chart the unknotting number of an $m$-chart on $T$, and denote it by $u(\Gamma)$.
4.1.1.

Proposition 4.3. The unknotting number $u(F)$ of the torus-covering-link $F$ presented by an $m$-chart $\Gamma$ on $T$, is equal or greater than the unknotting number $u(\Gamma)$ of $\Gamma$, i.e.

$$
u(F) \leq u(\Gamma)
$$

Proof. Since insertion of a free edge to $\Gamma$ presents a 1-handle addition to $F$ [15, 19], together with Lemma 4.2, we have the result.
Proposition 4.4. Let $\Gamma$ be an m-chart on $T$. Let $w(\Gamma)$ be the number of white vertices in $\Gamma$. Then

$$
u(\Gamma) \leq w(\Gamma)+m-1
$$

Proof. We use the same argument used in [18], as follows. The $m$-chart $\Gamma$ on $T$ can be transformed to have no white vertices by inserting a free edge to near each white vertex and applying a CI-move of type (2) (see the figure denoted by (2) in Fig. 3.1) and a CIII-move, as in Fig. 4.1. We denote the resulting $m$-chart by $\Gamma^{\prime}$. The vertices of $\Gamma^{\prime}$ are black vertices or crossings. Let us consider the union of connected edges with the same label.




Figure 4.1. We can eliminate a white vertex by inserting a free edge $F_{j}$. In the figure, $|i-j|=1$.


Figure 4.2. We can eliminate a loop with label $j$ by inserting a free edge $F_{j}$. In the figure, $|i-j|>1$.

It is homeomorphic to an interval or a circle. We call it an edge or a loop respectively. If it is an edge, then its endpoints are a pair of black vertices. By applying CII-moves, it is equivalent to a free edge. Hence we can assume that $\Gamma^{\prime}$ consists of free edges and loops. By applying a CI-move of type (2) and then an ambient isotopies of $T$ and by applying CII-moves if necessary (see Fig. 4.2), from the loop nearest $\cup_{i=1}^{m-1} F_{i}$, we can see that $\Gamma^{\prime} \cup \cup_{i=1}^{m-1} F_{i}$ is C-move equivalent to an unknotted $m$-chart on $T$. This implies that the unknotting number $u(\Gamma)$ is at most $w(\Gamma)+m-1$.

In some cases, we can give a better upper bound of $u(\Gamma)$ than Proposition 4.4. Recall that $\Delta$ is a full twist of a bundle of $m$ parallel strings. Let $\Delta=\left(\sigma_{1} \sigma_{2} \cdots \sigma_{m-1}\right)^{m}$ be the presentation.

Theorem 4.5. For any $m$-braid $b$ and any integer $n$,

$$
u\left(\Gamma_{m}\left(b, \Delta^{n}\right)\right) \leq m-1
$$

Proof of Theorem 1.1. The torus-covering link $\mathcal{S}_{m}\left(b, \Delta^{n}\right)$ is presented by an $m$-chart $\Gamma_{m}\left(b, \Delta^{n}\right)$. By Proposition 4.3 and Theorem4.5, we have the result.

### 4.2. Proof of Theorem 4.5.

### 4.2.1. Key Lemma.

Lemma 4.6. Let us fix a word presentation of $b$, and let $l(b)$ be the word length of $b$, i.e. the number of letters of $b$. Let $b=\sigma_{j}^{\epsilon} b_{1}(j \in\{1,2, \ldots, m-1\}$, $\epsilon \in\{+1,-1\})$ be the presentation, where $b_{1}$ is the subword of $b$ with the word length $l(b)-1$. Then

$$
\Gamma\left(b, \Delta^{n}\right) \cup \cup_{i=1}^{m-1} F_{i} \sim \Gamma\left(b_{1}, \Delta^{n}\right) \cup \cup_{i=1}^{m-1} F_{i}
$$



Figure 4.3. An $m$-chart $\Gamma_{m}\left(b, \Delta^{n}\right)$ presenting $\mathcal{S}_{m}\left(b, \Delta^{n}\right)$.

### 4.2.2. Proof of Theorem 4.5.

Proof. Put $\Gamma=\Gamma\left(b, \Delta^{n}\right)$. We show that $\Gamma^{\prime}=\Gamma \cup \cup_{i=1}^{m-1} F_{i}$ is C-move equivalent to $\cup_{i=1}^{m-1} F_{i}$. By applying Lemma 4.6, $\Gamma^{\prime}$ is C-move equivalent to $\Gamma\left(e, \Delta^{n}\right) \cup \cup_{i=1}^{m-1} F_{i}$, where $e$ denotes the empty word. Since $\Gamma\left(e, \Delta^{n}\right)$ contains no black vertices, it is C-move equivalent to an $m$-chart consisting of parallel loops presenting $\Delta^{n}$. Hence, by applying CI-moves of type (2), we can deform it to $\cup_{i=1}^{m-1} F_{i}$; thus $u(\Gamma) \leq m-1$.

### 4.2.3. Proof of Lemma 4.6.

Proof. It suffices to show that

$$
\Gamma\left(b, \Delta^{n}\right) \cup F_{j} \sim \Gamma\left(b_{1}, \Delta^{n}\right) \cup F_{j} .
$$

Let us consider the case when $\epsilon=+1$; then we have $b=\sigma_{j} b_{1}$. Put $\Gamma=$ $\Gamma\left(b, \Delta^{n}\right)$, and put $\Gamma_{0}=\Gamma \cup F_{j}$. Let $D$ be a disk in $T-(\mu \cup \lambda)$ such that $\Gamma \cap(T-D)$ contains no vertices. Let us take a point $y_{0} \in \partial D$ such that there exists an oriented path $\eta$ from $x_{0}$ to $y_{0}$ with $\Gamma \cap \eta=\emptyset$ and further a conjugate by $\eta$ of a loop $\partial D$ oriented anti-clockwise with a base point $y_{0}$ is homotopic to $\mu \lambda \mu^{-1} \lambda^{-1}$. See Fig. 4.3,

Let $e$ be the edge of $\Gamma_{0} \cap(T-D)$ presenting $\sigma_{j}$ the first letter of $b$. Move the free edge $F_{j} \subset \Gamma_{0}$ by an ambient isotopy in such a way that it is parallel to $e$ and the orientation is reverse. Then let us apply a CI-move of type (2) to these edges. By an ambient isotopy of $T$, the resulting $m$-chart is equivalent to the closure of $\left(\Gamma_{0}-e\right) \cup F_{j}$, which we denote by $\Gamma_{1}$; note that $\partial e \in \partial D$ consists of the black vertices coming from $F_{j}$, which we denote by $v_{1}$, and $v_{2}$ in such a way that the connected edge is oriented from $v_{1}$ (resp. toward $v_{2}$ ).

Let $\rho$ be an oriented loop such that it starts from $x_{0}$, goes along $\eta$ to $y_{0}$, goes along $\partial D$ clockwise to near $v_{2}$, goes around $v_{2}$ anti-clockwise and comes back to $x_{0}$ by the reverse course. Then $\Gamma_{1} \cap \rho$ presents the braid $\Delta^{n} \sigma_{j} \Delta^{-n}$. By Lemma 4.7, we can deform $\Gamma^{\prime}$ in a neighborhood $N(\rho)$ of $\rho$ by C-moves and ambient isotopies to an $m$-chart $\Gamma_{2}$ satisfying that in $N(\rho)$, there is exactly one black vertex $v_{2}^{\prime}$ such that (1) we can take an oriented loop $\rho^{\prime}$ in $N(\rho)$ with the base point $x_{0}$, which goes around $v_{2}^{\prime}$ anti-clockwise, and (2) $\Gamma_{2} \cap \rho^{\prime}$ presents the braid $\sigma_{j}$. By applying a CI-move of type (2) around $v_{1}$ and $v_{2}^{\prime}$, we have a new free edge $F_{j}$. Thus we have $\Gamma_{m}\left(b_{1}, \Delta^{n}\right) \cup F_{j}$. See Fig. 4.4. The case when $\epsilon=-1$ can be shown likewise.


Figure 4.4. An $m$-chart $\Gamma_{m}\left(\sigma_{j} b_{1}, \Delta^{n}\right) \cup F_{j}$ is C-move equivalent to $\Gamma_{m}\left(b_{1}, \Delta^{n}\right) \cup F_{j}$. In the figure, $\Gamma$ and $\Gamma^{\prime}$ contain no black vertices.


Figure 4.5. Two equivalent $m$-charts, where $\Gamma^{\prime}$ contains no black vertices.

The proof of Lemma 4.6 can be shortened by using the braid monodromies and braid systems of a simple braided surface over a 2-disk (see [19, Chapter 17]), as follows. We assume that the $m$-charts are on a 2-disk $T-(\mu \cup \lambda)$. The braid system of $\Gamma_{1}$ (resp. $\left.\Gamma_{m}\left(b_{1}, \Delta^{n}\right) \cup F_{j}\right)$ is $\left(\sigma_{j}^{-1}, \Delta^{n} \sigma_{j} \Delta^{-n}\right)$ (resp. $\left.\left(\sigma_{j}^{-1}, \sigma_{j}\right)\right)$. Since $\Delta^{n} \sigma_{j} \Delta^{-n} \sim \sigma_{j}$, the braid systems are equivalent. Hence we can see that their presenting braided surfaces are equivalent; thus the $m$-charts are C-move equivalent. See [19, Chapter 17].

Lemma 4.7. We can transform the m-chart as in Fig. 4.5 (1) to the $m$ chart as in Fig. 4.5 (2) by C-moves and ambient isotopies.

Proof. Let $\Gamma_{1}$ be an $m$-chart on a 2 -disk with exactly one black vertex. Let $\rho$ be a path satisfying that $\Gamma_{1} \cap \rho$ consists of finite points of edges and the black vertex of $\Gamma_{1}$ such that $\Gamma_{1} \cap \rho$ presents a singular $m$-braid $c \dot{\sigma}_{i}$ for some $m$-braid presentation $c$ and $i \in\{1, \ldots, m-1\}$, where $\dot{\sigma}_{i}$ denotes the singular point presented by the black vertex. By Fig. 4.6, by C-moves and ambient isotopies, we can transform $\Gamma_{1}$ to an $m$-chart $\Gamma_{2}$ with $\partial \Gamma_{2}=\partial \Gamma_{1}$ such that $\Gamma_{2}$ has exactly one black vertex which is on $\rho$, and $\Gamma_{2} \cap \rho$ presents a singular braid related with $c \dot{\sigma}_{i}$ by the following transformations:
(1) $\sigma_{i} \dot{\sigma}_{i} \leftrightarrow \dot{\sigma}_{i} \sigma_{i}$,
(1)

(2)


CII-move

(3)
 CIII-move


Figure 4.6.
(2) $\sigma_{i} \dot{\sigma}_{j} \leftrightarrow \dot{\sigma}_{j} \sigma_{i}$, where $|i-j|>1$,
(3) $\sigma_{i} \sigma_{j} \dot{\sigma}_{i} \leftrightarrow \dot{\sigma}_{j} \sigma_{i} \sigma_{j}$, where $|i-j|=1$,
where $i, j \in\{1, \ldots, m-1\}$.
Recall that $\Delta$ has the presentation $\Delta=\left(\sigma_{1} \sigma_{2} \cdots \sigma_{m-1}\right)^{m}$. Since $\Delta^{n} \dot{\sigma}_{j}$ is transformed to $\dot{\sigma}_{j} \Delta^{n}$ by these transformations, we can see that the $m$-chart as in Fig. 4.5 (1) is C-move equivalent to the $m$-chart as in Fig. 4.5 (2).

## 5. QUANDLE COLORINGS AND QUANDLE COCYCLE INVARIANTS

In Section 5.1, we review quandle colorings and quandle cocycle invariants [4, 5, 6]. In Section 5.2, we review Iwakiri's results [12] which gives a lower bound of the unknotting number or the triple point cancelling number of a surface knot, by using $p$-colorings and quandle cocycle invariants associated with Mochizuki's 3-cocycle.
5.1. A quandle [3, 13, 23, 30] is a set $X$ with a binary operation $*: X \times X \rightarrow$ $X$ satisfying the following:
(1) (Idempotency) For any $x \in X, x * x=x$.
(2) (Right invertibility) For any $y, z \in X$, there is a unique $x \in X$ such that $x * y=z$.
(3) (Right self-distributivity) For any $x, y, z \in X,(x * y) * z=(x * z) *$ $(y * z)$.
For any $x \in X$, let $\mathcal{R}_{x}: X \rightarrow X$ be a map defined by $\mathcal{R}_{x}(y)=y * x$ for $y \in X$. Since $\mathcal{R}_{x}(x \in X)$ is a bijection by Axiom (2), the set $\left\{\mathcal{R}_{x} \mid x \in X\right\}$ generates a group called the inner automorphism group of $X$, which we denote by $\operatorname{Inn}(X)$. A quandle $X$ is said to be connected if $\operatorname{Inn}(X)$ acts transitively on $X$.

For a classical link $L$ or a surface link $F$, we briefly review quandle colorings and quandle cocycle invariants as follows (for details see [4, 5, 6]). Let us denote by $D$ the diagram of $L$ or $F$, i.e. the image of $L$ or $F$ by a generic projection to $\mathbb{R}^{2}$ or $\mathbb{R}^{3}$. In order to indicate crossing information of the diagram, we break the under-arc or the under-sheet into two pieces missing the over-arc or the over-sheet. Then the diagram is presented by a


Figure 5.1. An $X$-coloring $C$, where $x, y$, and $x * y$ are the colors of arcs or broken sheets given by $C$, and the orientation of the over-sheet is denoted by a normal.
disjoint union of arcs, or compact surfaces called broken sheets. Let $B(D)$ be the set of such arcs or broken sheets. An $X$-coloring for a diagram $D$ of $L$ or $F$ is a map $C: B(D) \rightarrow X$ as in Fig. 5.1. The image by $C$ is called the color.

Let $G$ be an abelian group. A 2-cocycle with the coefficient group $G$ is a $\operatorname{map} f: X^{2} \rightarrow G$ satisfying

$$
\begin{gathered}
f(s, u)+f(s * u, t * u)=f(s, t)+f(s * t, u), \text { and } \\
f(s, s)=0
\end{gathered}
$$

for any $s, t, u \in X$. A 3-cocycle is a map $f: X^{3} \rightarrow G$ satisfying

$$
\begin{gathered}
f(s, t, u)+f(s * u, t * u, v)+f(s, u, v)=f(s * t, u, v)+f(s, t, v)+f(s * v, t * v, u * v) \\
f(s, s, t)=0 \text { and } f(s, t, t)=0
\end{gathered}
$$

for any $s, t, u, v \in X$.
For an $X$-coloring $C$ of the diagram $D$ of a classical link $L$ or a surface link $F$, the quandle cocycle invariant is defined as follows. For the case of a classical link, at each crossing $r$ of the diagram $D$, the weight $W_{f}(r ; C)$ at $r$ for a 2-cocycle $f$ is given as in Fig. 5.2, Put

$$
\Phi_{f}(L ; C)=\sum_{r \in X_{2}(D)} W_{f}(r ; C),
$$

where $X_{2}(D)$ is the set of the crossings of $D$. For the case of a surface link, at each triple point $t$ of the diagram $D$, the weight $W_{f}(t ; C)$ at $t$ for a 3-cocycle $f$ is given as in Fig. 5.3. Put

$$
\Phi_{f}(F ; C)=\sum_{t \in X_{3}(D)} W_{f}(t ; C)
$$

where $X_{3}(D)$ is the set of the triple points of $D$. It is known [4] that $\Phi_{f}(L ; C)$ or $\Phi_{f}(F ; C)$ is an invariant of $L$ or $F$. We call it the quandle cocycle invariant of $L$ or $F$ associated with an $X$-coloring $C$ (see [4]). Let $X$ be a finite quandle, i.e. a quandle consisting of finitely many elements. Since $B(D)$ is a finite set, so is the set of $X$-colorings for $D$. Let $\operatorname{Col}_{X}(D)$ be the set of all the $X$-colorings. Then define $\Phi_{f}(L)$ or $\Phi_{f}(F)$ by the family

$$
\Phi_{f}(S)=\left\{\Phi_{f}(S ; C) \mid C \in \operatorname{Col}_{X}(D)\right\}
$$

where $S=L$ or $F$ and $f$ is a 2-cocycle (resp. 3-cocycle) if $S=L$ (resp. $F$ ). We call $\Phi_{f}(L)$ or $\Phi_{f}(F)$ the quandle cocycle invariant of $L$ or $F$ associated

a positive crossing weight $=\mathrm{f}(\mathrm{x}, \mathrm{y})$

a negative crossing weight $=-f(x, y)$

Figure 5.2. The weight at a crossing, where $x, y$, and $x * y$ are the colors of arcs by $C$, and $f$ is a 2 -cocycle.

a positive triple point weight $=f(x, y, z)$

a negative triple point weight $=-f(x, y, z)$

Figure 5.3. The weight at a triple point, where the orientations are denoted by normals, and $x, y, z$, etc. are the colors by $C$, and $f$ is a 3 -cocycle.
with $f$ [4].
Next we review the shadow cocycle invariants of a classical link. Let $C$ be an $X$-coloring of the diagram $D$ of a classical link $L$. For $x \in X$, let $C_{x}^{*}$ be a map $C_{x}^{*}: B^{*}(D) \rightarrow X$, where $B^{*}(D)$ is the union of $B(D)$ and the set of regions of $\mathbb{R}^{2}$ separated by the immersed strings of the diagram $D$, satisfying the following conditions:
(1) $C_{x}^{*}$ restricted to $B(D)$ is coincident with $C$.
(2) The color of the regions are as in Fig. 5.4.
(3) The color of the unbounded region is $x$.

By [5], $C_{x}^{*}$ exists uniquely for given $C$ and $x$. For a 3-cocycle $f$ and $C$ and $x$, let us define the weight $W_{f}^{*}(r ; C, x)$ at a crossing $r$ as in Fig. 5.4. Put

$$
\Psi_{f}^{*}(L ; C, x)=\sum_{r \in X_{2}(D)} W_{f}^{*}(r ; C, x) .
$$

It is known [5] that $\Psi_{f}^{*}(L ; C)$ is an invariant of $L$. We will call $\Psi_{f}^{*}(L ; C, x)$ the shadow cocycle invariant of $L$ associated with the $X$-coloring $C$ and the base color $x$ (see [5]). Then, for a finite quandle $X$, define $\Psi_{f}^{*}(L)$ by the family

$$
\Psi_{f}^{*}(L)=\left\{\Psi_{f}^{*}(L ; C, x) \mid C \in \operatorname{Col}_{X}(D), x \in X\right\}
$$

where $f$ is a 3-cocycle. We call $\Psi_{f}^{*}(L)$ the shadow quandle cocycle invariant of $L$ associated with $f$ [5].



Figure 5.4. The shadow coloring and the weight at a crossing, where $x, y, w$, etc. are the colors of arcs or regions by $C_{x}^{*}$, and $f$ is a 3 -cocycle.
(1)

(2)



Figure 5.5.
The following lemma is useful to calculate quandle cocycle invariants; see also 11].

Lemma 5.1. Let $L$ be a classical link, and let $X$ be a quandle. Let $f$ be a 3-cocycle, and let $C$ be an $X$-coloring.
(1) If $X$ is connected, then, for any $x, y \in X, \Psi_{f}^{*}(L ; C, x)=\Psi_{f}^{*}(L ; C, y)$.
(2) For any $x, z \in X, \Psi_{f}^{*}\left(L ; \mathcal{R}_{z}(C), x\right)=\Psi_{f}^{*}(L ; C, x)$.

Proof. Let $D$ be a diagram of $L$. We say we move a circle over (resp. under) $D$ by Reidemeister moves if the moves present the transformation of the presented link which moves the trivial knot presented by the circle over (resp. under) $L$ with respect to the hight direction.
(1) By hypothesis, it suffices to show $\Psi_{f}^{*}(L ; C, x)=\Psi_{f}^{*}(L ; C, y)$ for $x, y \in$ $X$ satisfying $\mathcal{R}_{z}(x)=y$ or $\mathcal{R}_{z}^{-1}(x)=y$ for some $z \in X$. For the case
when $\mathcal{R}_{z}(x)=y$ (resp. $\mathcal{R}_{z}^{-1}(x)=y$ ), let us consider the split union of $D$ colored by $C$ and a circle colored by $z$ and oriented anti-clockwise (resp. clockwise), with the base color $x$. The region inside the circle is colored by $y$. This diagram presents $\Psi_{f}^{*}(L ; C, x)$. Then, move the circle under $D$ by Reidemeister moves to the form surrounding $D$ as in Fig. 5.5 (1). Then, $D$ is colored by $C$, and the region surrounding $D$ is colored by $y$. Hence we can regard that $D$ is drawn in the disk bounded by the circle, and the base color is $y$; thus this diagram presents $\Psi_{f}^{*}(L ; C, y)$.
(2) Let us consider the split union of $D$ colored by $C$ and a circle colored by $z$ and oriented anti-clockwise, with the base color $x$. This diagram presents $\Psi_{f}^{*}(L ; C, x)$. Then, move the circle over $D$ by Reidemeister moves to the form surrounding $D$, and then move the circle under $D$ by Reidemeister moves to the form of a split union of $D$ and the circle as in Fig. 5.5 (2) Then, $D$ is colored by $\mathcal{R}_{z}(C)$, and the base color is $x$. This diagram presents $\Psi_{f}^{*}\left(L ; \mathcal{R}_{z}(C), x\right)$.
5.2. Recall that $p$ is an odd prime. A dihedral quandle $R_{p}$ is a set $R_{p}=$ $\mathbb{Z} / p \mathbb{Z}$ with a binary operation $x * y=2 y-x$ for any $x, y \in R_{p}$. Note that since $\mathbb{Z} / p \mathbb{Z}$ is a field, $R_{p}$ is connected. We call a $R_{p}$-coloring a $p$-coloring; see [4, 8, 12]. For a classical link $L$ or a surface link $F$, we denote by $\operatorname{Col}_{p}(D)$ the set of $p$-colorings for a diagram $D$ of $L$ or $F$. The number of the elements of $\operatorname{Col}_{p}(D)$ is an invariant of $L$ or $F$ [ , which we will denote by $\left|\operatorname{Col}_{p}(L)\right|$ or $\left|\operatorname{Col}_{p}(F)\right|$.
Lemma 5.2 ([12]). For a classical link $L$ or a surface link $F$, the set of $p$-colorings $\operatorname{Col}_{p}(D)$ is a linear space over $\mathbb{Z} / p \mathbb{Z}$, where $D$ a diagram $D$ of $L$ or $F$.

We briefly review the proof. We denote by $B(D)$ the set of arcs or broken sheets of $D$, and let $r$ be the number of elements of $B(D)$. We can regard the set of all maps from $B(D)$ to $\mathbb{Z} / p \mathbb{Z}$, as a linear space $\left\{\left(x_{1}, \ldots, x_{r}\right) \in\right.$ $\left.(\mathbb{Z} / p \mathbb{Z})^{r}\right\}$, where $x_{i}$ denotes the the image of the $i$ th arc or broken sheet of $D(i=1, \ldots, r)$. Let us denote by $s$ the number of crossings or double point curves in $D$. Then, $\operatorname{Col}_{p}(D)=\left\{\left(x_{1}, \ldots, x_{r}\right) \in(\mathbb{Z} / p \mathbb{Z})^{r} \mid f_{1}=\ldots=f_{s}=0\right\}$, where $f_{j}=2 y-x-z$ for some $x, y, z \in\left\{x_{1}, \ldots, x_{r}\right\}$, where $x, y, z$ are the colors of arcs/sheets around the $j$ th crossing or double point curve such that $x * y=z(j=1, \ldots, s)$. Hence, $\operatorname{Col}_{p}(D)$ is isomorphic to a linear space $(\mathbb{Z} / p \mathbb{Z})^{k}$ for some integer $r-s \leq k \leq r$.

Mochizuki [25] showed that for any odd prime $p$, the 3-cocycles for $R_{p}$ with the coefficient group $\mathbb{Z} / p \mathbb{Z}$ forms a group isomorphic to $\mathbb{Z} / p \mathbb{Z}$. Its generator is reduced (see [1) to a map given by

$$
\theta_{p}(s, t, u)=(s-t)\left((2 u-t)^{p}+t^{p}-2 u^{p}\right) / p \in \mathbb{Z} / p \mathbb{Z} .
$$

We call $\theta_{p}$ Mochizuki's 3 -cocycle, and we denote the quandle cocycle invariant (resp. shadow cocycle invariant) associated with $\theta_{p}$ by $\Phi_{p}(F)$ (resp. $\Psi_{p}^{*}(L)$ respectively.

Theorem 5.3 ([12]). For a surface knot $F$, let $k$ be a positive integer such that $\left|\operatorname{Col}_{p}(F)\right|=p^{k}$. Then $u(F) \geq k-1$.

For a surface link $F$, let us denote by $a_{0}\left(\Phi_{p}(F)\right)$ the number of 0 in the multi-set $\Phi_{p}(F)$.

Theorem $5.4([12)$. For a surface link $F$, let $k$ be a positive integer such that $\left|\operatorname{Col}_{p}(F)\right|=p^{k}$, and let $k^{\prime}$ be a positive integer such that $a_{0}\left(\Phi_{p}(F)\right)<$ $p^{k^{\prime}}$. Then

$$
\tau(F) \geq k-k^{\prime}+1
$$

These results are shown by using the facts that the set of $p$-colorings can be regarded as a linear space and a 1 -handle addition implies an addition of a new relation to the linear space; see [12] (see also the proof of Theorem [1.5). In [12], Theorem 5.4 is shown for the quandle cocycle invariants associated with 3-cocycles valued in a $G_{R_{p}}$-module, where $G_{R_{p}}$ denotes the associated group of the dihedral quandle $R_{p}$. Note that it is known [27] that any quandle cocycle invariant using the dihedral quandle $R_{p}$ of prime order is a scalar multiple of the quandle cocycle invariant associated with Mochizuki's 3 -cocycle.

## 6. Lower bounds of unknotting numbers

In this section we show Theorems 1.2 and 1.3 ,
6.1. Notations and lemmas. For a quandle $X$ with a binary operation *, Let $\bar{\mp}: X \times X \rightarrow X$ be a binary operation defined by $x \bar{*} y=\mathcal{R}_{y}^{-1}(x)$ for $x, y \in X$; note that $\bar{*}=*$ if $X=R_{p}$.

For an $m$-braid $b$, let $A_{b}: X^{m} \rightarrow X^{m}$ be a map associated with $b$ by an $X$-coloring, i.e. $A_{b}$ is a map determined by $A_{b}=A_{b_{1}} \circ A_{\sigma_{j}^{\epsilon}}$ for a presentation $b=\sigma_{j}^{\epsilon} b_{1}(j \in\{1, \ldots, m-1\}, \epsilon \in\{+1,-1\})$, where

$$
\begin{aligned}
& A_{\sigma_{i}}\left(x_{1}, \ldots, x_{m}\right)=\left(x_{1}, \ldots, x_{i-1}, x_{i+1}, x_{i} * x_{i+1}, x_{i+2}, \ldots, x_{m}\right), \text { and } \\
& A_{\sigma_{i}^{-1}}\left(x_{1}, \ldots, x_{m}\right)=\left(x_{1}, \ldots, x_{i-1}, x_{i+1} x_{i}, x_{i}, x_{i+2}, \ldots, x_{m}\right),
\end{aligned}
$$

for $i=1, \ldots, m-1$. Remark that $A_{b}$ is well-defined and bijective.
Example 6.1. For $R_{p}$ and a 2 -braid $\sigma_{1}$,

$$
A_{\sigma_{1}}=\left(\begin{array}{cc}
0 & 1 \\
-1 & 2
\end{array}\right) .
$$

Lemma 6.2. For a finite quandle $X$ and any m-braid b, there is an integer $k$ such that $A_{b}^{k}=I$, where $I$ denotes the identity map.
Proof. Since $X^{m}$ consists of finite elements, for any $\mathrm{x} \in X^{m}$, there exist integers $k, n$ such that $A_{b}^{n+k}(\mathbf{x})=A_{b}^{n}(\mathbf{x})$. Since the inverse map $A_{b}^{-1}$ exists, $A_{b}^{k}(\mathbf{x})=\mathbf{x}$. Let $k^{\prime}$ be the least common multiple of such $k$ for all $\mathbf{x} \in X^{m}$. Then $A_{b}^{k^{\prime}}=I$.

In particular, we have the following lemma. Recall that $l=2$ (resp. $p$ ) if $m$ is odd (resp. even).
Lemma 6.3. For $R_{p}$ and any $m$-braid $b$,

$$
A_{\Delta}^{l}=I .
$$

Recall that $\mathcal{R}_{y}: X \rightarrow X$ is a map defined by $\mathcal{R}_{y}(x)=x * y$ for any $x, y \in X$. Let $\mathcal{R}_{\emptyset}=\mathrm{id}_{X}$, and we will denote $\mathcal{R}_{y_{k}} \circ \cdots \circ \mathcal{R}_{y_{2}} \circ \mathcal{R}_{y_{1}}$ by $\mathcal{R}_{\left(y_{1}, y_{2}, \ldots, y_{k}\right)}$ for $\left(y_{1}, y_{2}, \ldots, y_{k}\right) \in X^{k}$.

For a given $X$-coloring of $\hat{b}$, let $x_{i}(i=1,2, \ldots, m)$ be the color of the $i$ th initial arc of the $m$-braid $b$. Put $\mathbf{x}=\left(x_{1}, \ldots, x_{m}\right)$.
Proof of Lemma 6.3. By Lemma 6.4, it suffices to show that $\mathcal{R}_{\mathbf{x}}^{l}=\mathrm{id}$. Note that we calculate in $\mathbb{Z} / p \mathbb{Z}$.

When $m$ is odd, by calculation, we see that

$$
\begin{aligned}
\mathcal{R}_{\mathbf{x}}(x) & =2 x_{m}-2 x_{m-1}+2 x_{m-2}-\cdots+2 x_{1}-x \\
& =2 y-x \\
& =x * y,
\end{aligned}
$$

where $y=x_{m}-x_{m-1}+\cdots-x_{2}+x_{1}$. Hence $\mathcal{R}_{\mathbf{x}}^{2}(x)=(x * y) * y=x$; thus $A_{\Delta}^{2}=I$.

When $m$ is even,

$$
\mathcal{R}_{\mathbf{x}}(x)=2 y+x
$$

where $y=x_{m}-x_{m-1}+x_{m-2}-\cdots-x_{1}$. Hence $\mathcal{R}_{\mathbf{x}}^{p}(x)=p y+x$, which is $x$ modulo $p$; thus $A_{\Delta}^{p}=I$.

Lemma 6.4. For any positive integer $i$,

$$
A_{\Delta}^{i}(\mathrm{x})=\mathcal{R}_{\mathbf{x}}^{i}(\mathrm{x})
$$

Proof. Put $\mathbf{x}_{1}=\mathbf{x}$, and $\mathbf{x}_{j}=\mathcal{R}_{\mathbf{x}_{j-1}}\left(\mathbf{x}_{j-1}\right)(j>1)$. For $\mathbf{z}=\left(z_{1}, \ldots, z_{k}\right)$ and $\mathbf{z}^{\prime}=\left(z_{1}^{\prime}, \ldots, z_{k^{\prime}}^{\prime}\right)$, we denote $\left(z_{1}, \ldots, z_{k}, z_{1}^{\prime}, \ldots, z_{k^{\prime}}^{\prime}\right)$ by $\mathbf{z z}^{\prime}$. Then, we can see that

$$
\begin{aligned}
& A_{\Delta}^{j-1}(\mathbf{x})=\mathbf{x}_{j}, \text { and } \\
& \mathbf{x}_{j}=\mathcal{R}_{\mathbf{x}_{1} \mathbf{x}_{2} \cdots \mathbf{x}_{\mathbf{j}-\mathbf{1}}}(\mathbf{x})=\mathcal{R}_{\mathbf{x}}^{j-1}(\mathbf{x}),
\end{aligned}
$$

for any integer $j>1$; see [26, Lemma 5.4]. Hence we have the required result.

### 6.2. Proofs of Theorems 1.2 and 1.3 .

Proof of Theorem 1.2. Since $A_{\Delta}^{l}=I$ by Lemma 6.3, $\left|\operatorname{Col}_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{l n}\right)\right)\right|=$ $\left|\operatorname{Col}_{p}(\hat{b})\right|$. The required result follows from Theorem 5.3,
Proof of Theorem 1.3. Since $\left|\operatorname{Col}_{p}(\hat{b})\right|=p^{m}$, by Theorem 1.2 we have the result.
6.3. Examples. (1) For an $m$-braid $b=\sigma_{1}^{p} \sigma_{2}^{p} \cdots \sigma_{m-1}^{p}$ and any integer $n$,

$$
u\left(\mathcal{S}_{m}\left(b, \Delta^{l n}\right)\right)=m-1 .
$$

(2) For a 3 -braid $b=\left(\sigma_{1} \sigma_{2}^{-1}\right)^{4}$ and for any integer $n$,

$$
u\left(\mathcal{S}_{3}\left(b, \Delta^{2 n}\right)\right)=2 .
$$

Proof. (2) Since $A_{\sigma_{1} \sigma_{2}^{-1}}=\left(\begin{array}{ccc}0 & 1 & 0 \\ -2 & 4 & -1 \\ -1 & 2 & 0\end{array}\right)=\left(\begin{array}{ccc}0 & 1 & 0 \\ 1 & 1 & -1 \\ -1 & -1 & 0\end{array}\right), A_{b}=A_{\sigma_{1} \sigma_{2}^{-1}}^{4}=$ I.

## 7. Triple point cancelling numbers

In this section we show Theorems 1.4, 1.5 and 1.6. In Section 7.1, we calculate quandle cocycle invariants associated with Mochizuki's 3-cocycle (Theorem 7.1), and we show Theorem 1.4. In Section 7.2, we calculate the quandle cocycle invariants for the torus-covering knots as in Theorem 1.5 (Theorem [7.2) and we show Theorems 1.5 and 1.6. Section 7.3 is devoted to prove lemmas.
7.1. Calculation of quandle cocycle invariants. We use the notations given in Section 6.1. Recall that for a given $p$-coloring of $\hat{b}, x_{i}(i=1,2, \ldots, m)$ is the color of the $i$ th initial arc of the $m$-braid $b$.

Theorem 7.1. Let $b$ be an m-braid and let $n$ be an integer. Assume that $A_{\Delta}^{n}=I$ and $m$ or $n$ is even. Then

$$
\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right)\right)=\left\{-m n \Psi_{p}^{*}(\hat{b} ; C, 0) \mid C \in \operatorname{Col}_{p}(\hat{b})\right\}
$$

Proof. We use the notations given in Section6.1. Recall that $\mathbf{x}=\left(x_{1}, \ldots, x_{m}\right)$, and $\mathbf{x}_{1}=\mathbf{x}$, and $\mathbf{x}_{j}=\mathcal{R}_{\mathbf{x}_{j-1}}\left(\mathbf{x}_{j-1}\right)(j>1)$.

Let us consider the case when $n \geq 0$. The assumption $A_{\Delta}^{n}=I$ implies that for any $C \in \operatorname{Col}_{p}(\hat{b}), \mathcal{R}_{\mathbf{y}}=\operatorname{id}_{R_{p}}$ holds true, where $\mathbf{y}=\mathbf{x}_{1} \mathbf{x}_{2} \cdots \mathbf{x}_{n}$. Hence, by [26], the quandle cocycle invariant of $\mathcal{S}_{m}\left(b, \Delta^{n}\right)$ associated with Mochizuki's 3 -cocycle $\theta_{p}$ is presented by
$\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right)\right)=\left\{\Phi_{f_{p}}(\hat{b} ; C)-\sum_{i=1}^{m} \sum_{j=1}^{n} \Psi_{p}^{*}\left(\hat{b} ; \mathcal{R}_{\mathbf{x}}^{j-1}(C), \mathcal{R}_{\mathbf{x}}^{j-1}\left(x_{i}\right)\right) \mid C \in \operatorname{Col}_{p}(\hat{b})\right\}$,
where $\Phi_{f_{p}}(\hat{b} ; C)$ is the quandle cocycle invariant of $\hat{b}$, and $\Psi_{p}^{*}(\hat{b} ; C, x)$ is the shadow cocycle invariant of $\hat{b}$. Here $\mathbf{x}$ is determined from $C$ and $b$, and $f_{p}$ is the 2-cocycle determined from $\theta_{p}$ and $\mathbf{y}=\left(y_{1}, \ldots, y_{k}\right)$ by

$$
\begin{equation*}
f_{p}(s, t)=\sum_{j=1}^{k} \theta_{p}\left(\mathcal{R}_{\left(y_{1}, \ldots, y_{j-1}\right)}(s), \mathcal{R}_{\left(y_{1}, \ldots, y_{j-1}\right)}(t), y_{j}\right) \tag{7.1}
\end{equation*}
$$

By Lemmas 7.6, and 7.8, we see that $\Phi_{f_{p}}(\hat{b} ; C)=0$ for any $C$. Since $R_{p}$ is connected, $\Psi_{p}^{*}(\hat{b} ; C, x)=\Psi_{p}^{*}(\hat{b} ; C, 0)$ for any $x \in R_{p}$ by Lemma 5.1 (1). Further, it follows from Lemma 5.1 (2) that $\Psi_{p}^{*}\left(\hat{b} ; \mathcal{R}_{\mathbf{z}}(C), 0\right)=\Psi_{p}^{*}(\hat{b} ; C, 0)$ for any $\mathbf{z} \in R_{p} \times \cdots \times R_{p}$. Thus we have the result.

Let us consider the case when $n<0$. Since $\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right) ; C\right)+\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{-n}\right) ; C\right)=$ $\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n} \Delta^{-n}\right) ; C\right)=\Phi_{p}\left(\mathcal{S}_{m}(b, e) ; C\right)=0$ for any $p$-coloring $C$ (see [26]: in order to calculate $\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right) ; C\right)$, we take the sum of the weights of the triple points presented by the transformation $\left.b \Delta^{n} \rightarrow \Delta^{n} b\right), \Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right) ; C\right)=$ $-\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{-n}\right) ; C\right)$ for any $C$; thus we have the required result.

Proof of Theorem 1.4. By Lemma 6.3, we see that $A_{\Delta}^{l n}=I$ for any integer $n$. Since $l=p$ (resp. 2) if $m$ is even (resp. odd), by Theorem 7.1, for an $m$-braid $b(m>0)$ and an integer $n$,

$$
\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{l n}\right)\right)=\left\{\underset{18}{\left.-\operatorname{lm} n \Psi_{p}^{*}(\hat{b} ; C, 0) \mid C \in \operatorname{Col}_{p}(\hat{b})\right\} . . . ~}\right.
$$

Hence, for a positive odd integer $m$ and an $m$-braid $b$ and an integer $n$,

$$
\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)\right)=\left\{-2 m n \Psi_{p}^{*}(\hat{b} ; C, 0) \mid C \in \operatorname{Col}_{p}(\hat{b})\right\} .
$$

Since $\Psi_{p}^{*}(\hat{b})$ consists of $p$ copies of $\Psi_{p}^{*}(\hat{b} ; C, 0)$ for each $C$ by Lemma 5.1 (1), for a positive odd integer $m$ with $m \not \equiv 0(\bmod p)$ and an integer $n$ with $n \not \equiv 0(\bmod p)$, it holds true that $a_{0}\left(\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{n}\right)\right)\right)=a_{0}\left(\Psi_{p}^{*}(\hat{b})\right) / p$. Hence the required result follows from Theorem 5.4.

### 7.2. Proof of Theorem 1.5.

Theorem 7.2. Let $b$ be an $m$-braid as in Theorem 1.5. Then
$\Phi_{p}(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)=\{\underbrace{2 m n \sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}, \ldots, 2 m n \sum_{j=1}^{m-1} \nu_{j} y_{i}^{2}}_{p \text { copies }} \mid y_{1}, \ldots, y_{m-1} \in \mathbb{Z} / p \mathbb{Z}\}$.
Proof. By Theorem 7.1, since $m$ is odd and $l=2$, we have

$$
\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)\right)=\left\{-2 m n \Psi_{p}^{*}(\hat{b} ; C, 0) \mid C \in \operatorname{Col}_{p}(\hat{b})\right\} .
$$

We calculate $\Psi_{p}^{*}(\hat{b} ; C, 0)$. It is known [1] that for an $m$-braid $c_{i}=\sigma_{i}^{p}(i>0)$, $\Psi_{p}^{*}\left(\hat{c}_{i} ; C, 0\right)=-\left(x_{i}^{\prime}-x_{i+1}^{\prime}\right)^{2}$, where $x_{i}^{\prime}, x_{i+1}^{\prime}$ are the colors of the $i$ th and $(i+1)$ th initial arcs of $c_{i}$. Since $A_{c_{i}}=I(i>0)$, it follows that $\Psi_{p}^{*}(\hat{b} ; C, 0)=$ $\sum_{i=1}^{m-1} \nu_{i} \Psi_{p}^{*}\left(\hat{c}_{i} ; C, 0\right)=-\sum_{i=1}^{m-1} \nu_{i}\left(x_{i}-x_{i+1}\right)^{2}$; recall that $x_{i}$ is the color of the $i$ th initial arc of the braid $b$, where $i=1, \ldots, m-1$. Note that $A_{b}=A_{\Delta}^{2 n}=I$, and hence each $p$-coloring for a diagram of $\hat{b}$ or $\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)$ is presented by $\left(x_{1}, \ldots, x_{m}\right)$. Thus

$$
\begin{aligned}
\Phi_{p}\left(\mathcal{S}_{m}\left(b, \Delta^{2 n}\right)\right) & =\left\{2 m n \sum_{i=1}^{m-1} \nu_{i}\left(x_{i}-x_{i+1}\right)^{2} \mid x_{1}, \ldots, x_{m} \in \mathbb{Z} / p \mathbb{Z}\right\} \\
& =\{\underbrace{2 m n \sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}, \ldots, 2 m n \sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}}_{p} \mid y_{1}, \ldots, y_{m-1} \in \mathbb{Z} / p \mathbb{Z}\} .
\end{aligned}
$$

Proof of Theorem 1.5, Let $k$ be an integer with $k<(m-1) / 2$. Let us denote by $F$ the torus-covering knot given in this theorem, and let us denote by $F^{\prime}$ the result of $k 1$-handle additions to $F$.

We show that $F^{\prime}$ is not pseudo-ribbon. By Theorem 7.2, we see that $\Phi_{p}(F)$ consists of copies of $2 m n \sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}$, where $y_{1}, \ldots, y_{m-1} \in \mathbb{Z} / p \mathbb{Z}$. As we see in Lemma [7.9, additions of $k 1$-handles imply that $y_{1}, \ldots, y_{m-1}$ satisfy $f_{1}=\ldots=f_{k}=0$, where $f_{j}(j=1, \ldots, k)$ is a linear combination of $y_{1}, \ldots, y_{m-1}$ over $\mathbb{Z} / p \mathbb{Z}$; see Lemma 7.9. Since $\mathbb{Z} / p \mathbb{Z}$ is a field, by changing the indices $i$ of $y_{i}$ if necessary, we can assume that $\Phi_{p}\left(F^{\prime}\right)$ consists of copies of $2 m n \sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}$, where $y_{1}, y_{2}, \ldots, y_{m-1}$ are elements of $\mathbb{Z} / p \mathbb{Z}$ satisfying

$$
\left(\begin{array}{c}
y_{1}  \tag{7.2}\\
\vdots \\
y_{k^{\prime}}
\end{array}\right)=A\left(\begin{array}{c}
y_{k^{\prime}+1} \\
\vdots \\
y_{m-1}
\end{array}\right)
$$

where $k^{\prime}$ is an integer with $0 \leq k^{\prime} \leq k$, and $A$ is a $k^{\prime} \times\left(m-k^{\prime}-1\right)$-matrix valued in $\mathbb{Z} / p \mathbb{Z}$. Put $l^{\prime}=m-k^{\prime}-1$. Put $A=\left(a_{i j}\right)$. Let $A^{\prime}=\left(\sqrt{\nu_{i}} a_{i j}\right)$, where $1 \leq i \leq k^{\prime}, 1 \leq j \leq l^{\prime}$ and $\sqrt{\nu_{i}}\left(i=1,2, \ldots, k^{\prime}\right)$ is a non-zero element of $\mathbb{Z} / p \mathbb{Z}$ satisfying ${\sqrt{\nu_{i}}}^{2}=\nu_{i}$; note that since $\nu_{i} \in\left\{x^{2} \mid x \in \mathbb{Z} / p \mathbb{Z}\right\}-\{0\}$, $\sqrt{\nu_{i}}$ exists. Let us denote by $\mathbf{a}_{j}$ the $j$ th column of $A^{\prime}\left(j=1, \ldots, l^{\prime}\right)$.
Assume that $F^{\prime}$ is not pseudo-ribbon. Then the quandle cocycle invariant $\Phi_{p}\left(F^{\prime}\right)$ consists of copies of zero. Since $2 m n \not \equiv 0(\bmod p)$, this implies that

$$
\begin{equation*}
\sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}=0 \tag{7.3}
\end{equation*}
$$

where $y_{1}, y_{2}, \ldots, y_{m-1}$ are elements of $\mathbb{Z} / p \mathbb{Z}$ satisfying (7.2). This implies that

$$
\begin{align*}
& \left\|\mathbf{a}_{j}\right\|^{2}+\nu_{k^{\prime}+j}=0, \text { and }  \tag{7.4}\\
& \left(\mathbf{a}_{j}, \mathbf{a}_{j^{\prime}}\right)=0 \tag{7.5}
\end{align*}
$$

for $j, j^{\prime} \in\left\{1, \ldots, l^{\prime}\right\}$, where $\|\cdot\|$ denotes the norm and $(\cdot, \cdot)$ denotes the inner product. The equation (7.4) is obtained from (7.3) by substituting $y_{k^{\prime}+i^{\prime}}=1$ if $i^{\prime}=j$ and zero otherwise, where $i^{\prime} \in\left\{1, \ldots, l^{\prime}\right\}$. By substituting $y_{k^{\prime}+i^{\prime}}=1$ if $i^{\prime}=j$ or $j^{\prime}$ and zero otherwise ( $i^{\prime} \in\left\{1, \ldots, l^{\prime}\right\}$ ) to (7.3), together with (7.4) we have $2\left(\mathbf{a}_{j}, \mathbf{a}_{j^{\prime}}\right)=0$, and hence $2 \not \equiv 0(\bmod p)$ implies (7.5). Since $\nu_{k^{\prime}+j} \neq 0\left(j=1, \ldots, l^{\prime}\right)$, it follows from (7.4) that $\mathbf{a}_{j} \neq \mathbf{0}$ for $j=1,2, \ldots, l^{\prime}$. Hence $\mathbf{a}_{1}, \ldots, \mathbf{a}_{l^{\prime}}$ are mutually orthogonal non-zero vectors in $(\mathbb{Z} / p \mathbb{Z})^{k^{\prime}}$ by (7.5). Thus $l^{\prime} \leq k^{\prime}$. However, $l^{\prime}=m-k^{\prime}-1 \geq m-k-1>(m-1) / 2>k \geq k^{\prime}$. This is a contradiction, and hence $F^{\prime}$ is not pseudo-ribbon.

We have shown that $F$ cannot be deformed to be pseudo-ribbon by $k$ 1 -handle additions for $k<(m-1) / 2$. This implies that at least $(m-1) / 2$ 1-handle additions are necessary to deform $F$ to be pseudo-ribbon; thus $\tau(F) \geq(m-1) / 2$.

Remark 7.3. Theorem 1.5 gives a better estimate than Theorem 1.4. For example, let us consider $F=\mathcal{S}_{5}\left(b, \Delta^{2}\right)$, where $b=\sigma_{1}^{3} \sigma_{2}^{3} \sigma_{3}^{3} \sigma_{4}^{3}$. Theorem 1.5 implies that $\tau(F) \geq 2$.

In order to apply Theorem 1.4, we calculate $a_{0}\left(\Psi_{3}^{*}(\hat{b})\right)$ as follows. By the proofs of Theorems 1.4 and 7.2, the quandle cocycle invariant $\Psi_{3}^{*}(\hat{b})$ consists of $3^{2}$ copies of $2 \sum_{i=1}^{4} y_{i}^{2}$, where $y_{1}, \ldots, y_{4} \in \mathbb{Z} / 3 \mathbb{Z}$; note that it consists of 3 copies of the quandle cocycle invariant $\Phi_{3}(F)$. Since $\mathbb{Z} / 3 \mathbb{Z}=\{0, \pm 1$ $(\bmod 3)\}$, If $2 \sum_{i=1}^{4} y_{i}^{2}=0(\bmod p)$, then (1) $\left\{y_{1}^{2}, \ldots, y_{4}^{2}\right\}=\{0,0,0,0\}$ $(\bmod 3)$, or $(2)\left\{y_{1}^{2}, \ldots, y_{4}^{2}\right\}=\{0,1,1,1\}(\bmod 3)$. The number of the 4 tuples $\left(y_{1}, \ldots, y_{4}\right)$ satisfying (1) (resp. (2)) is one (resp. $4 \cdot 2^{3}=32$ ). Thus $a_{0}\left(\Psi_{3}^{*}(\hat{b})\right)=3^{2}(1+32)=3^{2} \cdot 33$, and hence $3^{5}<a_{0}\left(\Psi_{3}^{*}(\hat{b})\right)<3^{6}$. Since $\left|\operatorname{Col}_{3}(\hat{b})\right|=3^{5}$, it follows from Theorem [1.5 that $\tau(F) \geq 5-6+2=1$, but we cannot induce $\tau(F) \geq 2$ from Theorem 1.4.

Proof of Theorem 1.66, Let us denote by $F$ the torus-covering knot given in this theorem. We show that $\tau(F) \geq 2$, as follows. By Theorem [7.2, $\Phi_{p}(F)$ consists of copies of $6 n \sum_{i=1}^{2} \nu_{i} y_{i}^{2}$, where $y_{1}, y_{2} \in \mathbb{Z} / p \mathbb{Z}$. If $\tau(F) \leq 1$, then $F$ is transformed to be pseudo-ribbon by a 1 -handle addition, and by the same argument as in the proof of Theorem (1.5, we see that then one linear relation
$a_{1} y_{1}+a_{2} y_{2}=0$ for some $a_{1}, a_{2} \in \mathbb{Z} / p \mathbb{Z}$ induces $6 n \sum_{i=1}^{2} \nu_{i} y_{i}^{2}=0$, and hence $\sum_{i=1}^{2} \nu_{i} y_{i}^{2}=0$, where $y_{1}, y_{2} \in \mathbb{Z} / p \mathbb{Z}$; note the assumption that $p \neq 3$ and $n \not \equiv 0(\bmod p)$. The assumption $p^{\prime}=3$ implies that if $\sum_{i=1}^{2} \nu_{i} y_{i}^{2}=0$, then $y_{1}=y_{2}=0$; thus at least two relations are necessary to induce $\sum_{i=1}^{2} \nu_{i} y_{i}^{2}=$ 0 . This is a contradiction. Thus $\tau(F) \geq 2$, and hence Theorem 1.3 implies $\tau(F)=u(F)=2$.

### 7.3. Lemmas.

Lemma 7.4. Let $g:(\mathbb{Z} / p \mathbb{Z})^{m-1} \rightarrow \mathbb{Z} / p \mathbb{Z}$ be a map defined by $g\left(y_{1}, \ldots, y_{m-1}\right)=$ $\sum_{i=1}^{m-1} \nu_{i} y_{i}^{2}$, where $\nu_{1}, \ldots, \nu_{m-1} \in \mathbb{Z} / p \mathbb{Z}$. Let $U_{i}$ be the set of elements of $(\mathbb{Z} / p \mathbb{Z})^{m-1}$ with exactly $i$ non-zero entries $(i=1,2, \ldots, m-1)$. Let $p^{\prime}$ be the minimum number of $i \in\{1,2, \ldots, m-1\}$ satisfying $0 \notin g\left(U_{i}\right)$. If $\nu_{i} \neq 0$ $(\bmod p)(i=1, \ldots, m-1)$, then $p^{\prime}=2$ or 3 .

Proof. It suffices to show that for fixed $l, m, n \in \mathbb{Z} / p \mathbb{Z}-\{0\}$, there are $x, y, z \in \mathbb{Z} / p \mathbb{Z}$ such that at least one of them is not zero and $l x^{2}+y j^{2}+n z^{2}=$ $0(\bmod p)$.

Let us assume that $l x^{2}+m y^{2}+n z^{2} \neq 0(\bmod p)$ for any $x, y, z \in$ $(\mathbb{Z} / p \mathbb{Z})^{3}-\{\mathbf{0}\}$. Put $p=2 q+1$ for a positive integer $q$. Since $\mathbb{Z} / p \mathbb{Z}=\{i$ $\bmod p \mid i=0, \pm 1, \pm 2, \ldots, \pm q\},\left\{x^{2} \mid x \in \mathbb{Z} / p \mathbb{Z}\right\}=\left\{i^{2} \bmod p \mid i=\right.$ $0,1,2, \ldots, q\}$, which we denote by $U$. For $\nu, \nu^{\prime} \in \mathbb{Z} / p \mathbb{Z}$, let us denote by $\nu U+\nu^{\prime}$ the subset $\left\{\nu x+\nu^{\prime} \mid x \in U\right\} \subset \mathbb{Z} / p \mathbb{Z}$.

By the assumption, by taking $z=1(\bmod p)$, we see that $l x^{2}+m y^{2}+n \neq 0$ $(\bmod p)$ for any $x, y \in \mathbb{Z} / p \mathbb{Z}$. Hence $(-l U) \cap(m U+n)=\emptyset$. Since $-l U$ and $m U+n$ each consist of $q+1$ elements by Lemma 7.5, and $2(q+1)>p$, $(-l U) \cap(m U+n) \neq \emptyset$. This is a contradiction, and hence we have the required conclusion.

Lemma 7.5. We use the same notations as in the proof of Lemma 7.4. Then, for $\nu, \nu^{\prime} \in \mathbb{Z} / p \mathbb{Z}$ with $\nu \neq 0(\bmod p), \nu U+\nu^{\prime}$ consists of $q+1$ elements.

Proof. Let us take integers representing $\nu, \nu^{\prime}$, which we denote by the same notations. It suffices to show that $\nu i^{2}+\nu^{\prime}$ and $\nu j^{2}+\nu^{\prime}$ are distinct modulo $p$ for $i, j \in\{0,1, \ldots, q\}$ with $i \neq j$. We see that $\left(\nu i^{2}+\nu^{\prime}\right)-\left(\nu j^{2}+\nu^{\prime}\right)=$ $\nu(i+j)(i-j)$. For $i, j \in\{0,1, \ldots, q\}$ with $i \neq j$, since $0<i+j<2 q+1=p$ and $-p<-q \leq i-j \leq q<p, i+j, i-j$ are not zero modulo $p$. Since $p$ is prime, together with $\nu \not \equiv 0(\bmod p)$, we see that $\nu i^{2}+\nu^{\prime}$ and $\nu j^{2}+\nu^{\prime}$ are distinct modulo $p$ for $i, j \in\{0,1, \ldots, q\}$ with $i \neq j$. Hence we have the conclusion.

Lemma 7.6. For $\mathbf{y}=\left(y_{1}, \ldots, y_{k}\right) \in R_{p}^{k}$, assume that $\mathcal{R}_{\mathbf{y}}=\mathrm{id}$ and $k>0$ is even. Then the 2-cocycle $f_{p}(s, t)$ defined by (7.1) is:

$$
f_{p}(s, t)=K(s-t)
$$

where $K$ is a constant integer modulo $p$ (see Remark 7.7) defined by

$$
K=-\frac{2}{p}\left(y_{1}^{p}-y_{2}^{p}+y_{3}^{p}-\ldots-y_{k}^{p}\right)
$$

Proof. Put $s_{j}=\boldsymbol{R}_{\left(y_{1}, \ldots, y_{j-1}\right)}(s)$ and $t_{j}=\mathcal{R}_{\left(y_{1}, \ldots, y_{j-1}\right)}(t)$ for a positive integer $j$. Put $\kappa(t, u)=\left((t * u)^{p}+t^{p}-2 u^{p}\right) / p$. By definition of the 2 -cocycle, we have

$$
\begin{aligned}
f_{p}(s, t) & =\sum_{j=1}^{k} \theta_{p}\left(s_{j}, t_{j}, y_{j}\right) \\
& =\sum_{j=1}^{k}\left(s_{j}-t_{j}\right) \kappa\left(t_{j}, y_{j}\right)
\end{aligned}
$$

We show that $s_{j}-t_{j}=(-1)^{j-1}(s-t)$ for positive integer $j$. We see that $s_{1}-t_{1}=s-t$. Assume that $s_{n}-t_{n}=(-1)^{n-1}(s-t)$. Then $s_{n+1}-t_{n+1}=$ $\mathcal{R}_{y_{n}}\left(s_{n}\right)-\mathcal{R}_{y_{n}}\left(t_{n}\right)=\left(2 y_{n}-s_{n}\right)-\left(2 y_{n}-t_{n}\right)=-\left(s_{n}-t_{n}\right)=(-1)^{n}(s-t)$. Hence, by induction for $n$, we see that $s_{j}-t_{j}=(-1)^{j-1}(s-t)$ for any positive integer $j$. Further, $t_{j} * y_{j}=\mathcal{R}_{y_{j}}\left(t_{j}\right)=t_{j+1}$ for any positive integer $j$. Hence

$$
\begin{aligned}
f_{p}(s, t) & =\sum_{j=1}^{k} \theta_{p}\left(s_{j}, t_{j}, y_{j}\right) \\
& =\frac{1}{p}(s-t) \sum_{j=1}^{k}(-1)^{j-1}\left(t_{j+1}^{p}+t_{j}^{p}-2 y_{j}^{p}\right)
\end{aligned}
$$

Since $k$ is even and $t_{k+1}=\mathcal{R}_{\left(y_{1}, \ldots, y_{k}\right)}(t)=t=t_{1}$ by the assumption that $\mathcal{R}_{\mathbf{y}}=\mathrm{id}$, we see that

$$
\begin{aligned}
f_{p}(s, t) & =\frac{1}{p}(s-t) \sum_{j=1}^{k}(-1)^{j-1}\left(-2 y_{j}^{p}\right) \\
& =K(s-t)
\end{aligned}
$$

where

$$
K=-\frac{2}{p}\left(y_{1}^{p}-y_{2}^{p}+y_{3}^{p}-\ldots-y_{k}^{p}\right) .
$$

Remark 7.7. In the situation of Lemma 7.6, since the 2 -cocycle $f_{p}$ is welldefined and valued in $\mathbb{Z} / p \mathbb{Z}, K$ is a constant integer modulo $p$.

Lemma 7.8. Let $f$ : $R_{p} \times R_{p} \rightarrow \mathbb{Z} / p \mathbb{Z}$ be a 2-cocycle defined by $f(s, t)=s-t$. Then, for any classical link $L$ and any p-coloring $C, \Phi_{f}(L ; C)=0$.

Proof. Let $D$ be a diagram of $L$, and let us denote by $X_{2}(D)$ the set of crossings of $D$. Let $C$ be a $p$-coloring of $D$. Let us consider a new graph $D^{\prime}$ obtained from $D$ by cutting each over-arc at each crossing. For each crossing $r$, there are four arcs in $D^{\prime}$. Let us attach a weight $+z$ (resp. $-z$ ) at each arc if it is oriented toward (resp. from) $r$, where $z$ is its color by $C$. Let $W(r ; C)$ be the sum of weights of the four arcs in $D^{\prime}$ around $r$. Then, we see that

$$
\begin{equation*}
\sum_{r \in X_{2}(D)} W(r ; C)=0 . \tag{7.6}
\end{equation*}
$$

We can see that $W(r ; C)=y+x-y-x * y=2(x-y)$ if $r$ is a positive crossing and $W(r ; C)=x * y+y-x-y=-2(x-y)$ if $r$ is a negative crossing, where $(x, y)$ is the color of $r$ by $C$; thus $W(r ; C)=2 W_{f}(r ; C)$ for any $r$ and $C$. By (7.6), $2 \Phi_{f}(L ; C)=0$ for any $C$. Since $p$ is odd prime, $2 \not \equiv 0(\bmod p)$, and hence $\Phi_{f}(L ; C)=0$ for any $C$. (See also [5].)

Lemma 7.9. Let us use the same notations as in the proof of Theorem 1.5, and put $y_{i}=x_{i}-x_{i+1}(i=1, \ldots, m-1)$, where $x_{i} \in R_{p}$ is the color of the $i t h$ initial arc of the diagram of the basis $m$-braid $b(i=1, \ldots, m)$. Then, $a$ 1-handle addition to $F$ implies that $y_{1}, \ldots, y_{m-1}$ satisfy $f=0$, where $f$ is a linear combination of $y_{1}, \ldots, y_{m-1}$ over $\mathbb{Z} / p \mathbb{Z}$.

Proof. Let $\tilde{\pi}: \mathbb{R}^{4} \rightarrow \mathbb{R}^{3}$ be a generic projection such that $\left.\tilde{\pi}\right|_{N(T)}=\pi^{\prime}:$ $N(T) \rightarrow I \times T$ (see Section (3), and let $H_{0}$ be a 1-handle attaching $F_{0}=F$. Let us denote by $D_{0}$ the diagram $\tilde{\pi}\left(F_{0}\right)$ with over/under information at each double point curve. We can transform $F_{0} \cup H_{0}$ by equivalence to the form $F_{1} \cup H_{1}$ satisfying the following: $\tilde{\pi}\left(H_{1}\right)$ is an embedding of a 3-ball $D^{2} \times I$ in $\mathbb{R}^{3}$, and $\tilde{\pi}\left(H_{1}\right) \cup \tilde{\pi}\left(F_{1}\right)=\left(D^{2} \times \partial I\right) \cap \tilde{\pi}\left(F_{1}\right)$; see [2, 9]. This implies that a 1-handle addition implies the following condition:

$$
\begin{equation*}
C(\alpha)=C(\beta) \tag{7.7}
\end{equation*}
$$

where $\alpha, \beta$ are the sheets of the diagram $D_{1}=\tilde{\pi}\left(F_{1}\right)$ attaching $\tilde{\pi}\left(H_{1}\right)$, and $C \in \operatorname{Col}_{p}\left(D_{1}\right)$.

Let us denote by $Y$ the linear space spanned by $\left\{y_{1}, \ldots, y_{m-1}\right\}$ over $\mathbb{Z} / p \mathbb{Z}$ such that each element is expressed as a linear combination. We show that any $p$-coloring for $D_{1}$ is presented by $\left(x_{1}, \ldots, x_{m}\right)$, and the color of each sheet can be uniquely written as $x_{1}+f(f \in Y)$, as follows. Any $p$-coloring for $D_{0}$ is presented by $\left(x_{1}, \ldots, x_{m}\right)$ (see the proof of Theorem 7.2), and the color of each sheet of $D_{0}$ can be written by a well-formed expression constructed by using letters among $x_{1}, \ldots, x_{m}$ and the binary operators $*$ and $\bar{*}$. Hence any $p$-coloring for $D_{1}$ is also presented by $\left(x_{1}, \ldots, x_{m}\right)$, and it follows from $\bar{*}=*$ that the color of each sheet of $D_{1}$ is written by an expression constructed by using letters among $x_{1}, \ldots, x_{m}$ and the binary operator $*$. We show that the color of each sheet can be written as $x_{1}+f(f \in Y)$. It suffices to show the following: (1) There exists $f_{i} \in Y$ satisfying $x_{i}=x_{1}+f_{i}$ $(i=1,2, \ldots, m)$, and (2) for any $f, g \in Y$, there exists $h \in Y$ such that $\left(x_{1}+f\right) *\left(x_{1}+g\right)=x_{1}+h$. We can show (1) by taking $f_{i}=-\sum_{j=1}^{i-1} y_{j}$ for $i=1,2, \ldots, m$. Since $\left(x_{1}+f\right) *\left(x_{1}+g\right)=2\left(x_{1}+g\right)-\left(x_{1}+f\right)=x_{1}+(2 g-f)$, we see that (2) holds true. Since $\operatorname{Col}_{p}\left(D_{0}\right)$ is isomorphic to $(\mathbb{Z} / p \mathbb{Z})^{m}$ by the proof of Theorem 7.2 (see also Lemma 5.2), $\operatorname{Col}_{p}\left(D_{1}\right)$ is also isomorphic to $(\mathbb{Z} / p \mathbb{Z})^{m}$; thus the color of each sheet of $D_{1}$ is uniquely written as a linear combination of $x_{1}, \ldots, x_{m}$, and hence, it is uniquely written as $x_{1}+f$ $(f \in Y)$.

Thus, the color of each sheet can be written uniquely as $x_{1}+f(f \in Y)$, and it follows that the condition (7.7) implies that $y_{1}, \ldots, y_{m-1}$ satisfy $f^{\prime}=0$ for some $f^{\prime} \in Y$; hence we have the conclusion.

## Acknowledgements

The author is supported by JSPS Research Fellowships for Young Scientists.

## References

[1] S. Asami and S. Satoh, An infinite family of non-invertible surfaces in 4-space, Bull. London Math. Soc. 37 (2005), 285-296.
[2] J. Boyle, Classifying 1-handles attached to knotted surfaces, Trans. Amer. Math. Soc. 306 (1988), 475-487.
[3] E. Brieskorn, Automorphic sets and singularities, in: Contemp. Math. vol. 78, (Amer. Math. Soc. 1988), pp.45-115.
[4] J. S. Carter, D. Jelsovsky, S. Kamada, L. Langford and M. Saito, Quandle cohomology and state-sum invariants of knotted curves and surfaces, Trans. Amer. Math. Soc. 355 (2003), 3947-3989.
[5] J. S. Carter, S. Kamada, and M. Saito, Geometric interpretations of quandle homology and cocycle knot invariant, J. Knot Theory Ramificartions 10 (2001), 345-358.
[6] J. S. Carter, S. Kamada, M. Saito, Surfaces in 4-space, Encyclopaedia of Mathematical Sciences 142, Low-Dimensional Topology III (Springer-Verlag, Berlin, 2004).
[7] J. S. Carter and M. Saito, Knotted surfaces and their diagrams, Mathematical Surveys and Monographs 55 (Amer. Math. Soc., 1998).
[8] R. H. Fox, A quick trip through knot theory, in: M. K. Fort Jr (Ed.), Topology of 3-Manifolds, (Prentice-Hall, Englewood Cliffs, NJ, 1962), pp. 120-167.
[9] F. Hosokawa and A. Kawauchi, Proposals for unknotted surfaces in four-spaces, Osaka J. Math. 16 (1979), 233-248.
[10] F. Hosokawa, T. Maeda and S. Suzuki, Numerical invariants of surfaces in 4-space, Math. Sem. Notes Kobe Univ. 7 (1979), 409-420.
[11] A. Inoue and Y. Kabaya, Quandle homology and complex volume, arXiv:math.GT/1012.2923v2.
[12] M. Iwakiri, Triple point cancelling numbers of surface links and quandle cocycle invariants, Top. Appl. 153 (2006), 2815-2822.
[13] D. Joyce, A classical invariant of knots, the knot quandle, J. Pure Appl. Algebra 23 (1982), 37-65.
[14] S. Kamada, Surfaces in $R^{4}$ of braid index three are ribbon, J. Knot Theory Ramifications 1 (1992), 137-160.
[15] S. Kamada, 2-dimensional braids and chart descriptions, "Topics in Knot Theory (Erzurum, 1992)", 277-287, NATO Adv. Sci. Inst. Ser. C Math. Phys. Sci., 399, (Kluwer Acad. Publ., Dordrecht, 1993).
[16] S. Kamada, A characterization of groups of closed orientable surfaces in 4-space, Topology 33 (1994), 113-122.
[17] S. Kamada, An observation of surface braids via chart description, J. Knot Theory Ramifications 4 (1996), 517-529.
[18] S. Kamada, Unknotting immersed surface-links and singular 2-dimensional braids by 1-handle surgeries, Osaka J. Math. 36 (1999), 33-49.
[19] S. Kamada, Braid and Knot Theory in Dimension Four, Math. Surveys and Monographs 95, (Amer. Math. Soc., 2002).
[20] T. Kanenobu, Weak unknotting number of a composite 2-knot, J. Knot Theory Ramifications 5 (1996), 171-176.
[21] T. Kanenobu and Y. Marumoto, Unknotting and fusion numbers of ribbon 2-knots, Osaka J. Math. 34 (1997), 525-540.
[22] A. Kawauchi, On pseudo-ribbon surface links, J. Knot Theory Ramifications 11 (2002), 1043-1062.
[23] S. Matveev, Distributive groupoids in knot theory, Math. USSR-Sbornik 47 (1982), 73-83.
[24] K. Miyazaki, On the relationship among unknotting number, knotting genus and Alexander invariant for 2-knot, Kobe J. Math. 3 (1986), 77-85.
[25] T. Mochizuki, Some calculationsof cohomology groups of finite Alexander quandles, J. Pure Appl. Algebra 179 (2003), 287-330.
[26] I. Nakamura, Surface links which are coverings over the standard torus, Algebraic and Geometric Topology 11 (2011), 1497-1540.
[27] T. Nosaka, On homotopy groups of quandle spaces and the quandle homotopy invariant of links, Topology Appl. 158, No. 8 (2011), 996-1011.
[28] L. Rudolph, Braided surfaces and Seifert ribbons for closed braids, Comment. Math. Helv. 58 no. 1 (1983), 1-37.
[29] S. Satoh, A note on unknotting numbers of twist-spun knots, Kobe J. Math. 21, No. 1-2 (2004), 71-82.
[30] M. Takasaki, Abstraction of symmetric transformations, Tohoku Math. J. 49 (1943) 145-207.

Department of Mathematics, Gakushuin University, 1-5-1 Mejiro Toshimaku Tokyo, 171-8588 JAPAN

E-mail address: inasa@math.gakushuin.ac.jp


[^0]:    2010 Mathematics Subject Classification. Primary 57Q45; Secondary 57Q35.
    Key words and phrases. Surface knot; 2-dimensional braid; quandle cocycle invariant; unknotting number; triple point cancelling number.

