# Weak and strong moments of random vectors

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#### Abstract

We discuss a conjecture about comparability of weak and strong moments of log-concave random vectors and show the conjectured inequality for unconditional vectors in normed spaces with a bounded cotype constant.

## 1 Introduction

Let X be a random vector with values in some normed space  $(F, \| \|)$ . The question we will discuss is how to estimate  $\|X\|_p = (\mathbb{E}\|X\|^p)^{1/p}$  for  $p \ge 1$ . Obviously  $\|X\|_p \ge \|X\|_1 = \mathbb{E}\|X\|$  and for any continuous linear functional  $\varphi$  on F with  $\|\varphi\|_* \le 1$  we have  $\|X\|_p \ge (\mathbb{E}|\varphi(X)|^p)^{1/p}$ . It turns out that in some situations one may reverse these obvious estimates and show that for an absolute constant C and any  $p \ge 1$ ,

$$(\mathbb{E}||X||^{p})^{1/p} \le C \Big(\mathbb{E}||X|| + \sup_{\|\varphi\|_{*} \le 1} (\mathbb{E}|\varphi(X)|^{p})^{1/p} \Big).$$

This is for example the case when X has Gaussian or product exponential distribution. In this note we will concentrate on the more general case of log-concave vectors.

A measure  $\mu$  on  $\mathbb{R}^n$  is called logarithmically concave (log-concave in short) if for any compact nonempty sets  $A, B \subset \mathbb{R}^n$  and  $\lambda \in (0, 1)$ ,

$$\mu(\lambda A + (1 - \lambda)B) \ge \mu(A)^{\lambda} \mu(B)^{1 - \lambda}.$$

By the result of Borell [3] a measure  $\mu$  on  $\mathbb{R}^n$  with full dimensional support is log-concave if and only if it is absolutely continuos with respect to the Lebesgue measure and has a density of the form  $e^{-f}$ , where  $f: \mathbb{R}^n \to (-\infty, \infty]$  is a convex function. Log-concave measures are frequently studied in convex geometry, since by the Brunn-Minkowski inequality uniform distributions on convex bodies as well as their lower dimensional marginals are log-concave. In fact the class of log-concave measures on  $\mathbb{R}^n$  is the smallest class of probability measures closed under linear transformation and weak limits that contains uniform distributions on convex bodies. Vectors with logarithmically concave distributions are called log-concave.

In the sequel we discuss the following conjecture posed in a stronger form in [5] about the comparison of strong and weak moment for log-concave vectors. **Conjecture 1.1.** For any *n* dimensional log-concave random vector and any norm  $\| \|$  on  $\mathbb{R}^n$  we have for  $1 \le p < \infty$ ,

$$(\mathbb{E}||X||^p)^{1/p} \le C_1 \mathbb{E}||X|| + C_2 \sup_{\|\varphi\|_* \le 1} (\mathbb{E}|\varphi(X)|^p)^{1/p},$$
(1)

where  $C_1$  and  $C_2$  are absolute constants.

In Section 2 we gather known results about validity of (1) in special cases. Section 3 is devoted to the unconditional vectors. In particular we show that Conjecture 1.1 is satisfied under additional assumption of unconditionality of Xand bounded cotype constant of the underlying normed space.

#### Notation

Let  $(\varepsilon_i)$  be a Bernoulli sequence, i.e. a sequence of independent symmetric variables taking values  $\pm 1$ . We assume that  $(\varepsilon_i)$  are independent of other random variables.

By  $(\mathcal{E}_i)$  we denote a sequence of independent symmetric exponential random variables with variance 1 (i.e. the density  $2^{-1/2} \exp(-\sqrt{2}|x|)$ ). We set  $\mathcal{E} = \mathcal{E}^{(n)} = (\mathcal{E}_1, \ldots, \mathcal{E}_n)$  for an *n*-dimensional random vector with product exponential distribution and identity covariance matrix.

By  $\langle \cdot, \cdot \rangle$  we denote the standard scalar product on  $\mathbb{R}^n$  and by  $(e_i)$  the standard basis of  $\mathbb{R}^n$ . We set  $B_p^n$  for a unit ball in  $\ell_p^n$ , i.e.  $B_p^n = \{x \in \mathbb{R}^n : ||x||_p \leq 1\}$ . For a random variable Y and p > 0 we write  $||Y||_p = (\mathbb{E}|Y|^p)^{1/p}$ .

We write C (resp.  $C(\alpha)$ ) to denote universal constants (resp. constants depending only on parameter  $\alpha$ ). Value of a constant C may differ at each occurrence.

## 2 Known results

Since any norm on  $\mathbb{R}^n$  may be approximated by a supremum of exponential number of functionals we get

**Proposition 2.1** (see [5, Proposition 3.20]). For any n-dimensional random vector X inequality (1) holds for  $p \ge n$  with  $C_1 = 0$  and  $C_2 = 10$ .

It is also easy to reduce Conjecture 1.1 to the case of symmetric vectors.

**Proposition 2.2.** Suppose that (1) holds for all symmetric n-dimensional logconcave vectors X. Then it is also satisfied with constants  $4C_1 + 1$  and  $4C_2$  by all log-concave vectors X.

*Proof.* Assume first that X has a log-concave distribution and  $\mathbb{E}X = 0$ . Let X' be an independent copy of X, then X - X' is symmetric and log-concave. Moreover for  $p \ge 1$ ,

$$(\mathbb{E}||X||^p)^{1/p} = (\mathbb{E}||X - \mathbb{E}X'||^p)^{1/p} \le (\mathbb{E}||X - X'||^p)^{1/p}, \\ \mathbb{E}||X - X'|| \le \mathbb{E}||X|| + \mathbb{E}||X'|| = 2\mathbb{E}||X||$$

and for any functional  $\varphi$ ,

$$(\mathbb{E}|\varphi(X - X')|^p)^{1/p} \le (\mathbb{E}|\varphi(X)|^p)^{1/p} + (\mathbb{E}|\varphi(X')|^p)^{1/p} = 2(\mathbb{E}|\varphi(X)|^p)^{1/p}$$

Hence (1) holds for X with constant  $2C_1$  and  $2C_2$ .

If X is arbitrary log-concave then  $X - \mathbb{E}X$  is log-concave with mean zero. We have for any  $p \ge 1$ ,

$$(\mathbb{E}||X||^p)^{1/p} \le (\mathbb{E}||X - \mathbb{E}X||^p)^{1/p} + \mathbb{E}||X||, \quad \mathbb{E}||X - \mathbb{E}X|| \le 2\mathbb{E}||X||$$

and for any functional  $\varphi$ ,

$$\left(\mathbb{E}|\varphi(X-\mathbb{E}X)|^p\right)^{1/p} \le \left(\mathbb{E}|\varphi(X)|^p\right)^{1/p} + |\varphi(\mathbb{E}X)| \le 2\left(\mathbb{E}|\varphi(X)|^p\right)^{1/p}.$$

**Remark.** Estimating  $||X||_p$  is strictly connected with bounding tails of ||X||. Indeed by Chebyshev's inequality we have

$$\mathbb{P}(\|X\| \ge e\|X\|_p) \le e^{-p}$$

and by the Paley-Zygmund inequality and the fact that  $||X||_{2p} \leq C ||X||_p$  for  $p \geq 1$  we get

$$\mathbb{P}\Big(\|X\| \ge \frac{1}{C} \|X\|_p\Big) \ge \min\left\{\frac{1}{C}, e^{-p}\right\}.$$

Gaussian concentration inequality easily implies (1) for Gaussian vectors X (see for example Chapter 3 of [8]). For Rademacher sums comparability of weak and strong moments was established by Dilworth and Montgomery-Smith [4]. More general statement was shown in [6].

**Theorem 2.3.** Suppose that  $X = \sum_i v_i \xi_i$ , where  $v_i \in F$  and  $\xi_i$  are independent symmetric r.v's with logarithmically concave tails. Then for any  $p \ge 1$  inequality (1) holds with absolute constants  $C_1$  and  $C_2$ .

This immediately implies

**Corollary 2.4.** Conjecture 1.1 holds under additional assumption that coordinates of X are independent.

*Proof.* We have  $X = \sum_{i=1}^{n} e_i X_i$  with  $X_i$  independent log-concave real random variables. It is enough to notice that variables  $X_i$  have log-concave tails and in the symmetric case apply Theorem 2.3. General independent case may be reduce to the symmetric one as in the proof of Proposition 2.2.

The crucial tool in the proof of Theorem 2.3 is the Talagrand two-level concentration inequality for the product exponential distribution [12]:

$$\nu^n(A) \ge \frac{1}{2} \quad \Rightarrow \quad 1 - \nu^n(A + \sqrt{t}B_2^n + tB_1^n) \le e^{-t/C}, \ t > 0.$$

where  $\nu$  is the symmetric exponential distribution, i.e.  $d\nu(x) = \frac{1}{2} \exp(-|x|) dx$ .

In [5] more general concentration inequalities were investigated. For a probability measure  $\mu$  on  $\mathbb{R}^n$  define

$$\Lambda_{\mu}(y) = \log \int e^{\langle y, z \rangle} d\mu(z), \quad \Lambda_{\mu}^{*}(x) = \sup_{y} (\langle y, x \rangle - \Lambda_{\mu}(y))$$

and

$$B_{\mu}(t) = \{ x \in \mathbb{R}^n \colon \Lambda_{\mu}(x) \le t \}.$$

One may show that  $B_{\nu^n}(t) \sim \sqrt{t}B_2^n + tB_1^n$ . Argument presented in [5, Section 3.3] gives

**Proposition 2.5.** Suppose that for some  $\alpha \geq 1$  and  $\beta > 0$  and any convex symmetric compact set  $K \subset \mathbb{R}^n$  we have

$$\mu(K) \ge \frac{1}{2} \quad \Rightarrow \quad 1 - \mu(\alpha K + B_{\mu}(t)) \le e^{-t/\beta}, \quad \text{for all } t > 0.$$

Then inequality (1) holds with  $C_1 = \alpha$  and  $C_2 = C\beta$ .

In [5] it was shown that concentration inequality (2) holds with  $\alpha = 1$  for symmetric product log-concave measures and for uniform distributions on  $B_r^n$ balls. This gives

**Corollary 2.6.** Inequality (1) holds with  $C_1 = 1$  and universal  $C_2$  for uniform distributions on  $B_r^n$  balls  $1 \le r \le \infty$ .

Modification of Paouris' proof [11] of large deviation inequality for  $\ell_2$  norm of isotropic log-concave vectors shows that weak and strong moments are comparable in the Euclidean case (see [1] for details):

**Theorem 2.7.** If X is a log-concave n-dimensional random vector then for any Euclidean norm  $\| \|$  on  $\mathbb{R}^n$  we have

$$(\mathbb{E}||X||^{p})^{1/p} \le C \Big(\mathbb{E}||X|| + \sup_{\|\varphi\|_{*} \le 1} (\mathbb{E}|\varphi(X)|^{p})^{1/p} \Big).$$

## 3 Unconditional case

We say that a random vector  $X = (X_1, \ldots, X_n)$  has unconditional distribution if the distribution of  $(\eta_1 X_1, \ldots, \eta_n X_n)$  is the same as X for any choice of signs  $\eta_1, \ldots, \eta_n$ . Random vector X is called *isotropic* if it has identity covariance matrix, i.e.  $Cov(X_i, X_j) = \delta_{i,j}$ .

**Theorem 3.1.** Suppose that X is an n-dimensional isotropic, unconditional, log-concave vector. Then for any norm  $\| \|$  on  $\mathbb{R}^n$  and  $p \ge 1$ ,

$$(\mathbb{E}||X||^p)^{1/p} \le C\Big(\mathbb{E}||\mathcal{E}|| + \sup_{\|\varphi\|_* \le 1} (\mathbb{E}|\varphi(X)|^p)^{1/p}\Big).$$
(3)

*Proof.* Let  $T = \{t \in \mathbb{R}^n : ||t||_* \leq 1\}$  be the unit ball in the space  $(\mathbb{R}^n, || ||_*)$  dual to  $(\mathbb{R}^n, || ||)$ . Then  $||x|| = \sup_{t \in T} \langle t, x \rangle$ . By the result of Talagrand [13] (see also [14]) there exist subsets  $T_n \subset T$  and functions  $\pi_n \colon T \to T_n$ ,  $n = 0, 1, \ldots$  such that  $\pi_n(t) \to t$  for all  $t \in T$ ,  $\#T_0 = 1$ ,  $\#T_n \leq 2^{2^n}$  and

$$\sum_{n=0}^{\infty} \|\langle \pi_{n+1}(t) - \pi_n(t), \mathcal{E} \rangle\|_{2^n} \le C \mathbb{E} \sup_{t \in T} \langle t, \mathcal{E} \rangle = C \mathbb{E} \|\mathcal{E}\|.$$
(4)

Let us fix  $p \ge 1$  and choose  $n_0 \ge 1$  such that  $2^{n_0-1} < 2p \le 2^{n_0}$ . We have

$$\|X\| = \sup_{t \in T} \langle t, X \rangle \le \sup_{t \in T} |\langle \pi_{n_0}(t), X \rangle| + \sup_{t \in T} \sum_{n=n_0}^{\infty} |\langle \pi_{n+1}(t) - \pi_n(t), X \rangle|.$$
(5)

We get

$$\left(\mathbb{E}\sup_{t\in T} |\langle \pi_{n_0}(t), X\rangle|^p\right)^{1/p} \leq \left(\mathbb{E}\sum_{s\in T_{n_0}} |\langle s, X\rangle|^p\right)^{1/p} \leq (\#T_{n_0})^{1/p} \sup_{s\in T_{n_0}} (\mathbb{E}|\langle s, X\rangle|^p)^{1/p} \\ \leq 16\sup_{t\in T} (\mathbb{E}|\langle t, X\rangle|^p)^{1/p} = 16\sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p}.$$
(6)

To estimate the last term in (5) notice that for  $u \ge 16$  we have by Chebyshev's inequality

$$\mathbb{P}\left(\sup_{t\in T}\sum_{n=n_{0}}^{\infty}|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle| \geq u\sup_{t\in T}\sum_{n=n_{0}}^{\infty}\|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle\|_{2^{n}}\right) \\
\leq \mathbb{P}\left(\exists_{n\geq n_{0}}\exists_{t\in T}|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle| \geq u\|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle\|_{2^{n}}\right) \\
\leq \sum_{n=n_{0}}^{\infty}\sum_{s\in T_{n+1}}\sum_{s'\in T_{n}}\mathbb{P}(|\langle s-s',X\rangle| \geq u\|\langle s-s',X\rangle\|_{2^{n}}) \leq \sum_{n=n_{0}}^{\infty}\#T_{n+1}\#T_{n}u^{-2^{n}} \\
\leq \sum_{n=n_{0}}^{\infty}\left(\frac{8}{u}\right)^{2^{n}} \leq 2\left(\frac{8}{u}\right)^{2^{n_{0}}} \leq 2\left(\frac{8}{u}\right)^{2^{p}}.$$

Integrating by parts this gives

$$\left(\mathbb{E}\Big(\sup_{t\in T}\sum_{n=n_{0}}^{\infty}|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle|\Big)^{p}\right)^{1/p} \leq \sup_{t\in T}\sum_{n=n_{0}}^{\infty}\|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle\|_{2^{n}}\Big(16+\Big(2p\int_{0}^{\infty}u^{p-1}\Big(\frac{8}{u+16}\Big)^{2p}\Big)^{1/p}\Big) \leq 32\sup_{t\in T}\sum_{n=n_{0}}^{\infty}\|\langle\pi_{n+1}(t)-\pi_{n}(t),X\rangle\|_{2^{n}}.$$
(7)

The result of Bobkov and Nazarov [2] gives

$$\|\langle t, X \rangle\|_r \le C \|\langle t, \mathcal{E} \rangle\|_r$$
 for any  $t \in \mathbb{R}^n$  and  $r \ge 1$ . (8)

Thus the statement follows by (4)-(7).

**Remark.** The only property of the vector X that was used in the above proof was estimate (8). Thus inequality (3) holds for all *n*-dimensional random vectors satisfying (8).

**Remark.** Estimate (8) gives  $(\mathbb{E}|\varphi(X)|^p)^{1/p} \leq C(\mathbb{E}|\varphi(\mathcal{E})|^p)^{1/p}$  for any functional  $\varphi$ , therefore Theorem 3.1 is stronger than the estimate from [7]:

$$(\mathbb{E}||X||^p)^{1/p} \le C\mathbb{E}||\mathcal{E}||^p \sim C\Big(\mathbb{E}||\mathcal{E}|| + \sup_{\|\varphi\|_* \le 1} (\mathbb{E}|\varphi(\mathcal{E})|^p)^{1/p}\Big).$$

In some situation one may show that  $\mathbb{E} \| \mathcal{E} \| \leq C \mathbb{E} \| X \|$ . This is the case of spaces with bounded cotype constant.

**Corollary 3.2.** Suppose that  $2 \le q < \infty$ ,  $F = (\mathbb{R}^n, || ||)$  is a finite dimensional space with a q-cotype constant bounded by  $\beta < \infty$ . Then for any n-dimensional unconditional, log-concave vector X and  $p \ge 1$ ,

$$(\mathbb{E}||X||^{p})^{1/p} \le C(q,\beta) \Big( \mathbb{E}||X|| + \sup_{\|\varphi\|_{*} \le 1} (\mathbb{E}|\varphi(X)|^{p})^{1/p} \Big),$$

where  $C(q, \beta)$  is a constant that depends only on q and  $\beta$ .

*Proof.* Applying diagonal transformation (and appropriately changing the norm) we may assume that X is also isotropic.

By the result of Maurey and Pisier [9] (see also Appendix II in [10]) one has

$$\mathbb{E}\|\mathcal{E}\| = \mathbb{E}\left\|\sum_{i=1}^{n} e_i \mathcal{E}_i\right\| \le C_1(q,\beta) \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i\right\|.$$

By the unconditionality of X and Jensen's inequality we get

$$\mathbb{E}||X|| = \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i |X_i|\right\| \ge \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i \mathbb{E}|X_i|\right\|.$$

We have  $\mathbb{E}|X_i| \geq \frac{1}{C} (\mathbb{E}|X_i|^2)^{1/2} = \frac{1}{C}$ , therefore

$$\mathbb{E}\|\mathcal{E}\| \le CC_1(q,\beta)\mathbb{E}\|X\|$$

and the statement follows by Theorem 3.1.

For general norm on  $\mathbb{R}^n$  one has

$$\mathbb{E}\|\mathcal{E}\| = \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i |\mathcal{E}_i|\right\| \le \mathbb{E} \sup_i |\mathcal{E}_i| \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i\right\| \le C \log n \mathbb{E}\left\|\sum_{i=1}^{n} e_i \varepsilon_i\right\|.$$

This together with the similar argument as in the proof of Corollary 3.2 gives the following.

**Corollary 3.3.** For any n-dimensional unconditional, log-concave vector X, any norm  $\| \|$  on  $\mathbb{R}^n$  and  $p \ge 1$  one has

$$(\mathbb{E}||X||^p)^{1/p} \le C \Big(\log n \, \mathbb{E}||X|| + \sup_{\|\varphi\|_* \le 1} (\mathbb{E}|\varphi(X)|^p)^{1/p} \Big).$$

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