The optimal unitary dilation for bosonic Gaussian channels

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A generic quantum channel can be represented in terms of a unitary interaction between the informationcarrying system and a noisy environment. Here, the minimal number of quantum Gaussian environmental modes required to provide a unitary dilation of a multi-mode bosonic Gaussian channel is analyzed both for mixed and pure environment corresponding to the Stinespring representation. In particular, for the case of pure environment we compute this quantity and present an explicit unitary dilation for arbitrary bosonic Gaussian channel. These results considerably simplify the characterization of these continuous-variable maps and can be applied to address some open issues concerning the transmission of information encoded in bosonic systems.

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I. INTRODUCTION

Bosonic Gaussian channels (BGCs) are an important special class of transformations that act on a collection of bosonic modes preserving the Gaussian character of any Gaussian input quantum state [1]. The set of BGCs is singled out from a theoretical perspective [2], but most significantly also from the perspective of practical implementations, since it emerges naturally as the fundamental noise model in several experimental contexts. In the vast majority of physical implementations of quantum transmission lines quantum information is almost invariably sent using photons — through optical fibers [3], in free space [4], or via superconducting transmission lines [5]) — physical situations for which BGCs provide extraordinarily good models. What is more, BGCs play a major role in characterizing the open quantum system dynamics of various setups which use collective degrees of freedom to store and manipulate quantum information, including systems from cavity QED, nano-mechanical harmonic oscillators [6], or clouds of cold atomic gases [7].

Unsurprisingly, therefore, the study of Gaussian or quasifree quantum channels has a long tradition [1, 2, 8]. Intense recent research has mostly been focusing on properties of BGCs with respect to their ability to preserve and transmit quantum information (for a review see, e.g., Ref. [9] and references therein). Recent contributions include the computation of the quantum capacity [10] of a large subset of single mode BGCs [11], a characterization in terms of the notion of degradability — introduced in Ref. [12] — that allows one to identify a zero-quantum capacity subset of BGCs, and a necessary and sufficient condition for BGCs being entanglementbreaking [13]. A general unitary dilation theorem for BGCs was proven in Ref. [14]: It shows that each BGC Φ acting on a system A formed by n input bosonic modes admits a unitary dilation in terms of a bosonic environment E composed of $\ell \leq 2n$ modes, the initial state $\hat{\rho}_E$ of which is Gaussian, with a Gaussian unitary coupling $U_{A,E}$ corresponding to a Hamiltonian that is quadratic in the canonical coordinates,

$$\Phi(\hat{\rho}) = \operatorname{Tr}_E[\hat{U}_{A,E}(\hat{\rho} \otimes \hat{\rho}_E)\hat{U}_{A,E}^{\dagger}].$$
(1)

Here, $\hat{\rho}$ is the input quantum state of the system A and Tr_E de-

notes the partial trace over the degrees of freedom associated with ${\cal E}.$

The fact that the number of environmental modes ℓ entering in the unitary dilation can be bounded from above by 2nmay be viewed as the continuous-variable counterpart of the upper bound on the minimal dilation set by the Stinespring theorem [16] for finite dimensional quantum channels: It indicates that any quantum channel can be described by using an environment which is no more than twice the size of the input system. An important open question is the characterization of the minimal value of $\ell^{(\Phi)}$ that is needed to represent a given BGC, specifically the minimal value $\ell_{\text{pure}}^{(\Phi)}$ in case of a pure unitary dilation. Similarly to the quantum capacity, this quantity may be used to induce a partial ordering in the set of BGCs since, as a general rule of thumb, one expects that the larger it is, the noisier and the less efficient in preserving the initial state will be the associated channel. Furthermore, an exact estimation of such number will allow one to considerably simplify the degradability analysis of BGCs by minimizing the number of degrees of freedom of the corresponding complementary channel.

The main result of this work is to explicitly identify this minimal value $\ell_{pure}^{(\Phi)}$ — so the minimum number of environmental modes initially in a pure Gaussian state $\hat{\rho}_E$ in a unitary dilation (1) (related to the Stinespring dilation [17]) — and to construct the corresponding dilation. To simplify terminology, in this case we speak of Eq. (1) as of the Stinespring representation. This is accomplished by first determining a lower bound for $\ell_{\text{pure}}^{(\Phi)}$ in terms of the minimum number $q_{\min}^{(\Phi)}$ of ancillary modes which are needed to construct a Gaussian purification of a (generalized) Choi-Jamiolkowski (CJ) Gaussian state of Φ . This is motivated by the fact that any Gaussian Stinespring representation (1) naturally induces a Gaussian purification of the CJ states of the channel. Then, we show that this lower bound can be exactly achieved by explicitly constructing a Gaussian Stinespring dilation with $q_{\min}^{(\Phi)}$ modes. In the second part of the paper we finally address the case of unitary dilations (1) in which the environment state ρ_E is not necessarily pure, and provide an estimation for the minimal ℓ which improves the one presented in Ref. [14].

The paper is organized as follows: In Sec. II we recall some basic definitions and set the notation. The notion of a generalized CJ state of a BGC and the lower bound $q_{\min}^{(\Phi)}$ for $\ell_{pure}^{(\Phi)}$ are presented in Sec. III. Then, in Sec. IV, we present an explicit recipe to construct such minimal dilation. The case of dilations involving not necessarily pure environments is finally addressed in Sec. V, while conclusions are presented in Sec. VI. This work includes also some technical appendixes.

II. BOSONIC GAUSSIAN CHANNELS

Consider a system A composed of n bosonic quantum mechanical modes described by the canonical coordinates $\hat{R} := (\hat{Q}_1, \dots, \hat{Q}_n; \hat{P}_1, \dots, \hat{P}_n)$ and by the Weyl (or displacement) operators

$$\hat{V}(z) := e^{i\hat{R}z},\tag{2}$$

with $z := (x_1, \cdots, x_n, y_1, \cdots, y_n)^T \in \mathbb{R}^2$ being a column vector [1]. To simplify notation, we choose units in which $\hbar = 1$. A *BGC* Φ acting on *A* is completely determined by assigning a real vector $v \in \mathbb{R}^{2n}$ and two $2n \times 2n$ real matrices $Y, X \in Gl(2n, \mathbb{R})$ satisfying the complete positivity condition

$$Y \ge i\Sigma$$
 with $\Sigma := \sigma_{2n} - X^T \sigma_{2n} X$, (3)

where σ_{2n} is the matrix defining the *symplectic form* capturing the canonical commutation relations of *n* modes, i.e.,

$$\sigma_{2n} := \begin{bmatrix} 0 & \mathbf{1}_n \\ \hline -\mathbf{1}_n & 0 \end{bmatrix} , \tag{4}$$

with $\mathbb{1}_n$ indicating the $n \times n$ identity matrix. More precisely, the map Φ is defined as the linear mapping which, for all z complex, induces the following transformation

$$\phi(\hat{\rho};z) \mapsto \phi(\Phi(\hat{\rho});z) := \phi(\hat{\rho};Xz) \mathrm{e}^{-\frac{1}{4}z^T Y z + iv^T z} ,$$

where

$$\phi(\hat{\rho}; z) := \operatorname{Tr}[\hat{\rho} \, \hat{V}(z)] \,, \tag{5}$$

is the symmetrically ordered *characteristic function* of the state $\hat{\rho}$. A state is called *Gaussian* if its characteristic function is a Gaussian function in phase space [1, 15]. A *Gaussian map* is a completely positive map that maps all unknown Gaussian states onto Gaussian states and a *Gaussian unitary* a unitary generated by a quadratic polynomial in the canonical coordinates, reflected by a *symplectic transformation* from $Sp(2n, \mathbb{R})$ on the level of canonical coordinates.

In the construction of the Gaussian unitary representations (1) of Φ , the vector v plays a marginal role since it can be eliminated via a unitary rotation acting on the output state, see, e.g., Ref. [14]. In contrast, the matrices in Eq. (3) are of fundamental importance — in particular, we shall see that the value of $\ell_{\text{pure}}^{(\Phi)}$, and of our estimation of $\ell_{\text{mix}}^{(\Phi)}$, depend upon the ranks of Y, Σ , and $Y - i\Sigma$. It is thus worth anticipating some relevant facts that concern these matrices. First of all we notice that the inequality (3) implies the following relations

$$\ker[\Sigma] \cap \ker[Y - i\Sigma] \subseteq \ker[Y] \subseteq \ker[Y - i\Sigma] , \quad (6)$$

$$\ker[Y] \subseteq \ker[\Sigma] , \tag{7}$$

where throughout the paper, given a generic (possibly real) $d \times d$ matrix M, we denote its kernel (null subspace) with ker $[M] := \{w \in \mathbb{C}^d : Mw = 0\}$ [20]. The first inclusion in Eq. (6) follows from the definition, the remaining one and the inclusion of Eq. (7) are derived from the observation that $w^{\dagger}Yw = 0 \Rightarrow w^{\dagger}(i\Sigma)w = 0 \Rightarrow w^{\dagger}(Y - i\Sigma)w = 0 \Rightarrow (Y - i\Sigma)w = 0 \Rightarrow \Sigma w = 0$. Putting these identities together we also find that

$$\ker[Y] = \ker[\Sigma] \cap \ker[Y - i\Sigma]. \tag{8}$$

Other useful properties are the identities

$$2 \operatorname{rank}[Y - i\Sigma] = \operatorname{rank}[Y] + \operatorname{rank}[Y - \Sigma Y^{\ominus 1} \Sigma^T], \quad (9)$$

and the inequalities

$$\operatorname{rank}[Y] \ge \operatorname{rank}[\Sigma] \ge \operatorname{rank}[Y] - \operatorname{rank}[Y - \Sigma Y^{\ominus 1} \Sigma^T] \ge 0,$$
(10)

where rank [M] stands for the rank of the matrix M (i.e. the dimension over the complex field of the complement to \mathbb{C}^d of the matrix ker[M]), and $Y^{\ominus 1}$ is the Moore-Penrose (MP) inverse of Y [21]. The explicit proof of these relations is rather technical and thus we postpone it to Appendix A. Here we rather point out that the first inequality of Eq. (10) is a consequence of the fact that ker[Y] is included in ker $[\Sigma]$, while the last inequality is an immediate consequence of the fact that $\Sigma Y^{\ominus 1} \Sigma^T$ is positive semi-definite.

In Ref. [14], an upper bound for $\ell_{\rm pure}^{(\Phi)}$ was set by showing that one can construct a Stinespring dilation of Φ that involves $\ell = 2n - r'/2$ environmental modes with

$$r' := \operatorname{rank}[Y] - \operatorname{rank}[Y - \Sigma Y^{\ominus 1} \Sigma^T].$$
(11)

In what follows we will strengthen this result by showing that the minimum number of modes necessary to build a Gaussian Stinespring unitary dilation for Φ is given by

$$\ell_{\text{pure}}^{(\Phi)} = \operatorname{rank}[Y] - r'/2 = \operatorname{rank}[Y - i\Sigma] , \qquad (12)$$

where we used Eq. (9) when formulating the second identity. Since Y is a $2n \times 2n$ matrix, we have $2n - k \ge 0$, and so the optimal bound we prove here leads to a significant improvement compared to the results of Ref. [14]. In particular, for those BGCs which represent unitary transformations of the n input modes (i.e., Y = 0 and $X \in Sp(2n, \mathbb{R})$ symplectic [1]) the optimal bound (12) yields $\ell_{pure}^{(\Phi)} = 0$ —no environment is required to construct the dilation — while Ref. [14] had this value equal to 2n. To prove Eq. (12) we shall first show that the quantity rank $[Y-i\Sigma]$ provides a lower bound for $\ell_{pure}^{(\Phi)}$ (see Sec. III) and then construct an explicit Stinespring dilation (1) for Φ which attains such bound (see Sec. IV).

III. LOWER BOUND ON $\ell_{pure}^{(\Phi)}$ VIA GENERALIZED CJ-STATES OF BGCS

In this section we review the notion of generalized Choi-Jamiolkowski (CJ) state for a multi-mode BGC (see also Ref. [18] and compare Refs. [19]), and use it to show that the term on the rhs. of Eq. (12) provides a lower bound for $\ell_{\text{pure}}^{(\Phi)}$. Consider a state vector $|\Psi_{\hat{\Lambda}}\rangle_{A,B}$ providing a purification of a quantum state $\hat{\Lambda} = \sum_{j=1}^{\infty} \lambda_j (|j\rangle \langle j|)_A$ of the system labeled A which has full rank (e.g., a Gibbs state of n modes). That is to say,

$$\begin{split} \Psi_{\hat{\Lambda}}\rangle_{A,B} &= \sum_{j=0}^{\infty} \sqrt{\lambda_j} |j\rangle_A \otimes |j\rangle_B \\ &= (\hat{\Lambda}^{1/2} \otimes \mathbb{1}) \sum_{j=0}^{\infty} |j\rangle_A \otimes |j\rangle_B \end{split}$$

with A indicating the input space of the channel Φ , B being an ancillary system isomorphic to A, and $\{|j\rangle : j = 0, \dots, \infty\}$ denoting an orthonormal complete basis. A generalized CJ state of the channel Φ is now obtained as

$$\hat{\rho}_{A,B}(\Phi) = (\Phi \otimes \mathcal{I}) \left(|\Psi_{\hat{\Lambda}}\rangle \langle \Psi_{\hat{\Lambda}} | \right)_{A,B} , \qquad (13)$$

with \mathcal{I} being the identity map. The state $\hat{\rho}_{A,B}(\Phi)$ provides a complete representation of the channel via the inversion formula,

$$\Phi(\hat{\rho}) = \operatorname{Tr}_B[(\mathbb{1}_A \otimes \hat{\Lambda}_B^{-1/2} \hat{\rho}_B^T \hat{\Lambda}_B^{-1/2}) \hat{\rho}_{A,B}(\Phi)], \quad (14)$$

where $\hat{\rho}_B$ and $\hat{\Lambda}_B$ are copies of the states $\hat{\rho}$ and $\hat{\Lambda}$ on *B*, respectively, while $\hat{\rho}_B^T$ is its transpose with respect to the orthonormal basis introduced above. We will suppress an index labeling both the chosen basis and the reference state.

For finite-dimensional system $\hat{\rho}_{A,B}(\Phi)$ provides a standard CJ state representation when $\hat{\Lambda}$ is taken to be the maximally mixed state (compare Refs. [19]). In the infinite-dimensional case such limit in general is well defined only in the context of positive forms, see Ref. [18]. However, Eq. (14) shows that we do not need to approach such a limit in order to build a proper representation of the channel: It is defined for any state diagonal in the distinguished basis of full rank. Furthermore, it is easy to verify that it is always possible to work with CJ states $\hat{\rho}_{A,B}(\Phi)$ which are Gaussian: To do so simply take $(|\Psi_{\hat{\lambda}}\rangle\langle\Psi_{\hat{\lambda}}|)_{A,B}$ to be Gaussian and use the fact that the Gaussian map $\Phi \otimes \mathcal{I}$ maps Gaussian states into Gaussian states. In the following we choose to take such Gaussian reference states. In particular, we will assume $(|\Psi_{\hat{\Lambda}}\rangle\langle\Psi_{\hat{\Lambda}}|)_{A,B}$ to be a Gaussian purification of a multi-mode Gibbs (thermal) state of quantum mechanical oscillators.

An important observation concerning the generalized CJ representation is that, given a Stinespring representation of Φ involving an environmental system E, one can construct a purification of $\hat{\rho}_{A,B}(\Phi)$ that uses E as ancillary system. Indeed, assuming that $\hat{U}_{A,E}$ and $(|0\rangle\langle 0|)_E$ give rise to a Stinespring representation for Φ , we have that the pure state with state vector

$$|\chi\rangle_{A,B,E} = \hat{U}_{A,E} |\Psi_{\hat{\Lambda}}\rangle_{A,B} \otimes |0\rangle_E$$
(15)

is a purification of $\hat{\rho}_{A,B}(\Phi)$. Furthermore, if $\hat{\rho}_{A,B}(\Phi)$ is Gaussian and E represents a collection of ℓ environmental bosonic modes with $|0\rangle_E$ being a Gaussian state vector and $U_{A,E}$ being a Gaussian unitary, it follows that also $|\chi\rangle_{A,B,E}$ will define a Gaussian purification of $\hat{\rho}_{A,B}(\Phi)$. Putting these facts together it follows that a lower bound for the minimal number $\ell_{pure}^{(\Phi)}$ of environmental modes that are needed to build a Gaussian Stinespring representation of Φ is provided by the minimal number $q_{\min}^{(\Phi)}$ of Gaussian ancillary modes that are required to purify a generalized Gaussian CJ state $\hat{\rho}_{A,B}(\Phi)$ of Φ , i.e., we have that

$$\ell_{\text{pure}}^{(\Phi)} \geqslant q_{\min}^{(\Phi)} . \tag{16}$$

To compute $q_{\min}^{(\Phi)}$ we first make a specific choice for $|\Psi_{\hat{\Lambda}}\rangle_{A,B}$. In particular, since A is composed by n bosonic modes, we can take $|\Psi_{\hat{\Lambda}}\rangle_{A,B}$ to be a product of n identical two-mode state vectors of the form

$$|\Psi_{\hat{\Lambda}}\rangle_{A,B} = \bigotimes_{i=1}^{n} |\psi\rangle_{A_i,B_i}$$
(17)

where $|\psi\rangle_{A_iB_i}$ reflects a purification of a Gibbs state of the *i*-th mode A_i of A built by coupling it with the corresponding ancillary system B_i : This is nothing but what is usually referred to as a *two-mode squeezed state* [15]. The resulting state is of course Gaussian and it is fully characterized by its covariance matrix. To express it in a compact form note that the kernel of the natural symplectic form for the 2n modes of A, B is given by

$$\sigma_{A,B} := \begin{bmatrix} \sigma_{2n} & 0\\ 0 & \sigma_{2n} \end{bmatrix}, \tag{18}$$

where the upper-left and lower-right block matrices represent the symplectic forms of the *n* modes of *A* and *B*, respectively, defined as in Eq. (4). With this choice the covariance matrix γ of $(|\Psi_{\hat{\Lambda}}\rangle_{A,B}\langle\Psi_{\hat{\Lambda}}|)$ is given by the following $Gl(4n, \mathbb{R})$ matrix,

$$\gamma = \begin{bmatrix} \alpha & \delta \\ \delta^T & \beta \end{bmatrix},\tag{19}$$

where $\alpha, \beta \in Gl(2n, \mathbb{R})$ are the covariance matrices of the A and B modes, respectively, with $\delta, \delta^T \in Gl(2n, \mathbb{R})$ being the cross-correlation terms. Explicitly, they are given by

$$\alpha = \begin{bmatrix} \frac{\theta \mathbf{1}_n & 0}{0 & \theta \mathbf{1}_n} \end{bmatrix} = \beta , \quad \delta = \begin{bmatrix} 0 & f(\theta) \mathbf{1}_n \\ \hline f(\theta) \mathbf{1}_n & 0 \end{bmatrix} = \delta^T ,$$

with $\theta > 1$ and

$$f(\theta) := -(\theta^2 - 1)^{1/2}.$$
 (20)

The parameter θ determines the *temperature* of the Gibbs states we used to build the vector $|\Psi_{\hat{\Lambda}}\rangle_{A,B}$, or equivalently, the *two-mode squeezing parameter* of the purification. In particular, the case $\theta = 1$ corresponds to the limit in which all the modes of A and B are prepared into the vacuum state: In this case the state $\hat{\Lambda}$ no longer has maximum support and thus

does not provide a proper starting point to build a CJ state. For $\theta \to \infty$, in contrast, the state $|\Psi_{\hat{\Lambda}}\rangle_{A,B}$ approaches a purification of a maximally mixed state for the modes (for details see Ref. [18]). Equivalently, it corresponds to the limit of large squeezing in the two-mode squeezed state of the purification. Notice also that by construction, for all values of $\theta \ge 1$, γ satisfies the condition $\gamma \ge i\sigma_{A,B}$, as it indeed represents a physical pure state.

The generalized CJ state $\hat{\rho}_{A,B}(\Phi)$ for a Gaussian channel characterized by matrices Y and X as in Eq. (3) is now computed as in Eq. (13). The resulting state is still Gaussian and has the covariance matrix $\gamma' \in Gl(4n, \mathbb{R})$ given by

$$\gamma' = \begin{bmatrix} X^T \alpha X + Y & X^T \delta \\ \delta^T X & \beta \end{bmatrix} = \begin{bmatrix} \theta X^T X + Y & f(\theta) X^T \sigma_x \\ f(\theta) \sigma_x X & \theta \mathbf{1}_{2n} \end{bmatrix} ,$$

where

$$\sigma_x := \begin{bmatrix} 0 & \mathbf{1}_n \\ \mathbf{1}_n & 0 \end{bmatrix}. \tag{21}$$

In general it will be a mixed state and we are interested in the minimum number $q_{\min}^{(\Phi)}$ of ancillary modes q that is needed to construct a Gaussian purification of it. As discussed in Appendix B, this is given by the quantity

$$q_{\min}^{(\Phi)} = \operatorname{rank}[\gamma' - i\sigma_{A,B}] - 2n$$

= 2n - dim ker[\gamma' - i\sigma_{A,B}], (22)

(note that in this case $\gamma', \sigma_{A,B} \in Gl(4n \times 4n, \mathbb{R})$). In what follows we will compute this quantity, showing that it coincides with the right hand side of Eq. (12). To do so, we first notice that the dimension of the kernel of $\gamma' - i\sigma_{A,B}$ can be expressed as

$$\dim \ker[\gamma' - i\sigma_{A,B}] = \dim \ker \left[\frac{\theta X^T X + Y - i\sigma}{f(\theta) X} \frac{f(\theta) X^T}{\theta \mathbb{1}_{2n} + i\sigma} \right]$$
(23)

where the second identity was obtained by rotating $\gamma' - i\sigma_{A,B}$ with the transformation

$$T := \begin{bmatrix} \underline{1}_{2n} & 0\\ \hline 0 & \sigma_x \end{bmatrix}.$$
(24)

As for any positive semi-definite matrix M, the kernel in Eq. (23) can be computed as the set of vectors $w \in \mathbb{C}^d$ which satisfy the condition $w^{\dagger}Mw = 0$ [20]. Writing $w = (w_A, w_B)$, we arrive at the condition

$$\theta \left(w_A^* X^T X w_A - w_A^* X^T w_B - w_B^* X w_A + w_B^* w_B \right) + w_A^* \left(Y - i\sigma \right) w_A + w_B^* i\sigma w_B + O(1/\theta) \left(w_A^* X^T w_B + w_B^* X w_A \right) = 0, \quad (25)$$

where in the first and second line we have collected all terms which are linear and constant in θ , respectively. For $\theta > 1$ sufficiently large this requires the following conditions,

$$w_{A}^{*}X^{T}Xw_{A} - w_{A}^{*}X^{T}w_{B} - w_{B}^{*}Xw_{A} + w_{B}^{*}w_{B} = 0, \qquad (26)$$

$$w_A^* \left(Y - i\sigma \right) w_A + w_B^* i\sigma w_B = 0 . \tag{27}$$

The first equation means $Xw_A = w_B$, whereas the second reads $w_A^* (Y - i\sigma) w_A + w_A^* i X^T \sigma X w_A = 0$, that is

$$w_A^*[Y - i\Sigma]w_A = 0. \tag{28}$$

There is one-to-one correspondence between solutions w_A of Eq. (28) and $w = (w_A, Xw_A)$ of Eq. (25), hence

$$\dim \ker[\gamma' - i\sigma_{A,B}] = \dim \ker[Y - i\Sigma].$$

Replacing this into Eq. (22) we finally get

$$q_{\min}^{(\Phi)} = 2n - \dim \ker[Y - i\Sigma] = \operatorname{rank}[Y - i\Sigma] , \quad (29)$$

where in the last identity we used the fact that $Y - i\Sigma$ is a $2n \times 2n$ matrix.

IV. OPTIMAL BOUND AND EXPLICIT CONSTRUCTION

In this section we explicitly construct a Gaussian unitary dilation with $q_{\min}^{(\Phi)} = \operatorname{rank}[Y - i\Sigma]$ environmental modes. In this way, we demonstrate that the lower bound derived in the previous section is tight, concluding the derivation of Eq. (12). To do so, let us assume that the number of modes which define the state $\hat{\rho}_E$ in Eq. (1) are $q_{\min}^{(\Phi)}$. Without loss of generality, we write the kernel of the form corresponding to the commutation relations of our $n + q_{\min}^{(\Phi)}$ modes in block structure

$$\sigma := \sigma_{2n} \oplus \sigma_{2q_{\min}^{(\Phi)}}^E = \begin{bmatrix} \sigma_{2n} & 0\\ 0 & \sigma_{2q_{\min}^{(\Phi)}}^E \end{bmatrix}, \quad (30)$$

where σ_{2n} and $\sigma_{2q_{\min}^{(\Phi)}}^{E}$ are $2n \times 2n$ and $2q_{\min}^{(\Phi)} \times 2q_{\min}^{(\Phi)}$ matrices associated with the system and environment, respectively. While σ_{2n} is defined as in Eq. (3), for $\sigma_{2q_{\min}^{(\Phi)}}^{E}$ we do not make any assumption at this point, leaving open the possibility of defining it later on. Accordingly, the Gaussian unitary $\hat{U}_{A,E}$ of Eq. (1) will be determined by a symplectic matrix $S \in Sp(2(n + q_{\min}^{(\Phi)}), \mathbb{R})$ of block form

$$S := \begin{bmatrix} s_1 & s_2 \\ s_3 & s_4 \end{bmatrix}$$
(31)

satisfying the condition $S\sigma S^T = \sigma$. In the above expressions, s_1 and s_4 are $2n \times 2n$ and $2q_{\min}^{(\Phi)} \times 2q_{\min}^{(\Phi)}$ real square matrices, while s_2 and s_3^T are $2n \times 2q_{\min}^{(\Phi)}$ real rectangular matrices. As noticed in Ref. [14], the possibility of realizing the unitary dilation (1) can now be proven by simply taking

$$s_1 = X^T \tag{32}$$

and finding s_2 and a $q_{\min}^{(\Phi)}$ -mode covariance matrix [1] $\gamma_E \ge i\sigma_{2q_{\min}^{(\Phi)}}^{E}$ satisfying the conditions

$$s_2 \sigma^E_{2q^{(\Phi)}_{\min}} s^T_2 = \Sigma, \qquad s_2 \gamma_E s^T_2 = Y,$$
 (33)

with γ_E being the covariance matrix of the Gaussian state $\hat{\rho}_E$ of Eq. (1).

First, let us consider the case in which $q_{\min}^{(\Phi)}$ is an even number. To identify valid s_2 and γ_E which solve Eq. (33), it is useful to transform Y and Σ as in Eq. (A7) and (A8) of Appendix A (take A = T, $B = \Sigma$, m = 2n, a = k, and $b = r = \operatorname{rank}[\Sigma]$). Actually, applying an extra orthogonal matrix, Y' is still like in (A7), while Σ' can be written as

$$\Sigma' := C\Sigma C^{T} = \begin{bmatrix} 0 & \frac{\mu & 0}{0 & 0} & 0 \\ \hline -\mu & 0 & 0 & 0 \\ \hline 0 & 0 & 0 & 0 \\ \hline 0 & 0 & 0 & 0 \end{bmatrix} \xrightarrow{\begin{array}{c} 3 & r/2 \\ 3 & (q_{\min}^{(\Phi)} - r)/2 \\ 3 & (q_{\max}^{(\Phi)} - r)/2 \\ 3 &$$

.

where $C \in Gl(2n, \mathbb{R})$ and $\mu = \text{diag}(\mu_1, \cdots, \mu_{r/2})$ is the $r/2 \times r/2$ diagonal matrix formed by the strictly positive eigenvalues of $|\Sigma'|$ (satisfying $\mathbb{1}_{r/2} \ge \mu$ as in Appendix A). Introducing then $s'_2 := C s_2$ the conditions of Eqs. (33) can be equivalently written as

$$s'_{2} \sigma^{E}_{2q_{\min}^{(\Phi)}} (s'_{2})^{T} = \Sigma', \qquad s'_{2} \gamma_{E} (s'_{2})^{T} = Y'.$$
(35)

The explicit expressions for corresponding γ_E and s_2 are obtained in the following way. We take the environmental symplectic form to be

$$\sigma_{2q_{\min}^{(\Phi)}}^E = \sigma_k \oplus \sigma_{k-r'} \tag{36}$$

where we have set $k := \operatorname{rank}[Y]$. A unitary dilation with $q_{\min}^{(\Phi)} = k - r'/2$ environmental modes in a pure state is obtained by choosing the $2n \times 2q_{\min}^{(\Phi)}$ rectangular matrix s'_2 as

$$s_2' = \begin{bmatrix} \frac{\tilde{K}^{-1} \mid A}{0 \mid 0} \end{bmatrix}, \qquad (37)$$

with \tilde{K} being the $k \times k$ symmetric matrix defined by

$$\tilde{K} := \begin{bmatrix} \frac{\mu^{-1/2} & 0}{0 & \mathbf{1}_{(k-r)/2}} & 0\\ 0 & \frac{\mu^{-1/2} & 0}{0 & \mathbf{1}_{(k-r)/2}} \end{bmatrix}$$
(38)

and A being a rectangular matrix $k \times (k - r')$ of the form

$$A := \begin{bmatrix} 0 & \frac{0 & 0}{0 & 0} \\ 0 & 1_{(k-r)/2} \\ \hline 0 & 0 \\ \hline 0 & 0 \\ \hline 0 & 0 \\ \hline 0 & 1_{(k-r)/2} \end{bmatrix} \begin{pmatrix} r'/2 \\ (r-r')/2 \\ k/2 - r/2 \\ r'/2 \\ (r-r')/2 \\ k/2 - r/2. \end{bmatrix} (39)$$

By direct substitution one can easily verify that the first condition of Eq. (35) is indeed satisfied. Vice versa, expressing the $(2k - r') \times (2k - r')$ covariance matrix of $\hat{\rho}_E$ as

$$\gamma_E = \begin{bmatrix} \alpha & \delta \\ \delta^T & \beta \end{bmatrix} , \qquad (40)$$

the second condition of Eq. (35) yields the following equation

$$\alpha + A \,\delta^T + \delta \,A^T + A \,\beta \,A^T = \tilde{K}^2 \,. \tag{41}$$

A solution can be easily derived by taking the $k\times k$ block α as

$$\alpha = \begin{bmatrix} \frac{\mu^{-1} & 0}{0 & \frac{5}{4} \mathbf{1}_{(k-r)/2}} & 0\\ 0 & \frac{\mu^{-1} & 0}{0 & \frac{5}{4} \mathbf{1}_{(k-r)/2}} \end{bmatrix}$$
(42)

while β and δ are, respectively, $(k - r') \times (k - r')$ and $k \times (k - r')$ real matrices defined as follows:

$$\beta := \begin{bmatrix} \frac{\mu_o^{-1} & 0}{0 & \frac{5}{4} \mathbf{1}_{(k-r)/2}} & 0\\ 0 & \frac{\mu_o^{-1} & 0}{0 & \frac{5}{4} \mathbf{1}_{(k-r)/2}} \end{bmatrix}, \quad (43)$$

$$\delta := \begin{bmatrix} 0 & \frac{0 & 0}{f(\mu_o^{-1}) & 0} \\ \hline 0 & \frac{1}{g(\mu_o^{-1})} & 0 \\ \hline \frac{0}{f(\mu_o^{-1})} & 0 \\ \hline 0 & -\frac{3}{4} \mathbb{1}_{(k-r)/2} \end{bmatrix} (44)$$

with μ_o is the $(r - r')/2 \times (r - r')/2$ diagonal matrix formed by the elements of μ which are strictly smaller than 1, and with $f(\theta)$ defined as in Sec. III. Notice that the parameter r'(defined above) corresponds also to the number of eigenvalues having modulus 1 of the matrix Σ' , i.e.,

$$r' = 2n - \operatorname{rank}[\mathbb{1}_{2n} - \Sigma'(\Sigma')^T], \qquad (45)$$

as can be easily shown by using Eq. (A18) with A = Y and $B = \Sigma$. With the choice we made on the commutation matrix $\sigma^{E}_{2q_{\min}^{(\Phi)}}$, the matrix α is a $k \times k$ covariance matrix for a set of independent k/2 bosonic modes, the matrix β is a $(k - r') \times (k - r')$ covariance matrix for a set of independent (k - r')/2 modes, and the matrices δ and δ^{T} represent cross-correlation terms among such sets. For all diagonal matrices μ compatible with the constraint

$$\mathbf{1}_{r/2} \geqslant \mu , \tag{46}$$

the solution γ_E satisfies also the uncertainty relation $\gamma_E \ge i\sigma^E_{2q^{(\Phi)}_{\min}}$. Furthermore, since it has

$$\operatorname{Det}[\gamma_E] = 1,\tag{47}$$

this is also a minimal uncertainty state, i.e., a pure Gaussian state of $q_{\min}^{(\Phi)}$ modes [1]. By a close inspection of the covariance matrix γ_E derived above, one realizes that it is composed of three independent pieces. The first one describes a collection of r'/2 vacuum states. The second one, in turn, describes (r - r')/2 thermal states characterized by the matrices μ_o^{-1} which have been purified by adding further (r - r')/2 modes. The third one, finally, reflects a collection of k - r modes prepared in a pure state formed by k/2 - r/2 independent pairs of modes which are entangled. Let us point out again that this covariance matrix is indeed formed by $q_{\min}^{(\Phi)}$ modes. The whole derivation can be trivially extended for $q_{\min}^{(\Phi)}$ odd, by adding to the previous covariance matrix a single mode in the vacuum state.

V. DILATIONS WITH MIXED ENVIRONMENTS

In Ref. [14] it was shown that for arbitrary (not necessarily Stinespring) dilations one can consider an environment of only $\ell = 2n - r/2$ modes — observe that r is larger than the quantity r' introduced in Sec. II because of Eq. (10). Here, we will strengthen this bound by showing that it is possible to construct a unitary dilation using just

$$\ell_{\text{mix}}^{(\Phi)} = k - r/2 = \operatorname{rank}[Y] - \operatorname{rank}[\Sigma]/2 , \qquad (48)$$

environmental modes which are prepared in a Gaussian, but not necessarily pure, state. Note that the term on the rhs. is nonnegative due to the first of the inequalities in Eq. (10), and that it is explicitly smaller than the one provided in Ref. [14] due to the fact that Y is a $2n \times 2n$ matrix. It is worth stressing however that differently from the pure dilation case, we are not able to determine whether Eq. (48) is indeed the optimal bound (we believe it is).

For the sake of simplicity, again we will treat explicitly only the case of k even (the analysis however can be easily extended to the odd case). Because of the structure of A given in Eq. (39), the (k - r) environmental modes prepared in a pure state (see the end of Sec. IV) enter explicitly in the identity in Eq. (41): consequently, if we wish to satisfy such relation, we cannot remove any of these modes without changing A. Vice versa we can drop some of the auxiliary modes which were introduced only for purifying the environmental state. Since they are (r - r')/2, we can reduce the number of modes from $\ell_{\text{pure}}^{(\Phi)}$ to

$$\ell_{\rm mix}^{(\Phi)} = \ell_{\rm pure}^{(\Phi)} - (r - r')/2 = k - r/2.$$
(49)

To see this explicitly, take

$$\sigma^E_{2\ell^{(\Phi)}_{\rm mix}} = \sigma_k \oplus \sigma_{k-r}.$$
(50)

The matrix s'_2 can be still expressed as above but with A being a rectangular matrix $k \times (k - r)$ of the form

$$A := \begin{bmatrix} 0 & \frac{0}{1_{(k-r)/2}} \\ \hline 0 & 0 \\ \hline 1_{(k-r)/2} & 0 \end{bmatrix}.$$
 (51)

Similarly, β and δ entering in the definition of γ_E become, respectively, the following $(k - r) \times (k - r)$ and $k \times (k - r)$

real matrices:

$$\beta := \left[\begin{array}{c|c} \frac{5}{4} \mathbb{1}_{(k-r)/2} & 0\\ \hline 0 & \frac{5}{4} \mathbb{1}_{(k-r)/2} \end{array} \right]$$
(52)

and

$$\delta := \begin{bmatrix} 0 & 0 \\ 0 & -\frac{3}{4} \mathbb{1}_{(k-r)/2} \\ \hline 0 & 0 \\ \hline -\frac{3}{4} \mathbb{1}_{(k-r)/2} & 0 \end{bmatrix} .$$
(53)

This covariance matrix now consists of two independent parts: the first one describes a collection of r/2 thermal states described by the matrices μ^{-1} . The second one reflects a collection of k - r modes prepared in a pure state formed by k/2-r/2 independent couples of modes which are entangled. **VI.** CONCLUSIONS

We have analytically computed the minimum number of environmental modes necessary for a Gaussian unitary dilation of a generic multi-mode bosonic Gaussian channel. Moreover, we have also explicitly demonstrated how to construct such a Gaussian dilation in terms of the covariance matrix of the noisy environment and the symplectic transformation associated to the unitary system-environment interaction. These results may allow one to introduce a classification of the bosonic Gaussian channels in terms of the corresponding noise induced by these maps, which is somehow related to the minimum number of environemntal modes to represent such channels. Moreover, constructing a dilation with a minimal number of auxiliary modes may be useful to minimize the size of the corresponding complementary channel and then to simplify the degradability analysis, which is extremely useful in the calculation of the quantum capacity of these continuousvariable quantum maps.

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Appendix A: An important identity

In this Appendix, we prove the important identity (9) and the inequality (10), by the following more general lemma.

Lemma 1 Let $A, B \in Gl(m, \mathbb{R})$ be $m \times m$ real matrices with *B* being skew-symmetric, which satisfy the inequality

$$A \ge iB$$
. (A1)

Then given $A^{\ominus 1}$ the MP inverse [21] of A, the following identity holds

$$2 \operatorname{rank}[A - iB] = \operatorname{rank}[A] + \operatorname{rank}[A - BA^{\ominus 1} B^T] . (A2)$$

Furthermore the following inequality applies

$$\operatorname{rank}[B] \ge \operatorname{rank}[A] - \operatorname{rank}[A - BA^{\ominus 1} B^T] .$$
 (A3)

Proof: Let us start by reviewing some general properties of A and B. Because of Eq. (A1) the matrix A must be positive semi-definite, and its support must contain the support of B. Consequently indicating with $a = \operatorname{rank}[A]$ and $b = \operatorname{rank}[B]$ the ranks of the two matrices, we must have $a \ge b$ with b even.

Furthermore, defining $\Pi \in Gl(m, \mathbb{R})$ to be the projector on the support of A, it will commute with A and B and hence satisfy the following identity

$$\Pi A = A \Pi = A , \qquad \Pi B = B \Pi = B .$$
 (A4)

Consider then the invertible matrix

$$\bar{A} := A + (\mathbb{1}_m - \Pi) . \tag{A5}$$

The MP inverse [22] of A is defined by

$$A^{\ominus 1} := \Pi \bar{A}^{-1} \Pi . \tag{A6}$$

To prove the validity of Eq. (A2) we note that it is possible to identify a congruent transformation $A \mapsto A' = CAC^T$, $B \mapsto B' = CBC^T$, with $C \in Gl(m, \mathbb{R})$ invertible such that,

$$A' = \begin{bmatrix} \mathbf{1}_a & \mathbf{0} \\ 0 & \mathbf{0} \end{bmatrix} \overset{}{}_{m-a}, \tag{A7}$$

$$B' = \begin{bmatrix} 0 & \mu & 0 & 0 \\ -\mu & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} b/2 \\ b/2 \\ 3 & a - b \\ 3 & m - a & 0 \end{bmatrix},$$
(A8)

with $\mu = \text{diag}(\mu_1, \mu_2, \cdots, \mu_{b/2})$ being the $b/2 \times b/2$ diagonal matrix formed by the strictly positive eigenvalues of |B'| (by construction they satisfy $1 \ge \mu_j \ge 0$). The matrix C can be explicitly constructed as follows. First we identify the orthogonal matrix $O \in Gl(m, \mathbb{R})$ which diagonalizes A and Π puts them in the following block forms:

$$OAO^{T} = \begin{bmatrix} A'' & 0 \\ 0 & 0 \end{bmatrix} \stackrel{a}{}_{m-a}, \qquad (A9)$$

$$O \Pi O^T = \begin{bmatrix} \mathbf{1}_a & 0\\ 0 & 0 \end{bmatrix} \stackrel{a}{}_{m-a}, \qquad (A10)$$

with $A'' \in Gl(a, \mathbb{R})$ being a $a \times a$ positive definite diagonal matrix. Then we construct the invertible matrix $K \in Gl(m, \mathbb{R})$ defined as

$$K = \begin{bmatrix} A''^{-1/2} & 0\\ 0 & 1_{m-a} \end{bmatrix} {}^{a}_{m-a} , \qquad (A11)$$

(notice that the matrix $A''^{-1/2} \in Gl(a, \mathbb{R})$ is well defined since $A'' \in Gl(a, \mathbb{R})$ is invertible). Finally, we take $O' \in Gl(a, \mathbb{R})$ to be an orthogonal $a \times a$ matrix and define C as follows

$$C = \begin{bmatrix} O' & 0\\ 0 & \mathbf{1}_{m-a} \end{bmatrix} KO = \begin{bmatrix} O'A''^{-1/2} & 0\\ 0 & \mathbf{1}_{m-a} \end{bmatrix} O \quad .(A12)$$

By construction we have that for all the choices of O' the resulting matrix is invertible and Eq. (A7) is satisfied. Vice versa, Eq. (A8) can be satisfied by noticing that, since the support of B is included into the support of A, we must have

$$KO \ B \ O^T K^T = \begin{bmatrix} B'' & 0 \\ 0 & 0 \end{bmatrix} {}^a_{m-a} , \qquad (A13)$$

with $B'' \in Gl(a, \mathbb{R})$ skew-symmetric and having the same rank as B. By using a theorem from linear algebra one can then find an orthhogonal $O' \in Gl(a, \mathbb{R})$ such that

$$O' B'' O'^{T} = \begin{bmatrix} 0 & \mu & 0 \\ -\mu & 0 & 0 \\ \hline 0 & 0 & 0 \end{bmatrix},$$
(A14)

with μ being a positive diagonal matrix of dimension equal to the rank of B'' (the elements $\pm i\mu_j$ are its not null eigenvalues). Using such an O' in order to build C as in Eq. (A12) we can then satisfy Eq. (A8).

Now we notice that, since any congruent transformation preserves the rank of a matrix, the following identity holds:

$$\begin{aligned} & \operatorname{rank}[A - iB] = \operatorname{rank}[C(A - iB)C^{T}] \\ & = \operatorname{rank}\left[\begin{array}{c|c} \underline{\mathbf{1}_{b/2}} & -i\mu & 0 \\ \hline i\mu & \underline{\mathbf{1}_{b/2}} & 0 \\ \hline 0 & \underline{\mathbf{1}_{a-b}} \\ \hline 0 & 0 \end{array} \right] = a - \#_{1}(\mu) \;, \end{aligned}$$

where $\#_1(\mu)$ counts the number of eigenvalues of the matrix μ which are equal to 1. The last identity follows from counting the non-zero eigenvalue of the matrix on the left-hand-side of the second line. This can be easily done by observing that its spectrum contains m - a explicit zeros (these are the terms in the zero block diagonal term), a - b ones (these are the ones on the diagonals of the first block) and $1 \pm \mu_j$ with $\mu_j \in [1,0]$ being the eigenvalues of μ . Consequently, the non-zero eigenvalues are obtained by subtracting from k (rank of the first block) the number $\#_1(\mu)$ of eigenvalues of μ which are equal to 1. To compute the latter quantity we note that

$$B'B'^{T} = \begin{bmatrix} \frac{\mu^{2} & 0}{0 & \mu^{2}} & 0 & 0\\ \hline 0 & 0 & 0 & 0\\ \hline 0 & 0 & 0 & 0 \end{bmatrix} \begin{cases} b \\ b \\ b \\ a - b \\ m - a \\ \end{array},$$
(A15)

which yields

$$\operatorname{rank}[\mathbb{1}_m - B'B'^T] = m - 2 \ \#_1(\mu) \ . \tag{A16}$$

Using the fact that C is invertible, one has

$$\operatorname{rank}[\mathbb{1}_m - B'B'^T] = \operatorname{rank}[\mathbb{1}_m - CBC^TCB^TC^T]$$
$$= \operatorname{rank}[C^{-1}C^{-T} - BC^TCB^T].$$

Since O' and O are orthogonal, we notice that $C^{-1}C^{-T}$ is composed of two terms that span orthogonal supports. Specifically we can rewrite it as

$$C^{-1}C^{-T} = O^{T}KO = O^{T}\left[\frac{A'' \mid 0}{0 \mid \mathbf{1}_{m-a}}\right]O$$

= $A + O^{T}\left[\frac{0 \mid 0}{0 \mid \mathbf{1}_{m-a}}\right]O = A + (\mathbf{1}_{m} - \Pi) = \bar{A},$

where Eqs. (A9) and (A11) have been used. Similarly, BC^TCB^T is only supported on the support of A. Indeed, we have

$$BC^{T}CB^{T} = (\Pi B \Pi) [C^{-1}C^{-T}]^{-1} (\Pi B^{T} \Pi)$$

= (\Pi B \Pi) \bar{A}^{-1} (\Pi B^{T} \Pi) = (\Pi B \Pi^{2}) \bar{A}^{-1} (\Pi^{2} B^{T} \Pi)
= (\Pi B \Pi) (\Pi \bar{A}^{-1} \Pi) (\Pi B^{T} \Pi)
= (\Pi B \Pi) A^{\overline{\Pi}} (\Pi B^{T} \Pi) = B A^{\overline{\Pi}} B^{T}. (A17)

Using these identities, we can then rewrite Eq. (A17) as

$$\operatorname{rank}[\mathbb{1}_m - B'B'^T] = \operatorname{rank}[\bar{A} - BA^{\ominus 1}B^T]$$

=
$$\operatorname{rank}[\mathbb{1}_m - \Pi] + \operatorname{rank}[A - BA^{\ominus 1}B^T]$$

=
$$m - a + \operatorname{rank}[A - BA^{\ominus 1}B^T]. \quad (A18)$$

Thanks to Eq. (A16) the above identity finally yields

$$\#_1(\mu) = \frac{\operatorname{rank}[A] - \operatorname{rank}[A - BA^{\ominus 1} B^T]}{2} , \quad (A19)$$

which gives Eq. (A2) when inserted into Eq. (A16). The inequality (A3) can finally be proven by noticing that because of the invertibility of C, one has rank $[B] = \operatorname{rank}[B'] = b$ which, by construction, is larger than $2\#_1(\mu)$. The result then follows simply by applying Eq. (A19).

Appendix B: Gaussian purifications

Here, we emphasize the minimal number of ancillary modes which are necessary to construct a Gaussian purification (i.e., a purification which is joint pure Gaussian state of the system and of the ancillary modes) of a generic multimode Gaussian state $\hat{\rho}$. Of course, the Gaussian requirement on the purification is fundamental for our purposes: Since any number of modes can always be embedded in a single one, by dropping it the minimal number of modes is always smaller than or equal to one.

1. Minimal Gaussian purifications of Gaussian mixed states

Let $\gamma \in Gl(2n, \mathbb{R})$ the covariance matrix of a Gaussian state $\hat{\rho}$ of a system A formed by n bosonic modes. We know that it must satisfy the following inequality

$$\gamma \geqslant i\sigma_{2n}$$
, (B1)

with $\sigma_{2n} \in Gl(2n, \mathbb{R})$ being the skew-symmetric matrix in Eq. (4) representing the symplectic form of the modes. Thanks to the Williamson's theorem [23] we know that there exists a symplectic transformation $S \in Gl(2n, \mathbb{R})$ which allows us to diagonalize γ in the following form

$$\gamma \mapsto S\gamma S^T = \begin{bmatrix} D & 0\\ 0 & D \end{bmatrix} , \tag{B2}$$

with $D \in Gl(n, \mathbb{R})$ being the diagonal matrix formed by the symplectic eigenvalues D_j of γ which satisfy the condition $D_j \ge 1$ as follows from Eq. (B1). The values $\{D_j\}$ are the symplectic eigenvalues of γ [1, 15], so the positive square roots of the eigenvalues of the matrix $-\sigma_{2n}\gamma\sigma_{2n}\gamma \in$ $Gl(2n, \mathbb{R})$. The transformation $\gamma \mapsto S\gamma S^T$ corresponds to appling a Gaussian unitary to the state which transforms it into a product state of the *n* modes, in fact a product of Gibbs states of unit harmonic oscillators. Hence, it does not restrict generality to assume that γ is of the form of the rhs. of Eq. (B2) in the first place.

Now, let Γ be the covariance matrix of the minimum purification of γ , viewed as being defined on a bi-partite system

labeled A — the original system — and B. Since the spectrum of the reduced state with respect to B is identical to the spectrum of the reduced state of A, also the symplectic spectra of the two reductions are the same. Hence, it does not restrict generality to take Γ to be of the form

$$\Gamma = \begin{bmatrix} \frac{D & 0}{0 & D} & C \\ \hline C^T & \frac{D & 0}{0 & D} \end{bmatrix},$$
(B3)

with suitable $C \in Gl(2n, \mathbb{R})$ such that the symplectic spectrum of Γ consists of 1 only, with respect to the symplectic form in the convention as in Eq. (18). Now, by taking

$$C = \begin{bmatrix} 0 & \eta \\ \overline{\eta} & 0 \end{bmatrix}, \tag{B4}$$

with $\eta = \text{diag}(f(D_1), \dots, f(D_n))$, one clearly arrives at the covariance matrix of a valid purification. This purification essentially involves as many modes as there are symplectic eigenvalues different from 1 — those modes associated

with unit symplectic eigenvalues correspond to pure Gaussian states already. Denoting the number of unit values in D by $\#_1(D)$, this purification hence involves $n - \#_1(D)$ many modes. Invoking the definition of the symplectic spectrum, one finds that

$$\#_1(D) = n - \operatorname{rank}[\gamma - \sigma_{2n}\gamma^{-1}\sigma_{2n}^T]/2$$
. (B5)

It is also easy to see, however, that no purification can involve fewer modes than that. Consequently we have

$$q_{\min} = n - \#_1(D).$$
 (B6)

The covariance matrix of the reduced Gaussian state of the purification with respect to B is necessarily given by the rhs. of Eq. (B2), up to local symplectic transformations $S \in Sp(2n, \mathbb{R})$. Hence, any Gaussian purification must involve at least involve $n - \#_1(D)$ modes, as so many symplectic eigenvalues are different from 1. Needless to say, if one gives up the property of requiring a Gaussian purification, one can always embed the purification in a single mode, if the state is mixed, while no additional mode being required if the state is already pure.