# Nonlinear instability of linearly unstable standing waves for nonlinear Schrödinger equations 

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#### Abstract

We study the instability of standing waves for nonlinear Schrödinger equations. Under a general assumption on nonlinearity, we prove that linear instability implies orbital instability in any dimension. For that purpose, we establish a Strichartz type estimate for the propagator generated by the linearized operator around standing wave.


## 1 Introduction

In this paper we study the instability of standing waves for nonlinear Schrödinger equations

$$
\begin{equation*}
i \partial_{t} u+\Delta u+g\left(|u|^{2}\right) u=0, \quad(t, x) \in \mathbb{R} \times \mathbb{R}^{N} \tag{1}
\end{equation*}
$$

where $u$ is a complex-valued function of $(t, x)$, and $g$ is a real-valued function. A typical example of nonlinearity is $g\left(|u|^{2}\right) u=|u|^{p-1} u$ with $1<p<2^{*}-1$, where $2^{*}=2 N /(N-2)$ if $N \geq 3$ and $2^{*}=\infty$ if $N=1,2$. Precise assumptions on the nonlinearity will be made later. By a standing wave we mean a solution of (1) of the form $u(t, x)=e^{i \omega t} \varphi(x)$, where $\omega \in \mathbb{R}$ and $\varphi \in H^{1}\left(\mathbb{R}^{N}\right) \backslash\{0\}$ is a solution of the stationary problem

$$
\begin{equation*}
-\Delta \varphi+\omega \varphi-g\left(|\varphi|^{2}\right) \varphi=0, \quad x \in \mathbb{R}^{N} \tag{2}
\end{equation*}
$$

For the special case $g\left(|u|^{2}\right) u=|u|^{p-1} u$ with $1<p<2^{*}-1$, the following results are well-known. For each $\omega>0$, the stationary problem (2) has a
unique positive radial solution in $H^{1}\left(\mathbb{R}^{N}\right)$ (see [32, 2] for existence, and [22] for uniqueness). We call it ground state. When $N \geq 2$, other than the ground state, there exist infinitely many solutions of (2) in $H^{1}\left(\mathbb{R}^{N}\right)$. We call them excited states. For the ground state $\varphi$ of (2) with $\omega>0$, the standing wave $e^{i \omega t} \varphi$ is orbitally stable if $1<p<1+4 / N$, while it is orbitally unstable if $1+4 / N \leq p<2^{*}-1$ (see [1, 4, 34]). For more general nonlinearity, Shatah and Strauss [30] gave a general condition for orbital instability of ground state-standing waves for (11) constructing suitable Lyapunov functionals (see also [17] and [14, 24, 28, 29]). We remark that these results are mostly limited to ground states and are not applicable to excited states. Here, we recall the definition of orbital stability and instability of standing waves.

Definition 1. We say that the standing wave $e^{i \omega t} \varphi$ is orbitally stable if for any $\varepsilon>0$ there exists $\delta>0$ such that if $u_{0} \in H^{1}\left(\mathbb{R}^{N}\right)$ and $\left\|u_{0}-\varphi\right\|_{H^{1}}<\delta$, then the solution $u(t)$ of (1) with $u(0)=u_{0}$ exists globally and satisfies

$$
\inf _{(\theta, y) \in \mathbb{R} \times \mathbb{R}^{N}}\left\|u(t)-e^{i \theta} \varphi(\cdot+y)\right\|_{H^{1}}<\varepsilon
$$

for all $t \geq 0$. Otherwise, $e^{i \omega t} \varphi$ is called orbitally unstable or nonlinearly unstable.

While, $e^{i \omega t} \varphi$ is said to be linearly unstable if the linearized operator $A=$ $J H$ around the standing wave has an eigenvalue with positive real part (for the definition of $J$ and $H$, see (3) and (7) below). The linear instability of standing waves for (1) was studied by Jones [20] and Grillakis [15, 16] (see also [18, 25, 27]). In particular, for the case $g\left(|u|^{2}\right) u=|u|^{p-1} u$ with $1+4 / N<p<$ $2^{*}-1$, it is proved in [15] that for any radially symmetric, real-valued solution $\varphi$ of (2) with $\omega>0, e^{i \omega t} \varphi$ is linearly unstable. The result in 15] guarantees that among radially symmetric solutions, one can find oscillating solutions (i.e. solutions changing the sign) and these solutions shall generate excited states $e^{i \omega t} \varphi$. On the other hand, Mizumachi [25, 27] considered complexvalued solutions of (2) in $\mathbb{R}^{2}$ of the form $\varphi_{m}(x)=e^{i m \theta} \phi(r)$, where $m$ is a positive integer, and $r, \theta$ are the polar coordinates in $\mathbb{R}^{2}$ (see [19, 23] for existence of $\varphi_{m}$ ). It is proved that if $p>3$ then for any $m, e^{i \omega t} \varphi_{m}$ is linearly unstable ([25]), and that if $1<p<3$ then for sufficiently large $m$, $e^{i \omega t} \varphi_{m}$ is linearly unstable ([27]).

However, it is a highly nontrivial problem whether linear instability implies orbital instability for (1), especially in higher dimensional case (see
[10, 11, 26, 31]). Even in two dimensional case, some technical difficulties arise from the estimates of nonlinear terms (see Lemma 13 of [6]). For the case $N \leq 3$, a satisfactory answer for this problem was given by Colin, Colin and Ohta [7]. The main idea in [7] is to employ time derivative in the estimates of nonlinear terms without using space derivatives directly, and to apply the $H^{2}$-regularity of $H^{1}$-solutions for (1). However, the proof of [7] is based on the $L^{2}$-estimate on the propagator $e^{t A}$ generated by the linearized operator $A$, and the restriction $N \leq 3$ comes from the embedding $H^{2}\left(\mathbb{R}^{N}\right) \hookrightarrow L^{\infty}\left(\mathbb{R}^{N}\right)$.

The main goal of this work is to show that linear instability implies orbital instability for (1) in any dimension $N \geq 1$ (see Theorem 22 below). In particular, for the case $g\left(|u|^{2}\right) u=|u|^{p-1} u$ with $1+4 / N<p<2^{*}-1$, it follows from the linear instability result of [15] and our Theorem 2 that for any radially symmetric, real-valued solution $\varphi$ of (2) with $\omega>0, e^{i \omega t} \varphi$ is orbitally unstable in any dimension.

Our approach is based on appropriate Strichartz type estimate for the propagator $e^{t A}$ and gives the possibilities for further generalization. We have chosen the model of the nonlinear Schrödinger equation (1) for simplicity, but even in this case one needs to apply spectral mapping result $\sigma\left(e^{A}\right)=e^{\sigma(A)}$ discussed in the work of Gesztesy, Jones, Latushkin and Stanislavova [12]. If one considers complex-valued solutions of (2), then the assertion

$$
\text { linear instability } \Longrightarrow \text { orbital instability }
$$

depends on the possible generalization of the property $\sigma\left(e^{A}\right)=e^{\sigma(A)}$ for the linearized operator $A$ around complex-valued excited states. Since our goal is to give general argument working for complex-valued excited states as well, we have to make suitable generalization of the result in [12] (see Section (4).

Here, we give an outline of the paper more precisely. In what follows, we often identify $z \in \mathbb{C}$ with ${ }^{t}(\Re z, \Im z) \in \mathbb{R}^{2}$, and write $z={ }^{t}(\Re z, \Im z)$. We define $f(z)=-g\left(|z|^{2}\right) z$ for $z \in \mathbb{R}^{2}$. Then, (1) is rewritten as

$$
\partial_{t} u=J(-\Delta u+f(u)), \quad J=\left[\begin{array}{cc}
0 & 1  \tag{3}\\
-1 & 0
\end{array}\right], \quad u=\left[\begin{array}{c}
\Re u \\
\Im u
\end{array}\right] .
$$

We assume that $f \in C^{1}\left(\mathbb{R}^{2}, \mathbb{R}^{2}\right)$, and denote the derivative of $f$ at $z \in \mathbb{R}^{2}$ by $D f(z)$, which is a $2 \times 2$-real symmetric matrix and is given by

$$
D f(z)=-\left[\begin{array}{cc}
2 g^{\prime}\left(|z|^{2}\right)(\Re z)^{2}+g\left(|z|^{2}\right) & 2 g^{\prime}\left(|z|^{2}\right) \Re z \Im z  \tag{4}\\
2 g^{\prime}\left(|z|^{2}\right) \Re z \Im z & 2 g^{\prime}\left(|z|^{2}\right)(\Im z)^{2}+g\left(|z|^{2}\right)
\end{array}\right] .
$$

For nonlinearity, we assume the following.
(H1) $g$ is a real-valued continuous function on $[0, \infty)$, and $f(z)=-g\left(|z|^{2}\right) z$ is decomposed as $f=f_{1}+f_{2}$ with $f_{j} \in C^{1}\left(\mathbb{R}^{2}, \mathbb{R}^{2}\right), f_{j}(0)=0, D f_{j}(0)=O$, $j=1,2$, and there exist constants $C$ and $1<p_{j}<2^{*}-1$ such that

$$
\left|D f_{j}\left(z_{1}\right)-D f_{j}\left(z_{2}\right)\right| \leq C \begin{cases}\left|z_{1}-z_{2}\right|^{p_{j}-1} & \text { if } 1<p_{j} \leq 2  \tag{5}\\ \left(\left|z_{1}\right|^{p_{j}-2}+\left|z_{2}\right|^{p_{j}-2}\right)\left|z_{1}-z_{2}\right| & \text { if } p_{j}>2\end{cases}
$$

for all $z_{1}, z_{2} \in \mathbb{R}^{2}$.
Remark that the typical example $f(z)=-|z|^{p-1} z$ satisfies (H1) for $1<$ $p<2^{*}-1$ (see Lemma 2.4 of [13]). Moreover, the Cauchy problem for (1) is locally well-posed in $H^{1}\left(\mathbb{R}^{N}\right)$ (see [21] and [3, Chapter 4]).

For a solution of (2), we assume the following.
(H2) $\omega>0$ is a constant and $\varphi \in H^{1}\left(\mathbb{R}^{N}\right)$ is a complex-valued nontrivial solution of (2).

For the existence of solutions of (22), see, e.g., [2, 19, 23, 32]. By the elliptic regularity theory, we see that $\varphi \in H^{2}\left(\mathbb{R}^{N}\right) \cap C^{2}\left(\mathbb{R}^{N}\right)$ and $\varphi(x)$ decays to 0 exponentially as $|x| \rightarrow \infty$. Remark that we consider not only real-valued solutions of (2) but also complex-valued solutions, and that by (4), $D f(\varphi)$ is a diagonal matrix if $\varphi$ is real-valued, but not in general.

By a change of variables $u(t)=e^{i \omega t}(\varphi+v(t))$ in (1) or (3), we have

$$
\begin{equation*}
\partial_{t} v=A v+h(v), \tag{6}
\end{equation*}
$$

where $v={ }^{t}(\Re v, \Im v), A=J H, h(v)=J[f(\varphi+v)-f(\varphi)-D f(\varphi) v]$, and

$$
H=H_{0}+D f(\varphi), \quad H_{0}=\left[\begin{array}{cc}
-\Delta+\omega & 0  \tag{7}\\
0 & -\Delta+\omega
\end{array}\right] .
$$

For the linearized operator $A=J H$, we assume the following.
(H3) The operator $A$ has an eigenvalue $\lambda_{0}$ such that $\Re \lambda_{0}>0$.
As stated above, sufficient conditions for (H3) are studied by [15, 16, 18, 20, 25, 27]. See also [5, 8, 9, 35] for spectral properties of $A$. We now state the main result of this paper.

Theorem 2. Assume (H1)-(H3). Then, the standing wave $e^{i \omega t} \varphi$ of (11) is orbitally unstable.

The rest of the paper is organized as follows. In Section 2, assuming that the propagator $e^{t A}$ satisfies an exponential growth condition (11), we introduce a suitable norm (12) and establish a Strichartz type estimate for $e^{t A}$. In Section 3, we prove Theorem 2, In the proof, we apply the Strichartz type estimate for $e^{t A}$ proved in Section 2, and we employ time derivative instead of space derivatives in the estimates of nonlinear terms as in [7]. Finally, in Section 4, we give some remarks on the spectral mapping theorem for $e^{A}$ due to Gesztesy, Jones, Latushkin and Stanislavova 12.

## 2 Strichartz estimates

Let $V_{j k} \in L^{\infty}\left(\mathbb{R}^{N}, \mathbb{R}\right)$ for $j, k=1,2$, and we consider linear operators

$$
A=A_{0}+V, \quad A_{0}=J H_{0}, \quad V=\left[\begin{array}{ll}
V_{11} & V_{12}  \tag{8}\\
V_{21} & V_{22}
\end{array}\right]
$$

on $L^{2}\left(\mathbb{R}^{N}\right) \times L^{2}\left(\mathbb{R}^{N}\right)$ with domains $D\left(A_{0}\right)=D(A)=H^{2}\left(\mathbb{R}^{N}\right) \times H^{2}\left(\mathbb{R}^{N}\right)$, where $J$ and $H_{0}$ are defined in (3) and (7). Let $e^{t A_{0}}$ and $e^{t A}$ be the strongly continuous groups on $L^{2}\left(\mathbb{R}^{N}\right) \times L^{2}\left(\mathbb{R}^{N}\right)$ generated by $A_{0}$ and $A$ respectively, and we define

$$
\Gamma_{0}[f](t)=\int_{0}^{t} e^{(t-s) A_{0}} f(s) d s, \quad \Gamma[f](t)=\int_{0}^{t} e^{(t-s) A} f(s) d s
$$

Moreover, we denote $L^{r}:=L^{r}\left(\mathbb{R}^{N}\right) \times L^{r}\left(\mathbb{R}^{N}\right)$ and $L_{T}^{q} Y:=L^{q}((0, T), Y)$ for a Banach space $Y$. Note that $u(t)=e^{t A} \psi+\Gamma[f](t)$ satisfies

$$
\begin{equation*}
\partial_{t} u=A u+f(t)=A_{0} u+V u+f(t), \quad u(0)=\psi, \tag{9}
\end{equation*}
$$

and $u_{0}(t)=e^{t A_{0}} \psi+\Gamma_{0}[f](t)$ satisfies

$$
\begin{equation*}
\partial_{t} u_{0}=A_{0} u_{0}+f(t)=A u_{0}+f(t)-V u_{0}, \quad u_{0}(0)=\psi . \tag{10}
\end{equation*}
$$

We assume that there exist positive constants $C$ and $\nu$ such that

$$
\begin{equation*}
\left\|e^{t A}\right\|_{B\left(L^{2}\right)} \leq C e^{\nu t} \tag{11}
\end{equation*}
$$

for all $t \geq 0$. For $\lambda>0$, we define functions $e_{\lambda}^{+}$and $e_{\lambda}^{-}$by $e_{\lambda}^{ \pm}(t)=e^{ \pm \lambda t}$ for $t \in \mathbb{R}$. Moreover, we define

$$
\begin{equation*}
\|f\|_{L_{T}^{q, \lambda} Y}:=e^{\lambda T}\left\|e_{\lambda}^{-} f\right\|_{L_{T}^{q} Y} . \tag{12}
\end{equation*}
$$

Note that $\|f\|_{L_{T}^{q} Y} \leq\|f\|_{L_{T}^{q, \lambda} Y} \leq\|f\|_{L_{T}^{q, \mu} Y}$ for $0<\lambda<\mu$ and $T>0$. The Hölder conjugate of $q$ is denoted by $q^{\prime}$. For the definition of admissible pairs and the standard Strichartz estimates for $e^{i t \Delta}$, see, e.g., [3, Section 2.3].

Lemma 3. Assume $V \in L^{\infty}\left(\mathbb{R}^{N}\right)$ and (11). Let $0<\nu<\mu$ and let $(q, r)$ be any admissible pair. Then, there exists a constant $C$ independent of $\psi, f$ and $T$ such that $u(t)=e^{t A} \psi+\Gamma[f](t)$ satisfies

$$
\|u(t)\|_{L^{2}} \leq C\left(e^{\nu t}\|\psi\|_{L^{2}}+e^{\mu t}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q^{\prime} L^{r^{\prime}}}}\right)
$$

for all $t \in[0, T]$.
Proof. Let $u_{0}(t)=e^{t A_{0}} \psi+\Gamma_{0}[f](t)$. Then, by (9) and (10), we have

$$
\partial_{t}\left(u-u_{0}\right)=A\left(u-u_{0}\right)+V u_{0}, \quad\left(u-u_{0}\right)(0)=0
$$

so $u-u_{0}=\Gamma\left[V u_{0}\right]$. By the assumption (11), we have

$$
\begin{aligned}
\left\|u(t)-u_{0}(t)\right\|_{L^{2}} & \leq \int_{0}^{t}\left\|e^{(t-s) A} V u_{0}(s)\right\|_{L^{2}} d s \\
& \leq C\|V\|_{L^{\infty}} \int_{0}^{t} e^{\nu(t-s)}\left\|u_{0}(s)\right\|_{L^{2}} d s
\end{aligned}
$$

for all $t \in[0, T]$. Here, by the standard Strichartz estimate for $e^{i t \Delta}$, we have

$$
\left\|u_{0}(t)\right\|_{L^{2}} \leq C\left(\|\psi\|_{L^{2}}+\|f\|_{L_{t}^{q^{\prime}} L^{r^{\prime}}}\right) \leq C\left(\|\psi\|_{L^{2}}+e^{\mu t}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q^{\prime} L^{r^{\prime}}}}\right)
$$

for all $t \in[0, T]$. Thus,

$$
\begin{aligned}
& \|u(t)\|_{L^{2}} \leq\left\|u_{0}(t)\right\|_{L^{2}}+\left\|u(t)-u_{0}(t)\right\|_{L^{2}} \\
& \leq\left\|u_{0}(t)\right\|_{L^{2}}+C \int_{0}^{t} e^{\nu(t-s)}\|\psi\|_{L^{2}} d s+C e^{\nu t} \int_{0}^{t} e^{(\mu-\nu) s}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q^{\prime} L^{r^{\prime}}}} d s \\
& \leq C\left(e^{\nu t}\|\psi\|_{L^{2}}+e^{\mu t}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q^{\prime}} L^{r^{\prime}}}\right)
\end{aligned}
$$

for all $t \in[0, T]$. This completes the proof.
Proposition 4. Assume $V \in L^{\infty}\left(\mathbb{R}^{N}\right)$ and (11). Let $0<\lambda<\nu<\mu$, and let $\left(q_{1}, r_{1}\right)$ and $\left(q_{2}, r_{2}\right)$ be any admissible pairs. Then, there exists a constant $C$ independent of $\psi, f$ and $T$ such that $u(t)=e^{t A} \psi+\Gamma[f](t)$ satisfies

$$
\|u\|_{L_{T}^{q_{1}, \lambda} L^{r_{1}}} \leq C\left(e^{\nu T}\|\psi\|_{L^{2}}+\|f\|_{L_{T}^{q_{2}^{\prime}, \mu} L^{r_{2}^{\prime}}}\right)
$$

Proof. We put $v(t)=e^{-\lambda t} u(t)$. Then, by (9), we have

$$
\partial_{t} v=A_{0} v+(V-\lambda) v+e^{-\lambda t} f(t), \quad v(0)=\psi .
$$

By the standard Strichartz estimate for $e^{i t \Delta}$, we have

$$
\left\|e_{\lambda}^{-} u\right\|_{L_{T}^{q_{1}} L^{r_{1}}}=\|v\|_{L_{T}^{q_{1}} L^{r_{1}}} \leq C\left(\|\psi\|_{L^{2}}+\|(V-\lambda) v\|_{L_{T}^{1} L^{2}}+\left\|e_{\lambda}^{-} f\right\|_{L_{T}^{q_{2}^{\prime}} L^{r_{2}^{\prime}}}\right) .
$$

Here, by Lemma 3, we have

$$
\begin{aligned}
\|(V-\lambda) v\|_{L_{T}^{1} L^{2}} & \leq\left(\|V\|_{L^{\infty}}+\lambda\right)\|v\|_{L_{T}^{1} L^{2}} \leq C \int_{0}^{T} e^{-\lambda t}\|u(t)\|_{L^{2}} d t \\
& \leq C \int_{0}^{T}\left\{e^{(\nu-\lambda) t}\|\psi\|_{L^{2}}+e^{(\mu-\lambda) t}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q_{2}^{\prime}} L^{r_{2}^{\prime}}}\right\} d t \\
& \leq C\left\{e^{(\nu-\lambda) T}\|\psi\|_{L^{2}}+e^{(\mu-\lambda) T}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q_{2}^{\prime}} L^{r_{2}^{\prime}}}\right\} .
\end{aligned}
$$

Moreover, since $\left\|e_{\lambda}^{-} f\right\|_{L_{T}^{q_{2}^{\prime}} L^{L_{2}^{\prime}}} \leq e^{(\mu-\lambda) T}\left\|e_{\mu}^{-} f\right\|_{L_{T}^{q_{2}^{\prime}} L^{r_{2}^{\prime}}}$, we obtain the desired estimate.

## 3 Proof of Theorem [2]

In this section we assume (H1)-(H3), and prove Theorem 2, For $j=1,2$, we put

$$
h_{j}(v)=J\left[f_{j}(\varphi+v)-f_{j}(\varphi)-D f_{j}(\varphi) v\right], \quad r_{j}=p_{j}+1,
$$

and let $\left(q_{j}, r_{j}\right)$ be the corresponding admissible pair. Note that $h(v)=$ $h_{1}(v)+h_{2}(v)$ in (6).

Lemma 5. There exist $\lambda^{*} \in \mathbb{C}$ and $\chi \in H^{2}\left(\mathbb{R}^{N}, \mathbb{C}\right)^{2}$ such that $\Re \lambda^{*}>0$, $A \chi=\lambda^{*} \chi$ and $\|\chi\|_{L^{2}}=1$. Moreover, $e^{t A}$ satisfies (11) for some $\nu$ with $\Re \lambda^{*}<\nu<(1+\alpha) \Re \lambda^{*}$, where

$$
\begin{equation*}
\alpha:=\min \left\{1, r_{1}-2, r_{2}-2\right\} . \tag{13}
\end{equation*}
$$

Proof. Since $D f(\varphi)$ decays exponentially at infinity, Weyl's essential spectrum theorem implies that $\sigma_{\text {ess }}(A) \subset\{z \in \mathbb{C}: \Re z=0\}$. Moreover, the number of eigenvalues of $A=J H$ in $\{z \in \mathbb{C}: \Re z>0\}$ is finite (see, e.g., Theorem 5.8 of [18]). Therefore, by (H3), there exists an eigenvalue $\lambda^{*}$ of $A$ such that $\Re \lambda^{*}=\max \{\Re z: z \in \sigma(A)\}>0$. Further, by the spectral
mapping theorem due to Gesztesy, Jones, Latushkin and Stanislavova [12], we have $\sigma\left(e^{A}\right)=e^{\sigma(A)}$. Here we need some modification of [12] when $\varphi$ is not real-valued. We shall discuss it in Section (4. Then, the spectral radius of $e^{A}$ is $e^{\Re \lambda^{*}}$. Finally, by Lemma 3 of [31], we see that $e^{t A}$ satisfies (11) for some $\nu$ with $\Re \lambda^{*}<\nu<(1+\alpha) \Re \lambda^{*}$.

Lemma 6. There exists a constant $C$ such that

$$
\left\|h_{j}(v)\right\|_{L^{2}}+\left\|h_{j}(v)\right\|_{L^{\prime} j} \leq C\left(\|v\|_{H^{2}}+\|v\|_{H^{2}}^{r_{j}-2}\right)\|v\|_{H^{2}}
$$

for all $v \in H^{2}\left(\mathbb{R}^{N}\right)$.
Proof. Since

$$
h_{j}(v)=J \int_{0}^{1}\left\{D f_{j}(\varphi+\theta v)-D f_{j}(\varphi)\right\} v d \theta,
$$

it follows from (5) that

$$
\left\|h_{j}(v)\right\|_{L^{2}}+\left\|h_{j}(v)\right\|_{L^{r_{j}^{\prime}}} \leq C \begin{cases}\|v\|_{H}^{r_{j}-1} & \text { if } 2<r_{j} \leq 3, \\ \left(\|\varphi\|_{H^{2}}^{r_{j}-3}+\|v\|_{H^{2}}^{r_{j}-3}\right)\|v\|_{H^{2}}^{2} & \text { if } r_{j}>3,\end{cases}
$$

which implies the desired estimate.
In what follows, let $\lambda$ and $\mu$ be numbers satisfying

$$
\begin{equation*}
0<\lambda<\Re \lambda^{*}<\nu<\mu<(1+\alpha) \lambda \tag{14}
\end{equation*}
$$

and we define

$$
\|v\|_{X_{T}}=\|v\|_{L_{T}^{\infty, \lambda} H^{2}}+\left\|\partial_{t} v\right\|_{L_{T}^{q_{1}, \lambda} L^{r_{1}}}+\left\|\partial_{t} v\right\|_{L_{T}^{q_{2}, \lambda} L^{r_{2}}}
$$

Lemma 7. Let $v(t)$ be an $H^{2}$-solution of (6) in $[0, \infty)$. Then, there exists a constant $C$ independent of $v$ and $T$ such that

$$
\begin{aligned}
\|v\|_{X_{T}} \leq C & \left(\|v\|_{L_{T}^{\infty, \lambda} L^{2}}+\left\|\partial_{t} v\right\|_{L_{T}^{\infty, \lambda} L^{2}}+\left\|\partial_{t} v\right\|_{L_{T}^{q_{1}, \lambda}}+\left\|\partial_{t} v\right\|_{L_{T}^{q_{1}, \lambda} L^{r_{2}}}\right) \\
& +C\left(\|v\|_{X_{T}}^{2}+\|v\|_{X_{T}-1}^{r_{1}}+\|v\|_{X_{T}}^{r_{2}-1}\right) .
\end{aligned}
$$

Proof. By Lemma 6, we have

$$
\begin{aligned}
& \|v(t)\|_{H^{2}} \leq C\left(\|v(t)\|_{L^{2}}+\|A v(t)\|_{L^{2}}\right) \\
& \leq C\left(\|v(t)\|_{L^{2}}+\left\|\partial_{t} v(t)\right\|_{L^{2}}+\|h(v(t))\|_{L^{2}}\right) \\
& \leq C\left(\|v(t)\|_{L^{2}}+\left\|\partial_{t} v(t)\right\|_{L^{2}}+\|v(t)\|_{H^{2}}^{2}+\|v(t)\|_{H^{2}}^{r_{1}-1}+\|v(t)\|_{H^{2}}^{r_{2}-1}\right)
\end{aligned}
$$

for all $t \in[0, T]$. Thus,

$$
\begin{aligned}
& \|v\|_{L_{T}^{\infty}, \lambda} \leq C\left(\|v\|_{L_{T}^{\infty}}{ }_{T}, \lambda L^{2}+\left\|\partial_{t} v\right\|_{L_{T}^{\infty, \lambda} L^{2}}\right) \\
& +C\left(\|v\|_{L_{T}^{\infty, \lambda} H^{2}}^{2}+\|v\|_{L_{T}^{\infty}, \lambda}^{r_{1}-1}+\|v\|_{L_{T}^{\infty}}^{r_{2}-1} H^{2}\right),
\end{aligned}
$$

which implies the desired estimate.
Lemma 8. There exists a constant independent of $v$ and $T$ such that

$$
\left\|h_{j}(v)\right\|_{L_{T}^{q_{j}^{\prime}, \mu} L^{r_{j}^{\prime}}} \leq C\left(\|v\|_{X_{T}}^{2}+\|v\|_{X_{T}}^{r_{j}-1}\right) .
$$

Proof. By Lemma 6, we have

$$
e^{-\mu t}\left\|h_{j}(v(t))\right\|_{L^{r_{j}^{\prime}}} \leq C e^{(2 \lambda-\mu) t}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{2}+C e^{\left(\left(r_{j}-1\right) \lambda-\mu\right) t}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{r_{j}-1}
$$

for all $t \in[0, T]$. Moreover, by (13) and (14), we have

$$
\begin{aligned}
e^{\mu T}\left\|e_{\mu}^{-} h_{j}(v)\right\|_{L_{T}^{q_{3}^{\prime}} L_{j}^{r_{j}^{\prime}}} & \leq C e^{2 \lambda T}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{2}+C e^{\left(r_{j}-1\right) \lambda T}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{r_{j}-1} \\
& \leq C\left(\|v\|_{X_{T}}^{2}+\|v\|_{X_{T}}^{r_{j}-1}\right),
\end{aligned}
$$

which implies the desired estimate.
Lemma 9. There exists a constant $C$ independent of $v$ and $T$ such that

$$
\left\|\partial_{t} h_{j}(v)\right\|_{L_{T}^{q_{j}^{\prime}, \mu} L^{r_{j}^{\prime}}} \leq C\left(\|v\|_{X_{T}}^{2}+\|v\|_{X_{T}}^{r_{j}-1}\right) .
$$

Proof. Since $\partial_{t} h_{j}(v(t))=J\left\{D f_{j}(\varphi+v(t))-D f_{j}(\varphi)\right\} \partial_{t} v(t)$, it follows from (5) that

$$
\left\|\partial_{t} h_{j}(v(t))\right\|_{L^{r_{j}^{\prime}}} \leq C\left(\|v(t)\|_{H^{2}}+\|v(t)\|_{H^{2}}^{r_{j}-2}\right)\left\|\partial_{t} v(t)\right\|_{L^{r_{j}}} .
$$

Thus we have

$$
\begin{aligned}
e^{-\mu t}\left\|\partial_{t} h_{j}(v(t))\right\|_{L^{r_{j}^{\prime}}} \leq & C e^{(2 \lambda-\mu) t}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}} \cdot e^{-\lambda t}\left\|\partial_{t} v(t)\right\|_{L^{r_{j}}} \\
& +C e^{\left(\left(r_{j}-1\right) \lambda-\mu\right) t}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{r_{j}-2} \cdot e^{-\lambda t}\left\|\partial_{t} v(t)\right\|_{L^{r_{j}}}
\end{aligned}
$$

for all $t \in[0, T]$. Moreover, by (13), (14) and the Hölder inequality,

$$
\begin{aligned}
& e^{\mu T}\left\|e_{\mu}^{-} \partial_{t} h_{j}(v)\right\|_{L_{T}^{q_{j}^{\prime}} L^{r_{j}^{\prime}}} \\
\leq & C e^{2 \lambda T}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}\left\|e_{\lambda}^{-} \partial_{t} v\right\|_{L_{T}^{q_{j}} L^{r_{j}}}+C e^{\left(r_{j}-1\right) \lambda T}\left\|e_{\lambda}^{-} v\right\|_{L_{T}^{\infty} H^{2}}^{r_{j}-2}\left\|e_{\lambda}^{-} \partial_{t} v\right\|_{L_{T}^{q_{j}} L^{r_{j}}} \\
\leq & C\left(\|v\|_{X_{T}}^{2}+\|v\|_{X_{T}}^{r_{j}-1}\right) .
\end{aligned}
$$

This completes the proof.

Proof of Theorem [2. We use the argument in [18, Section 6] (see also [7, 31]). Suppose that the standing wave $e^{i \omega t} \varphi$ of (1) is orbitally stable. For small $\delta>$ 0 , let $u_{\delta}(t)$ be the solution of (1) with $u_{\delta}(0)=\varphi+\delta \Re \chi$, where $\chi \in H^{2}\left(\mathbb{R}^{N}, \mathbb{C}\right)^{2}$ is the eigenfunction of $A$ corresponding to the eigenvalue $\lambda^{*}$ given in Lemma 5. Note that $A \bar{\chi}=\overline{\lambda^{*}} \bar{\chi}$. Since either $\Re \chi \notin \operatorname{ker} A$ or $\Im \chi \notin \operatorname{ker} A$, we may assume that $\Re \chi \notin \operatorname{ker} A$. Since we assume that $e^{i \omega t} \varphi$ is orbitally stable in $H^{1}\left(\mathbb{R}^{N}\right)$, the $H^{1}$-solution $u_{\delta}(t)$ of (11) exists globally for sufficiently small $\delta>0$. Moreover, since $\varphi, \chi \in H^{2}\left(\mathbb{R}^{N}\right)$, by the $H^{2}$-regularity for (1), we see that $u_{\delta} \in C\left([0, \infty), H^{2}\left(\mathbb{R}^{N}\right)\right) \cap C^{1}\left([0, \infty), L^{2}\left(\mathbb{R}^{N}\right)\right)$ and $\partial_{t} u_{\delta} \in L_{T}^{q_{1}} L^{r_{1}} \cap L_{T}^{q_{2}} L^{r_{2}}$ for all $T>0$ (see [21, 33] and also [3, Section 5.2]). By the change of variables

$$
\begin{equation*}
u_{\delta}(t)=e^{i \omega t}\left(\varphi+v_{\delta}(t)\right), \tag{15}
\end{equation*}
$$

we see that $v_{\delta}$ has the same regularity as that of $u_{\delta}$, and satisfies

$$
\begin{align*}
\partial_{t} v_{\delta}(t) & =A v_{\delta}(t)+h\left(v_{\delta}(t)\right), \quad v_{\delta}(0)=\delta \Re \chi, \\
v_{\delta}(t) & =\delta \Re\left(e^{\lambda^{*} t} \chi\right)+\Gamma\left[h\left(v_{\delta}\right)\right](t),  \tag{16}\\
\partial_{t} v_{\delta}(t) & =\delta \Re\left(\lambda^{*} e^{\lambda^{*} t} \chi\right)+e^{t A} h(\delta \Re \chi)+\Gamma\left[\partial_{t} h\left(v_{\delta}\right)\right](t) \tag{17}
\end{align*}
$$

for all $t \geq 0$. Let $\varepsilon_{0}>0$ be a small positive number to be determined later, let $k=1$ if $\Im \lambda^{*}=0$, and $k=\exp \left(2 \pi \Re \lambda^{*} /\left|\Im \lambda^{*}\right|\right)$ if $\Im \lambda^{*} \neq 0$, and define $T_{\delta}$ by

$$
\begin{equation*}
\log \frac{\varepsilon_{0}}{k \delta} \leq \Re \lambda^{*} T_{\delta} \leq \log \frac{\varepsilon_{0}}{\delta}, \quad \Im \lambda^{*} T_{\delta} \in 2 \pi \mathbb{Z} . \tag{18}
\end{equation*}
$$

for small $\delta>0$. First, we prove that there exist constants $C_{1}$ and $\varepsilon_{0}$ independent of $\delta$ such that

$$
\begin{equation*}
\left\|v_{\delta}\right\|_{X_{T_{\delta}}} \leq C_{1} \varepsilon_{0} \tag{19}
\end{equation*}
$$

for small $\delta$. For $T \in\left(0, T_{\delta}\right]$, by (16), Proposition 4 and Lemma [8,

$$
\begin{aligned}
\left\|v_{\delta}\right\|_{L_{T}^{\infty, \lambda} L^{2}} & \leq\left\|\delta e_{\lambda^{*}}^{+} \chi\right\|_{L_{T}^{\infty}, \lambda} L^{2} \\
& \leq \delta\left(\left\|h_{1}(v)\right\|_{L_{T}^{q_{1}^{\prime}, \mu} L^{\nu_{1}^{\prime}}}+\left\|h_{2}(v)\right\|_{L_{T}^{q_{2}^{\prime}, \mu} L^{r_{2}^{\prime}}}\right) \\
& \|\chi\|_{L^{2}}+C\left(\left\|v_{\delta}\right\|_{X_{T}}^{2}+\left\|v_{\delta}\right\|_{X_{T}}^{r_{1}-1}+\left\|v_{\delta}\right\|_{X_{T}}^{r_{2}-1}\right) .
\end{aligned}
$$

Moreover, by (17), Proposition 4 and Lemma 9 ,

$$
\begin{aligned}
& \left\|\partial_{t} v_{\delta}\right\|_{L_{T}^{\infty, \lambda} L^{2}}+\left\|\partial_{t} v_{\delta}\right\|_{L_{T}^{q_{1}, \lambda} L^{r_{1}}}+\left\|\partial_{t} v_{\delta}\right\|_{L_{T}^{q_{2}, \lambda} L^{r_{2}}} \\
& \leq C\left(\delta e^{\Re \lambda^{*} T}\|\chi\|_{H^{2}}+e^{\nu T}\|h(\delta \Re \chi)\|_{L^{2}}+\left\|v_{\delta}\right\|_{X_{T}}^{2}+\left\|v_{\delta}\right\|_{X_{T}}^{r_{1}-1}+\left\|v_{\delta}\right\|_{X_{T}-1}^{r_{2}-1}\right.
\end{aligned} .
$$

Here, by Lemma 6 and by (13) and (14),

$$
\begin{aligned}
e^{\nu T}\|h(\delta \Re \chi)\|_{L^{2}} & \leq C e^{\nu T}\left(\delta^{2}\|\chi\|_{H^{2}}^{2}+\delta^{r_{1}-1}\|\chi\|_{H^{2}}^{r_{1}-1}+\delta^{r_{2}-1}\|\chi\|_{H^{2}}^{r_{2}-1}\right) \\
& \leq C\left(\delta e^{\Re \lambda^{*} T}\right)^{1+\alpha} .
\end{aligned}
$$

Therefore, by Lemma 7 and (18),

$$
\begin{equation*}
\left\|v_{\delta}\right\|_{X_{T}} \leq C\left(\varepsilon_{0}+\varepsilon_{0}^{1+\alpha}+\left\|v_{\delta}\right\|_{X_{T}}^{2}+\left\|v_{\delta}\right\|_{X_{T}}^{r_{1}-1}+\left\|v_{\delta}\right\|_{X_{T}}^{r_{2}-1}\right) \tag{20}
\end{equation*}
$$

for all $T \in\left(0, T_{\delta}\right]$. Since $\limsup _{T \rightarrow+0}\left\|v_{\delta}\right\|_{X_{T}} \leq C \delta$ and $\left\|v_{\delta}\right\|_{X_{T}}$ is continuous in $T$, by (20) we see that there exist constants $C_{1}$ and $\varepsilon_{0}$ independent of $\delta$ such that (19) holds for small $\delta$. Next, by (16), (19), Proposition 4 and Lemma 8 ,

$$
\begin{align*}
& \left\|v_{\delta}\left(T_{\delta}\right)-\delta \Re\left(e^{\lambda^{*} T_{\delta}} \chi\right)\right\|_{L^{2}} \leq C\left(\left\|h_{1}(v)\right\|_{L_{T_{\delta}}^{q_{1}^{\prime}, \mu} L^{r_{1}^{\prime}}}+\left\|h_{2}(v)\right\|_{L_{T_{\delta}}^{q_{2}^{\prime}, \mu} L^{r_{2}^{\prime}}}\right) \\
& \leq C\left(\left\|v_{\delta}\right\|_{X_{T_{\delta}}}^{2}+\left\|v_{\delta}\right\|_{X_{T_{\delta}}}^{r_{1}-1}+\left\|v_{\delta}\right\|_{X_{T_{\delta}}}^{r_{2}-1}\right) \leq C \varepsilon_{0}^{1+\alpha} . \tag{21}
\end{align*}
$$

Let $(\Re \chi)^{\perp}$ be the projection of $\Re \chi$ onto the orthogonal complement of $\operatorname{span}\{i \varphi, \nabla \varphi\}$ in $L^{2}\left(\mathbb{R}^{N}, \mathbb{R}\right)^{2}$. Note that we identify $i \varphi=(0, \varphi)$ and $\varphi=$ $(\varphi, 0)$. Since span $\{i \varphi, \nabla \varphi\} \subset \operatorname{ker} A$ and $\Re \chi \notin \operatorname{ker} A$, we see that $(\Re \chi)^{\perp} \neq 0$. By (18) and (21), we have

$$
\begin{aligned}
& \left|\left(v_{\delta}\left(T_{\delta}\right),(\Re \chi)^{\perp}\right)_{L^{2}}-\delta e^{\Re \lambda^{*} T_{\delta}}\left\|(\Re \chi)^{\perp}\right\|_{L^{2}}^{2}\right| \\
& =\left|\left(v_{\delta}\left(T_{\delta}\right)-\delta \Re\left(e^{\lambda^{*} T_{\delta}} \chi\right),(\Re \chi)^{\perp}\right)_{L^{2}}\right| \leq C \varepsilon_{0}^{1+\alpha}\left\|(\Re \chi)^{\perp}\right\|_{L^{2}},
\end{aligned}
$$

and we can take a small $\varepsilon_{0}$ such that

$$
\begin{equation*}
\left(v_{\delta}\left(T_{\delta}\right),(\Re \chi)^{\perp}\right)_{L^{2}} \geq \frac{\varepsilon_{0}}{2 k}\left\|(\Re \chi)^{\perp}\right\|_{L^{2}}^{2} \tag{22}
\end{equation*}
$$

Finally, we put

$$
\Theta_{\delta}=\inf _{(\theta, y) \in \mathbb{R} \times \mathbb{R}^{N}}\left\|u_{\delta}\left(T_{\delta}\right)-e^{i \theta} \varphi(\cdot+y)\right\|_{L^{2}}
$$

Then, by (15), $\Theta_{\delta}=\inf _{(\theta, y) \in \mathbb{R} \times \mathbb{R}^{N}}\left\|v_{\delta}\left(T_{\delta}\right)+\varphi-e^{i \theta} \varphi(\cdot+y)\right\|_{L^{2}}$, and there exists $\left(\theta_{\delta}, y_{\delta}\right) \in \mathbb{R} \times \mathbb{R}^{N}$ such that $\Theta_{\delta}=\left\|v_{\delta}\left(T_{\delta}\right)+\varphi-e^{i \theta_{\delta}} \varphi\left(\cdot+y_{\delta}\right)\right\|_{L^{2}}$. Moreover, since $\Theta_{\delta} \leq\left\|v_{\delta}\left(T_{\delta}\right)\right\|_{L^{2}} \leq C_{1} \varepsilon_{0}$, we have $\left\|\varphi-e^{i \theta_{\delta}} \varphi\left(\cdot+y_{\delta}\right)\right\|_{L^{2}} \leq 2 C_{1} \varepsilon_{0}$. Thus, $\left|\left(\theta_{\delta}, y_{\delta}\right)\right|=O\left(\varepsilon_{0}\right)$ and

$$
e^{i \theta_{\delta}} \varphi\left(\cdot+y_{\delta}\right)-\varphi=i \theta_{\delta} \varphi+y_{\delta} \cdot \nabla \varphi+o\left(\varepsilon_{0}\right),
$$

which together with (22) implies that

$$
\begin{aligned}
& \left(v_{\delta}\left(T_{\delta}\right)+\varphi-e^{i \theta_{\delta}} \varphi\left(\cdot+y_{\delta}\right),(\Re \chi)^{\perp}\right)_{L^{2}} \\
& =\left(v_{\delta}\left(T_{\delta}\right),(\Re \chi)^{\perp}\right)_{L^{2}}-\left(i \theta_{\delta} \varphi+y_{\delta} \cdot \nabla \varphi,(\Re \chi)^{\perp}\right)_{L^{2}}-o\left(\varepsilon_{0}\right) \\
& \geq \frac{\varepsilon_{0}}{4 k}\left\|(\Re \chi)^{\perp}\right\|_{L^{2}}^{2}
\end{aligned}
$$

for some small $\varepsilon_{0}$. Therefore,

$$
\inf _{(\theta, y) \in \mathbb{R} \times \mathbb{R}^{N}}\left\|u_{\delta}\left(T_{\delta}\right)-e^{i \theta} \varphi(\cdot+y)\right\|_{H^{1}} \geq \Theta_{\delta} \geq \frac{\varepsilon_{0}}{4 k}\left\|(\Re \chi)^{\perp}\right\|_{L^{2}}
$$

for all $\delta$ small. This contradiction proves that $e^{i \omega t} \varphi$ is orbitally unstable.

## 4 Remark on spectral mapping theorem

In this section, we assume that $V_{j k} \in C\left(\mathbb{R}^{N}, \mathbb{R}\right)$ and there exist positive constants $\varepsilon$ and $C$ such that

$$
\begin{equation*}
\left|V_{j k}(x)\right| \leq C e^{-2 \varepsilon|x|} \tag{23}
\end{equation*}
$$

for all $x \in \mathbb{R}^{N}$ and $j, k=1,2$. We consider the linear operator $A=A_{0}+V$ defined by (8). Then we have the following.

Proposition 10. For each $N \geq 1$ one has $\sigma\left(e^{A}\right)=e^{\sigma(A)}$.
In [12], Proposition 10 is proved for the case $V_{11}=V_{22}=0$. We modify the proof of Theorem 1 of [12] to prove Proposition 10 for general case. As we have stated in Section 1, this generalization is needed to treat the case where a solution $\varphi$ of (2) is not real-valued.

Proof of Proposition 10. For $\xi=a+i \tau$ with $a, \tau \in \mathbb{R} \backslash\{0\}$, we denote

$$
L(\xi)=\left[\begin{array}{cc}
\xi & -D \\
D & \xi
\end{array}\right], \quad D=-\Delta+\omega .
$$

Then, we have $-\xi^{2} \notin \sigma\left(D^{2}\right)$ and

$$
L(\xi)^{-1}=\left[\begin{array}{cc}
\xi\left[\xi^{2}+D^{2}\right]^{-1} & D\left[\xi^{2}+D^{2}\right]^{-1} \\
-D\left[\xi^{2}+D^{2}\right]^{-1} & \xi\left[\xi^{2}+D^{2}\right]^{-1}
\end{array}\right] .
$$

We also have $\xi-A=L(\xi)-V=L(\xi)\left[I-L(\xi)^{-1} V\right]$. Here we decompose $V=W B$ by

$$
W=e^{\varepsilon|x|} V, \quad B=e^{-\varepsilon|x|} I .
$$

By (23), all entries of $W$ and $B$ are exponentially decaying continuous functions. Moreover, each entry of $B L(\xi)^{-1} W$ has a form

$$
P_{1}(x) \xi\left[\xi^{2}+D^{2}\right]^{-1} Q_{1}(x)+P_{2}(x) D\left[\xi^{2}+D^{2}\right]^{-1} Q_{2}(x),
$$

where $P_{1}, P_{2}, Q_{1}$ and $Q_{2}$ are real-valued continuous functions decaying exponentially. Therefore, by Lemma 6 of [12], we see that $\left\|B L(\xi)^{-1} W\right\| \rightarrow 0$ as $|\tau| \rightarrow \infty$. Then the rest of the proof of Proposition 10 is the same as in the proof of Theorem 1 of [12].

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