

# SPECTRAL GAP FOR THE INTERCHANGE PROCESS IN A BOX

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## *Abstract*

We show that the spectral gap for the interchange process (and the symmetric exclusion process) in a  $d$ -dimensional box of side length  $L$  is asymptotic to  $\pi^2/L^2$ . This gives more evidence in favor of Aldous’s conjecture that in any graph the spectral gap for the interchange process is the same as the spectral gap for a corresponding continuous-time random walk. Our proof uses a technique that is similar to that used by Handjani and Jungreis, who proved that Aldous’s conjecture holds when the graph is a tree.

## 1 Introduction

### 1.1 Aldous’s conjecture

This subsection is taken (with minor alterations) from David Aldous’s web page. Consider an  $n$ -vertex graph  $G$  which is connected and undirected. Take  $n$  particles labeled  $1, 2, \dots, n$ . In a configuration, there is one particle at each vertex. The *interchange process* is the following continuous-time Markov chain on configurations. For each edge  $(i, j)$ , at rate 1 the particles at vertex  $i$  and vertex  $j$  are interchanged.

The interchange process is reversible, and its stationary distribution is uniform on all  $n!$  configurations. There is a spectral gap  $\lambda_{\text{IP}}(G) > 0$ , which is the absolute value of the largest non-zero eigenvalue of the transition rate matrix. If instead we just watch a single particle, it performs a continuous-time random walk on  $G$  (hereafter referred to simply as “the continuous-time random walk on  $G$ ”), which is also reversible and hence has a spectral gap  $\lambda_{\text{RW}}(G) > 0$ . Simple arguments (the contraction principle) show  $\lambda_{\text{IP}}(G) \leq \lambda_{\text{RW}}(G)$ .

**Problem.** Prove  $\lambda_{\text{IP}}(G) = \lambda_{\text{RW}}(G)$  for all  $G$ .

**Discussion.** Fix  $m$  and color particles  $1, 2, \dots, m$  red. Then the red particles in the interchange process behave as the usual exclusion process (i.e.,  $m$  particles performing the continuous-time

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random walk on  $G$ , but with moves that take two particles to the same vertex suppressed). But in the finite setting, the interchange process seems more natural.

## 1.2 Results

Aldous's conjecture has been proved in the case where  $G$  is a tree [7] and in the case where  $G$  is the complete graph [5]; see also [12]. In this note we prove an asymptotic version of Aldous's conjecture for  $G$  a box in  $\mathbf{Z}^d$ . We show that if  $B_L$  denotes a box of side length  $L$  in  $\mathbf{Z}^d$  then

$$\frac{\lambda_{\text{IP}}(B_L)}{\lambda_{\text{RW}}(B_L)} \rightarrow 1,$$

as  $L \rightarrow \infty$ .

**Remark:** After completing a draft of this paper, I learned that Starr and Conomos had recently obtained the same result (see [14]). Their proof uses a similar approach, although the present paper is somewhat shorter.  $\square$

**Connection to simple exclusion.** Our result gives a bound on the spectral gap for the exclusion process. The exclusion process is a widely studied Markov chain, with connections to card shuffling [16, 1], statistical mechanics [8, 13, 2, 15], and a variety of other processes (see e.g., [10, 6]); it has been one of the major examples behind the study of convergence rates for Markov chains (see, e.g., [6, 3, 16, 1]). Our result implies that the spectral gap for the symmetric exclusion process in  $B_L$  is asymptotic to  $\pi^2/L^2$ . The problem of bounding the spectral gap for simple exclusion was studied in Quastel [13] and a subsequent independent paper of Diaconis and Saloff-Coste [3]. Both of these papers used a comparison to Bernoulli-Laplace diffusion (i.e., the exclusion process in the complete graph) to obtain a bound of order  $1/dL^2$ . Diaconis and Saloff-Coste explicitly wondered whether the factor  $d$  in the denominator is necessary; in the present paper we show that it is not.

## 2 Background

Consider a continuous-time Markov chain on a finite state space  $W$  with a symmetric transition rate matrix  $Q(x, y)$ . The spectral gap is the minimum value of  $\alpha > 0$  such that

$$Qf = -\alpha f, \tag{1}$$

for some  $f : W \rightarrow \mathbf{R}$ . The spectral gap governs the asymptotic rate of convergence to the stationary distribution. Define

$$\mathcal{E}(f, f) = \frac{1}{2|W|} \sum_{x, y \in W} (f(x) - f(y))^2 Q(x, y),$$

and define

$$\text{var}(f) = \frac{1}{|W|} \sum_{x \in W} (f(x) - \mathbf{E}(f))^2,$$

where

$$\mathbf{E}(f) = \frac{1}{|W|} \sum_{x \in W} f(x).$$

If  $f$  is a function that satisfies  $Qf = -\lambda f$  for some  $\lambda > 0$ , then

$$\lambda = \frac{\mathcal{E}(f, f)}{\text{var}(f)}. \quad (2)$$

Furthermore, if  $\alpha$  is the spectral gap then for any non-constant  $f : W \rightarrow \mathbf{R}$  we have

$$\frac{\mathcal{E}(f, f)}{\text{var}(f)} \geq \alpha. \quad (3)$$

Thus the spectral gap can be obtained by minimizing the left hand side of (3) over all non-constant functions  $f : W \rightarrow \mathbf{R}$ .

### 3 Main result

Before specializing to the interchange process, we first prove a general proposition relating the eigenvalues of a certain function of a Markov chain to the eigenvalues of the Markov chain itself. Let  $X_t$  be a continuous-time Markov chain on a finite state space  $W$  with a symmetric transition rate matrix  $Q(x, y)$ . Let  $T$  be another space and let  $g : W \rightarrow T$  be a function on  $W$  such that if  $g(x) = g(y)$  and  $U = g^{-1}(u)$  for some  $u$ , then  $\sum_{u' \in U} Q(x, u') = \sum_{u' \in U} Q(y, u')$ . Note that  $g(X_t)$  is a Markov chain. Let  $W'$  denote the collection of subsets of  $W$  of the form  $g^{-1}(u)$  for some  $u \in T$ . We can identify the states of  $g(X_n)$  with elements of  $W'$ . Let  $Q'$  denote the transition rate matrix for  $g(X_n)$ . Note that if  $U, U' \in W'$ , with  $U = g^{-1}(u)$  for some  $u \in T$  and  $U \neq U'$ , then  $Q'(U, U') = \sum_{y \in U'} Q(u, y)$ .

We shall need the following proposition, which generalizes Lemma 2 of [7].

**Proposition 1.** *Let  $X_t$ ,  $g$  and  $Q'$  be as defined above. Suppose  $f : W \rightarrow \mathbf{R}$  is an eigenvector of  $Q$  with corresponding eigenvalue  $-\lambda$  and define  $h : W' \rightarrow \mathbf{R}$  by  $h(U) = \sum_{x \in U} f(x)$ . Then  $Q'h = -\lambda h$ . That is, either  $h$  is an eigenvector of  $Q'$  with corresponding eigenvalue  $-\lambda$ , or  $h$  is identically zero.*

**Proof:** Note that for all  $U' \in W'$  we have

$$\begin{aligned} (Q'h)(U') &= \sum_{U \in W'} h(U) Q'(U, U') \\ &= \sum_{U \in W'} \sum_{x \in U} f(x) \sum_{y \in U'} Q(x, y) \\ &= \sum_{y \in U'} (Qf)(y) \\ &= -\lambda \sum_{y \in U'} f(y) \\ &= -\lambda h(U'), \end{aligned}$$

so  $Q'h = -\lambda h$ . □

The following Lemma is a weaker version of Aldous's conjecture. The proof is similar to the proof of Theorem 1 in [7].

**Lemma 2.** *Let  $G$  be a connected, undirected graph with vertices labeled  $1, \dots, n$ . For  $2 \leq k \leq n$  let  $G_k$  be the subgraph of  $G$  induced by the vertices  $1, 2, \dots, k$ . Let  $\lambda_{\text{RW}}(G_k)$  be the spectral gap for the continuous-time random walk on  $G_k$ , and define  $\alpha_k = \min_{2 \leq j \leq k} \lambda_{\text{RW}}(G_j)$ . Then*

$$\lambda_{\text{IP}}(G) \geq \alpha_n.$$

**Proof:** Our proof will be by induction on the number of vertices  $n$ . The base case  $n = 2$  is trivial, so assume  $n > 2$ . Let  $W$  and  $Q$  be the state space and transition rate matrix, respectively, for the interchange process on  $G$ . Let  $f : W \rightarrow \mathbf{R}$  be a function that satisfies  $Qf = -\lambda f$ . We shall show that  $\lambda \geq \alpha_n$ . Note that a configuration of the interchange process can be identified with a permutation  $\pi$  in  $S_n$ , where if particle  $i$  is in vertex  $j$ , then  $\pi(i) = j$ . For positive integers  $m$  and  $k$  with  $m, k \leq n$ , we write  $f(\pi(m) = k)$  for

$$\sum_{\pi: \pi(m)=k} f(\pi).$$

We consider two cases.

**Case 1:** For some  $m$  and  $k$  we have  $f(\pi(m) = k) \neq 0$ . Define  $h : V \rightarrow \mathbf{R}$  by  $h(j) = f(\pi(m) = j)$ . Then  $h$  is not identically zero, and using Proposition 1 with  $g$  defined by  $g(\pi) = \pi(m)$  gives that if  $Q'$  is the transition rate matrix for continuous time random walk on  $G$ , then  $Q'h = -\lambda h$ . It follows that  $\lambda$  is an eigenvalue of  $Q'$  and hence  $\lambda \geq \lambda_{\text{RW}}(G) = \alpha_n$ .

**Case 2:** For all  $m$  and  $k$  we have  $f(\pi(m) = k) = 0$ . Define the *suppressed process* as the interchange process with moves involving vertex  $n$  suppressed. That is, the Markov chain with the following transition rule:

For every edge  $e$  not incident to  $n$ , at rate 1 switch the particles at the endpoints of  $e$ .

For  $1 \leq k \leq n$ , let  $W_k = \{\pi \in W : \pi^{-1}(n) = k\}$ . Note that the  $W_k$  are the irreducible classes of the suppressed process, and that for each  $k$  the restriction of the suppressed process to  $W_k$  can be identified with the interchange process on  $G_{n-1}$ . For  $k$  with  $1 \leq k \leq n$ , define

$$\mathcal{E}_k(f, f) = \frac{1}{2(n-1)!} \sum_{\pi_1, \pi_2 \in W_k} (f(\pi_1) - f(\pi_2))^2 Q(\pi_1, \pi_2),$$

and define

$$\text{var}_k(f) = \frac{1}{(n-1)!} \sum_{\pi \in W_k} f(\pi)^2.$$

(Note that for every  $k$  we have  $\sum_{\pi \in W_k} f(\pi) = 0$ .)

By the induction hypothesis, the spectral gap for the interchange process on  $G_{n-1}$  is at least  $\alpha_{n-1}$ . Hence for every  $k$  with  $1 \leq k \leq n$  we have

$$\mathcal{E}_k(f, f) \geq \alpha_{n-1} \text{var}_k(f) \geq \alpha_n \text{var}_k(f).$$

It follows that

$$n!\mathcal{E}(f, f) \geq \frac{1}{2} \sum_{k=1}^n \sum_{\pi_1, \pi_2 \in W_k} (f(\pi_1) - f(\pi_2))^2 Q(\pi_1, \pi_2) \quad (4)$$

$$= \sum_{k=1}^n (n-1)! \mathcal{E}_k(f, f) \quad (5)$$

$$\geq \sum_{k=1}^n \alpha_n (n-1)! \text{var}_k(f) \quad (6)$$

$$= \alpha_n \sum_{k=1}^n \sum_{\pi \in W_k} f(\pi)^2 \quad (7)$$

$$= \alpha_n n! \text{var}(f). \quad (8)$$

Combining this with equation (2) gives  $\lambda \geq \alpha_n$ .  $\square$

**Remark:** Theorem 2 is optimal if the vertices are labeled in such a way that  $\lambda_{\text{RW}}(G_k)$  is nonincreasing in  $k$ , in which case it gives  $\lambda_{\text{IP}}(G) = \lambda_{\text{RW}}(G)$ . Since any tree can be built up from smaller trees (with larger spectral gaps), we recover the result proved in [7] that  $\lambda_{\text{IP}}(T) = \lambda_{\text{RW}}(T)$  if  $T$  is a tree.  $\square$

Our main application of Lemma 2 is the following asymptotic version of Aldous's conjecture in the special case where  $G$  is a box in  $\mathbf{Z}^d$ .

**Corollary 3.** *Let  $B_L = \{0, \dots, L\}^d$  be a box of side length  $L$  in  $\mathbf{Z}^d$ . Then the spectral gap for the interchange process on  $B_L$  is asymptotic to  $\pi^2/L^2$ .*

**Proof:** In order to use Lemma 2 we need to label the vertices of  $B_L$  in some way. Our goal is to label in such a way that for every  $k$  the quantity  $\lambda_{\text{RW}}(G_k)$  (i.e., the spectral gap corresponding to the subgraph of  $B_L$  induced by the vertices  $1, \dots, k$ ) is not too much smaller than  $\lambda_{\text{RW}}(B_L)$ . So our task is to build  $B_L$ , one vertex at a time, in such a way that the spectral gaps of the intermediate graphs don't get too small.

We shall build  $B_L$  by inductively building  $B_{L-1}$  and then building  $B_L$  from  $B_{L-1}$ . Since  $\lambda_{\text{RW}}(B_L) \downarrow 0$ , it is enough to show that

$$\frac{\beta_L}{\lambda_{\text{RW}}(B_L)} \rightarrow 1,$$

where  $\beta_L$  is the minimum spectral gap for any intermediate graph between  $B_{L-1}$  and  $B_L$ .

For a graph  $H$ , let  $V(H)$  denote the set of vertices in  $H$ . For  $j \geq 0$ , let  $\mathcal{L}_j = \{0, \dots, j\}$  be the line graph with  $j+1$  vertices. Define  $\gamma_L = \lambda_{\text{RW}}(\mathcal{L}_L)$ . It is well known that  $\gamma_L$  is decreasing in  $L$  and asymptotic to  $\pi^2/L^2$  as  $L \rightarrow \infty$ . It is also well known that if  $H$  and  $H'$  are graphs and  $\times$  denotes Cartesian product, then  $\lambda_{\text{RW}}(H \times H') = \min(\lambda_{\text{RW}}(H), \lambda_{\text{RW}}(H'))$ . Since  $B_L = \mathcal{L}_L^d$ , it follows that  $\lambda_{\text{RW}}(B_L) = \gamma_L$ .

We construct  $B_L$  from  $B_{L-1}$  using intermediate graphs  $H_0, \dots, H_d$ , where for  $k$  with  $1 \leq k \leq d$  we define  $H_k = \mathcal{L}_L^k \times \mathcal{L}_{L-1}^{d-k}$ . Note that  $H_0 = B_{L-1}$  and  $H_d = B_L$ . We obtain  $H_k$  from  $H_{k-1}$  by adding vertices to lengthen  $H_{k-1}$  by one unit in direction  $k$ . The order in which the vertices in  $V(H_k) - V(H_{k-1})$  are added is arbitrary.

Fix  $k$  with  $1 \leq k \leq d$ , and define  $G' = G'(L, k)$  as follows. Let

$$V' = V(H_k), \quad E' = \{(u, v) : \text{either } u \text{ or } v \text{ is a vertex in } H_{k-1}\},$$

and let  $G' = (V', E')$ . It is well known and easily shown that if  $H$  is a graph, then adding edges to  $H$  cannot decrease  $\lambda_{\text{RW}}(H)$ , nor can removing pendant edges. Since each intermediate graph  $\tilde{G}$  between  $H_{k-1}$  and  $H_k$  can be obtained from  $G'$  by adding edges and removing pendant edges, it follows that for any such graph  $\tilde{G}$  we have  $\lambda_{\text{RW}}(\tilde{G}) \geq \lambda_{\text{RW}}(G')$ . Thus, it is enough to bound  $\lambda_{\text{RW}}(G')$  from below. We shall show that for any  $\epsilon > 0$  we have  $\lambda_{\text{RW}}(G'(L, k)) \geq (1 - \epsilon)\gamma_L$  if  $L$  is sufficiently large.

Let  $e_k$  be the unit vector in direction  $k$ . Let

$$S = V(H_{k-1}); \quad \partial S = V' - S.$$

Let  $X_t$  be the continuous-time random walk on  $G'$ , with transition rate matrix  $Q$ . Fix  $f : V' \rightarrow \mathbf{R}$  with  $Qf = -\lambda f$  for some  $\lambda > 0$ . For  $x \in \mathbf{Z}^d$ , let  $g_k(x)$  denote the component of  $x$  in the  $k$ th coordinate. Note that  $g_k(X_t)$  is the continuous-time random walk on  $\mathcal{L}_L$ . Let  $Q'$  be the transition rate matrix for  $g_k(X_t)$ . Proposition 1 implies that if  $h : \{0, \dots, L\} \rightarrow \mathbf{R}$  is defined by  $h(j) = \sum_{\substack{x \in V' \\ g_k(x)=j}} f(x)$ , then  $Q'h = -\lambda h$ . Thus if  $\lambda < \gamma_L$ , then  $g$  is identically zero and hence  $\sum_{x \in S} f(x) = 0$ . Define

$$\mathcal{E}(f, f) = \frac{1}{2|V'|} \sum_{x, y \in V'} (f(x) - f(y))^2 Q(x, y),$$

and let  $\mathcal{E}_S(f, f)$  be defined analogously, but with only vertices in  $S$  included in the sum. Note that  $\mathcal{E}(f, f) \geq \mathcal{E}_S(f, f)$ . Since  $\sum_{x \in S} f(x) = 0$ , we have

$$\frac{\mathcal{E}_S(f, f)}{\sum_{x \in S} f(x)^2} \geq \lambda_{\text{RW}}(H_{k-1}) \geq \gamma_L, \tag{9}$$

where the second inequality follows from the fact that  $H_{k-1}$  is a Cartesian product of  $d$  graphs, each of which is either  $\mathcal{L}_{L-1}$  or  $\mathcal{L}_L$ .

Fix  $\epsilon > 0$  and let  $M$  be a positive integer large enough so that  $(1 - 4M^{-1})^{-1} \leq (1 - \epsilon)^{-1/2}$ . For each  $x \in \partial S$ , say that  $x$  is *good* if there is a  $y \in S$  such that  $x = y + ie_k$  for some  $i \leq M$  and  $|f(y)| \leq |f(x)|/2$ . Otherwise say that  $x$  is *bad*. Let  $\mathcal{G}$  and  $\mathcal{B}$  denote the set of good and bad vertices, respectively, in  $\partial S$ . Note that if  $x$  is bad and  $M \leq L$  then  $f(x)^2 \leq \frac{4}{M} \sum_{j=1}^M f(x - je_k)^2$ . Summing this over bad  $x$  gives

$$\sum_{x \in \mathcal{B}} f(x)^2 \leq \frac{4}{M} \sum_{x \in V'} f(x)^2 \tag{10}$$

Note that if  $x$  is good, then there must be an  $x' \in S$  of the form  $x - ie_k$  such that  $|f(x') - f(x + e_k)| > f(x)/2M$ . It follows that

$$\frac{\mathcal{E}(f, f)}{\sum_{x \in \mathcal{G}} f(x)^2} \geq 1/4M^2. \tag{11}$$

Since  $V' = S \cup \mathcal{B} \cup \mathcal{G}$ , combining equations (11), (9) and (10) gives

$$\sum_{x \in V'} f(x)^2 \leq (\gamma_L^{-1} + 4M^2)\mathcal{E}(f, f) + 4M^{-1} \sum_{x \in V'} f(x)^2,$$

and hence

$$\sum_{x \in V'} f(x)^2 \leq (1 - 4M^{-1})^{-1} (\gamma_L^{-1} + 4M^2) \mathcal{E}(f, f). \quad (12)$$

Recall that  $(1 - 4M^{-1})^{-1} \leq (1 - \epsilon)^{-\frac{1}{2}}$ , and note that since  $\gamma_L \rightarrow 0$  as  $L \rightarrow \infty$ , we have  $\gamma_L^{-1} + 4M^2 \leq (1 - \epsilon)^{-\frac{1}{2}} \gamma_L^{-1}$  for sufficiently large  $L$ . Combining this with equation (12) gives

$$\frac{\mathcal{E}(f, f)}{\sum_{x \in V'} f(x)^2} \geq (1 - \epsilon) \gamma_L,$$

for sufficiently large  $L$ . It follows that  $\lambda_{\text{RW}}(G') \geq (1 - \epsilon) \gamma_L$  for sufficiently large  $L$  and so the proof is complete.  $\square$

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