

血栓心脉宁胶囊对冠心病患者炎性因子的影响

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中文摘要:目的:探讨血栓心脉宁胶囊对冠心病患者的疗效及对白细胞介素-6(IL-6),肿瘤坏死因子(TNF- α)及高敏C反应蛋白(hs-CRP)的影响。方法:65例冠心病患者随机分为治疗组33例和对照组32例。两组均采用常规治疗,治疗组加用血栓心脉宁胶囊,4粒/次,3次/d。疗程8周。观察IL-6,TNF- α ,hs-CRP水平及心电图和心绞痛发作次数。结果:治疗组心绞痛总有效率90.9%,优于对照组的56.3%(P<0.01);治疗组心电图总有效率84.8%,优于对照组的56.3%(P<0.01);治疗后治疗组血清IL-6,TNF- α 及hs-CRP水平平均明显低于对照组(P<0.01)。结论:血栓心脉宁胶囊能减少患者心绞痛发作次数,改善患者心电图,并能降低患者IL-6,TNF- α ,hs-CRP水平,其作用机制可能与抗炎症反应有关。

中文关键词:[冠心病](#) [血栓心脉宁胶囊](#) [白介素-6](#) [肿瘤坏死因子- \$\alpha\$](#) [高敏C反应蛋白](#)

Influence of Xueshuan Xinmaining Capsule on Inflammatory Factors in Patients with Coronary Heart Disease

Abstract:Objective: To investigate the influence of Xueshuan Xinmaining capsule in patients with coronary heart disease and impact on interleukin (IL-6), tumor necrosis factor (TNF- α) and high-sensitivity C-reactive protein (hs-CRP). Method: Sixty-five patients with coronary heart disease were randomly divided into treatment group of 33 cases and control group of 32 cases. Both groups were given a conventional treatment, the treatment group was additionally given Xueshuan Xinmaining capsule, 4 grain tid for 8 weeks. The level of IL-6, TNF- α , hs-CRP, ECG and the count of angina pectoris were observed. Result: For angina pectoris, the total effective rate of treatment group was 90.9%, better than the control group of 56.3% (P<0.01). The electrocardiogram total effective rate in treatment group was 84.8%, better than the control group of 56.3% (P<0.01). After treatment, the serum IL-6, TNF- α and hs-CRP in treatment group were significantly lower than those in the control group (P<0.01). Conclusion: Xueshuan Xinmaining capsule can reduce the count angina pectoris in patients, improve patients' ECG and reduce IL-6, TNF- α and hs-CRP level. Its mechanism may be related to its anti-inflammatory action.

keywords:[coronary heart disease](#) [Xueshuan Xinmaining capsule](#) [IL-6](#) [TNF- \$\alpha\$](#) [hs-CRP](#)

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