

综述

柴苓汤的免疫调节作用

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摘要 柴苓汤是由两个传统中药方剂小柴胡汤和五苓散所组成。小柴胡汤包含有7味中草药即柴胡、黄芩、半夏、生姜、大枣、人参和甘草。长期以来被认为具有消炎, 抗过敏作用, 并被广泛应用于临床实践中。五苓散由茯苓、猪苓、泽泻、白术和桂枝5味中草药组成, 是临床上具有代表性的消肿利水方剂。本文概述了柴苓汤的免疫调节作用和一系列的临床试验观察研究, 并且总结了除免疫作用机制以外的有关柴苓汤的作用机制观察。

关键词 [中草药](#) [柴苓汤](#) [肾变病综合征](#) [免疫调节](#)

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Immunomodulation by Chai-Ling-Tang, a formula consisting of twelve Chinese herbs

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Abstract

Chai-Ling-Tang (CLT) is a formula that combines two traditional Chinese herbal medicine prescriptions of Xiao-Chai-Hu-Tang and Wu-Ling-San. The Xiao-Chai-Hu-Tang consists of 7 herbs, which are bupleurum, scutellaria, pinellia, ginger, jujube, ginseng and licorice, and has been suggested to have anti-inflammatory and anti-allergy effects. Wu-Ling-San, which consists of poria, polyporus, alisma, atractylodes, and cinnamon bark, is implied to have diuretic effects. In this paper, the clinical and experimental evidences were reviewed to demonstrate the immunomodulatory effects of CLT. Additionally, some observations that may be due to mechanisms other than immunomodulation were also summarized.

Key words [drugs](#) [Chinese herbal](#) [Chai-Ling-Tang](#) [nephrotic syndrome](#) [immunomodulation](#)

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