

绿茶多酚提取纯化工艺及药理作用

Extraction and purification technologies of green tea polyphenols and its pharmacological actions

张思佳;黄璐;牟峰;

摘要:

绿茶多酚是绿茶的主要有效成分,多年研究发现绿茶多酚具有抗氧化、抗癌、抗肥胖、抗紫外线、抗龋齿等药理作用,且对神经退行性疾病和心血管系统疾病有一定的防治作用。本文对绿茶多酚近年来的提取纯化工艺及药理作用进行阐述,为绿茶的进一步开发提供参考。

关键词: 绿茶,多酚;;提取纯化工艺;;药理作用;;抗氧化剂

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通讯作者: 张思佳;

Email:

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