

## 3个活血化瘀复方治疗2型糖尿病大鼠的实验研究

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**中文摘要:**目的:考察活血化瘀药对2型糖尿病大鼠的疗效。方法:采用高糖高脂喂饲加注射小剂量链脲佐菌素(STZ)的方法建立大鼠2型糖尿病模型。造模成功后随机分为5组,模型组( $10\text{ mL} \cdot \text{kg}^{-1}$ 蒸馏水),达美康组( $0.05\text{ g} \cdot \text{kg}^{-1}$ ),速效救心丸组( $0.1\text{ g} \cdot \text{kg}^{-1}$ )、地奥心血康组( $0.1\text{ g} \cdot \text{kg}^{-1}$ )和复方丹参滴丸组( $0.14\text{ g} \cdot \text{kg}^{-1}$ ),并设正常对照组( $10\text{ mL} \cdot \text{kg}^{-1}$ 蒸馏水),连续ig给药4周。分别于给药2,4周后测定各组大鼠空腹血糖(FBG),并于给药4周后测定口服糖耐量,计算血糖曲线下面积(AUC);测定血清游离脂肪酸(FFA)、总胆固醇(TC)、总甘油三酯(TG)、瘦素(Leptin)及糖化血红蛋白(GSP),并做胰腺及肝脏病理学检查。结果:给药4周后,各组大鼠FBG分别为:正常组( $5.32 \pm 0.69\text{ mmol} \cdot \text{L}^{-1}$ ),模型组( $20.40 \pm 2.75\text{ mmol} \cdot \text{L}^{-1}$ ),达美康组( $9.18 \pm 3.91\text{ mmol} \cdot \text{L}^{-1}$ ),速效救心丸组( $10.72 \pm 2.60\text{ mmol} \cdot \text{L}^{-1}$ ),地奥心血康组( $12.09 \pm 3.85\text{ mmol} \cdot \text{L}^{-1}$ ),复方丹参滴丸组( $14.76 \pm 2.57\text{ mmol} \cdot \text{L}^{-1}$ )。各组大鼠TG分别为:正常组( $0.50 \pm 0.08\text{ mmol} \cdot \text{L}^{-1}$ ),模型组( $1.00 \pm 0.20\text{ mmol} \cdot \text{L}^{-1}$ ),达美康组( $0.80 \pm 0.21\text{ mmol} \cdot \text{L}^{-1}$ ),速效救心丸组( $0.70 \pm 0.24\text{ mmol} \cdot \text{L}^{-1}$ ),地奥心血康组( $0.72 \pm 0.21\text{ mmol} \cdot \text{L}^{-1}$ ),复方丹参滴丸组( $0.81 \pm 0.13\text{ mmol} \cdot \text{L}^{-1}$ )。3组活血化瘀复方能降低大鼠的FBG、改善糖耐量、降低血清TG和TC,血脂水平得到改善,脏器病变情况也得到改善。结论:活血化瘀药物组对2型糖尿病大鼠有一定的治疗作用。

**中文关键词:**[活血化瘀药](#) [2型糖尿病](#) [大鼠](#) [血糖](#)

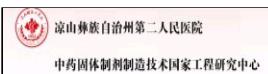
## Effect of Three Blood-activating and Stasis-resolving Medicines on Type 2 Diabetic Rats

**Abstract:**Objective:To explore the effect of blood-activating and stasis-resolving medicines on type 2 diabetic rats. **Method:** Type 2 diabetic rats model was established by feeding high calorie-diet and injection of small-dose streptozotocin(STZ).The selected rats were randomly divided into six groups:normal control group,model group,diamicron group and Suxiao Jiuxin pills group,Diao Xinxuekang group,Compound Danshen dripping pills group. Fasting blood glucose was detected during the administration on 0 week,2<sup>th</sup> week and 4<sup>th</sup> week.After 4 week's administration,oral glucose tolerance test,free fatty acid(FFA),triglyceride(TG),total cholesterol(TC),leptin,glycated serum protein fructose ammonia(GSP) were determined,pancreas and liver were examined. **Result:** After treatment of 4 weeks,the blood suger in each group was as follows::normal control ( $5.32 \pm 0.69\text{ mmol} \cdot \text{L}^{-1}$ ),model fgroup( $20.40 \pm 2.75\text{ mmol} \cdot \text{L}^{-1}$ ); diamicron group( $9.18 \pm 3.91\text{ mmol} \cdot \text{L}^{-1}$ ),and Suxiao Jiuxin pills group( $10.72 \pm 2.60\text{ mmol} \cdot \text{L}^{-1}$ ),Diao Xinxuekang group( $12.09 \pm 3.85\text{ mmol} \cdot \text{L}^{-1}$ ),Compound Danshen dripping pills group( $14.76 \pm 2.57\text{ mmol} \cdot \text{L}^{-1}$ ). The TG in each group was as follows: normal control( $0.50 \pm 0.08\text{ mmol} \cdot \text{L}^{-1}$ ),model group( $1.00 \pm 0.20\text{ mmol} \cdot \text{L}^{-1}$ ),diamicron group( $0.80 \pm 0.21\text{ mmol} \cdot \text{L}^{-1}$ ),and Suxiao Jiuxin pills group( $0.70 \pm 0.24\text{ mmol} \cdot \text{L}^{-1}$ ),Diao Xinxuekang group( $0.72 \pm 0.21\text{ mmol} \cdot \text{L}^{-1}$ ),Compound Danshen dripping pills group( $0.81 \pm 0.13\text{ mmol} \cdot \text{L}^{-1}$ ). Adjust lipid metabolism level,reduce the level of atrophy lesion of pancrea and liver. **Conclusion:** The blood-activating and stasis-resolving medicines have therapeutic effects on type 2 diabetic rats.

**keywords:**[blood-activating and stasis-resolving medicinal](#) [type 2 diabetes mellitus](#) [blood suger](#)

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