

## 回心草无糖颗粒对糖尿病合并冠心病心绞痛的疗效观察

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中文摘要:目的:观察回心草无糖颗粒治疗糖尿病合并冠心病心绞痛的临床疗效。方法:采用随机双盲对照方法,将105例糖尿病合并冠心病心绞痛病人分为两组:回心草无糖颗粒组(治疗组,15 g/包,2次/d,每次1包,冲服,66例)和麝香保心丸组(对照组,3次/d,每次2丸,口服,36例)。观察两组心绞痛发作频次、心电图、硝酸甘油停减率的变化。结果:心绞痛缓解总有效率:治疗组92.4%、对照组89.7%;心电图好转总有效率:治疗组57.6%、对照组43.6%( $P<0.05$ );硝酸甘油停减率:治疗组83.3%、对照组79.5%。结论:回心草无糖颗粒对糖尿病合并冠心病心绞痛病人有效,疗效与麝香保心丸相当(心电图好转更明显)。

中文关键词:[回心草无糖颗粒](#) [冠心病](#) [心绞痛](#)

## Clinical Observation of Sugar-free Particle of *Rhodobryum giganteum* in Treatment Angina of Diabetic Patients with Coronary Heart Disease

**Abstract:Objective:** To observe the clinical efficacy of sugar-free particle of *Rhodobryum giganteum* in treatment angina of diabetic patients with coronary heart disease. **Method:** A randomized double-blind method was used, 105 patients were divided into two groups, and respectively treated with Huixin grass sugar-free particles (66 cases in treatment group) and musk heart-protecting pill (36 patients in control group), the change was observed on angina pain, electrocardiograph(ECG), stop or reduction rate nitroglycerin. **Result:** The efficiency of treatment group was 92.4% in curing angina and 89.7% in control group. There was no significant difference between treatment and control groups. Electrocardiogram efficiency in the treatment group was 57.6% and the control group was 43.6% ( $P<0.05$ ). Reduction rate of nitroglycerin was 83.3% in treatment group and the control group was 79.5%. **Conclusion:** The sugar-free particle of *R. giganteum* of angina pectoris has a good effect in treating angina of diabetic patients with coronary heart disease (ECG improved more significantly).


**keywords:**[sugar-free particle of \*Rhodobryum giganteum\*](#) [coronary heart disease](#) [angina](#)

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