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电针治疗中风后抑郁症的疗效观察 [点此下载全文](#)

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摘要:

目的: 探讨电针对中风后抑郁症的治疗作用。方法: 将80例中风后抑郁症患者随机分为对照组(40例)和治疗组(40例), 对照组口服氟西汀(百忧解), 治疗组在此基础上加电针治疗。分别在治疗前后用汉密尔顿抑郁量表(HAMD)和Barthel指数(BI)对两组患者进行评定, 观察治疗前后变化。结果: 治疗2个疗程后, 两组抑郁症患者HAMD评分都较治疗前降低, 但治疗组降低更明显, 与对照组比较差异具有显著性意义($P<0.05$); 治疗组患者的BI评分提高也较对照组明显($P<0.05$), 说明治疗组效果优于对照组。结论: 电针治疗可以促进中风后抑郁症状的改善, 更好地提高中风患者的日常生活活动能力, 改善患者的生存质量。

关键词: [中风](#) [抑郁症](#) [电针](#)

The therapeutic effects of electric acupuncture on post stroke depression [Download Fulltext](#)

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Abstract:

Objective: To observe the clinical therapeutic effects of electric acupuncture on post stroke depression (PSD). Method: Eighty cases with PSD were randomly divided into control group (40 cases) and treatment group (40 cases). Control group took Fluoxetine(Prozac) 20mg/d, treatment group received electric acupuncture additionally. All patients were evaluated by Hamilton Depression Scale (HAMD) and Barthel Index (BI) respectively before and after treatment. Result: After 2 periods of treatment, the HAMD scores decreased in both groups, but treatment group with lower scores showed significantly difference compared with control group ($P<0.05$); in treatment group BI scores improved significantly than control group ($P<0.05$). Conclusion: Electric acupuncture treatment could improve PSD symptoms and improve the capacity of activities of daily living and quality of life in PSD patients.

Keywords: [stroke](#) [depression](#) [electric acupuncture](#)

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