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健脾益胃、活血化痰中药治疗慢性萎缩性胃炎的临床研究进展

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中文摘要:近年来,健脾益胃、活血化痰中药治疗慢性萎缩性胃炎(CAG)取得了丰硕的成果,其在消除临床症状、增强黏膜屏障、改善黏膜下微循环、促使萎缩腺体及肠化、非典型增生的逆转等诸多方面均有显著疗效。该文试将近年来CAG临床报道文献进行分析,并对本病中西医病因病机及临床治疗用药进行探讨,旨在为中药治疗CAG提供思路和方法。

中文关键词:慢性萎缩性胃炎 中药 健脾益胃 活血化痰 病机 临床用药

Overview of clinical study on traditional chinese medicine invigorating spleen and stomach, promoting blood circulation and remove blood stasis in treatment of chronic atrophic gastritis

Abstract:In recent years, traditional Chinese medicines invigorating spleen and stomach, promoting blood circulation and removing blood stasis have made fruitful achievements in the treatment of chronic atrophic gastritis (CAG) and remarkable curative effects in eliminating clinical signs, enhancing the mucosal barrier, improving submucosal microcirculation, prompting submucosal atrophic glands and atypical hyperplasia reversal. This essay summarizes reports and literatures for clinical studies on CAG in recent years, and discusses its etiology, pathogenesis and clinical administration of traditional Chinese medicine and western medicine, in order to provide ideas and methods for CAG treatment with traditional Chinese medicines.

keywords:chronic atrophic gastritis traditional Chinese medicine invigorating spleen and stomach promoting blood circulation and removing blood stasis pathogenesis clinical administration

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