

穴位埋线联合麻仁润肠丸治疗慢性功能性便秘55例

投稿时间: 2012-07-05 点此下载全文

引用本文: 邓琼,王芳凤,罗方文.穴位埋线联合麻仁润肠丸治疗慢性功能性便秘55例[J].中国实验方剂学杂志,2012,18(20):290~292

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中文摘要:目的:探讨穴位埋线联合麻仁润肠丸治疗慢性功能性便秘(FC)的临床疗效。方法:110例FC随机分为治疗组和对照组各55例。治疗组采用穴位埋线联合麻仁润肠丸(1~2丸,2次/d,口服)治疗,对照组采用麻仁润肠丸。疗程均为6周。观察排便困难、Bristol评分、排便时间、排便次数及腹胀等症状。结果:治疗后两组症状积分均较治疗前明显降低($P<0.01$),治疗后治疗组各症状积分均低于对照组($P<0.01$);治疗后治疗组总有效率为98.18%,优于对照组的85.45%($P<0.05$)。结论:穴位埋线联合麻仁润肠丸能更明显降低FC症状积分,提高临床疗效,值得临床推广使用。

中文关键词:[功能性便秘](#) [麻仁润肠丸](#) [穴位埋线](#)

Treatment of Chronic Functional Constipation of 55 Cases by Maren Runchang Pill Combined with Catgut Implantation at Acupoint


Abstract: Objective: To study clinical curative effect of Maren Runchang pill combined with catgut implantation at acupoint for treatment of chronic functional constipation (FC) in patients. **Method:** One hundred and ten cases of FC were divided into the treatment group and control group ($n=55$ each). The treatment group was applied with Maren Runchang pill (1-2 g, bid, orally) combined with catgut implantation at acupoint for 6 weeks, and the control group was treated by Maren Runchang pill alone. Difficulty of defecate, Bristol score, defecate time, stool frequency and abdominal distention and other symptoms were evaluated. **Result:** After treatment, the two groups showed decreases in symptom scores significantly ($P<0.01$). The treatment group symptom scores were lower than that of the control group ($P<0.01$). The total effectiveness in the treatment group was 98.18%, better than that of 85.45% in the control group ($P<0.05$). **Conclusion:** Maren Runchang pill combined with catgut implantation at acupoint for treatment of FC can reduce the symptom scores, improve the clinical effect. The therapy is worthwhile to be applied clinically.

keywords:[functional constipation](#) [Maren Runchang pill](#) [catgut implantation at acupoint](#)

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