

活血定痛汤联合西药治疗心脉瘀阻型冠心病心绞痛40例

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中文摘要:目的:观察活血定痛汤联合西药治疗心脉瘀阻型冠心病心绞痛的临床疗效。方法:将符合病例入选标准的80例心脉瘀阻型冠心病心绞痛患者随机分为观察组、对照组各40例。两组患者均给予硝酸酯类药物、抗血小板药及倍他乐克、血管扩张剂、调脂、降糖等对症治疗。观察组在此基础上加用活血定痛汤,1剂/d,疗程10d。观察两组心绞痛疗效、中医证候疗效、心电图疗效。结果:心绞痛疗效,显效率观察组85.00%,对照组70.00%,两组差异显著($P<0.05$);总有效率观察组95.00%,对照组80.00%,两组差异显著($P<0.05$)。心电图疗效,显效率观察组85.50%,对照组62.50%,两组差异显著($P<0.05$);总有效率观察组95.00%,对照组77.50%,两组差异显著($P<0.05$)。中医证候疗效,显效率观察组85.50%,对照组62.50%,两组差异显著($P<0.05$);总有效率观察组95.00%,对照组77.50%,两组差异显著($P<0.05$)。结论:活血定痛汤联合西药治疗心脉瘀阻型冠心病心绞痛疗效显著。

中文关键词:[冠心病](#) [心绞痛](#) [心脉瘀阻型](#) [活血定痛汤](#)

Treatment of Huoxue Dingtong Decoction Combined with Western Medicine for 40 Cases of Coronary Heart Disease and Angina Pectoris with Symptom of Heart Blood Stasis

Abstract:Objective:To observe of Huoxue Dingtong decoction combined with western medicine in the treatment of coronary heart disease and angina pectoris with symptom of heart blood stasis. **Method:**Eighty cases of coronary heart disease and angina pectoris patients with symptom of heart blood stasis were randomly divided into two groups, the control group and the observation group, with 40 cases in each group. Two groups of patients were given nitrates, antiplatelet drugs and betaloc, vasodilators, lipid-lowering, hypoglycemic treatment. The observation group based on the above combined with Huoxue Dingtong decoction, 1 dose daily and 10 d as a course. Angina pectoris, traditional Chinese medicine(TCM) syndrome, electrocardiogram and curative efficacy were evaluated. **Result:**For angina pectoris, significant efficiency was 85% in the observation group, and 70% in control group, showed significant difference ($P<0.05$); the total efficiency was 95% in observation group, and 80% in the control group, showed significant difference ($P<0.05$). For comparison of electrocardiogram(ECG), significant efficiency was 85.50% in observation group, and 62.50% in control group, showed significant difference ($P<0.05$); the total efficiency was 95% in observation group, and 77.50% in the control group, showed significant difference ($P<0.05$). For therapeutic efficacy of TCM syndromes, significant efficiency was 85.50% in observation group, and 62.50% in control group, showed significant difference ($P<0.05$); the total efficiency was 95% in observation group, and 77.50% in the control group, showed significant difference ($P<0.05$). **Conclusion:**Huoxue Dingtong decoction combined with western medicine in the treatment of coronary heart disease and angina pectoris with symptom of heart blood stasis appears to be effective.

keywords:[coronary heart disease](#) [angina pectoris](#) [heart blood stasis](#) [Huoxue Dingtong decoction](#)

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