



哈斯也提·依布来音, 钟小兰. 疏血通注射液联合阿托伐他汀钙片治疗颈动脉粥样硬化斑块的临床疗效及其对血脂水平的影响[J]. 中国现代应用药理学, 2011, 28(13): 1362-1364

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Clinical Effects of Shuxuetong Injection Combined with Atorvastatin in Patients with Carotid Atherosclerosis and Effects on Lipid Levels

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英文关键词: [carotid atherosclerosis](#) [Shuxuetong injection](#) [atorvastatin](#)

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作者	单位	E-mail
哈斯也提·依布来音^a	新疆医科大学第二附属医院, a. 神经内科, b. 心内科, 乌鲁木齐 830028	wangjinchui1978@163.com
钟小兰^b	新疆医科大学第二附属医院, a. 神经内科, b. 心内科, 乌鲁木齐 830028	

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中文摘要:

目的 探讨疏血通注射液联合阿托伐他汀钙片治疗颈动脉粥样硬化(carotid atherosclerosis, CAS)的临床疗效及其对血脂水平的影响。**方法** 70例CAS患者随机分为治疗组和对照组。对照组给予阿托伐他汀钙片治疗, 治疗组给予疏血通注射液联合阿托伐他汀钙片治疗, 治疗6个月后评价临床疗效, 测定血脂水平。**结果** 治疗组临床疗效总有效率为94.3%, 显著高于对照组(68.6%), 有统计学差异($P < 0.05$); 治疗后, 治疗组TG, TC, LDL水平与治疗前、对照组比较明显降低, HDL水平明显上升, 均有统计学差异($P < 0.05$)。**结论** 疏血通注射液联合阿托伐他汀钙片治疗CAS临床疗效好, 具有改善脂质代谢的作用, 值得临床推广应用。

英文摘要:

OBJECTIVE To investigate the clinical effects of Shuxuetong injection combined with atorvastatin in patients with carotid atherosclerosis(CAS) and effects on lipid levels. **METHODS** Seventy cases with CAS patients were divided randomly into treatment group and control group. The patients in control group were given the atorvastatin calcium therapy, and the patients in treatment group were given the treatment of Shuxuetong injection combined with atorvastatin. The clinical efficacy was observed after treatment of 6 months. The lipid levels were detected. **RESULTS** The clinical total effective rate of treatment group was 94.3%, it was significantly higher than that of control group (68.6%) ($P < 0.05$). After treatment, the TG, TC and LDL level of treatment group were significantly lower than the prior-treatment and control group ($P < 0.05$), and the HDL levels were significantly increased ($P < 0.05$). **CONCLUSION** The Shuxuetong injection combined with atorvastatin in patients with CAS has better clinical efficacy, can improve lipid metabolism and is worthy of clinical application.

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