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辛伐他汀导致肌病及防治

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摘要 目的 他汀类药物的常见不良反应有腹泻、恶心、头痛及皮疹等, 罕见但又非常危险的不良反应为肝损害及横纹肌溶解。辛伐他汀引起肌病的发生率很低, 约0.1%, 但是也因人而异。笔者将辛伐他汀的不良反应与其他他汀类药物进行比较, 以更安全的使用辛伐他汀。方法 检索近年来国内外辛伐他汀发生肌病的相关文献, 并进行分析、归纳。结果 辛伐他汀引发的肌肉疾病的不良反应, 最严重不良反应的为横纹肌溶解, 容易引起急性肾衰竭。探讨其发生机制, 并概括其防治措施。结论 辛伐他汀发生肌肉不良反应的几率很低, 注意监测不良反应, 可以安全使用。

关键词: [辛伐他汀](#) [不良反应](#) [肌病](#) [横纹肌溶解](#)

Abstract:

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