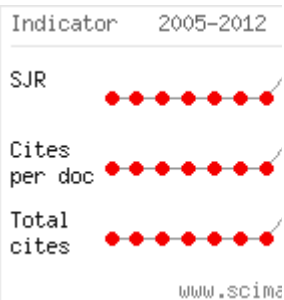


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## The examination of phisical education performance with relation to the social background and nutrition

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### Abstract

The successfulness of students at school is influenced by how the knowledge is attained. Family, media and the same age groups largely contribute to it. The recent Hungarian practice of home training is not so much attractive. A family is a very complex formation, which is influenced not only by economic possibilities - and habits but many other factors as well. Home training depends on the method of its constitutive thinking and human nature. It is essential if the given subculture

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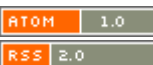
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recognizes the school performance and erudition.

There are a lot of evidences for facilitating or slowing of the improvement of a child by positive or negative effects of its environment. To nurture them, to protect them and to train them is the responsibility of their environment. Measurements up to the present were concentrated on the effects on the childhood development, but the factors that trigger or modify these effects are less concerned about. Development of a child depends on its environment. Theory of demand hierarchy is widespread in pedagogy. According to this theory demands, which inspire men to do activities, can be categorized in five main groups: physiological demand, safety demand, demand for love, competence reputation demand and self-realization. There are physiological demands on the lowest level of the hierarchy. The activity of the individual is driven by the presence of hunger, fatigue and lack of sleep. The one who is hungry and has not varied nutrition habit reacts in a different way on the stimuli coming from its milieu.

Key words: SOCIAL CONTEXT, PHYSICAL EDUCATION, NUTRITION

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