

## 论文

### 犯罪青少年生活方式与家庭环境关系

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摘要:

**目的** 探讨犯罪青少年生活方式与家庭环境的关系,为预防青少年犯罪提供参考依据。**方法** 采用病例对照研究方法对在陕西省青少年犯罪管理所整群抽取的302名男性犯罪青少年和西安市城乡2所中学分层整群抽取的初二到高一年级296名男生进行问卷调查。结果 犯罪青少年的社交和家庭矛盾性、娱乐性得分分别为(8.84±2.02)、(4.53±1.92)、(4.94±1.58)分,分别高于中学生的(8.01±2.44)、(3.72±2.04)、(4.16±2.04)分(均 $P=0.000$ );饮食、药物、锻炼、闲暇、家庭亲密度、知识性、控制性得分分别为(6.77±2.21)、(6.94±2.86)、(6.17±2.38)、(6.09±2.13)、(5.18±1.96)、(2.81±1.43)、(2.91±1.53)分,分别低于中学生的(8.83±2.14)、(10.88±2.23)、(8.36±2.19)、(7.95±2.23)、(5.95±2.31)、(3.47±1.97)、(3.97±2.09)分(均 $P=0.000$ );犯罪青少年生活方式各维度与家庭环境各维度存在多项相关关系( $r=-0.208-0.374$ );家庭亲密度、知识性、组织性、控制性对生活方式因子具有多项正向预测作用( $\beta'=0.116-0.253, P=0.000-0.005$ ),家庭矛盾性、娱乐性对药物具有负向预测作用( $\beta'=-0.126, P=0.002; \beta'=-0.272, P=0.000$ ),对社交具有正向预测作用( $\beta'=0.099, P=0.020; \beta'=0.206, P=0.000$ )。结论 犯罪青少年生活方式较不健康,家庭环境较差,家庭环境对其生活方式有明显影响。

**关键词:** 犯罪青少年 生活方式 家庭环境

## Association of lifestyle with family environment among juvenile delinquents

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Abstract:

**Objective** To explore the relationship between juvenile delinquents' lifestyle and their family environment and to provide reference for preventing juvenile delinquency. **Methods** Totally 302 juvenile delinquents chosen from Shanxi Juvenile Prison and 296 middle school boy students(from junior two to senior grade one)chosen with stratified sampling from two middle schools in the urban and rural of Xi'an city were investigated with a physical and mental health questionnaire and the Family Environment Scale. **Results** The juvenile delinquents' scores of social contact, family conflict, and active recreation were 8.84±2.02, 4.53±1.92, and 4.94±1.58, higher than those of the middle school students(8.01±2.44, 3.72±2.04, and 4.16±2.04)(all  $P=0.000$ ). The juvenile delinquents' scores of diet, medicine, exercise, leisure, family cohesion, intellectual culture orientation, and control were 6.77±2.21, 6.94±2.86, 6.17±2.38, 6.09±2.13, 5.18±1.96, 2.81±1.43, and 2.91±1.53, respectively, which were lower than those of the middle school students(8.83±2.14, 10.88±2.23, 8.36±2.19, 7.95±2.23, 5.95±2.31, 3.47±1.97, and 3.97±2.09)(all  $P=0.000$ ). The delinquents' lifestyle was correlated with their family environment in several dimensions( $r=-0.208-0.374$ ). The family cohesion, intellectual culture orientation, organization, and control were positive predictors of lifestyle( $\beta'=0.116-0.253, P=0.000-0.005$ ); family conflict and active recreation were negative predictors of drug use( $\beta'=-0.126, P=0.002; \beta'=-0.272, P=0.000$ ). **Conclusion** The juvenile delinquents' lifestyle is unhealthy and their family environment is worse than that of middle school students. The family environment has obvious influence on juvenile delinquents' lifestyle.

**Keywords:** juvenile delinquent lifestyle family environment

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