

论文

农村老年人身心健康状况与虐待关系

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摘要:

目的 了解湖北省麻城市农村地区老年人身心健康状况,探讨其与虐待的关系,为采取干预措施提供参考依据。方法 采用随机整群抽样方法,对在湖北省麻城市农村地区抽取的3个办事处17个行政村共2 000名≥60岁老年人进行问卷调查。结果 麻城市农村老年人身心健康指数得分为(13.35±4.78)分,身心健康问题检出率为43.50%(870/2 000);受虐待、受身体虐待、受情感虐待、被疏于照顾、受经济剥削农村老年人身心健康指数得分分别为(11.39±4.68)、(11.29±4.32)、(10.65±4.43)、(11.94±4.89)、(10.08±4.08)分,均低于未受虐待、未受身体虐待、未受情感虐待、未被疏于照顾、未受经济剥削老年人的(14.45±4.47)、(13.45±4.78)、(14.36±4.50)、(13.61±4.71)、(13.41±4.77)分(均 $P<0.01$);广义线性回归分析结果表明,控制其他变量后,男性身心健康指数得分比女性高0.82分;60岁~组老年人身心健康指数得分比≥80岁老年人高1.03分;文盲老年人身心健康指数得分比初中及以上文化程度老年人低0.59分;患慢性病老年人身心健康指数得分比未患慢性病老年人低0.91分;抑郁老年人身心健康指数得分比无抑郁老年人低4.45分;受情感虐待老年人比未受情感虐待老年人低2.00分。结论 麻城农村老年人身心健康状况较差,情感虐待是影响老年人身心健康状况的一个重要因素。

关键词: 身心健康 虐待 关系 老年人 农村

Physical and emotional well-being of rural elder adults and its relationship with mistreatment

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Abstract:

Objective To examine the physical and emotional well-being of elder adults in rural areas and to explore the association of elder mistreatment with physical and emotional well-being for making preventive measures. Methods Subjects aged 60 years or older were selected with cluster sampling from 17 villages in Macheng city of Hubei province. Results The mean total score of World Health Organization-Five Well-Being Index(WHO-5) was 13.35±4.78 for the rural elder people. The prevalence of poor physical and emotional well-being for the rural elder people was 43.50%(870/2 000). The WHO-5 scores for the elderly with mistreatment, physical mistreatment, emotional mistreatment, caregiver neglect, and financial mistreatment were 11.39±4.68, 11.29±4.32, 10.65±4.43, 11.94±4.89, and 10.08±4.08, respectively, lower than those of without mistreatment(14.45±4.47), physical mistreatment(13.45±4.78), emotional mistreatment(14.36±4.50), caregiver neglect(13.61±4.71), and financial mistreatment(13.41±4.77). General logistic analysis showed that the score of physical and emotional well-being for men was 0.82 higher than that of women after adjusting for other factors. The score of physical and emotional well-being for people aged 60-69 years was 1.03 higher than that of people aged 80 years or more. The score of physical and emotional well-being for illiterate people was 0.59 lower than the people having 6 years or more of school education. The score of physical and emotional well-being for people having chronic diseases was 0.91 lower than the people who had not. The score of physical and emotional well-being for people who had depression was 4.45 lower than the people who had not. The score of physical and emotional well-being for people with emotional mistreatment was 2.00 lower than those without emotional mistreatment. Conclusion The overall physical and emotional well-being of elder adults in rural areas of Macheng city was poor. Emotional mistreatment is an important factor to the physical and emotional well-being of elder adults.

Keywords: physical and emotional well-being mistreatment association elder adult countryside

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