英文

首页 | 期刊介绍 | 投稿指南 | 排行榜 | 光荣榜 | 编委会 | 期刊订阅 | 留言板 | 联系我们 | 自荐编委/审稿人 | 广告合作

夏青,周瑞华,刘海燕,唐咏梅,宁鸿珍,刘术双.2013年唐山市超市预包装食品营养标签标示现况调查[J].中国食品卫生杂志,2014,26(3):278-281.

2013年唐山市超市预包装食品营养标签标示现况调查

A survey of the nutrition label of prepackaged food in Tangshan supermarkets in 2013

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中文摘要:

了解2013年1月1日正式实施GB 28050—2011《食品安全国家标准预包装食品营养标签通则》(以下简称《通则》)后,唐山市超市预包装食品营养标签标示现况。方法参考《通则》设计调查表,对唐山市某大型超市正在出售的全部七大类预包装食品营养标签标示内容进行调查,并按《通则》要求进行分析。结果 2013年调查国产预包装食品885种。营养标签总标示数为734种(82.9%)。各类食品中标示数(率)排在前三位的分别为饮料类50种(100%)、乳及乳制品80种(98.9%)、肉类制品98种(90.7%)。排在最后一位的是调料类123种(65.4%)。营养成分表中能量和核心营养素均标示的为718种(97.8%),其中形式全部规范的有696种(96.9%)。有营养标签的食品中、标示营养声称的食品数为78种(10.6%);其中标示规范的食品数为76种(97.4%),有营养成分功能声称的食品数为55种(7.5%),其中标示规范的食品数为53种(96.4%)。结论目前《通则》在实践中得到了有效推广,各类食品营养标签中要求强制标示的内容标示率和规范率除调料类食品外均达到80%以上。

Abstract:

The GB 28050-2011 National food safety standards general principles for prepackaged food nutrition label (in short General Principles) was officially implemented since Jan. 1st 2013, and this survey was aimed to understand the status of the nutrition labeling of prepackage food in supermarkets in Tangshan. MethodsThe survey was designed and analyzed according to General Principles. All 7 categories of prepackage foods were investigated in a Tangshan supermarket. Results885 food items were investigated, and 734(82.9%) items were labeled. The top three labeling categories were:beverages (50 items, 100%), milk and dairy products (80 items, 98.9%), meat products (98 items, 90.7%). The worst labeling category was seasoning (123 items, 65.4%). Energy and core nutrients were labeled on 718 items (97.8%), of which 696 items (96.9%) were qualified. Among the food with nutrition label, 78 items (10.6%) carried nutrition claims, and 76 (97.4%) of them were qualified. 55 items (7.5%) carried functional claims, and 53 (96.4%) of them were qualified. ConclusionCurrent General Principles was effectively promoted in practice, the labeling rate and qualified rate of all food nutrition labels requiring mandatory labeling reached 80%, except for food seasonings.

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