

本期目录 | 下期目录 | 过刊浏览 | 高级检索

[打印本页] [关闭]

公共卫生与管理

济南市失能老年人居家长期照护者负担及其影响因素分析

李明1,杨华2,高倩倩1,李士雪1

1. 山东大学公共卫生学院社会医学与卫生事业管理研究所, 济南 250012;
2. 济南市第四人民医院社区科, 济南 250031

摘要:

目的 了解失能老年人居家长期照护者的负担状况及其影响因素。方法 采用分层随机整群抽样方法,抽取济南市60岁以上失能老年人及其主要照顾者各418名,使用照护者负担评估量表(ZBI)、照护者能力量表、老年人自理能力评估量表以及一般人口学、社会学指标分别对失能老年人及其主要照顾者进行测量。结果 照护者负担平均得分为40.97分,有85.4%的照护者存在不同程度的照护负担。自理程度较高、自感健康较好、有配偶、年龄较低的老年人,其照护者负担较轻($P<0.01$);照护能力较高、有其他人辅助的照护者负担较低($P<0.01$)。结论 失能老年人照护者负担较重,老年人的年龄、失能程度、健康状况、是否有配偶、照护者的能力以及是否有人辅助照护是照护者负担的影响因素。

关键词: 失能;老年人;照护者负担;影响因素

Analysis of burden of family long-term caregivers for disabled elders in Jinan city and influencing factors

LI Ming1, YANG Hua2, GAO Qian-qian1, LI Shi-xue1

1. Institute of Social Medicine and Health Administration, School of Public Health, Shandong University, Jinan 250012, China;
2. Department of Community Health, the Fourth Hospital of Jinan, Jinan 250031, China

Abstract:

Objective To analyze the burden of family long-term caregivers for disabled elders and its influencing factors. Methods Using stratified random cluster sampling, 418 disabled elders and their family caregivers were chosen and interviewed with Zarit burden interview (ZBI), Barthel index, instrumental activity of daily living (IADL) and caregiver task inventory (CTI), respectively. Results The average score of burden of caregivers for disabled elders was 40.97. Nearly 85.4% caregivers had different level burden. Elders with high IADL and Barthel index, good health status and having spouse decreased the burden of caregivers ($P<0.01$). High ability to care and having helpers decreased the caregivers' burden ($P<0.01$). Conclusion The burden of family long-term caregivers for disabled elders is serious. The disabled elders' ADL score, health status, age, whether having spouse, the ability of caregivers and whether having helpers are associated with the burden of caregivers.

Keywords: Disabled; Elders; Burden of caregivers; Influencing factors

收稿日期 2013-05-20 修回日期 网络版发布日期

DOI:

基金项目:

山东省自然科学基金青年基金(ZR2012GQ003);山东大学自主创新基金(2012TS092)

通讯作者:李士雪, E-mail: sxli1961@yahoo.com.cn

作者简介:

作者Email:

参考文献:

扩展功能

本文信息

Supporting info

PDF(861KB)

[HTML全文]

参考文献[PDF]

参考文献

服务与反馈

把本文推荐给朋友

加入我的书架

加入引用管理器

引用本文

Email Alert

文章反馈

浏览反馈信息

本文关键词相关文章

失能;老年人;照护者负担;影响因素

本文作者相关文章

PubMed

