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沈冲，南京医科大学公共卫生学院流行病学系教授，硕士研究生导师。江苏省“333”高层次人才培养工程第三层次培养对象。南京医科大学附属老年医院/江苏省老年医学研究所临床流行病学研究室主任。2008年毕业于北京协和医学院，曾赴卡罗林斯卡医学院糖尿病研究中心和美国Vanderbilt University流行病学研究中心学习交流。

现任中华预防医学会心脏病预防与控制专业委员会委员、中华预防医学会慢性病预防与控制分会委员、中国营养学会营养与慢病控制分会常务委员、江苏省卒中学会卒中预防与控制专业委员会副主任委员、江苏省预防医学会流行病学专业委员会委员、江苏省预防医学会慢性病预防与控制专业委员会委员、江苏省预防医学会心功能专委会副主任委员、江苏省健康管理学会理事、南京医科大学脑卒中专病联盟委员；《慢性病与转化医学》（英文版）、《中华预防医学杂志》、《中华疾病控制杂志》、《实用老年医学杂志》编委。

主要研究方向为心血管与代谢病流行病学，开展多项人群队列研究和临床随访研究，主持国家自然科学基金课题面上项目3项，科技部重点研发项目子课题2项，参与主动健康与老龄化应对等国家重点研发课题，参与获中华医学会和江苏省科技进步奖三项，参编《医学研究的数据管理与分析》、《医学科研方法学》、《心理学研究方法》、《皮肤病流行病学》等10余部教材和专著的编写，发表论文200余篇，其中第一/通讯作者SCI收录论文40余篇。

研究方向：心血管疾病、慢性代谢病、精神疾病流行病学

主讲课程：流行病学、医学研究的数据管理与分析

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主要在研项目：

- 1、科技部重点研发计划专项、中国中部地区主动健康云平台示范应用与评价（2018YFC2000703-1）、2018/12/21-2021/12/31、92万、主持。
- 2、国家自然科学基金面上项目、KLFs信号通路遗传变异与高血压和脑卒中关系的分子流行病学研究（81872686）、2019/01-2022/12、57万元、在研、主持。

近三年主要论文：

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