

论著

长沙市市售保健食品及其标签标识基本情况调查

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摘要: 目的: 调查长沙市市售保健食品的标签标识状况, 为保健食品的卫生监督提供监管依据。方法: 采用多阶段分层抽样的方法, 按长沙市5个行政区, 每个区分别抽取商场、超市、药店和批发市场销售的保健食品作为调查对象。采用自行设计的《保健食品基本信息登记表》, 对抽检的保健食品的标签标识情况进行调查。结果: 在408件样品中, 标签条目未标识率从高到低依次为功效成分(49.8%)、不适宜人群(27.9%)、日期标识(23.0%)、批准文号(9.6%)等; 不同经营类型销售商所销售保健食品标签标识的合格率差异有统计学意义($\chi^2=59.793, P<0.05$), 由高到低的顺序依次为超市(71.15%)、药店(70.07%)、百货商场(57.47%)、批发市场(26.23%)。结论: 需加强保健食品标签标识的监督检查, 尤其是针对批发市场销售的保健食品。

关键词: 保健食品 标签标识 合格率

Label identities and basic situation of health food in Changsha

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Abstract: Objective: To study the relevant information on the label of health food in Changsha, and provide scientific evidence for health food hygienic supervision. Methods: Investigation was conducted in department stores, supermarkets, pharmacies, and wholesale markets in the 5 districts in Changsha with multistage stratified sampling method. Selfdesigned basic information of health food questionnaire was used to investigate the quality of labels the health food products. Results: Among the 408 random samples, the unidentified rates of label items were ranked in descending order: functional components (49.8%), unsuited community (27.9%), manufacturing date (23.0%), approval number and others (9.6%). The qualified rates of labels were different in different management types ($\chi^2=59.793, P<0.05$): the highest rate was in supermarkets (71.15%), followed by pharmacies (70.07%), shopping malls (57.47%), and wholesale markets (26.23%). Conclusion: The supervision of label identities of health food should be strengthened, especially for the health food in the wholesale markets.

Keywords: health food label identity qualified rate

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