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Women's sexual control within conjugal union Implications for HIV/AIDS infection and control in a metropolitan city

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Abstract

This study attempts to examine the extent to which women have control over their sexuality within marriage and its implication for the spread of HIV/AIDS. The survey was carried out in metropolitan Lagos. The study shows that women have some control over their sexuality especially during certain occasions such as during menstruation, breastfeeding, pregnancy and when they are sick. However, only few women could negotiate with their husbands especially by insisting on safe sexual practices. The study therefore shows that women need to be educated on the need for safer sex practices, especially in this era of HIV/AIDS. They should also be economically empowered so as to practice safer sex. Again, men should be educated on the safer sex practices in order to control the spread of HIV/AIDS.

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