

## Brazilian Oral Research

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### Abstract

[PEREIRA, Marina Batista Borges](#) and [FREIRE, Maria do Carmo Matias](#). An infant oral health programme in Goiânia-GO, Brazil: results after 3 years of establishment. *Braz. oral res.* [online]. 2004, vol.18, n.1, pp. 12-17. ISSN 1806-8324. doi: 10.1590/S1806-83242004000100003.

The objective of this study was to describe the outcomes of an infant oral health programme 3 years after implementation, a programme focused on health education for parents and caries prevention methods for children in a baby clinic. A retrospective cohort study was carried out. The setting was the Infant Oral Health Programme developed at the baby clinic of the State Department of Health, Goiânia-GO, Brazil. The sample comprised 100 children who entered the programme from birth to 12 months and were followed for 2 to 3 years. Variables investigated were caries experience, caries risk, and children's behaviour in the dental clinic. The number of children with caries experience was 1 at the initial visit and 8 after the follow-up. There was a dramatic decrease in the number of children in the high risk group, from 51% at the initial visit to only 1% after 2 to 3 years. Children's behaviour in the dental clinic was according to their psychological development. It was concluded that the Infant Oral Health Programme in Goiânia showed positive outcomes after 3 years of establishment. Further investigations should evaluate the cost-benefit, as well as the effectiveness of the procedures used in the programme.

Keywords : Health plans and programmes; Infant; Oral health.

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