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17 例儿童髁突骨折保守治疗的临床分析

李晓宇 刘政华 蔡剑波

深圳市宝安区人民医院口腔颌面外科深圳518101

Clinical analysis of 17 children's condylar fractures with closed treatment

Li Xiaoyu, Liu Zhenghua, Cai Jianbo.

Dept. of Oral and Maxillofacial Surgery, The People's Hospital of Baoan in Shenzhen, Shenzhen 518101, China

- 摘要
- 图/表
- 参考文献
- 相关文章

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摘要

目的评价儿童髁突骨折保守治疗的效果。方法对17例儿童髁突骨折患者采取牙弓夹板结扎固定配合正畸固定矫治器治疗，颌间牵引14～28 d后行颞下颌关节功能训练。结果3例低位骨折患者保守治疗14 d后无效，12例治疗效果良好，1例出现偏侧咬合，1例出现轻度张口受限。结论对于无严重移位或颞下颌关节脱位的儿童髁突骨折患者，采取牙弓夹板结扎固定配合正畸固定矫治器的方法可取得较良好的治疗效果。

关键词： **儿童髁突骨折 保守治疗 临床分析 颌间牵引**

Abstract:

Objective To evaluate the clinical effects of closed treatment in children's condylar fractures. Methods Fixed arch splint ligation and orthodontic fixed appliance were used to treat 17 children's condylar fractures. Patients needed to take temporomandibular joint functional training after 14-28 days intermaxillary traction. Results Three patients with low condylar fractures were ineffective after closed treatment for 14 days. 12 fractures patients acquired good results. One patient had unilateral occlusion. And one patient had mild limitation of mouth opening. Conclusion For condylar fractures in children without significant shift or temporomandibular joint dislocation, we can acquire favorable treatment to take arch splint ligation with orthodontic fixed appliance.

Key words: **condylar fractures in children closed treatment clinical analysis intermaxillary traction**

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通讯作者: 蔡剑波, Tel: 0755-27788311-3250

作者简介: 李晓宇 (1980—), 男, 河南人, 主治医师, 博士

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地址: 四川成都人民南路三段14号 邮编: 610041 电话: 028-85502414 E-mail: gwyxkqyxfc@vip.163.com

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