



# UNIVERSITY *of* MARYLAND

## SCHOOL OF MEDICINE

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## Nancy A. Lever, PhD

Academic Title:

Associate Professor

Primary Appointment:

Psychiatry

Additional Title:

Associate Professor, Co-Director – Center for School Mental Health, Executive Director – University of Maryland School Mental Health Program, Associate Director VA/UMB Psychology Internship Consortium

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## Education and Training

### Education

- Dartmouth College, BA, Psychology, 1991
- Temple University, MA, Clinical Psychology, 1994

- University of Maryland Medical System, Psychology Internship, 1996
- Temple University, Ph.D., Clinical Psychology, 1997
- University of Maryland School of Medicine, Center for School Mental Health, Postdoctoral Fellowship, 1998

## Biosketch

Dr. Lever is a clinical psychologist who has dedicated her career to advancing high quality and sustainable school mental health efforts. She has extensive clinical, research, policy, and training experience related to advancing comprehensive school mental health systems and is a recognized leader in the school mental health field. Dr. Lever has over 20 years of experience providing and leading school mental health services and programming efforts at the local, state, and national levels. She serves as the Executive Director of the University of Maryland School Mental Health Program, a long-standing and exemplar community-partnered school mental health program in Baltimore City. In her role as the Co-Director of the Center for School Mental Health, she is working at local, state, and national levels to advance research, training, policy, and practice in school behavioral health. In particular, she has worked with schools, districts and states to focus on building multi-tiered systems of behavioral health supports that have family-school-community partnerships as a foundation. She has extensive experience and leadership in advancing high quality and sustainable school mental health services and programming including serving as a leader for the National Quality Initiative on School Based Health Services. She has led large scale federal and state funded workforce development and mental health training related efforts for interdisciplinary stakeholders, including educators, health and mental health professionals, administrators, advocates, community providers, and policymakers. Since October 2014, Dr. Lever has been engaged as a Resource Specialist with the National Resource Center on Mental Health Promotion and Youth Violence Prevention and since 2016 has supported technical assistance and resource development related to mental health in schools for the National Center on Safe and Supportive Learning Environments.

## Research/Clinical Keywords

School Mental Health, Comprehensive School Mental Health Systems, Quality, Sustainability, Workforce Development, Trauma-Informed Care, Dropout Prevention, Family Engagement, Workforce Development

## Highlighted Publications

Weist, M.D., Evans, S.W., & Lever, N. (2003). Handbook of school mental health: Advancing practice and research. New York, NY: Kluwer Academic/Plenum Publishers.

Lever, N. A., Chambers, K. L., Stephan, S. H., Page, M. J., & Ghunney, A. (2010). National survey on expanded school mental health services. Advances in School Mental Health Promotion, 3(4), 38-50.

Weist, M.D., Lever, N.A., Bradshaw, C.P., & Owens, J.S. (2014). Handbook of school mental health: Research, training, practice, and policy (2<sup>nd</sup> Edition). New York: Springer.

Lever, N., Stephan, S., Castle, M., Bernstein, L., Connors, E., Sharma, R. & Blizzard, A. (2015, January). Community-Partnered School Behavioral Health: State of the Field in Maryland. Baltimore, MD: Center for School Mental Health.

Lever, N., Mathis, E., Mayworm, A., Hoover Stephan, S. (2017). School Mental Health Is Not Just for Students: Why Teacher and School Staff Wellness Matters. Report on Emotional Behavioral Disorders in Youth, 17 (1), 6-12.

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