



 [Update Your Profile](#)

Alicia A. Lucksted, PhD

Academic Title:

Associate Professor

Primary Appointment:

Psychiatry

Additional Title:

Associate Professor, Division of Psychiatric Services Research, Department of Psychiatry

Email:

aluckste@som.umaryland.edu

Location:

737 W. Lombard Street, Rm. 528

Phone (Primary):

(410) 706-3244

Fax:

(410) 706-0022

[Download CV](#)

Education and Training

1988 University of Michigan. Ann Arbor, Michigan, B.A., Psychology

1997 University of Maryland. College Park, Maryland, Ph.D., Clinical/Community Psychology

1998 Postdoctoral Research Fellowship, University of Pennsylvania Medical School, Department of Psychiatry, Center for Mental Health Policy and Services Research

Biosketch

I am clinical-community psychologist and research faculty here in our Department, and a research investigator at the VA VISN-5 MIRECC. My research focuses on outcomes and change processes for psychosocial interventions regarding mental health recovery, psychiatric rehabilitation, and serious mental illnesses, using both quantitative and qualitative methods. Current content areas include societal and internalized stigma regarding mental illness, preventing the development of self-stigma, the impact of anticipated stigma on recovery and community participation, consumer navigation of early episodes of psychosis and services, the impacts of Mental Health First Aid as a public education program, and consumer and family led self-help and support programs.

Research/Clinical Keywords

Stigmatization, Internalized Stigma, Mental Health Recovery, Psychosocial Interventions

Highlighted Publications

Lucksted, A., Medoff, D., Burland, J., Fang, L.J., Brown, C., Jones, A., Lehman, A., Dixon, L.B. (2013, April) Sustained outcomes of a peer-taught family education program on mental illness, *Acta Psychiatrica Scandanavica*, 127(4): 279-286. DOI: 10.1111/j.1600-0447.2012.01901.x

Lucksted, A., Essock, S., Stevenson, J., Mendon, S.J., Nossel, I.R., Goldman, H.H., Goldstein, A.B., Dixon, L.B. (2015, April). Client Views of Engagement in the RAISE Connection Early Psychosis Recovery Program. *Psychiatric Services*, 66(7), 699-704. doi: 10.1176 / appi.ps.201400475.

Lucksted, A., Drapalski, A.L., Brown, C.H., Wilson, C., Charlotte, M., Mullane, A., Fang, L.J. (2016). Outcomes of a Psychoeducational Intervention to Reduce Internalized Stigma among Psychosocial Rehabilitation Clients. *Psychiatric Services*. Published online Dec 1, 2016: 10.1176/appi.ps.201600037

Aakre, J.M., Lucksted, A., Browning-McNee, L.A. (2016) Evaluation of Youth Mental Health First Aid USA: A program to assist young people in psychological distress. *Psychological Services*, 13(2):121-126. doi 10.1037.0000063

Lucksted, A., Drapalski, A.L., (2015). Self-stigma regarding mental illness: Definition, impact, and relationship to societal stigma. *Psychiatric Rehabilitation Journal*, 38(2), 99-102.

 [Update Your Profile](#)