脑白质疏松的研究进展

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摘 要：脑白质疏松(LA)是老年人常见的影像学表现，其发生率随年龄增长而增加，可引起认知功碍和尿失禁，但其发病机制尚不清楚。目前，年龄和高血压是LA已经确定的危险因素。在发病机起的白质缺血被认为是LA发生的主要原因；但脑室旁LA和皮质下LA的病理改变不同，其主要的发生近年来，影像学技术的发展为我们研究LA的发生机制提供新的手段。因此，本文就LA的危险因素及影像学表现等进行综述。

关键词：脑白质疏松症； 危险因素； 认知障碍； 磁共振成像； 病理改变； 脑小血管疾病

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