

论著

51例蕈样肉芽肿临床特征

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摘要 摘要: 目的 分析蕈样肉芽肿患者的临床特征, 提高对本病的认识, 指导临床工作。方法 回顾性分析1984~2006年我科住院治疗的51例蕈样肉芽肿及其亚型患者的临床资料, 包括患者的确诊年龄、皮损特征、皮损组织病理表现、系统表现、误诊、治疗等情况。结果 患者平均确诊年龄(44.24±2.05)岁。临床表现多数符合经典的红斑、斑块至肿瘤期的演变过程, 亦有多种变异型和亚型的存在。68.6%的患者皮损全身泛发, 70.6%的患者伴有瘙痒。组织病理显示68.6%出现嗜表皮现象, 52.9%出现Pautrier's微脓肿。T细胞受体基因重排的阳性率为81.3%, 阳性率与疾病分期无关。64.7%的病例曾被误诊。早期患者经皮肤靶向治疗及生物学治疗可以完全缓解, 晚期患者多数给予联合化疗。结论 蕈样肉芽肿的临床病理表现多样, 临床工作中应提高警惕, 注意与其他良、恶性疾病进行鉴别。

关键词 [蕈样肉芽肿](#) [临床病理](#) [治疗](#)

分类号

Clinical Characteristics of 51 Patients with Mycosis Fungoides

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Abstract ABSTRACT: Objective To update the clinical characteristics of mycosis fungoides in Chinese patients. Method We retrospectively analyzed the clinical data of 51 patients (29 men and 22 women) with mycosis fungoides in PUMC hospital from 1984 to 2006, to determine the ages at diagnosis, clinicopathologic characteristics of skin lesions, systemic manifestation, misdiagnosis and treatment of these patients. Results The mean age was (44.24±2.05) years at the diagnosis. Most patients were characterized by the typical evolution of patches, plaques and tumors, with some variations and subtypes. Clinical manifestations included generalized lesions (68.6%) and itchy (70.6%). Epidermotropism (68.6%) and Pautrier's microabscesses (52.9%) were common histopathologic features. The positive rate of T-cell receptor gene rearrangement was 81.3%, and was independent of the histological features. Previous misdiagnosis rate was 64.7%. Skin-targeted therapies and biologic therapies were effective approaches to relieve the skin rash at early stage, and combined chemotherapy was typically applied in more advanced cases. Conclusion Mycosis fungoides has various clinical characteristics and careful differential diagnosis should be made in clinical practice.

Key words [mycosis fungoides](#) [clinical pathology](#) [therapy](#)

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