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高压氧综合治疗突发性耳聋的疗效观察 [点此下载全文](#)

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摘要:

目的: 探讨高压氧治疗突发性耳聋的疗效。方法: 随机选取单纯以药物包括血管扩张剂、能量合剂、激素、神经营养等药物治疗突发性耳聋137例147耳为对照组, 另一组176例185耳则在药物治疗基础上同时进行高压氧治疗为HBO组。结果: 对照组有效率为57.1%, HBO组有效率为81.1%, 两组比较差异有显著性意义 ( $P < 0.05$ ); 对照组与HBO组均以病程 $\leq 10$ 天组疗效较好, 有效率分别达到75.9%和92.9%。结论: 常规应用药物治疗同时加用高压氧治疗, 可提高治疗突发性耳聋的总有效率, 其治愈、显效、有效各项指标均明显优于对照组。

关键词: [高压氧](#) [突发性耳聋](#) [康复](#)

Hyperbaric oxygen therapeutics in treatment of sudden hearing loss [Download Fulltext](#)

[NIE Cai xian](#) [DENG Changxiu](#) [TANG Mingcan](#) [et al](#)

Fund Project:

Abstract:

Objective: To investigate the effectiveness of hyperbaric oxygen therapy (HBOT) in the treatment of sudden hearing loss. Method: Patients with sudden hearing loss were randomly divided into two groups. Among them 137 patients (147 ears) were treated by conventional medication as a control group, while combination of conventional medication and HBOT were used in 176 patients (185 ears) as a HBOT group. Result: The efficiency of HBOT group (81.1%) was statistically higher than that of control group (57.1%). The efficiency of treatment within 10 days of onset in both control and HBOT group was 75.9% and 92.9% respectively, which were significantly much higher than other treatment groups that treatment start 10 days after the onset of sudden hearing loss, especially for those who were treated in more than 30 days after the onset (down to 13.6% and 56% respectively). Conclusion: HBOT is efficient in the treatment of sudden hearing loss. Combination of conventional medication and HBOT should be recommended to treat sudden hearing loss.

Keywords: [hyperbaric oxygen](#) [sudden hearing loss](#) [rehabilitation](#)

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