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《头颈部静脉畸形治疗指南》在国际杂志发表

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由郑家伟教授组织国内外专家制定的《头颈部静脉畸形治疗指南》，近日在国际杂志发表。

静脉畸形是临床上常见的良性病变，约40%发生于头颈部，严重影响患者的容貌和功能，甚至可并发大出血或呼吸道梗阻而危及生命。目前采用的治疗方法有手术、激光、硬化剂注射等。小而浅表的静脉畸形治疗较为简单，效果良好；而累及多个解剖分区的深部、广泛病变治疗困难，是临床上面临的一大挑战。对于复杂病例，单一治疗方法的效果欠佳，需根据患者的病情和医疗机构的技术条件，制定个体化治疗方案，采用综合序列治疗，以期获得最佳疗效。

《头颈部静脉畸形治疗指南》参考国内外相关文献和作者的诊治经验而制定，既对各种治疗方法的适应证进行了总结和规范，又针对静脉畸形的部位、范围、回流速度等，推荐最合适的治疗方法。本指南的公布，对于规范头颈部静脉畸形的治疗，减少并发症和医疗纠纷，无疑将起到十分重要的指导作用。

Venous malformation is one of the most common benign vascular lesions, with approximately 40% of cases appearing in the head and neck. They can affect a patient's appearance and functionality and even cause life-threatening bleeding or respiratory tract obstruction. The current methods of treatment include surgery, laser therapy, sclerotherapy, or a combined. The treatment of small and superficial venous malformations is relatively simple and effective; however, the treatment of deep and extensive lesions involving multiple anatomical sites remains a challenge for the physicians. For complex cases, the outcomes achieved with one single treatment approach are poor; therefore, individualized treatment modalities must be formulated based on the patient's condition and the techniques available. Comprehensive multidisciplinary treatments have been adapted to achieve the most effective results. In this paper, based on the national and international literature, we formulated the treatment guidelines for head and neck venous malformations to standardize clinical practice. The guideline will be renewed and updated in a timely manner to reflect cutting-edge knowledge and to provide the best treatment modalities for patients.

Zheng JW, Mai HM, Zhang L, Wang YA, Fan XD, Su LX, Qin ZP, Yang YW, Jiang YH, Zhao YF, Suen JY. Guidelines for the treatment of head and neck venous malformations. *Int J Clin Exp Med*, 2013,6(5):377-389.