

## 自拟健脾利水方在局限性视网膜脱离激光治疗后的应用

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中文摘要:目的:观察自拟健脾利水方在局限性视网膜脱离激光治疗后应用的疗效。方法:不超过1个象限的局限性孔源性视网膜脱离71例72眼,对视网膜脱离区作氩激光光凝2~3圈。激光治疗后将患者随机分为两组,对照组不予药物治疗,治疗组予自拟健脾利水方治疗2~3周,随诊1年观察两组视网膜下积液吸收情况。结果:对照组36例36眼中13眼治愈,15眼有效,8眼无效。治疗组35例36眼中22眼治愈,13眼有效,1眼无效。加用健脾利水方的治疗组疗效明显优于对照组,差异有统计学意义( $P<0.05$ )。视网膜下积液吸收时间治疗组明显少于对照组。结论:激光治疗局限性视网膜脱离是避免手术治疗安全、有效的方法,加予健脾利水方治疗可显著提高激光治疗的效果。

中文关键词:[健脾利水方](#) [局限性视网膜脱离](#) [激光治疗](#)

## Clinical Effects of Treatment of Local Retinal Detachment after Laser Therapy with Self-prescribed Strengthening Spleen and Promoting Urination Prescription

**Abstract:**Objective: To observe the clinical effects on the treatment of local retinal detachment after laser therapy with self-prescribed strengthening spleen and promoting urination prescription. Method: Not more than 1 quadrant of local retinal detachment in 71 patients (72 eyes). The Argon laser therapy with photocoagulation 2-3 laps at the outer edges of the retinal detachment zone. The patients were randomly divided into two groups, control group without drug treatment, the treatment group with Self-prescribed strengthening spleen and promoting urination prescription treatment 2-3 weeks, 1 year follow-up observation two groups of subretinal effusion absorption. Result: Control group 36 patients (36 eyes) 13 eyes cured, 15 eyes effective, 8 eyes is invalid. The treatment group 35 patients (36 eyes) 22 eyes cured, 13 eyes effective, 1 eye is invalid. Add the strengthening spleen and promoting urination prescription had better effects than control group, the difference was statistically significant ( $P<0.05$ ). Observe the subretinal effusion absorption time, the treatment group significantly shorter than in the control groups. Conclusion: Laser for the treatment of localized retinal detachment is to avoid surgery safety and effective method, add to the traditional Chinese medicine strengthening spleen and promoting urination prescription treatment can significantly improve the effect of laser treatment.

**keywords:**[strengthening spleen and promoting urination prescription](#) [local retinal detachment](#) [laser treatment](#)

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