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婴儿期先天性肌性斜颈的早期综合干预效果 [点此下载全文](#)

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摘要:

目的: 探讨早期综合干预对婴儿期先天性肌性斜颈的治疗效果。方法: 120例6个月以内的先天性肌性斜颈患儿随机分为治疗组和对照组两组, 每组60例。治疗组采用综合干预方法, 包括推拿、多磺酸粘多糖乳膏外用、蜡疗、颈部体操及姿势矫正疗法。对照组仅用单一推拿手法治疗, 治疗6个月后评定疗效。脱落病例42例, 实际进入统计的病例有78例。治疗组40例, 对照组38例, 两组患儿年龄、性别、病情程度差异无显著性(P>0.05)。结果: 治疗组40例中优28例, 良9例, 一般3例, 差1例。优良率92.5%, 对照组中优19例, 良10例, 一般7例, 差4例, 优良率71.1%。两组差异有显著性意义(P<0.05)。结论: 早期综合干预方法是治疗婴儿期先天性肌性斜颈的有效方法, 其疗效优于单一推拿手法治疗。

关键词: [先天性肌性斜颈](#) [婴儿](#) [按摩](#) [多磺酸粘多糖乳膏](#) [石蜡](#)

Effects of early comprehensive intervention on congenital muscular torticollis in infants [Download Fulltext](#)

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Abstract:

Objective: To study the effects of early comprehensive intervention on congenital muscular torticollis in infants. Method: 120 infants in 6 months age with congenital muscular torticollis were randomly divided into treating group (n=60) and control group (n=60) group. The former were given comprehensive intervention, including massage, hirudiod, paraffin, cervix gymnastics, and posture remedy; the later were given massage manipulation only. After six months treatment, the therapeutic effects were evaluated. 42 cases were dropped, and 78 cases were involved into statistics and analysis of this study at last. There were 40 cases in treating group and 38 cases in control group, respectively. There was no significant difference in age, gender and disease condition between treating group and control group. Result: For the treating group, 28 cases had excellent therapeutic effects, 9 cases good, 3 cases fair, and 1 case poor; but for the control group, only 19 cases had excellent therapeutic effects, 10 cases good, 7 cases fair, and 4 cases poor. The fine rate of the treating and control group was 92.5% and 71.1%, respectively; and there was significant difference (P<0.05). Conclusion: The early comprehensive intervention was an effective therapy for congenital muscular torticollis in infants, and had better therapeutic effects than the massage manipulation only.

Keywords: [congenital muscular torticollis](#) [infant](#) [massage](#) [hirudiod](#) [paraffin](#)

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