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医学生儿童期创伤与成年早期执行功能、负性情绪

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Association between childhood trauma, early adulthood executive functions and negative emotions in medical students

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摘要/Abstract

**摘要：** **目的** 探讨医学生儿童期创伤、执行功能和负性情绪的关系模型及执行功能的中介作用。  
**方法** 采用儿童期创伤问卷、执行功能行为评定量表成人版和抑郁-焦虑-压力量表的抑郁焦虑分量表对492名医学生进行问卷调查。**结果** 相关分析显示，性虐待与躯体虐待、情感忽视无显著相

关, 其余各变量之间均呈正相关 ( $P < 0.05$ )。结构方程模型结果显示, 儿童期创伤对成年早期负性情绪有直接效应, 且可以通过执行功能间接作用于负性情绪。**结论** 儿童期创伤对医学生执行功能和负性情绪有重要影响, 执行功能在儿童期创伤与负性情绪间起部分中介作用。

**关键词:** 负性情绪, 医学生, 儿童期创伤, 执行功能

**Abstract: Objective** To explore the association between childhood trauma, executive functions, negative emotions and the mediating effects of executive functions in medical students. **Methods** Childhood Trauma Questionnaire (CTQ-SF), Behavior Rating Inventory of Executive Function-Adult Version (BRIEF-A) and the depression and anxiety subscales of the Depression Anxiety Stress Scale (DASS-21) were distributed among 492 medical students. **Results** The results of correlative analysis showed that, sex abuse had no significant correlation with physical abuse and emotion neglect, while there was a positive correlation among the other factors. The SEM suggested that childhood trauma had a direct effect on negative emotions and indirect effect through executive functions. **Conclusion** Childhood trauma has a great impact on early adulthood executive functions and negative emotions. Executive functions play a mediating role between childhood trauma and negative emotions.

**Key words:** Executive functions, Medical student, Negative emotions, Childhood trauma

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