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内脂素与妊娠期糖尿病关系的研究进展

刘斌, 王子莲

刘斌、王子莲, 广州 中山大学附属第一医院妇产科, 510080

摘要: 妊娠期糖尿病(gestational diabetes mellitus, GDM)发病率各家报道不一(1%~14%), 并有逐年上升趋势, 但其发病机制尚未完全明了。原有理论认为胎盘分泌的激素[如胎盘泌乳素(HPL)、雌激素、孕激素等]对胰岛素的拮抗是导致妊娠期糖耐量异常和GDM发生的原因之一。近年来研究表明, 脂肪组织细胞能分泌一类具有影响胰岛素敏感性和血糖稳态作用的因子, 称为脂肪细胞因子(adipocytokines)。妊娠期胎盘同样能够分泌多种脂肪细胞因子, 并参与GDM的发生。

关键词: 内脂素

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