

论文

产后住院患者合并深静脉血栓形成的临床分析

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摘要:

目的 探讨产后住院患者深静脉血栓形成(DVT)的临床特点、诊治及预防。方法 回顾性分析我院2008年1月至12月间收治的2789例产妇,分析产后住院期间并发下肢DVT患者的临床特点及诊治方法,并结合文献复习讨论病因及预防措施。结果 我院2008年产后住院患者DVT的发生率为0.72%,均为周围型DVT。高龄、经产妇、剖宫产、肥胖和静脉血栓栓塞性疾病(VTE)病史是产后DVT的主要危险因素。治疗采用以抗凝为主的综合性药物治疗,均取得较好的近期疗效。结论 产妇住院期间合并DVT的类型主要是周围型,低分子肝素是常用的安全有效的抗凝药物。对于存在DVT危险因素的产妇应采取积极预防措施。

关键词: 产后; 住院患者; 深静脉血栓形成; 预防

Deep venous thrombosis in postpartum inpatients

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Abstract:

Objective To describe clinical characteristics of deep venous thrombosis (DVT) after delivery and to study how to choose methods of diagnosis, treatment and prophylaxis of DVT. Methods Among 2789 lying in women in our hospital from January 2008 to December 2008,clinical characteristics and methods of diagnosis and treatment of 20 inpatients with DVT were retrospectively analyzed. After reviewing the previous literature, pathogenesis and prophylactic steps were discussed. Results The incidence rate of postpartum DVT was 0.72% in 2789 lying-in women, and the main type was peripheral DVT. Advanced age, venous thromboembolism, fatness, multipara and caesarean section were the high risk factors for inpatient postpartum DVT. A combination of plasma D-dimmer and Doppler ultrasonography was the best choice to definitely diagnose DVT. Low molecule weight heparin (LMWH) anticoagulation was effective in the treatment of postpartum DVT. Conclusions The main type of DVT in inpatients after delivery is peripheral DVT. Preoperative and postoperative prophylactic treatment for DVT should be considered in a high risk population. LMWH is commonly used and is safe for the treatment of DVT.

Keywords: Postpartum; Inpatient; Deep venous thrombosis; Prophylaxis

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