

病例报告

肾上腺成熟畸胎瘤的临床诊治 (附2例报告)

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摘要:

探讨肾上腺畸胎瘤的病理、临床表现、诊断、治疗方法及预后。总结2例肾上腺成熟畸胎瘤的诊治经验,并结合国内外文献对肾上腺成熟畸胎瘤的临床诊断与治疗进行探讨。经完整手术切除,2例患者治愈,随访2年未见局部或远处复发征象。畸胎瘤是较为罕见的生殖细胞来源肿瘤,多发生于睾丸或卵巢,其他部位(如肾上腺区)罕见,有潜在恶变可能。诊断主要依靠影像学检查,发现后应尽早手术完整切除,再结合术后病检结果决定是否行辅助化疗。需终身定期随访,预后目前尚难估计。

关键词: 肾上腺; 畸胎瘤; 病理; 治疗; 预后

Diagnosis and treatment of mature adrenal teratoma

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Abstract:

To discuss the pathology, clinical manifestation, diagnosis, therapy and prognosis of mature teratoma in adrenal gland. We reported 2 cases of mature adrenal teratoma and summarized their characters. No local recurrence or metastasis was found in the close follow-up of the 2 patients after the radical resection. Teratomas are rare germ tumors with potential malignant character which usually occur in the testes and ovaries. Adrenal teratomas are extremely rare and the diagnosis relies on radiological examinations. Early diagnosis and early surgical resection are the key in the treatment. Whether the postoperative chemotherapy is needed depends on the pathological result. Close lifelong follow-up is recommended and the prognosis is unclear at present.

Keywords: adrenal gland teratoma pathology treatment prognosis

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