

论著

胸腔镜下T₄ 胸交感神经干加旁路纤维切断术治疗原发性手汗症

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摘要: 目的: 观察胸腔镜下T₄ 胸交感神经干加旁路纤维切断术治疗原发性手汗症的临床疗效并总结临床经验。方法: 回顾性分析中南大学湘雅二医院2008年10月至2011年6月胸腔镜辅助下改良胸交感神经干T₄ 切断术治疗手汗症32例的临床资料。结果: 32例手术均获成功, 术后患者手掌多汗症状消失, 双手由湿冷转为干燥温暖, 术后掌温升高(1.9±0.6)℃。所有患者术后随访1~38个月, 平均16个月, 无1例复发。结论: 胸腔镜下T₄ 交感神经干加旁路纤维切断术是治疗原发性手汗症安全、微创和有效的方法

关键词: 胸腔镜 交感神经切断术 手汗症

Video-assisted thoracoscopic sympathectomy plus bypass fiber resection for patients with primary palmar hyperhidrosis

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Abstract: Objective: To evaluate the efficiency of video-assisted thoracoscopic surgery for primary palm hyperhidrosis by T₄ sympathectomy plus bypass fiber resection, and to describe our experience regarding the prevention of related postoperative complications. Methods: Clinical data for 32 cases of primary palmar hyperhidrosis in patients who underwent bilateral video-assisted thoracoscopic sympathectomy plus bypass fiber resection from October 2008 to June 2011 were analyzed retrospectively. Results: The operation was performed successfully on all patients, and their palmar hyperhidrosis was completely alleviated after operation. No severe, surgery-related, postoperative complications occurred. Conclusion: Video-assisted thoracoscopic sympathectomy is an effective, safe and minimally invasive procedure for primary palmar hyperhidrosis.

Keywords: thoracoscopy sympathectomy palmar hyperhidrosis

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