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临床研究

内镜黏膜下剥离术治疗结直肠广基病变

方志恒1|汪全红2|钟平1|黄景山1|王贵和1

(安徽省铜陵市人民医院 1.胃肠外科 2.内镜中心|安徽 铜陵244000)

摘要:

目的:探讨内镜黏膜下剥离术 (ESD)治疗大肠广基病变的临床价值。方法:回顾性分析17例肠镜发现的较大结直肠广基病变行ESD治疗患者的临床资料。结果: 17例患者均顺利完成ESD手术。手术时间 (68±21) min,病变直径 (3.0±1.5) cm;术中出血4例,术后延迟性出血3例,均在肠镜下用热活检钳电凝、APC、钛夹等方法成功止血;术中发生穿孔2例,1例肠镜下用钛夹缝合修补成功,另1例行肠修补术。术后病理:管状腺瘤3例,绒毛状腺瘤4例,低级别上皮内瘤变2例,高级别上皮内瘤变3例,增生性息肉2例,类癌1例,早期癌(T1NOMO)2例。患者均痊愈出院,随访2~27个月均无复发。结论: ESD治疗结直肠广基病变是安全、可行的,具有创伤小、恢复快、无腹壁切口疤痕等优点,故推荐应用。

关键词: 结直肠肿瘤/外科学; 黏膜下剥离术 内窥镜; 广基病变

Endoscopic submucosal dissection for sessile colorectal lesions

FANG Zhiheng1, WANG Quanhong2, ZHONG Ping1, HUANG Jingshan1, WANG Guihe1

(1. Department of Gastrointestinal Surgey 2. Center for Endoscopy, Tongling People's Hospital, Anhui, Tongling 244000, China)

Abstract:

Objective: To assess the clinical value of endoscopic submucosal dissection (ESD) for sessile colorectal lesions. Methods: The clinical data of 17 patients with large sessile colorectal lesion that was detected by enteroscopy and underwent ESD were retrospectively analyzed. Results: ESD was successfully performed in all the 17 patients. The average operative time was (68 ± 21) min, and average diameter of the lesions was (3.0 ± 1.5) cm. Intraoperative bleeding occurred in 4 patients and postoperative delayed bleeding occurred in 3 patients, which were all resolved by using hot biopsy forceps, APC or titanium clip under enteroscope. Bowel perforation occurred during operation in 2 patients, which in one case was sutured with titanium clip under enteroscope and the other case was treated by open bowel repair. The postoperative pathology study verified that 3 cases were tubular adenoma, 4 were villous adenoma, 2 were low-grade intraepithelial neoplasia, 3 were high-grade intraepithelial neoplasia, 2 were hyperplastic polyps, 1 was carcinoid 1, and 2 were early cancer (T1N0M0). All patients were cured and discharged from hospital, and no recurrence was noted during follow-up for 2 - 27 months. Conclusion: ESD is a safe and feasible procedure for sessile colorectal lesions; it has the advantages of minor trauma, quick recovery and no abdominal scar and its use is recommended.

Keywords: Colorectal Neoplasms/surg Submucosal Dissection, Endoscopic Sessile Lesions1

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通讯作者: 方志恒, Email: fangzhheng@126.com

作者简介:方志恒|安徽省铜陵市人民医院副主任医师|主要从事胃肠道肿瘤外科、腹腔镜及内镜治疗方面的研究。

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