

综述

预防留置导尿管相关感染研究进展

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摘要:

导尿管相关性泌尿道感染(catheter associated urinary tract infection, CAUTI)是常见的医院感染类型,可导致高发病率和死亡率。每年有超过100万患者发生泌尿道感染,占有所有医院和疗养院感染的40%,其中80%是医院感染[1-3]。其发病率高,治疗费用也很高。在美国,每年平均有4.24~4.51亿美元用于治疗此类感染[4]。导尿管相关性菌血症每例治疗费用大约2 900美元[1]。Kunin等[5]对1 540所疗养院的调查结果显示,留置导尿管的患者在住院期间发生泌尿道感染的危险性是未留置导尿管患者的3倍。留置导尿管时间<1周的患者可避免感染,但对于留置导尿管数月甚至数年的老年人或伤残患者,感染是不可避免的。近年来,国内外学者在感染相关因素等方面进行了大量研究,现总结如下。

关键词: 留置导尿管 医院感染 导尿管相关性泌尿道感染 危险因素 感染控制

Research advances in prevention of catheter associated urinary tract infection

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Abstract:

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