院士述评

代谢综合征新指标的研究现状

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摘要 摘要: 目前,代谢综合征的定义主要表述的是心血管病的多种代谢危险因素在个体内积聚的状态。然而,体脂分布异常、组织胰岛素抵抗、持续低度炎症反应、脂肪细胞因子分泌调控异常,常伴发代谢综合征的出现,因而成为研究其发病机制、临床新指标的热点。

大键词
肥胖
代谢综合征
脂联素
C反应蛋白

分类号

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Current Studies on New Parameters of Metabolic Syndrome

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Abstract ABSTRACT:The current definition of metabolic syndrome focuses on the individual accumulation of multiple cardiovascular risk factors. However, metabolic syndrome is often also constantly accompanied with abnormal body fat distribution, tissue insulin resistance, low-grade inflammation, and dysfunctional secretion and regulation of adipokines, which have become new highlights in the research of the pathogenesis and clinical indices of metabolic syndrome.

Key words obesity metabolic syndrome adiponectin C reactive protein

DOI:

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