

论著

2型糖尿病患者行腹腔镜Roux-en-Y胃旁路手术后内脂素水平变化

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摘要: 目的:观察2型糖尿病(Type 2 diabetes mellitus, T2DM)患者行腹腔镜下Roux-en-Y胃旁路手术后血清内脂素水平变化,并探讨其与术后胰岛素抵抗、糖尿病改善的关系。方法:33例T2DM患者行腹腔镜下Roux-en-Y胃旁路术,采用酶联免疫吸附实验检测其术前及术后3个月空腹血清内脂素水平,并同时检测空腹血糖(fasting plasmglucose, FPG)、糖化血红蛋白(human glycated hemoglobin A1c, HbA1c)、空腹胰岛素(fasting insulin, FINS)等。结果:腹腔镜Roux-en-Y胃旁路手术后, HbA1c, FINS, 胰岛素抵抗指数均较术前下降, 体质量指数[(24.53±0.62) kg/m²]较术前[(26.71±0.69) kg/m²]下降,且差异有统计学意义($P<0.001$),血清内脂素水平[(9.79±0.64) ng/mL]也明显低于术前[(38.24±5.32) ng/mL],差异具有统计学意义($P<0.001$)。结论:T2DM患者腹腔镜Roux-en-Y胃旁路手术后内脂素水平变化可能与术后胰岛素抵抗、糖尿病改善有一定的关系。

关键词: 2型糖尿病 胃旁路手术 内脂素

Visfatin level after laparoscopic Roux-en-Y gastric bypass surgery in patients with Type 2 diabetes

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Abstract: Objective: To investigate the change in serum visfatin level after laparoscopic Roux-en-Y gastric bypass surgery in patients with Type 2 diabetes mellitus (T2DM) and to explore the relationship between visfatin insulin resistance and diabetes.

Methods: Thirty-three patients with Type 2 diabetes were studied before and after the gastric bypass surgery. The level of fasting serum visfatin was measured by enzyme-linked immunosorbent assay. Fasting plasma glucose (FPG), glycated hemoglobin (HbA1c) and fasting insulin (FINS) were measured before and after the gastric bypass surgery.

Results: Compared with before the operation, the indicators of HbA1c, FINS, and insulin resistance index (HOMA-IR) were decreased after the laparoscopic Roux-en-Y gastric bypass surgery. The body mass index (BMI) [(24.53 ? 0.62) kg/m² vs (26.71 ? 0.69) kg/m²] was decreased, with significant difference ($P<0.001$). The serum visfatin level [(9.79 ? 0.64) ng/mL] was significantly lower than before the operation [(38.24 ? 5.32) ng/mL], with significant difference ($P<0.001$).

Conclusion: Serum level of visfatin is decreased in T2DM patients who undergo gastric bypass surgery, reflecting an improvement in insulin resistance and diabetes.

Keywords: Type 2 diabetes mellitus gastric bypass surgery visfatin

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