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脊柱侧弯对呼吸功能的影响

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Scoliosis on Pulmonary Function

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摘要 脊柱侧弯是引起儿童脊柱和胸廓畸形的常见疾病,不但影响患儿的外形,还能引发不可逆的肺功能损害,甚至导致呼吸衰竭。本文回顾了脊柱侧弯对呼吸功能影响的相关文献,认为脊柱侧弯对呼吸功能的损害主要表现在影响肺脏生长发育,限制胸廓运动,导致通气功能和气体交换功能障碍。呼吸衰竭主要发生在早发型或妊娠后期的侧弯患者。手术可以矫正畸形并阻止侧弯的进展,但经胸腔手术对肺功能有一定损害。未经胸腔的手术阻止了肺功能的恶化,但不能促进肺脏的生长发育。因此,手术矫形时应尽量保护肺功能。

关键词: 脊柱侧弯 呼吸功能 手术 妊娠

Abstract: ABSTRACT: Scoliosis is a common disease in children that causes deformity of spine and thoracic cage. The deformity not only affects the appearance, but also leads to irreversible impairment of lung function and respiratory failure in severe cases. This systematic review on publications over past 50 years demonstrates that scoliosis impairs growth and development of lungs, limits chest wall movement, and results in restrictive ventilation defect and gas exchange dysfunction. Respiratory failure occurs primarily in early-onset scoliosis and/or during latter half of gestation. Surgery corrects deformity and may slow down its progression. However, invasive procedure itself impairs lung function. Non invasive procedures prevent the deterioration of lung function rather than promoting growth and development of lungs. As a consequence, reserve of pulmonary function is recommended when surgical intervention is considered.

Keywords: scoliosis pulmonary function surgery pregnancy

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